

What Is Money?

Preview

f you had lived in America before the Revolutionary War, your money might have consisted primarily of Spanish doubloons (silver coins that were also called *pieces of eight*). Before the Civil War, the principal forms of money in the United States were gold and silver coins and paper notes, called *banknotes*, issued by private banks. Today, you use not only coins and dollar bills issued by the government as money, but also checks written on accounts held at banks. Money has been different things at different times, but it has *always* been important to people and to the economy.

To understand the effects of money on the economy, we must understand exactly what money is. In this chapter, we develop precise definitions by exploring the functions of money, looking at why and how it promotes economic efficiency, tracing how its forms have evolved over time, and examining how money is currently measured.

MEANING OF MONEY

As the word *money* is used in everyday conversation, it can mean many things, but to economists, it has a very specific meaning. To avoid confusion, we must clarify how economists' use of the word *money* differs from conventional usage.

Economists define *money* (also referred to as the *money supply*) as anything that is generally accepted in payment for goods or services or in the repayment of debts. Currency, consisting of dollar bills and coins, clearly fits this definition and is one type of money. When most people talk about money, they're talking about **currency** (paper money and coins). If, for example, someone comes up to you and says, "Your money or your life," you should quickly hand over all your currency rather than ask, "What exactly do you mean by 'money'?"

To define money merely as currency is much too narrow for economists. Because checks are also accepted as payment for purchases, checking account deposits are considered money as well. An even broader definition of money is often needed, because other items such as savings deposits can, in effect, function as money if they can be quickly and easily converted into currency or checking account deposits. As you can see, no single, precise definition of money or the money supply is possible, even for economists.

To complicate matters further, the word *money* is frequently used synonymously with *wealth*. When people say, "Joe is rich—he has an awful lot of money," they probably mean that Joe not only has a lot of currency and a high balance in his checking account but also has stocks, bonds, four cars, three houses, and a yacht. Thus, while

"currency" is too narrow a definition of money, this other popular usage is much too broad. Economists make a distinction between money in the form of currency, demand deposits, and other items that are used to make purchases and **wealth**, the total collection of pieces of property that serve to store value. Wealth includes not only money but also other assets such as bonds, common stock, art, land, furniture, cars, and houses.

People also use the word *money* to describe what economists call *income*, as in the sentence "Sheila would be a wonderful catch; she has a good job and earns a lot of money." **Income** is a *flow* of earnings per unit of time. Money, by contrast, is a *stock*: It is a certain amount at a given point in time. If someone tells you that he has an income of \$1,000, you cannot tell whether he earned a lot or a little without knowing whether this \$1,000 is earned per year, per month, or even per day. But if someone tells you that she has \$1,000 in her pocket, you know exactly how much this is.

Keep in mind that the money discussed in this book refers to anything that is generally accepted in payment for goods and services or in the repayment of debts and is distinct from income and wealth.

FUNCTIONS OF MONEY

Whether money is shells or rocks or gold or paper, it has three primary functions in any economy: as a medium of exchange, as a unit of account, and as a store of value. Of the three functions, its function as a medium of exchange is what distinguishes money from other assets such as stocks, bonds, and houses.

Medium of Exchange

In almost all market transactions in our economy, money in the form of currency or checks is a **medium of exchange**; it is used to pay for goods and services. The use of money as a medium of exchange promotes economic efficiency by minimizing the time spent in exchanging goods and services. To see why, let's look at a *barter economy*, one without money, in which goods and services are exchanged directly for other goods and services.

Take the case of Ellen the Economics Professor, who can do just one thing well: give brilliant economics lectures. In a barter economy, if Ellen wants to eat, she must find a farmer who not only produces the food she likes but also wants to learn economics. As you might expect, this search will be difficult and time-consuming, and Ellen might spend more time looking for such an economics-hungry farmer than she will teaching. It is even possible that she will have to quit lecturing and go into farming herself. Even so, she may still starve to death.

The time spent trying to exchange goods or services is called a *transaction cost*. In a barter economy, transaction costs are high because people have to satisfy a "double coincidence of wants"—they have to find someone who has a good or service they want and who also wants the good or service they have to offer.

Let's see what happens if we introduce money into Ellen the Economics Professor's world. Ellen can teach anyone who is willing to pay money to hear her lecture. She can then go to any farmer (or his representative at the supermarket) and buy the food she needs with the money she has been paid. The problem of the double coincidence of wants is avoided, and Ellen saves a lot of time, which she may spend doing what she does best: teaching.

