



ಪರಿಮಳ ಕ್ಲಿನಿಕ್ PARIMALA CLINIC

080-22422052

#1686, 5th 'A' Cross Road, BSK I Stage, II Block Bangalore-560050

R_x

⚠️ SUBSTITUTING DRUGS! THINK TWICE ⚠️

Date:

CR No.: Name: Ph: Age: years,

Self Isolation. Adequate Fluid & Solid Food intake Warm and Cooked only, Drink only hot liquids, like Coffee, Tea, Milk, Kashaya, Protein Drink, Soup etc. Don't consume Raw fruit, vegetables or salads, no Juices So as to avoid external infections, needs lots of Rest and Relaxation. Maintain SaO₂ 93 %, if decreases then requires Oxygen or Admission.

Co-Morbidities: HPTN ☐ Diabetes ☐ Cardiac Issues ☐ Thyroid Problem ☐

Medical Tests to be done & Results Date:

RT-PCR: -ve ☐ +ve ☐ CT Value: SRF ID: BU No.:
CBC: ☐ ☐ Leukocytes (WBC): ☐ Troponin: ☐ -ve ☐ +ve ☐
CRP: ☐ Chest X-Ray: ☐ RBS: ☐
ESR: ☐ HR CT-Scan: ☐ Severity & Scroing:
D-dimer: ☐ LDH: ☐ Ferritin: ☐

Domicile treatment advise:

Advised admission: if SaO₂ >> drops below 90-88 % in spite of O₂ Concentrator.
Injection Dexamethasone given in addition to Clexane if necessary.
Sudden drop in O₂ Saturation with excess violent cough or with minimal exertion or Intolerance to routine work requires Admission.

Dr's whatsapp: 63601 56885

Please bring this slip in your next visit

padmanabha58@oksbi

Dr. PADMANABHA R. B.Sc. , M.B., B.S., DCH (LONDON) KMC Regn. No. 11297

Dr. (Mrs.) JAYASREE PADMANABHA, M.B., B.S., KMC Regn. No. 11202

G Pay
90083 82877

