



# Welcome to Bridge House

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## Care that's right for you

We understand that everyone has individual needs which is why we offer different services, from nursing and residential care through to respite and day care.

### Residential Care

As a residential resident you'll be encouraged to be as independent as possible. Our team are there at all times to support and assist you and we regularly monitoring and assess your individual care needs.

Our aim is to provide you with a level of care which enables independent living, with support so you can enjoy the community atmosphere, companionship and security our home offers. Our residential care provides you with;

- Day to day support
- A comfortable and safe environment to live in
- Activities of real interest and enjoyment
- Privacy and dignity
- Support for all your needs - physical, spiritual, intellectual, emotional and social

### Respite Care

Respite care is ideal if you're looking for convalescence, either following a hospital stay or an illness. Many people also arrange a trial stay as a temporary resident to see if Bridge House is the right choice for them.

We also offer short term residential stays to allow carers the time to rest as we understand that caring independently for a loved one can be challenging at times and it is important to take regular breaks to recoup.

Short stays are also available, which can boost your support network or if you're recovering from an accident or following a hospital stay.

Both of our respite care services provide the opportunity for you and your carer to rebuild strength and rest.

## Care you can trust

At Bridge House our residents are at the heart of everything we do. We make it our mission to provide the highest level of care in a comfortable, stimulating and safe environment that truly is a home-from-home.

Privately owned by the Fisher Care Group and commissioned in XXXXX, Bridge House is set in a 200 year old protected wood overlooking the village of Brighthouse and the surrounding area.

Built over four floors and finished to the highest standard it features a music room, hair and nail studio, function room, games room, cinema/TV room and garden room. With its glass frontage, ground floor balconies and roof top garden, Bridge House truly brings the outside, in!

Our experienced staff take a holistic approach to care, and we are proud to provide a comprehensive, personal service from your very first enquiry.

### Nursing Care

Our fully-qualified nursing staff are able to offer dedicated medical care to our residents, 24 hours a day. Nursing care goes beyond the everyday welfare of our residents to include such things as provision of post-operative care and specific nursing support for chronic and terminal illness.

Person centred software, in-depth evaluation of individual needs and development of detailed care plans enhances the quality of care our team delivers.



## Care that's centred around you

We pride ourselves on delivering care to the highest standards. We will work with you to develop a personalised care plan that reflects what you want and need. We also review plans on a regular basis, to ensure that all your care needs are met.

We can also support you in arranging for the GP to visit or organising other medical appointments with you or on your behalf.

At Bridge House we believe that all of our residents should enjoy life in an atmosphere of warmth and understanding. Residents are cared for by people who appreciate your need for privacy and who will respect your dignity and freedom of choice.





## Care that makes you feel at home

Bridge House offers an outstanding home environment. The private bedrooms, each with en-suite wet room provide compassionate, individualised residential, nursing and respite care for up to 66 residents in a relaxing, friendly and comfortable home.

Our communal areas are designed to feel comfort and a homely, where you can relax and socialise. Visitors are welcome at any time and can also join us for a drink or meal.

If you are joining us for respite you will be able to enjoy all of the facilities which include; your own private bedroom, our delicious home-cooked meals and daily activities.



## Care that's nutritious

At Bridge House we recognise how important good quality food is for both your health and happiness. We work closely with our suppliers to ensure every meal is tasty and nutritious.

All meals are freshly prepared by our onsite cooks who plan quality, seasonal menus and you can choose from a wide range of nutritious meals. We take the time to understand what you like so that you continue to make your own decisions about the food you eat. You are free to take your meals in your room if you wish or you can join other residents in the main dining hall to enjoy your food in a more social environment.

A range of snacks and fruit are always available in between meal times for you to enjoy and lovers of cooking and baking can make use of the House Kitchen.

## Bridge House offers:

- Community physiotherapist
- Occupational therapy
- Chiropody
- Aromatherapy
- On-site hairdressing and nail salon
- Activities and day trips
- Tasty and nutritious meals
- Full laundry service
- Internet & Wi-fi
- Disabled access
- Car parking for visitors
- Lift service

## Each room offers:

- COPY TBC







## Care that you enjoy

We understand how important it is to have daily activities to take part in and enjoy' which is why we offer an active social calendar. From movie nights to exercise groups, family days in the garden and trips out, you are sure to find something that appeals to you.

Each resident receives one-to-one time with our activities co-ordinators to work on a personal activity plan and goals. We're always delighted to assist you to continue with existing hobbies, as well as give you the opportunity to try something new if you would like to.

## Care that works

All of our Care Team are professionally qualified and trained to the highest standards. They are the greatest asset we have, and we are very proud of the consistently high levels of care and commitment they provide.

Our rigorous recruitment and selection procedures, and our comprehensive induction and staff training packages ensure that our team are best able to help deliver the highest quality of life at Bridge House.





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## Come and visit us

We understand it can be a difficult decision to move into residential care and our experienced team are more than happy to talk this through with you and answer any questions you may have.

You are also more than welcome to join us for lunch and get a feel for Bridge Home and chat to other residents.

To book an appointment call us  
01484 905111 or [info@bridgehousecare.com](mailto:info@bridgehousecare.com)





**Bridge House**  
RESIDENTIAL, DAY & NURSING CARE

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