

Ginger Carrot Bisque

With Wild Shrimp, Mushrooms, and Scallions

Cook—Prep Time: 55

Serving: 4

INGRIDIENTS

- Carrots 1 lb., peeled and diced
- Grated fresh ginger 1 Tbsp.
- Onion 1 ea., medium, peeled and diced
- Vegetable oil 1 Tbsp.
- Chicken stock 3 cups
- Coconut milk 1 cup
- Wild shrimps 8 pieces, 16/20 size, poached
- Button mushrooms—1/5 lb., quartered and poached
- Scallions— 1 ea., sliced
- Salt— to taste
- Pepper to taste

INSTRUCTIONS

- 1. In a 6-quart pot, over medium-high heat, add vegetable oil, onion, carrots and ginger.
- 2. Stir often until onions, ginger and carrots are translucent. Add chicken stock, cover and bring to boil.

 Reduce heat and simmer until carrots are tender.
- 3. Remove from the heat and transfer to a blender. Do it in batches, then purée until smooth.
- 4. Return to the pot and add coconut milk. Bring to boil. Add salt and pepper to taste.
- 5. Ladle soup into 4 bowls. Garnish each soup with 2 pieces of poached wild shrimps, mushrooms and scallion.