As this example shows, money promotes economic efficiency by eliminating much of the time spent exchanging goods and services. It also promotes efficiency by allowing people to specialize in what they do best. Money is therefore essential in an economy: It is a lubricant that allows the economy to run more smoothly by lowering transaction costs, thereby encouraging specialization and division of labor.

The need for money is so strong that almost every society beyond the most primitive invents it. For a commodity to function effectively as money, it has to meet several criteria: (1) It must be easily standardized, making it simple to ascertain its value; (2) it must be widely accepted; (3) it must be divisible, so that it is easy to "make change"; (4) it must be easy to carry; and (5) it must not deteriorate quickly. Objects that have satisfied these criteria have taken many unusual forms throughout human history, ranging from wampum (strings of beads) used by Native Americans; to tobacco and whiskey, used by the early American colonists; to cigarettes, used in prisoner-of-war camps during World War II.¹ The diverse forms of money that have been developed over the years is as much a testament to the inventiveness of the human race as the development of tools and language.

Unit of Account

The second role of money is to provide a **unit of account**; that is, it is used to measure value in the economy. We measure the value of goods and services in terms of money, just as we measure weight in terms of pounds or distance in terms of miles. To see why this function is important, let's look again at a barter economy, in which money does not perform this function. If the economy has only three goods—say, peaches, economics lectures, and movies—then we need to know only three prices to tell us how to exchange one for another: the price of peaches in terms of economics lectures (that is, how many economics lectures you have to pay for a peach), the price of peaches in terms of movies, and the price of economics lectures in terms of movies. If there were 10 goods, we would need to know 45 prices to exchange one good for another; with 100 goods, we would need 4,950 prices; and with 1,000 goods, 499,500 prices.²

Imagine how hard it would be in a barter economy to shop at a supermarket with 1,000 different items on its shelves and be faced with deciding whether chicken or fish is a better buy if the price of a pound of chicken were quoted as 4 pounds of butter and the price of a pound of fish as 8 pounds of tomatoes. To make it possible to compare prices, the tag on each item would have to list up to 999 different prices, and the time spent reading them would result in very high transaction costs.

The solution to the problem is to introduce money into the economy and have all prices quoted in terms of units of that money, enabling us to quote the price of economics

$$\frac{N(N-1)}{2}$$

In the case of ten goods, for example, we would need

$$\frac{10(10-1)}{2} = \frac{90}{2} = 45$$

¹An extremely entertaining article on the development of money in a prisoner-of-war camp during World War II is R. A. Radford, "The Economic Organization of a P.O.W. Camp," *Economica* 12 (November 1945): 189–201. ²The formula for telling us the number of prices we need when we have *N* goods is the same formula that tells us the number of pairs when there are *N* items. It is

lectures, peaches, and movies in terms of, say, dollars. If there were only three goods in the economy, this would not be a great advantage over the barter system, because we would still need three prices to conduct transactions. But for 10 goods we would need only 10 prices; for 100 goods, 100 prices; and so on. At the 1,000-goods supermarket, now only 1,000 prices need to be looked at, not 499,500!

We can see that using money as a unit of account lowers transaction costs in an economy by reducing the number of prices that need to be considered. The benefits of this function of money grow as the economy becomes more complex.

Store of Value

Money also functions as a **store of value**; it is a repository of purchasing power over time. A store of value is used to save purchasing power from the time income is received until the time it is spent. This function of money is useful, because most of us do not want to spend our income immediately upon receiving it, but rather prefer to wait until we have the time or the desire to shop.

Money is not unique as a store of value; any asset—whether money, stocks, bonds, land, houses, art, or jewelry—can be used to store wealth. Many such assets have advantages over money as a store of value: They often pay the owner a higher interest rate than money, experience price appreciation, and deliver services such as providing a roof over one's head. If these assets are a more desirable store of value than money, why do people hold money at all?

The answer to this question relates to the important economic concept of **liquidity**, the relative ease and speed with which an asset can be converted into a medium of exchange. Liquidity is highly desirable. Money is the most liquid asset of all because it is the medium of exchange; it does not have to be converted into anything else to make purchases. Other assets involve transaction costs when they are converted into money. When you sell your house, for example, you have to pay a brokerage commission (usually 4–6% of the sales price), and if you need cash immediately to pay some pressing bills, you might have to settle for a lower price if you want to sell the house quickly. Because money is the most liquid asset, people are willing to hold it even if it is not the most attractive store of value.

