\begin{itemize}
\item This is an itemized list
\begin{itemize}
\item with a nested list
\end{itemize}
\item second item
\end{itemize}

- This is an itemized list
 - with a nested list
- second item

\begin{enumerate}
\item This is an itemized list
\begin{enumerate}
\item with a nested list
\end{enumerate}
\item second item
\end{enumerate}

- 1. This is an itemized list
 - (a) with a nested list
- 2. second item