# **Assessment Report**

Session: session\_001 Assessment ID: as\_hr\_02

#### **Key Body Vitals**

Overall Health Score: 80

Heart Rate: 75

BP: 124 / 82

#### **Heart Health**

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#### **Stress Level**

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### **Fitness Levels**

Endurance (time): -

#### **Posture**

## **Body Composition**

BMI: 33.145