How good a store of value money is depends on the price level. A doubling of all prices, for example, means that the value of money has dropped by half; conversely, a halving of all prices means that the value of money has doubled. During inflation, when the price level is increasing rapidly, money loses value rapidly, and people will be more reluctant to hold their wealth in this form. This is especially true during periods of extreme inflation, known as **hyperinflation**, in which the inflation rate exceeds 50% per month.

Hyperinflation occurred in Germany after World War I, with inflation rates sometimes exceeding 1,000% per month. By the end of the hyperinflation in 1923, the price level had risen to more than 30 billion times what it had been just two years before. The quantity of money needed to purchase even the most basic items became excessive. There are stories, for example, that near the end of the hyperinflation, a wheelbarrow of cash would be required to pay for a loaf of bread. Money was losing its value so rapidly that workers were paid and given time off on several occasions during the day to spend their wages before the money became worthless. No one wanted to hold on to money, so the use of money to carry out transactions declined and barter became more and more dominant. Transaction costs skyrocketed, and, as we would expect, output in the economy fell sharply.

EVOLUTION OF THE PAYMENTS SYSTEM

We can obtain a better picture of the functions of money and the forms it has taken over time by looking at the evolution of the **payments system**, the method of conducting transactions in the economy. The payments system has been evolving over centuries, and with it the form of money. At one point, precious metals such as gold were used as the principal means of payment and were the main form of money. Later, paper assets such as checks and currency began to be used in the payments system and viewed as money. Where the payments system is heading has an important bearing on how money will be defined in the future.

Commodity Money

To obtain perspective on where the payments system is heading, it's worth exploring how it has evolved. For any object to function as money, it must be universally acceptable; everyone must be willing to take it in payment for goods and services. An object that clearly has value to everyone is a likely candidate to serve as money, and a natural choice is a precious metal such as gold or silver. Money made up of precious metals or another valuable commodity is called **commodity money**, and from ancient times until several hundred years ago, commodity money functioned as the medium of exchange in all but the most primitive societies. The problem with a payments system based exclusively on precious metals is that such a form of money is very heavy and is hard to transport from one place to another. Imagine the holes you'd wear in your pockets if you had to buy things only with coins! Indeed, for large purchases such as a house, you'd have to rent a truck to transport the money payment.

Fiat Money

The next development in the payments system was *paper currency* (pieces of paper that function as a medium of exchange). Initially, paper currency carried a guarantee that it was convertible into coins or into a fixed quantity of precious metal. However, currency has evolved into **fiat money**, paper currency decreed by governments as legal tender (meaning that legally it must be accepted as payment for debts) but not convertible into coins or precious metal. Paper currency has the advantage of being much lighter than coins or precious metal, but it can be accepted as a medium of exchange only if there is some trust in the authorities who issue it and if printing has reached a sufficiently advanced stage that counterfeiting is extremely difficult. Because paper currency has evolved into a legal arrangement, countries can change the currency they use at will. Indeed, this is what many European countries did when they abandoned their currencies for the euro in 2002.

Major drawbacks of paper currency and coins are that they are easily stolen and can be expensive to transport in large amounts because of their bulk. To combat this problem, another step in the evolution of the payments system occurred with the development of modern banking: the invention of *checks*.

Checks

A check is an instruction from you to your bank to transfer money from your account to someone else's account when she deposits the check. Checks allow transactions to take place without the need to carry around large amounts of currency. The introduction of

checks was a major innovation that improved the efficiency of the payments system. Frequently, payments made back and forth cancel each other; without checks, this would involve the movement of a lot of currency. With checks, payments that cancel each other can be settled by canceling the checks, and no currency need be moved. The use of checks thus reduces the transportation costs associated with the payments system and improves economic efficiency. Another advantage of checks is that they can be written for any amount up to the balance in the account, making transactions for large amounts much easier. Checks are also advantageous in that loss from theft is greatly reduced and because they provide convenient receipts for purchases.

Two problems arise, however, with a payments system based on checks. First, it takes time to get checks from one place to another, a particularly serious problem if you are paying someone in a different location who needs to be paid quickly. In addition, if you have a checking account, you know that it often takes several business days before a bank will allow you to make use of the funds from a check you have deposited. If your need for cash is urgent, this feature of paying by check can be frustrating. Second, the paper shuffling required to process checks is costly; currently, the cost of processing all checks written in the United States is estimated at over \$10 billion per year.

