

Assessment Report

Session: session_001
Assessment ID: as_hr_02

Key Body Vitals

Overall Health Score: 80

Heart Rate: 75

BP: 124 / 82

Heart Health

Heart Rate: 75

BP: 124 / 82

Stress Level

Stress Index: 1.4

Fitness Levels

Endurance (time): 61

Posture

Status: exercising

Body Composition

BMI: 33.145