

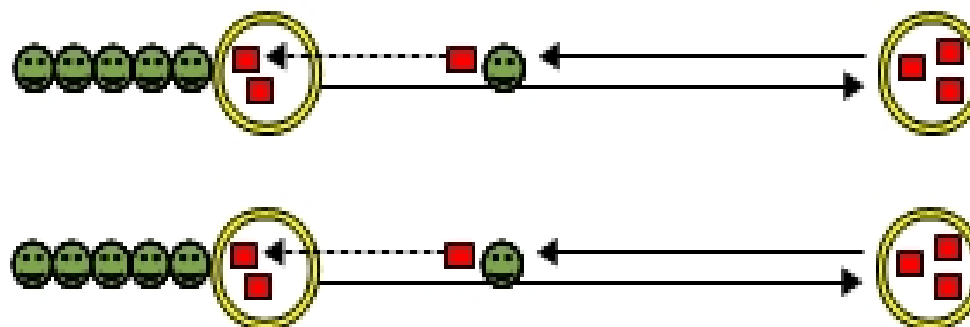


## Recover Relay

**Age Group:** Foundation / Early Years

### How to set up:

- Teams of 6
- For each team, place one hoop on the floor with no equipment in it and another hoop 5 metres away with 6 beanbags in it



### Equipment:

- Per group
- 2 Hoops
  - 6 Beanbags

### How to play:

- In their teams, children form a line behind the empty hoop
- Children run one at a time to collect 1 beanbag and run back placing it in the empty hoop
- Once all the beanbags have been moved to the empty hoop, children must return the beanbags 1 at a time to the original hoop
- The team will keep moving the beanbags from hoop to hoop until the time is up (2 minutes)
- Children can only collect one piece of equipment at a time

### How to Score:

- The team will score 1 point each time all 6 beanbags have been moved to the empty hoop
- The winning team is the team who scored the most points