Electronic Payment

The development of inexpensive computers and the spread of the Internet now make it cheap to pay bills electronically. In the past, you had to pay bills by mailing a check, but now banks provide websites at which you just log on, make a few clicks, and thereby transmit your payment electronically. Not only do you save the cost of the stamp, but paying bills becomes (almost) a pleasure, requiring little effort. Electronic payment systems provided by banks now even spare you the step of logging on to pay the bill. Instead, recurring bills can be automatically deducted from your bank account. Estimated cost savings when a bill is paid electronically rather than by a check exceed one dollar per transaction. Electronic payment is thus becoming far more common in the United States.

E-Money

Electronic payments technology can substitute not only for checks but also for cash, in the form of **electronic money** (or **e-money**)—money that exists only in electronic form. The first form of e-money was the *debit card*. Debit cards, which look like credit cards, enable consumers to purchase goods and services by electronically transferring funds directly from their bank accounts to a merchant's account. Debit cards are used in many of the same places that accept credit cards and are now often becoming faster to use than cash. At most supermarkets, for example, you can swipe your debit card through the card reader at the checkout station, press a button, and the amount of your purchases is deducted from your bank account. Most banks and companies such as Visa and Master-Card issue debit cards, and your ATM card typically can function as a debit card.

A more advanced form of e-money is the *stored-value card*. The simplest form of stored-value card is purchased for a preset dollar amount that the consumer pays up front, like a prepaid phone card. The more sophisticated stored-value card is known as a **smart card**. It contains a computer chip that allows it to be loaded with digital cash from the owner's bank account whenever needed. In Asian countries, such as Japan and Korea, cell phones now have a smart card feature that raises the expression "pay by phone" to a new level. Smart cards can be loaded from ATM machines, personal computers with a smart card reader, or specially equipped telephones.



FYI Are We Headed for a Cashless Society?

Predictions of a cashless society have been around for decades, but they have not come to fruition. For example, Business Week predicted in 1975 that electronic means of payment "would soon revolutionize the very concept of money itself," only to reverse its view several years later. Pilot projects in recent years with smart cards to convert consumers to the use of e-money have not been a success. Mondex, one of the widely touted, early stored-value cards that was launched in Great Britain in 1995, is used only on a few British university campuses. In Germany and Belgium, millions of people carry bank cards with computer chips embedded in them that enable them to make use of e-money, but very few use them. Why has the movement to a cashless society been so slow in coming?

Although e-money might be more convenient and efficient than a payments system based on paper, several factors work against the disappearance of the paper system. First, it is very expensive to set up the computer, card reader, and telecommunications networks necessary to make electronic money the

dominant form of payment. Second, electronic means of payment raise security and privacy concerns. We often hear media reports that an unauthorized hacker has been able to access a computer database and to alter information stored there. Because this is not an uncommon occurrence, unscrupulous persons might be able to access bank accounts in electronic payments systems and steal funds by moving them from someone else's accounts into their own. The prevention of this type of fraud is no easy task, and a whole new field of computer science has developed to cope with security issues. A further concern is that the use of electronic means of payment leaves an electronic trail that contains a large amount of personal data on buying habits. There are worries that government, employers, and marketers might be able to access these data, thereby encroaching on our privacy.

The conclusion from this discussion is that although the use of e-money will surely increase in the future, to paraphrase Mark Twain, "the reports of cash's death are greatly exaggerated."

A third form of electronic money is often referred to as **e-cash**, which is used on the Internet to purchase goods or services. A consumer gets e-cash by setting up an account with a bank that has links to the Internet and then has the e-cash transferred to her PC. When she wants to buy something with e-cash, she surfs to a store on the Web and clicks the "buy" option for a particular item, whereupon the e-cash is automatically transferred from her computer to the merchant's computer. The merchant can then have the funds transferred from the consumer's bank account to his before the goods are shipped.

Given the convenience of e-money, you might think that we would move quickly to a cashless society in which all payments are made electronically. However, this hasn't happened, as discussed in the FYI box, "Are We Headed for a Cashless Society?"

MEASURING MONEY

The definition of money as anything that is generally accepted in payment for goods and services tells us that money is defined by people's behavior. What makes an asset money is that people believe it will be accepted by others when making payment. As we have seen, many different assets have performed this role over the centuries, ranging

from gold to paper currency to checking accounts. For that reason, this behavioral definition does not tell us which assets in our economy should be considered money. To measure money, we need a precise definition that tells us exactly which assets should be included.

