

# Neighborhood effects on sexual and reproductive health: A review of the literature

Ushma D. Upadhyay, PhD, MPH Deborah Karasek, MPH

## Background

Recent epidemiological studies have demonstrated the importance of neighborhood environment to a variety of individual health risks and outcomes. The increasing use of multilevel statistical models recognizes the existence of heterogeneity within and between communities and makes use of natural community-level clustering to explain variation in health outcomes. Ultimately such research would inform novel and innovative multilevel interventions to improve sexual and reproductive health.

### Methods

We reviewed the literature on neighborhood effects on sexual and reproductive health to inventory specific research questions pursued, methodologies used, and current research findings.

- Searches in PubMed and POPLINE with Keywords: ("sexual behavior," "contraception," "family planning," "unwanted pregnancy," "unintended pregnancy", "fertility", OR "intimate partner violence") AND ("neighborhood," "contextual," "multilevel," or "community")
- All studies are quantitative, US or International, in English Ianguage, and published between January 1985 and February 2011
- Excluded articles that examined sexual and reproductive health outcomes only as mediators, school-based studies, qualitative studies, maternal and child health, MSM, and HIV related outcomes

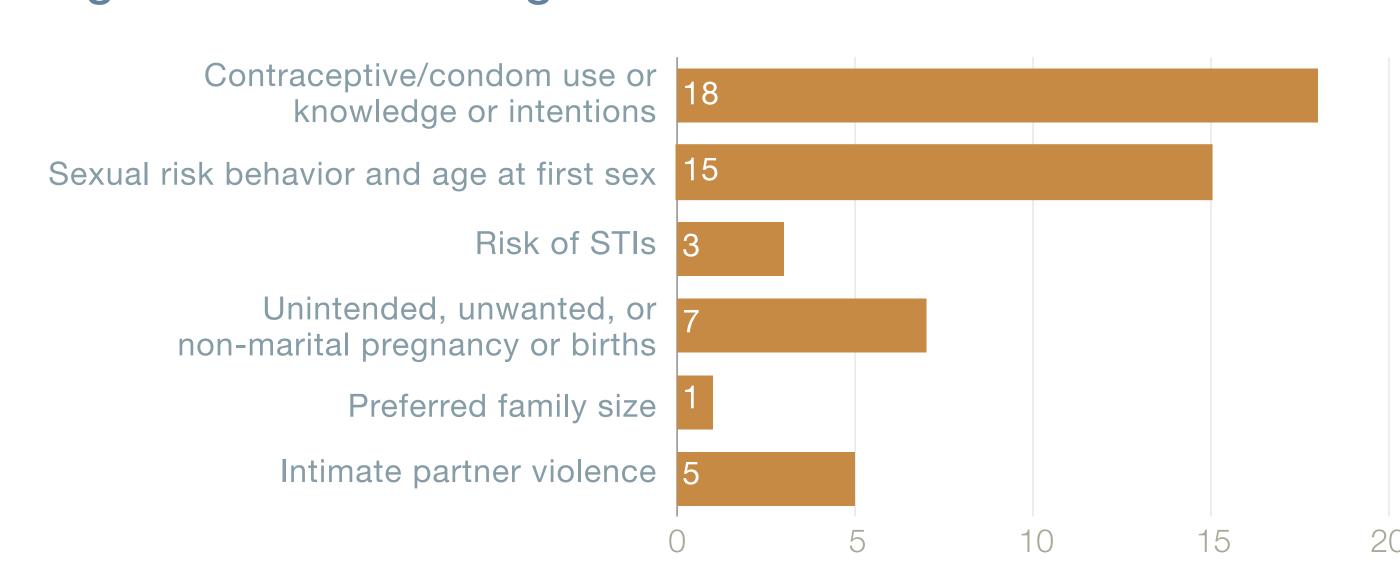
### Results

Our search yielded 36 studies that matched our inclusion criteria.

