



# IMPORTANT INFORMATION FOR RUNNERS

**START TIME: 11:00 AM**

**Market place, Wells, Somerset, BA5 2RF**

## Timetable

Time	Action
8AM-10.45AM	Participant registration period (ID checked and race number given)
10.45AM	Welcome and introduction by guest speaker
11AM	Race starts
3PM	Participants awards
4.45PM	Bag collection and finishers pack collections close
5PM	Event close

## Toilets

There will be portable toilets at the following mile stops on the course:

Location	Toilets
1.5 miles	1 unisex
3.5 miles	1 unisex
5.5 miles	1 unisex
7.5 miles	2 unisex
9.5 miles	1 unisex
11.5 miles	1 unisex
Start and finish	2 male, 2 female

## Application Information

After purchasing your ticket online if you need to discuss your application or change any personal details, please e-mail [info@ciderthon.com](mailto:info@ciderthon.com)

## Baggage

Your race number has a detachable tag at the bottom which you give in at the registration tent if you want to store any bags. All baggage is left at owners risk. The organisers can't be responsible for any loss or damage caused by the use of these facilities.

## Drink Stations

Water will be available at every mile of the run directly after the cider tasting station. This will be served in cardboard cups, some will be handed out by our marshals and it will be available for you to pick up from the table.

## Getting to The Ciderthon

The Ciderthon will be starting and finishing at the Market Place in Wells. Please find information for travel options at [www.visitwellsomerset.co.uk/travel-information](http://www.visitwellsomerset.co.uk/travel-information). Driving is one of the easiest ways to get to Wells, so if you choose this option please ensure you have a designated driver to take you to the race. It is YOUR responsibility to arrange your transport, DO NOT drink and drive.

## Race Number

You will need to collect your race number on the day to be allowed to participate. To collect your number you will need:

- **Suitable ID**
- **Your ticket(s)**

Collect them at the registration tents. We will give you 8 safety pins to attach 2 numbers to yourself on your front and your back, please make sure your fancy dress outfit has somewhere for your number to be visible. The number must not be cut or altered in any way to reduce its size. It is your key to obtaining cider at each stop! Without it you will not get a medal or be able to retrieve your bag.

## The Cider

You will receive:

- **12x100ml cider tasters**
- **1x500ml cider at the 13<sup>th</sup> cider station**

Your race number will have on it allocated cider stamp slots which you will collect at each mile after you have collected your drink. Please check the website for any final or updated information.

## Are you fit to run the Ciderthon?

Remember that this race is a half marathon and is 13.1 miles, ensure you prepare for the run properly. You should take your decision to run on the day sensibly. If you have not prepared sufficiently and could not comfortably run 8 miles one month beforehand, you will not manage the half marathon in safety or enjoy it, so please do not attempt to run. It is unfair to you, your family and the event staff to risk being a medical emergency, even if you are running for charity. The cider which will be provided on route will make the run enjoyable but will likely be a different type of running which you haven't previously experienced. This is a FUNRUN not a RACE – the aim is to enjoy it and take your time, particularly as the alcohol can make you feel out of breath.

## First Aid

First aid posts will be located at several intervals around the course and there will be a medical tent in the Runners Village.

## Race number & medical information

Entries are non-transferable. Never swap your race number with any other runner as it could lead to a dangerous medical situation. Your race number will have your emergency contact details on the back, this will be used by the medical team should anything go wrong.

## Photos

There will be photographers on the day around the course and at the start and finish line. Photos taken will be available a few days after the event via our website.

## Medal and T-shirt

You will be handed a Ciderthoner medal as you finish the race! But don't forget to collect your T-shirt from the bag drop off tent where you registered after you have run.

## Fancy Dress

Fancy dress is STRONGLY encouraged! Make sure once you've decided on your outfit you train in it at least once to know what to expect. This way you can minimize any potential discomfort and adapt it. This guide has lots of helpful hints, tips AND outfit ideas:

<https://www.virginmoneylondonmarathon.com/en-gb/training/training-advice/london-marathon-guide-running-fancy-dress/>

## Parking

Private event parking reservations will be available one month before the event date. You will be able to reserve your parking spot on the website.

