



FOREST CARE

CARING SINCE 1981



Welcome to Forest Care

Forest Care is a family business that owns and manages four purpose-built care homes located in Hampshire and Surrey.

We take great pride in the care that we provide for each of our residents and work closely with their families to create individual care plans that address any medical and physical requirements while meeting their emotional and social needs.

Choosing a care home is always a difficult and emotional process. Forest Care tries to make it a little easier by providing the beautiful environment and level of care that you are expecting to find.

'We provide our residents with care, comfort, security and support in a friendly and homely environment.'

Mark Vickery | Director



Cedar Lodge

Residential, nursing and respite care in Camberley, Surrey.

Holly Lodge

Residential, dementia, nursing and respite care in Camberley, Surrey.

Rowan Lodge

Residential, dementia, nursing and respite care in Hook, Hampshire.

Oak Lodge

Residential, nursing and respite care in Basingstoke, Hampshire.



Types of Residential Care

Care homes are categorised by the type of care they provide, which will range from minimal support (for active residents) up to 24-hour nursing care for those with complex needs.

Nursing Care

Nursing care may be needed for people who have suffered a stroke or have physical disabilities or ongoing medical conditions. Homes that offer nursing care must have qualified nursing staff on site 24 hours a day.

Dementia Care

Dementia is a complicated condition as it manifests in several ways and the symptoms will generally progress over time. Dementia care homes will have higher ratios of staff to residents and the staff will have undergone additional specialised training in supporting those living with dementia.

Residential Care

Residential care homes will provide residents who are no longer able to live independently with a safe environment and any support they may need for day-to-day living, such as help with washing and dressing.

Respite Care

Respite care is a short-term arrangement to enable someone to convalesce after a stay in hospital, for example, or to give the current carers a break themselves. Respite care can also serve as a 'test run' before you commit to a particular home as a long-term solution.



Forest Care Offers All This and More

Forest Care homes are able to help with many differing residential care needs, including long-term nursing support, short-term respite and specialist dementia care.

While we provide all of the hands-on physical, practical and medical support our residents need on a daily basis we never forget that we work in the place they call home.

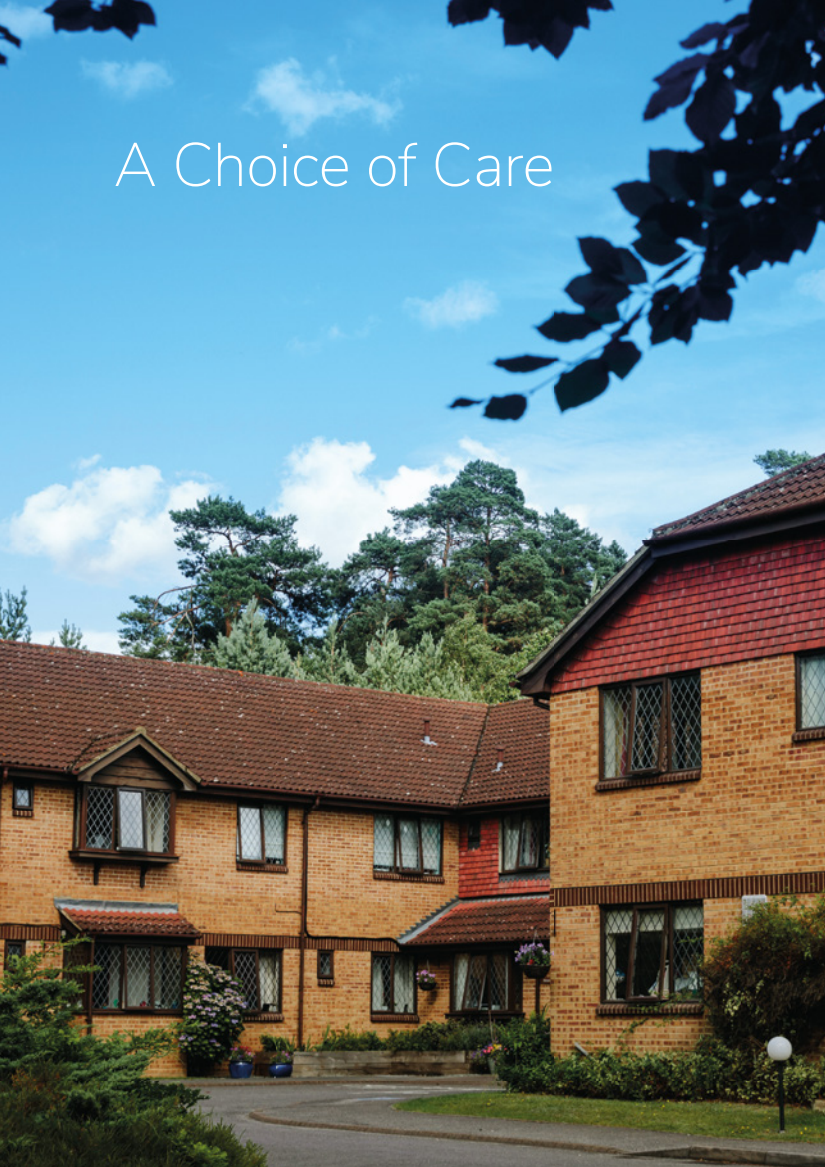
We therefore put a lot of thought into creating a genuinely 'homely' environment where residents feel relaxed and happy and free to make their own choices, from deciding where and when to socialise to which of the many organised activities they want to get involved with.