The Federal Reserve's Monetary Aggregates

The Federal Reserve System (the Fed), the central banking authority responsible for monetary policy in the United States, has conducted many studies on how to measure money. The problem of measuring money has recently become especially crucial because extensive financial innovation has produced new types of assets that might properly belong in a measure of money. Since 1980, the Fed has modified its measures of money several times and has settled on the following measures of the money supply, which are also referred to as **monetary aggregates** (see Table 1 and the following Financial News box).

The narrowest measure of money that the Fed reports is **M1**, which includes the most liquid assets: currency, checking account deposits, and traveler's checks. The components of M1 are shown in Table 1. The *currency* component of M1 includes only paper money and coins in the hands of the nonbank public and does not include cash held in ATMs or bank vaults. Surprisingly, more than \$3,000 cash is in circulation for each person in the United States (see the FYI box). The *traveler's checks* component of M1 includes only traveler's checks not issued by banks. The *demand deposits* component includes business checking accounts that do not pay interest, as well as traveler's checks issued by banks. The *other checkable deposits* item includes all other checkable deposits, particularly interest-bearing checking accounts held by households. These assets are clearly money because they can be used directly as a medium of exchange.

Until the mid-1970s, only commercial banks were permitted to establish checking accounts, and they were not allowed to pay interest on them. With the financial

	Value as of May 16, 2011 (\$ billions)
M1 = Currency	958.8
+ Traveler's checks	4.6
+ Demand deposits	573.1
+ Other checkable deposits	399.0
Total M1	1,935.5
M2 = M1	
+ Small-denomination time deposits	848.3
+ Savings deposits and money market deposit accounts	5,530.4
+ Money market mutual fund shares (retail)	<u>688.4</u>
Total M2	9,002.6



Following the Financial News The Monetary Aggregates

Every week on Thursday, the Federal Reserve publishes the data for M1 and M2 in its H.6 release and these numbers are often reported on in the media.

The H.6 release can be found at www.federalreserve .gov/releases/h6/current/h6.htm.

innovation that has occurred (discussed more extensively in Chapter 12), regulations have changed so that other types of banks, such as savings and loan associations, mutual savings banks, and credit unions, can also offer checking accounts. In addition, banking institutions can offer other checkable deposits, such as NOW (negotiated order of withdrawal) accounts and ATS (automatic transfer from savings) accounts, which do pay interest on their balances.

The **M2** monetary aggregate adds to M1 other assets that are not quite as liquid as those included in M1: assets that have check-writing features (money market deposit accounts and money market mutual fund shares) and other assets (savings deposits and small-denomination time deposits) that can be turned into cash quickly at very little cost. *Small-denomination time deposits* are certificates of deposit with a denomination of less than \$100,000 that can be redeemed only at a fixed maturity date without a penalty. *Savings deposits* are nontransaction deposits that can be added to or taken out at any time. *Money market deposit accounts* are similar to money market mutual funds, but are issued by banks. The *money market mutual fund shares* are retail accounts on which households can write checks.



FYI Where Are All the U.S. Dollars?

The more than \$3,000 of U.S. currency held per person in the United States is a surprisingly large number. U.S. currency is bulky, can be easily stolen, and pays no interest, so it doesn't make sense for most of us to keep a lot of it. Do you know anyone who carries \$3,000 in his or her pockets? We have a puzzle: Where are all these dollars and who is holding them?

Criminals are one group who hold a lot of dollars. If you were engaged in illegal activity, you would not conduct your transactions with checks because they are traceable and therefore a potentially powerful piece of evidence against you. That explains why Tony Soprano has so much cash in his backyard. Some businesses also like to retain a lot of cash

because if they operate as a cash business that makes their transactions less traceable; thus they can avoid declaring income on which they would have to pay taxes.

Foreigners are the other group who routinely hold U.S. dollars. In many countries, people do not trust their own currency because they often experience high inflation, which erodes the value of that currency; these people hold U.S. dollars as a hedge against this inflation risk. Lack of trust in the ruble, for example, has led Russians to hoard enormous amounts of U.S. dollars. More than half of U.S. dollars are held abroad.

Because economists and policymakers cannot be sure which of the monetary aggregates is the best measure of money, it is logical to wonder if their movements closely parallel one another. If they do, then using one monetary aggregate to predict future economic performance and to conduct policy will be the same as using another, and it does not much matter that we are not sure of the appropriate definition of money for a given policy decision. However, if the monetary aggregates do not move together, then what one monetary aggregate tells us is happening to the money supply might be quite different from what another monetary aggregate would tell us. The conflicting stories might present a confusing picture that would make it hard for policymakers to decide on the right course of action.