Other parking options around Wells can be found on the [Parkopedia webpage for wells](#)

KEEPING YOU HYDRATED



**Glastonbury  
Spring  
Water**

# The Route

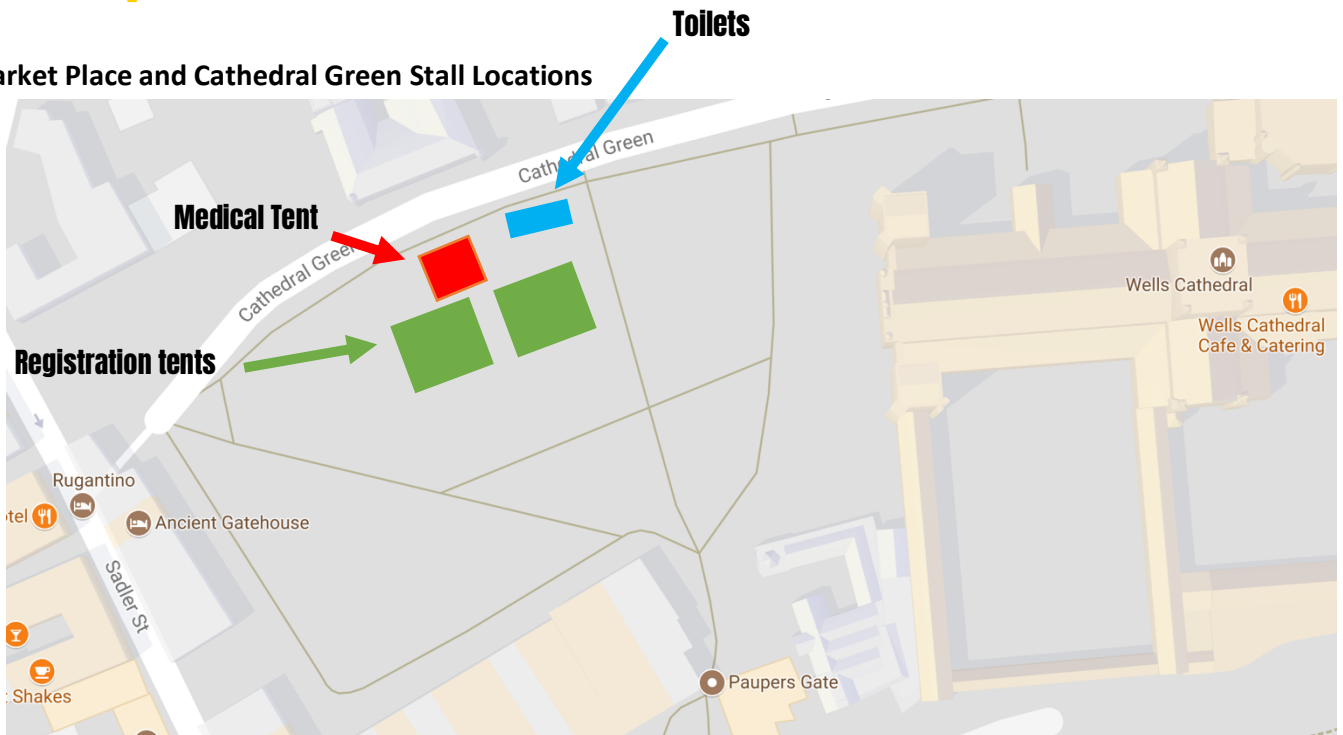
Route: 13.1 Miles, 507 feet Elevation Gain

Can be seen on: <https://www.strava.com/routes/11222910>

Direction	Distance (miles)
Proceed onto High Street	0
Continue on Broad Street	0.1
Continue on Priory Road	0.1
Proceed onto Southover	0.3
Right onto Silver Street	0.5
Right onto Launcherley Road	3
Continue on Woodford Road	3.1
Left onto Woodford Lane	3.5
Proceed onto Woodford Lane	3.9
Continue on Pillmoor Drove	3.9
Left onto Bourtonbridge Drove	4.5
Left onto Long Drove	5.1
Right onto Barrow Lane	5.8
Proceed onto Barrow Lane	6.3
Right onto New Road	6.3
Left onto Slough Lane	7.1
Proceed onto Slough Lane	7.3
Continue on Barrow Lane	8.7
Left onto Middle's Lane	9
Continue on Launcherley Road	9.2
Right	10.2
Proceed	11.5
Continue on Silver Street	12.7
Left	12.9
Left onto Market Place	13
Arrive at Finish	13.1

# Area Map

## Market Place and Cathedral Green Stall Locations



## Start and Finish Line

