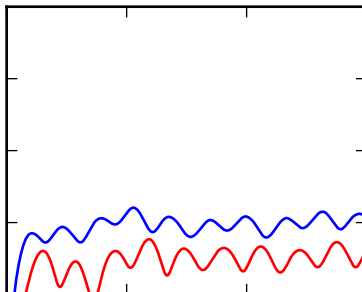
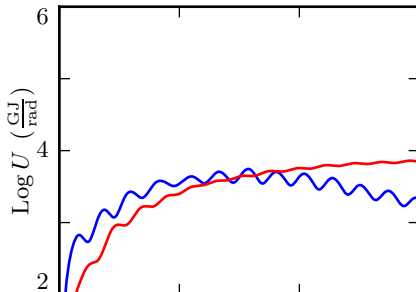


Poloidal (Blue) and Toroidal (Red) Energy

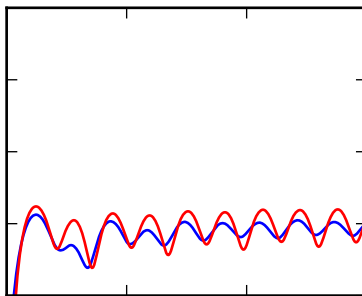
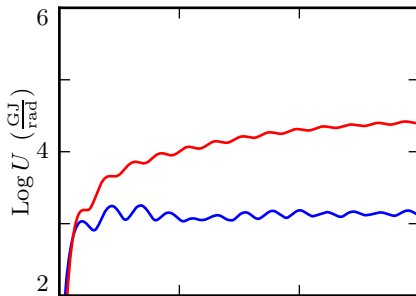
Quiet Day, 22mHz Driving

Quiet Night, 16mHz Driving

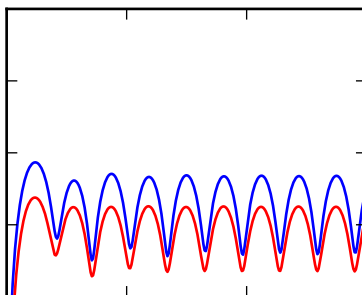
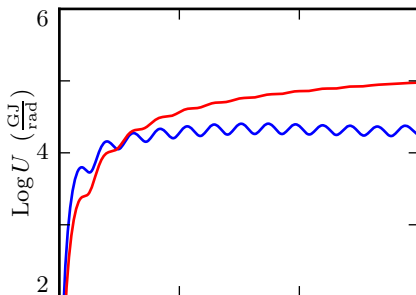
$m=1$



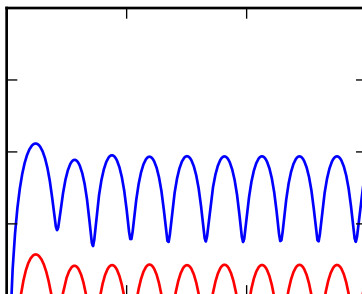
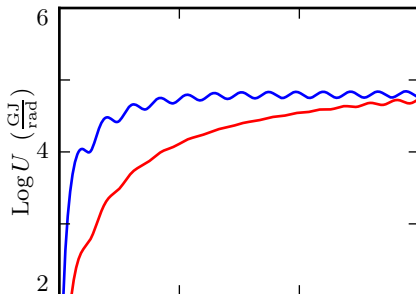
$m=4$



$m=16$



$m=64$



Time (s)

Time (s)