'We respect our residents' right to make choices. For example, we organise activities they tell us they would enjoy and cater for their individual food preferences.'

Grace Adan | Oak Lodge Home Manager



A Choice of Care



Cedar Lodge

Cedar Lodge is a purpose-built nursing home with 60 bedrooms that has been designed to create a homely environment. Residents can enjoy the extensive gardens, visit the nearby shops and amenities or join in with a host of activities ranging from arts and crafts classes to fitness classes and organised day trips.

Holly Lodge

Holly Lodge is a purpose-built nursing home providing a high level of specialist care for up to 60 elderly people living with dementia. The bedrooms are personalised with the resident's own belongings to create a familiar environment and many of the organised activities are designed to stimulate thinking, memory and reasoning skills and conversation.

Oak Lodge

Oak Lodge is a stunning and award winning conversion of a listed former farm complex, providing 24-hour nursing care in a beautiful countryside setting for up to 60 residents in single occupancy rooms (including six interconnecting rooms for couples). There are extensive communal areas for the residents to explore, including an enclosed sensory garden and a range of interesting organised activities on offer every day.

Rowan Lodge

Rowan Lodge is a purpose-built care home that provides care and support for up to 60 residents who need either residential or nursing care and those who are living with dementia. Rowan Lodge also offers respite care packages for those who need short breaks away from their usual environment.



Frequently Asked Questions

1. What are your visiting hours?

Visitors are very welcome at any time. Residents are free to get up and go to bed when it suits them and to choose who they want to see, and when; just as they did when they were living independently.

2. What are your staff ratios?

We usually have a minimum staff ratio of 1 member of care staff for every 4 residents (1:4) by day and 1:8 overnight. This number does not include the home's domestic, catering, laundry, activities and management staff.

3. What is included in the fees?

The fees cover a private en-suite bedroom, all meals, snacks and refreshments, full care and support 24/7, mobility aids and appliances as required, use of the communal facilities, personal laundry services, hairdressing and chiropody treatments.

4. Can we keep our own GP?

If your GP is nearby and happy to visit the home then yes. If not we have arrangements in place with GP practices near to our care homes to ensure our residents have access to prompt medical care and attention when they need it.

5. Can I take my mother/father out?

Of course! As long as there are no medical reasons preventing it, we encourage trips out. (We just ask that you please give us some warning so that we can ensure they are properly prepared and that we know roughly when to expect them back).

6. What activities do you provide?

We have a full and varied programme of activities on offer between 10am and 4pm each day. These range from arts and crafts to visiting entertainers and organised day trips. For those who are less able we provide one-to-one activities such as hand massage or reading.

7. Do you cater for special diets?

Yes. Each resident's individual care plan will include their special dietary requirements (such as allergies and intolerances) and any particular likes and dislikes. We work hard to ensure our menus are nutritionally balanced and prepare all meals on site every day using fresh ingredients.

8. Do you accept Local Authority rates?

Unfortunately not. Local Authority rates are usually significantly lower than our standard weekly fees. Therefore we would only accept payment from a Local Authority in combination with a third party 'top-up' payment (or if the Local Authority agreed to meet our full fees).

