



The Distraction Trap: How to Focus in a Digital World

By Frances Booth

Pearson Education Limited. Paperback / softback. Condition: New. New copy - Usually dispatched within 2 working days.



READ ONLINE
[4.08 MB]

DOWNLOAD



Reviews

An incredibly amazing ebook with perfect and lucid answers. It is written in basic terms and never difficult to understand. It has been written in an exceptionally basic way and it is only right after I finished reading this ebook in which it has in fact modified me, affected the way I really believe.

-- Beverly Hoppe

Extremely helpful for all class of individuals. Better than never, though I am quite late in starting reading this one. I realized this publication from my mom and dad suggested this ebook to discover.

-- Adela Schroeder II