

BACK ON MY FEET MAKE CHANGES. MEET YOUR GOALS. GAIN EMPLOYMENT.

back on my feet?
TRANSFORMING LIVES ONE MILE AT A TIME

Back on My Feet is an organization that utilizes health and wellness, positive social support and workforce development to help individuals reach their personal and professional goals. As a member, you will be part of a community that meets every week to walk or jog. You will also work closely with the Back on My Feet staff to create goals, prepare to reenter the workforce and/or to upskill!

WHEN: Morning circle-ups will be held every Monday, Wednesday & Friday at 5:30am. Meetings with staff will be scheduled during the workday based on your availability.

WHERE: Morning circle ups will begin at N 49th St & Arch St, in the back parking-lot.

OUR COMMITMENT TO YOU:

- Support with employment opportunities.
- Support with personal and professional goals.
- Provide employment resources and job readiness.

YOUR COMMITMENT TO US:

- Weekly check-ins with Back on My Feet staff or career coach.
- Attend monthly skills or workshop classes.
- Maintain 90% attendance at morning circle-ups.



INTERESTED IN SIGNING UP? CONTACT:

Jackie Kelly, Member Services
267-226-1319

NEXT ORIENTATION MEETING:

