



# Mia Grichendler

Height: 5'7" Hair: Blonde Eyes: Blue Non-Union

[Acting Reel](#) | [Vertical Reel](#) | [Singing Reel](#)

## Contact

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## Manager

Catherine Carmichael  
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NYC-based French-American actress with a degree in neuroscience, nearly three years on Wall Street, and extensive pre-professional ballet training.

## Acting Credits

### Film

FAST	Feature Film	Lead	Phantom Road (Dir. Robert Tregenza)
Dead Format	Feature Film	Major Supporting	Reel Splatter Prod. (Dr. Mike Lombardo)
Heart Notes	TV Series	Lead	Dir. Dylan Fergus
A Portrait of Two Faces	Short Film	Lead	SVA Film (Dir. Isabella Pardo)
NADA	Short Film	Major Supporting	Dir. Jose Alberto Casas Usandizaga
Guilty Pleasure	Short Film	Lead	NYU Film (Dir. Maya DeLaTorre)
Congrats Grad	Short Film	Lead	Columbia Univ. (Dir. Sophia Lim)
What Remains	Short Film	Lead	NYU Film (Dir. Sara Akins)
A Good Boy	Short Film	Lead	Hofstra Film (Dir. Patrick Christopher)
Verse Full Stop	Short Film	Lead	SVA Film (Dir. Beatriz Coelho de Soárez)

### Vertical Shorts

Now You See Him	Lead	Bump
Carrying His Triplets, Becoming His Wifey	Major Supporting	ReelShorts
The Getaway Heiress Returns	Lead	FlexTV
My Stolen Billionaire Life	Major Supporting	ReelShorts
We Don't Talk Anymore	Supporting	ShortMax
Heartbroken for the White Moonlight	Supporting	DramaBox

### Training

Scene Study: GoodCapp Arts (Katie Cappiello)  
Ballet: Houston Ballet, UNCSA, School of American Ballet,  
Steps On Broadway, Stanlowa Paris

### Special Skills

French (Native), Singing, Acoustic Guitar,  
Piano, Ballet, Modern Dance, Ballroom  
Dance, Tap Dance, Horseback Riding, Snow  
Skiing, Water Skiing, Tennis