

# Assessment of a Cognitive Workload-Adaptive Aid for **Surgical Training**



Charanjit Singh1, BS, Dan Li1, PhD, Alfredo Carbonell<sup>2</sup>, DO, Jackie Cha<sup>1</sup>, PhD

#### Introduction

- High-risk surgical procedures often have avoidable errors, with over half attributed to extreme cognitive stress that care teams undergo [1.2]
- Workload management is not included in current training, especially for inexperienced surgeons [3]
- Laparoscopic surgery involves operations completed in the abdomen or pelvis using tiny incisions with the use of a camera and special tools (Figure 1).
- Augmented reality (AR) combined with physiological sensors can be used as a workload-management training aid
- A novel cognitive workload-adaptive tool for laparoscopic surgery training was developed (Figure 2) [4]
- The goal of this study is to test the effectiveness of an AR training guide for laparoscopic surgery



Figure 1 :Laparoscopic tools in surgical use



Figure 2: Participant using laparoscopic tools for peg task

#### **Methods**

#### Study Overview:

- Twenty-two participants completed 4 Fundamentals of Laparoscopic Surgery (FLS) adapted tasks
- Participants equipped with Tobii Glasses and Emotiv EEG headset (Figures 3 and 4) to measure eye and brain activity for workload monitoring [5]
- Participants filled out a System Usability Scale (SUS) to evaluate the usability of the overlay

Cognitive Workload: Gaze entropy and mean power frequencies, and engagement index were measured and calculated [5, 6, 7, 9]

Calibration tasks were completed for personalized neural network models

#### AR Overlav:

- During the task, if the neural network detected high workload, overlay would modify guidance (Figure 5A)
- Participants received constant input from the overlay, which adjusted in real-time to workload changes (Figure 5B)

#### **Cutting Tasks:**

Participants cut two shapes (circle and star) and for each shape, there was a control version (no overlay) and an intervention version (with overlay) .

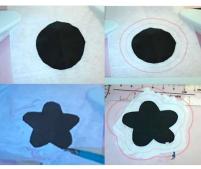


Figure 3: Emotiv EEG Headset



Figure 4: Tobii Eye-Tracking

## Figure 5: AR Overlay Cutting Tasks



A. Overlay On/Off for both shapes

**Participant Cutting Task Score** 

100

90

80

70

50

30

20

Circle

■ No Overlay ■ With Overlay

A. Participant Performance Scores with

and without overlav



B. Participant cutting the AR Overlay Circle Task

Interaction Plot

Easy

Task Difficulty

—Intervention —Control

B. Performance Scores interaction plot

70

50

Scores 60

### **Discussion**

- Participants showed performance improvements during both easy and hard tasks when using the AR overlay
- Increase in performance with overlay suggests that the workload-adaptive aid enhanced participants' abilities to complete the cutting tasks
- The usability rating of the system shows the overlay met the standard for user interfaces but there is room for improvement
- Overall, the use of the AR overlay positively affected performance during the laparoscopic tasks, leading to greater performance

### **Next Steps / Future Work** Figure 6: Task Performance Scores

Hard

- Increase participant size
- Create a delay protocol where the system will delay or lag on the participant during their trials or tasks for anomaly detection

## **Acknowledgement**

This work was supported in part by the Clemson University Creative Inquiry Program and Prisma Seed grant





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# **Preliminary Results**

- · Performance was calculated as the proportion of correctly cutting perimeter around the given shape (out of 100)
- Overall performance with overlay greatly improved with the cutting of both shapes (easy & hard), as seen in Figure 6A. Task difficulty had a minor effect on performance for both Intervention and Control; Intervention has a major effect on the score for both easy and hard cases as seen in Figure 6B.
- The average scores for the easy tasks (circle) significantly increased by 195% (p < 0.05) while the average scores for the hard tasks (star) increased by 280% (p < 0.05).
- AR-overlay intervention seems to affect performance score in both easy and hard tasks
- Average usability score of 68.6 with a standard deviation of 17.25.