

Variance:

$$\begin{aligned}\sigma^2 &= 2pq\alpha^2 + (2pqd)^2 \\ &= \underbrace{\sigma_A^2}_{\substack{\text{genetic-additive} \\ \text{variance}}} + \sigma_D^2 \rightarrow \text{dominance variance}\end{aligned}$$

□ BV_{ij} as random variables:

$$\begin{aligned}\text{Var}[BV_{ij}] &= \left. \begin{aligned} &(BV_{11} - E[BV])^2 \cdot p^2 \\ &+ (BV_{12} - E[BV])^2 \cdot 2pq \\ &+ (BV_{22} - E[BV])^2 \cdot q^2 \end{aligned} \right\} = BV_{11}^2 \cdot p^2 + BV_{12}^2 \cdot 2pq + BV_{22}^2 \cdot q^2 - 2p\alpha \end{aligned}$$

$$\begin{aligned}E[BV] &= 2p\alpha \cdot p^2 + (q-p)\alpha \cdot 2pq + \cancel{(\alpha)} \cdot q^2 \\ &= 2p^2q\alpha + q\alpha \cdot 2pq - p\alpha \cdot 2pq - q^2 2p\alpha \\ &= 2p^2q\alpha + 2pq^2\alpha - 2p^2q\alpha - 2pq^2\alpha \\ &= 0\end{aligned}$$