



Bridge House

RESIDENTIAL, DAY & NURSING CARE

# Residential Care







# Care you can trust

At Bridge House our residents are at the heart of everything we do. We make it our mission to provide the highest level of care in a comfortable, stimulating and safe environment that truly is a home-from-home.

Privately owned by the Fisher Care Group and commissioned in 2000, Bridge House is set in a 200-year-old protected wood overlooking the village of Brighthouse and the surrounding area.

Built over four floors and finished to the highest standard it features a music room, hair and nail studio, function room, games room, cinema/TV room and garden room. With its glass frontage, ground floor balconies and roof top garden, Bridge House truly brings the outside, in!

Our experienced staff take a holistic approach to care, and we are proud to provide a comprehensive, personal service from your very first enquiry.

We understand that everyone has individual needs which is why we offer many levels of different services, from nursing and residential care right through to respite and day care.

## Respite Care

Respite care is ideal for those looking for convalescence, either following a hospital stay or an illness. Many people also arrange a trial stay as a temporary resident to see if the home is the right choice for them as their new home.

Caring independently for a loved one can be challenging at times and it is important to take regular breaks to recoup. We offer short term residential stays to allow carers the time to rest, confident that their loved one is in good hands. We are also able to make short stays available, which can boost the support network of someone who is recovering from an accident or following a hospital stay.

Both of our respite care services provide the opportunity for you and your carer to rebuild strength and rest.

## Residential Care

As a residential resident you'll be encouraged to be as independent as possible. Our team are there at all times to support and assist you and we regularly monitoring and assess your individual care needs.

Our aim is to provide you with a level of care which allows for independent living, with additional support. Our residential care provides you with;

- Day to day support
- A comfortable and safe environment to live in
- Activities of real interest and enjoyment
- Privacy and dignity
- Support for your physical, spiritual, intellectual, emotional and social needs

## Nursing Care

Our fully-qualified nursing staff are able to offer dedicated medical care to our residents, 24 hours a day. Nursing care goes beyond the everyday welfare of our residents to include such things as provision of post-operative care and specific nursing support for chronic and terminal illness.

Using Person Centred Software, evaluation of individual needs and development of detailed care plans enhances the quality of care our team delivers.



## Care that's centred around you

We pride ourselves on delivering care to the highest standards. We will work with you to develop a personalised care plan that reflects what you want and need. We also review plans on a regular basis, to ensure that all your care needs are met.

We can also support you in arranging for the GP to visit and organising other medical appointments with you or on your behalf.

At Bridge House we believe that all of our residents should enjoy life in an atmosphere of warmth and understanding. Residents are cared for by people who appreciate your need for privacy and who will respect your dignity and freedom of choice.





## Care that makes you feel at home

Bridge House offers an outstanding home environment. The private bedrooms, each with en-suite wet room provide compassionate, individualised residential, nursing and respite care for up to 66 residents in a relaxing, friendly and comfortable home.

Our communal areas are designed to feel comfort and a homely, where you can relax and socialise. Visitors are welcome at any time and can also join us for a drink or meal.

If you are joining us for respite you will be able to enjoy all of the facilities which include; your own private bedroom, our delicious home-cooked meals and daily activities.



## Care that's nutritious

At Bridge House we recognise how important good quality food is for both your health and happiness. We work closely with our suppliers to ensure every meal is tasty and nutritious.

All meals are freshly prepared by our onsite cooks who plan quality, seasonal menus and you can choose from a wide range of nutritious meals. We take the time to understand what you like so that you continue to make your own decisions about the food you eat. You are free to take your meals in your room if you wish or you can join other residents in the main dining hall to enjoy your food in a more social environment.

A range of snacks and fruit are always available in between meal times for you to enjoy and lovers of cooking and baking can make use of the House Kitchen.

## Bridge House offers:

- Community physiotherapist
- Occupational therapy
- Chiropody
- Aromatherapy
- On-site hairdressing and nail salon
- Activities and day trips
- Tasty and nutritious meals
- Full laundry service
- Internet & Wi-fi
- Disabled access
- Car parking for visitors
- Lift service

