

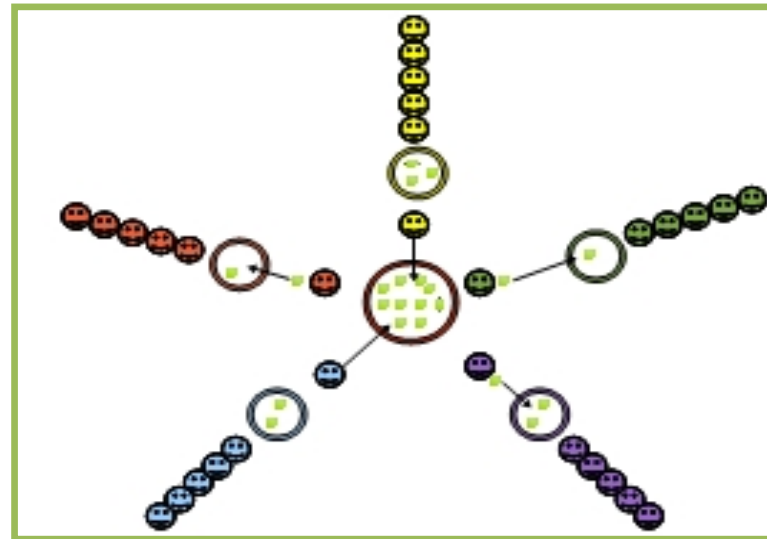


## Rob the Nest

**Age Group:** Foundation / Key Stage 1

### How to set up:

- Place one large hoop in the middle of the area
- Spread 5 smaller hoops around the outside
- Each of the 5 teams will be given a hoop which they will sit behind in a line
- Place all of the equipment in the middle hoop



### Equipment:

- One large hoop
- 5 small hoops
- 60 or so pieces of equipment (beanbags, quoits, marker cones, balls, etc.)

### How to play:

- On the signal "Go" one child from each team will run to the middle and collect one piece of equipment, then return it to their team's hoop
- Children will take turns to run out and collect equipment until it has all gone
- Children must run one at a time
- Children must only collect one piece of equipment at a time

### How to Score:

- Once all the equipment has been collected count the number of pieces in each team's hoop
- Each team will be awarded 1 point for each piece of equipment