

	A	B	C	D	E	F	G	H	I	J	K
1	Calculating the periods between two dates										
2											
3	Birthday 1	13/09/67		Days	333	<div>Remember to format the answer as a number, otherwise you'll get something like 28/00/00 as a result. Because you are working with dates, the answer will appear as a date by default.</div>					
4	Birthday 2	11/08/68		Weeks	51						
5				Months	11						
6				Years	1						
7											
8											
9											
10											
11											
12	<div>This uses the =Year() function as follows:  =YEAR(B4) - YEAR(B3)  That calculates the number of years between the year of the first date and that of the second date.</div>			<div>This uses a similar idea to the years calculation.  =Month(B4) - Month(B3)  calculates the number of months between the dates. You must then add the number of years multiplied by 12, so the formula is  =Month(B4) - Month(B3) + E6 * 12</div>			<div>The weeks calculation is the same as the months, except it used the =Week() function and multiplies by 52.</div>				
13											
14											
15											
16											
17											
18											
19											
20											
21											
22											
23											
24											
25	<div><b>Note:</b> Of course, none of the above will work if the second date is before the first - all of the answers will be negative!!! The easiest way to overcome this is to use the =Abs() function around each formula.</div>										
26											
27											
28											
29											