#### Sexual and reproductive health outcomes

All studies sought to examine whether community or environmental conditions affected the sexual and reproductive health outcomes of interest. We classified articles into these outcome categories:

Fig. 1. Outcome categories



#### Neighborhood constructs (see Figure 2)

- Grouped common neighborhood characteristics into 8 larger constructs
- Classified each analysis by key outcomes and neighborhood constructs
- Identified 93 unique analyses across 8 constructs and 6 outcomes

#### Figure 2. Neighborhood constructs and measures (number and % of studies)

## Structural disadvantage/social disorganization: 9 (25%)

- Immigration concentration
- Broken windows index
- Neighborhood quality index
- Residential mobilityHome ownership
- High- or low-risk neighborhoods

## Demographic

- composition: 12 (33%)
- Sex ratioReligiosity
- Urbanization
- Population density
- Racial composition/segregation

## Socioeconomic status/economic disadvantage: 27 (75%)

- Unemployment
- Education
- Poverty/concentration of poverty
- Public assistanceFemale-headed households
- Asset score

#### Literacy

## Community norms & opportunity structures: 9 (25%)

- Perception of condom use among peers
- Proportion idle youth
- Women's participation in workforce

#### Sexual experience prevalence

- Median age at marriageFertility level
- Prevalence of multiple partnering
- HIV prevalence
- Presence of regulations, laws or policies

#### Collective efficacy: 2 (6%)

- Social control
- Social cohesion

#### Crime or violence: 3 (8%)

- Report of seeing violence
- Prevalence of violence experience

#### Service availability: 2 (6%)

 Presence of family planning or abortion clinics

#### Gender variables: 12 (33%)

- Spousal age difference
- Male to female primary education ratio
- Male to female secondary
- education ratio
- Control of earnings
- Female/male approval of f
- amily planning
- Fertility level

#### Analytical techniques

- Half of the studies specifically employ multilevel modeling techniques to account for the individual and community level data, and the clustering of participants by these same higher level units.
- Models used included random intercept multilevel models,<sup>3,5,36</sup> random effects model,<sup>32</sup> multilevel model with poisson distribution<sup>15</sup> and multilevel linear or logistic regression,<sup>16-23,25,27-29,33,35</sup> GEE<sup>13</sup> and structural equations models.<sup>14</sup>
- Some of those that didn't use a multilevel model had insufficient numbers for each neighborhood cluster to power the analysis.

#### Neighborhood and community effects

- 54% of the analyses found a significant direct effect of a neighborhood construct on a sexual or reproductive health outcome.
- Structural disadvantage/social disorganization (63%), socioeconomic status/economic disadvantage (65%), and service availability (75%) were the most commonly reported significant associations.

#### Discussion

#### General methodological limitations

- Lack of consistency of neighborhood level measures, composites and indices
- Ambiguous theoretical rationale for individual measures versus constructs
- Measure selection driven by data availability
- Internal and or external consistency
- Temporality of exposure to neighborhood conditions and outcome measures
- Residence and time of exposure often unclear

Associations between neighborhood level conditions and individual sexual and reproductive health outcomes remain inconclusive due to lack of appropriate data and methodological technique. Further research designed to collect multilevel data should examine the complex interactions of neighborhood contextual factors and individual sexual behavior. Such multilevel analyses will improve our understanding of unintended pregnancy, IPV, and sexual health and inform new, innovative multilevel interventions

See handout for references.

#### Contraceptive/condom Unintended, unwanted, # of analyses with significant t significant total # / total # Intimate partner use or knowledge or Sexual risk behavior or non-marital Risk of STIs Preferred family size associations / of analyses and age at first sex pregnancy or births violence intentions Structural disadvantage/ 2/4 $\frac{2}{2}$ 1/2 7/11 (63%) social disorganization 1/2 $3/_{7}$ 4/5 8/14 (57%) Demographic composition Socioeconomic status/ 2/3 20/31 (65%) 3/5 6/11 8/10 1/2economic disadvantage Community norms & 5/14 (36%) 0/4 3/3 2/7 opportunity structures 1/2 0/1 1/3 (33%) Collective efficacy 0/1 0/1 0/4 (0%) 0/2 Crime or violence 2/2 0/1 3/4 (75%) 1/1 Service availability 2/2 2/3 6/12 (50%) 1/3 Gender variables significant / total # 15/35 (43%) 50/93 (54%) 17/28 (61%) 3/5 (60%) 10/16 (63%) 1/1 (100%) 4/8 (50%)