## Each room offers:

- Community physiotherapist
- Occupational therapy
- Chiropody
- Aromatherapy
- On-site hairdressing and nail salon
- Activities and day trips
- Tasty and nutritious meals
- Full laundry service
- Internet & Wi-fi
- Disabled access
- Car parking for visitors
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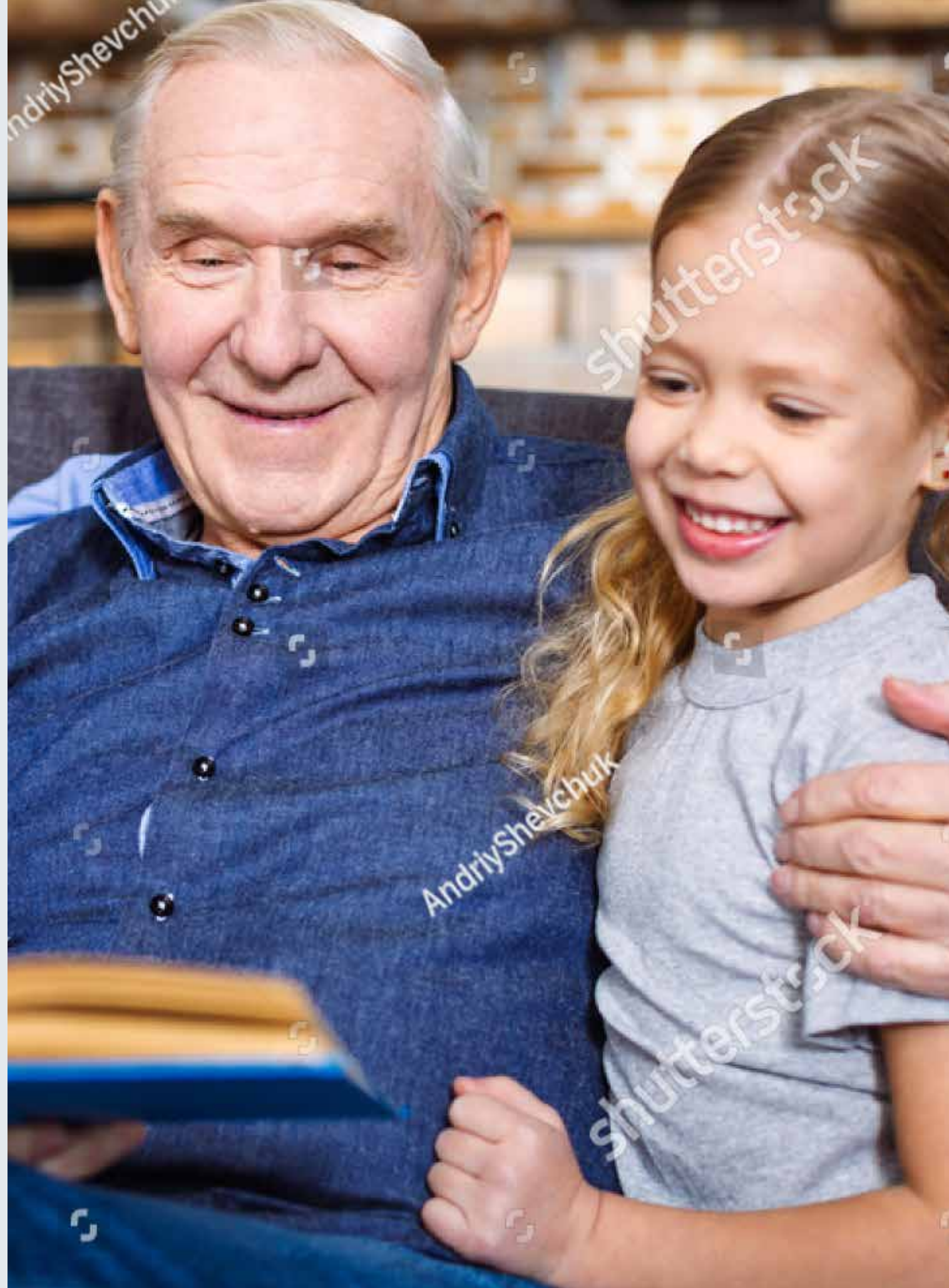


## Care that you enjoy

We understand how important it is to have daily activities to take part in and enjoy which is why we offer an active social calendar developed by our dedicated activities coordinator. From movie nights to exercise groups, family days in the garden and trips out, you are sure to find something that appeals to you.

Each resident receives one-to-one time with the Activities Co-ordinators to work on a personal activity plan and goals.

We also work with local volunteers who are trained in befriending or delivering activities that support you to lead an active and fulfilled life.



