```
public class StringConversionExample {
   public static void main(String[] args) {
      String originalString = "Hello, World!";
      StringBuffer stringBuffer = new StringBuffer(originalString);
      StringBuilder stringBuilder = new StringBuilder(originalString);
      System.out.println("Original String: " + originalString);
      System.out.println("String to StringBuffer: " + stringBuffer.toString());
      System.out.println("String to StringBuilder: " + stringBuilder.toString());
   }
}
```