'If you have any questions or concerns please ask us – we won't be happy until you're happy!'

Jon Huxford | Commercial Manager

Funding

The cost of a care home can be a serious concern for some people, but funding is available in many cases depending on the resident’s financial circumstances and particular care needs.

Local Authority Funding

Even if you are considering a privately run care home the Local Authority may still be able to contribute towards the cost (subject to a needs assessment and means test).

NHS Funded Nursing Care Contribution

Anyone assessed as needing nursing care is entitled to the NHS Funded Nursing Care Contribution (also known as Free Nursing Care) even if the Local Authority is contributing to the care fees.

NHS Continuing Healthcare Funding

The NHS Continuing Healthcare Funding is available for people with more intensive nursing needs – due to disability, accident or long-term illness for example.

Self Funding

If someone’s capital assets exceed the upper limits of the government’s Capital Threshold they will be responsible for their own care fees and may need to sell their property to release the necessary funds.

Twelve Weeks Property Disregard

If a property does need to be sold then in most cases the Local Authority will contribute to the care home fees for the first 12 weeks of residence to allow time for the property to be sold.

Deferred Payment Agreement

Alternatively, rather than selling a property immediately, it may be possible to arrange a Deferred Payment Agreement with the Local Authority, whereby they will cover the full care home fees secured against the value of the property.

If you need further information or advice about funding, organisations such as Age UK (www.ageuk.org.uk) and Independent Age (www.independentage.org) provide comprehensive guidance about funding on their websites.

‘Our fees cover everything required to keep residents comfortable, well cared for and safe and are based on a comprehensive pre-admission assessment of the individual’s needs.’

Kerry Baldwin | Forest Care Ltd





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Top 10 things to look
for in a care home



Here is a handy checklist of things to look for on your visits:

Visiting a care home, meeting the staff and residents, observing everyday life and asking the questions that matter to you is the best way of deciding if it feels right for you or your loved one. We recommend that you see as many homes as you can and take a friend or relative along with you as it helps to have a second pair of eyes while you're there and someone to talk things through with afterwards.

Location

- ☐ Is the home in a pleasant setting?
- ☐ Is it convenient for family and friends to visit?
- ☐ Are there shops and other amenities nearby?

First impressions

- ☐ Does it look clean and smell pleasant?
- ☐ Do the rooms and grounds seem well maintained?
- ☐ Is there a comments book you can read – or are letters of thanks on display?

Residents

- ☐ Do residents seem happy and look well cared for?
- ☐ Do any of the residents look bored or disengaged?
- ☐ Are there plenty of things going on to keep residents occupied?

Staff

- ☐ Are the staff making you feel welcome?
- ☐ Are they caring and friendly towards residents?
- ☐ Do they engage with residents on a one-to-one basis?
- ☐ Did you meet the manager (or a senior staff member)?

Bedrooms

- ☐ Are the bedrooms nicely decorated and furnished?
- ☐ Do they have en-suite facilities?
- ☐ Is there an emergency call system?
- ☐ Can residents bring some of their own possessions?
- ☐ Is there a safe place for valuables?

Facilities

- ☐ Is there plenty of space?
- ☐ Are there quiet areas for residents who don't want to take part in activities?
- ☐ Is there a garden?
- ☐ Are the facilities well adapted for the needs of residents, eg handrails, wheelchair access?

Specific care requirements

- ☐ Does every resident have a personal care plan?
- ☐ Is specialist equipment available eg hoists, electrically operated beds?
- ☐ If the resident's needs change over time can the home still provide the necessary care?
- ☐ Are staff suitably trained and qualified?
- ☐ Is there a local GP who visits the home?

Food

- ☐ Is the food freshly prepared on site?
- ☐ Does the menu offer plenty of choice?
- ☐ Is the menu changed regularly?
- ☐ Can they cater for specific diets and/or individual preferences?
- ☐ Are snacks and drinks available throughout the day?

Activities

- ☐ Do the activities/events on offer appear to be well planned and organised?
- ☐ Do residents go out on trips?

What about the extras

- ☐ Are there any extra services offered, eg physiotherapist, chiropodist, hairdresser?
- ☐ Is personal laundry included in the cost?
- ☐ Are you clear about what is included in the fees?