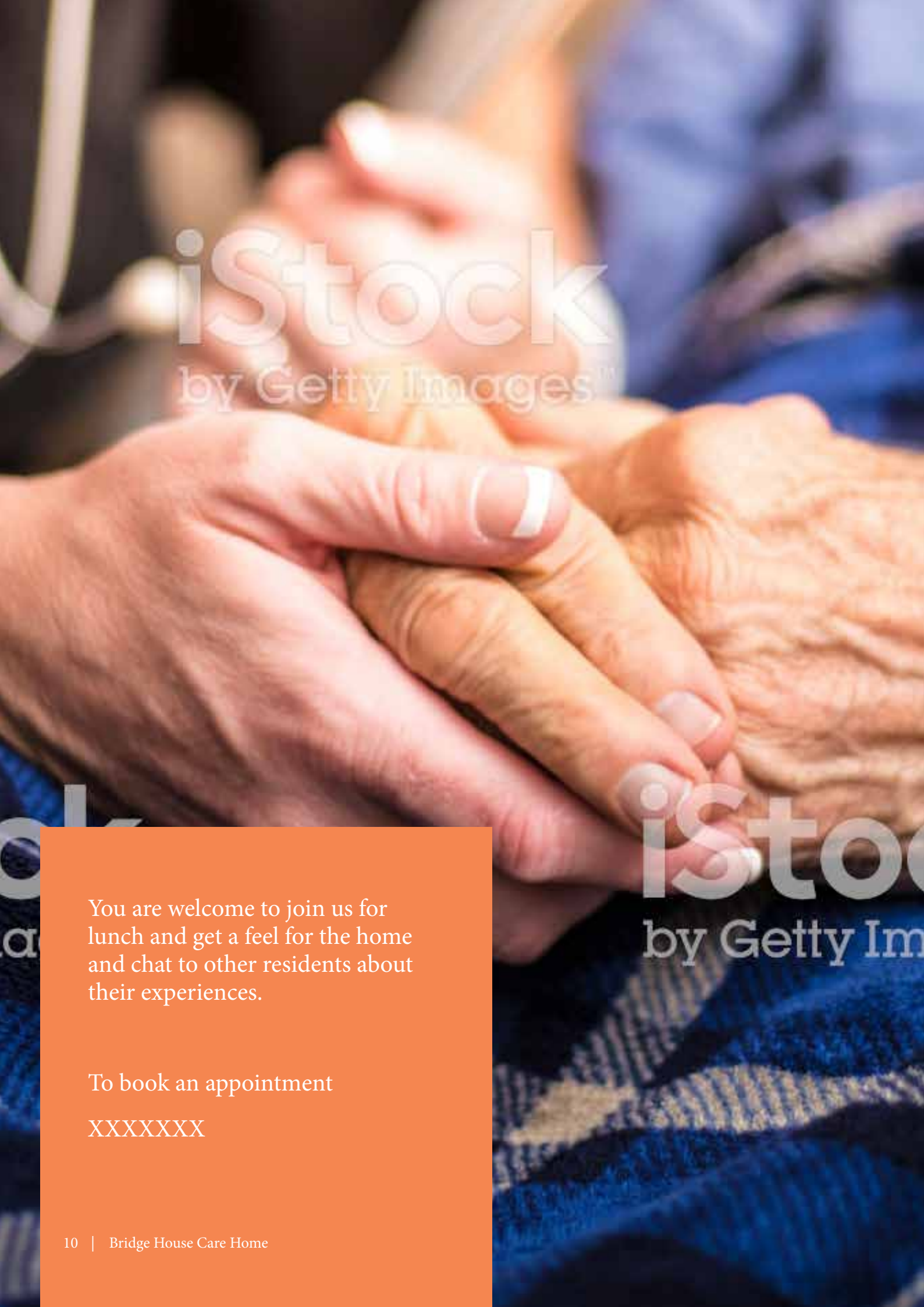
## Care that Works

All of our Care Team are professionally qualified and trained to the highest standards. They are the greatest asset we have, and we are very proud of the consistently high levels of care and commitment they provide.


They provide real 'personcentred care' on a daily basis, ensuring everyone is treated exactly how they would like to be treated.

Our rigorous recruitment and selection procedures and our comprehensive induction and staff training packages ensure that our personnel are best able to help deliver the highest quality of life at Bridge House.





## Come and Visit Us

 We understand it can be a difficult decision to move into residential care and our experienced team are more than happy to talk this through with you and answer any questions you may have.



You are welcome to join us for lunch and get a feel for the home and chat to other residents about their experiences.

To book an appointment  
XXXXXXX



# Bridge House is not a “Centre” it is your home away from home.

To arrange a visit or a free trial day,  
contact Aisha Daji, our Day Centre  
Manager, who will be delighted to  
make arrangements for you.



**Bridge House**  
RESIDENTIAL, DAY & NURSING CARE

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We are open Monday to Friday 8am - 6pm

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