Figure 1 plots the growth rates of M1 and M2 from 1960 to 2011. The growth rates of these two monetary aggregates do tend to move together; the timing of their rise and fall is roughly similar until the 1990s, and they both show a higher growth rate, on average, in the 1970s than in the 1960s.

Yet some glaring discrepancies exist in the movements of these aggregates. Contrast M1's high rates of growth from 1992 to 1994 with the much lower growth of M2. Also notice that from 2004 to 2007, M2's growth rate increased slightly, while M1 sharply decelerated and went negative. In 2009, M1 growth surged to over 15% from near zero the year before, while M2 growth rose less dramatically. Thus, the different measures of money tell a very different story about the course of monetary policy in recent years.

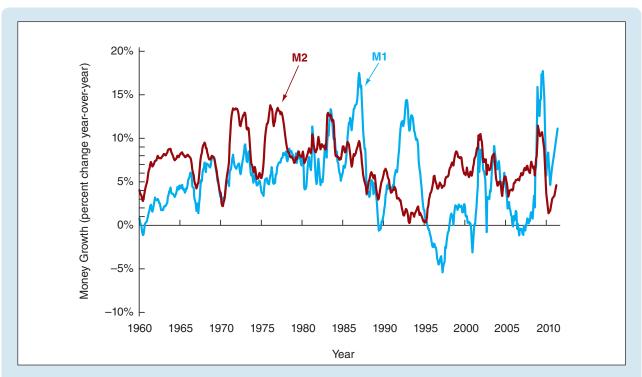


FIGURE 1 Growth Rates of the M1 and M2 Aggregates, 1960-2011

Timing of the rise and fall of growth rates is roughly similar for both M1 and M2. There are, however, periods such as 1992–1994 and 2004–2007, when they move in opposite directions, providing conflicting recommendations about the course of monetary policy.

Sources: Federal Reserve Economic Database (FRED); Federal Reserve Bank of Saint Louis; http://research.stlouisfed.org/fred2/categories/25

From the data in Figure 1, you can see that obtaining a single precise, correct measure of money does seem to matter and that it does make a difference which monetary aggregate policymakers and economists choose as the true measure of money.

Summary

- **1.** To economists, the word *money* has a different meaning from *income* or *wealth*. Money is anything that is generally accepted as payment for goods or services or in the repayment of debts.
- 2. Money serves three primary functions: as a medium of exchange, as a unit of account, and as a store of value. Money as a medium of exchange avoids the problem of double coincidence of wants that arises in a barter economy, and thus lowers transaction costs and encourages specialization and the division of labor. Money as a unit of account reduces the number of prices needed in the economy, which also reduces transaction costs. Money also functions as a store of value, but performs this role poorly if it is rapidly losing value due to inflation.
- **3.** The payments system has evolved over time. Until several hundred years ago, the payments system in all but the most primitive societies was based primarily on
- precious metals. The introduction of paper currency lowered the cost of transporting money. The next major advance was the introduction of checks, which lowered transaction costs still further. We are currently moving toward an electronic payments system in which paper is eliminated and all transactions are handled by computers. Despite the potential efficiency of such a system, obstacles are slowing the movement to a checkless society and the development of new forms of electronic money.
- **4.** The Federal Reserve System has defined two different measures of the money supply—M1 and M2. These measures are not equivalent and do not always move together, so they cannot be used interchangeably by policymakers. Obtaining the precise, correct measure of money does seem to matter and has implications for the conduct of monetary policy.

Key Terms

commodity money, p. 56 currency, p. 52 e-cash, p. 58 electronic money (e-money), p. 57 fiat money, p. 56 hyperinflation, p. 55 income, p. 53 liquidity, p. 55 M1, p. 59 M2, p. 60 medium of exchange, p. 53 monetary aggregates, p. 59

payments system, p. 56 smart card, p. 57 store of value, p. 55 unit of account, p. 54 wealth, p. 53

Questions

All questions are available in **My**Econ**Lab** at www.myeconlab.com.

- **1.** Why is simply counting currency an inadequate measure of money?
- **2.** In prison, cigarettes are sometimes used among inmates as a form of payment. How is it possible for cigarettes to solve the "double coincidence of wants" problem, even if a prisoner does not smoke?