# 课堂练习

练习1: 证明幺正算符的本征值  $|\lambda|=1$ 

**证明**:根据幺正算符 $\hat{U}$ 的定义,对任意态矢 $|\lambda\rangle$ ,有 $\langle\lambda|\hat{U}^{\dagger}\hat{U}|\lambda\rangle=\langle\lambda|\hat{I}|\lambda\rangle=\langle\lambda|\lambda\rangle$ ,而算符 $\hat{U}$ 满足  $\hat{U}|\lambda\rangle=\lambda|\lambda\rangle$ ,两边取厄米共轭,得 $\langle\lambda|\hat{U}^{\dagger}=\langle\lambda|\lambda^*$ ,因此有 $\langle\lambda|\hat{U}^{\dagger}\hat{U}|\lambda\rangle=|\lambda|^2\langle\lambda|\lambda\rangle$ ,从而 $|\lambda|^2=1$ ,即 $|\lambda|=1$  ( $|\lambda|$ 作为模长,必须满足 $|\lambda|\geq0$ )

练习2:证明 $\psi_k(x)$ 和 $\psi_{k+K_m}(x)$ ,其中 $K_m\equiv \frac{2\pi m}{a}$  (m为任意整数) ,具有相同的平移对称性,即具有相同的平移算符本征值

证明: 因为

$$\hat{D}(na)\psi_k(x) = \mathrm{e}^{\mathrm{i}kna}\psi_k(x)$$

$$\hat{D}(na)\psi_{k+K_m}(x) = \mathrm{e}^{\mathrm{i}(k+K_m)na}\psi_{k+K_m}(x) = \mathrm{e}^{\mathrm{i}kna}\cdot\mathrm{e}^{\mathrm{i}\cdot\frac{2\pi m}{a}\cdot na}\psi_{k+K_m}(x) = \mathrm{e}^{\mathrm{i}kna}\cdot\mathrm{e}^{2\pi\mathrm{i}mn}\psi_{k+K_m}(x) = \mathrm{e}^{\mathrm{i}kna}\psi_{k+K_m}(x)$$

所以 $\psi_k(x)$ 和 $\psi_{k+K_m}(x)$ 具有相同的平移算符本征值

# 第三章习题

3.1 已知 $\hat{H}(\lambda)|\psi(\lambda)\rangle=E(\lambda)|\psi(\lambda)\rangle$ ,  $\lambda$ 为一连续变化的(实)参数,设恒有  $\langle\psi|\psi\rangle=1$ ,证明 $\frac{\partial E}{\partial\lambda}=\langle\psi|\frac{\partial \hat{H}}{\partial\lambda}|\psi\rangle$ ,此结果称为费曼-海尔曼定理,在量子化学计算中有重要应用

**证明**:记态矢 $|\psi(\lambda)\rangle$ 对 $\lambda$ 的导数为 $|\frac{\partial\psi(\lambda)}{\partial\lambda}\rangle$ ,对原式两边求导,得

$$\frac{\partial \hat{H}(\lambda)}{\partial \lambda} |\psi(\lambda)\rangle + \hat{H}(\lambda) |\frac{\partial \psi(\lambda)}{\partial \lambda}\rangle = \frac{\partial E(\lambda)}{\partial \lambda} |\psi(\lambda)\rangle + E(\lambda) |\frac{\partial \psi(\lambda)}{\partial \lambda}\rangle$$

两边左乘 $\langle \psi(\lambda) |$ ,注意到哈密尔顿算符的厄米性,因此 $E(\lambda)$ 为实数,从而

$$\begin{split} &\langle \psi(\lambda)|\frac{\partial \hat{H}(\lambda)}{\partial \lambda}|\psi(\lambda)\rangle + \langle \psi(\lambda)|\hat{H}(\lambda)|\frac{\partial \psi(\lambda)}{\partial \lambda}\rangle = \langle \psi(\lambda)|\frac{\partial E(\lambda)}{\partial \lambda}|\psi(\lambda)\rangle + \langle \psi(\lambda)|E(\lambda)|\frac{\partial \psi(\lambda)}{\partial \lambda}\rangle \\ \Rightarrow &\langle \psi(\lambda)|\frac{\partial \hat{H}(\lambda)}{\partial \lambda}|\psi(\lambda)\rangle + E(\lambda)\langle \psi(\lambda)|\frac{\partial \psi(\lambda)}{\partial \lambda}\rangle = \frac{\partial E(\lambda)}{\partial \lambda}\langle \psi(\lambda)|\psi(\lambda)\rangle + E(\lambda)\langle \psi(\lambda)|\frac{\partial \psi(\lambda)}{\partial \lambda}\rangle \\ \Rightarrow &\langle \psi(\lambda)|\frac{\partial \hat{H}(\lambda)}{\partial \lambda}|\psi(\lambda)\rangle = \frac{\partial E(\lambda)}{\partial \lambda} \end{split}$$

**另证**: 两边先左乘 $\langle \psi(\lambda)|$ ,得 $\langle \psi(\lambda)|\hat{H}(\lambda)|\psi(\lambda)\rangle=\langle \psi(\lambda)|E(\lambda)|\psi(\lambda)\rangle=E(\lambda)\langle \psi(\lambda)|\psi(\lambda)\rangle=E(\lambda)$ ,接下来对两边求导,结合哈密尔顿算符的厄米性,得

$$\begin{split} &\langle \frac{\partial \psi(\lambda)}{\partial \lambda} | \hat{H}(\lambda) | \psi(\lambda) \rangle + \langle \psi(\lambda) | \frac{\partial \hat{H}(\lambda)}{\partial \lambda} | \psi(\lambda) \rangle + \langle \psi(\lambda) | \hat{H}(\lambda) | \frac{\partial \psi(\lambda)}{\partial \lambda} \rangle = \frac{\partial E(\lambda)}{\partial \lambda} \\ \Rightarrow &\langle \psi(\lambda) | \frac{\partial \hat{H}(\lambda)}{\partial \lambda} | \psi(\lambda) \rangle + E(\lambda) [\langle \frac{\partial \psi(\lambda)}{\partial \lambda} | \psi(\lambda) \rangle + \langle \psi(\lambda) | \frac{\partial \psi(\lambda)}{\partial \lambda} \rangle] = \frac{\partial E(\lambda)}{\partial \lambda} \end{split}$$

而对归一化条件求导得 $\langle \psi | \psi \rangle = 1 \Rightarrow \langle \frac{\partial \psi(\lambda)}{\partial \lambda} | \psi(\lambda) \rangle + \langle \psi(\lambda) | \frac{\partial \psi(\lambda)}{\partial \lambda} \rangle = 0$ ,代回上式,即有  $\langle \psi(\lambda) | \frac{\partial \hat{H}(\lambda)}{\partial \lambda} | \psi(\lambda) \rangle = \frac{\partial E(\lambda)}{\partial \lambda}$ 

# 3.2 可以用如下的势能体系作为化学键的最简单的模型

$$V(x) = egin{cases} \infty & (x \leq a_1) \ -V_0 & (a_1 < x < a_2) \ 0 & (x \geq a_2) \end{cases}$$

# 其中 $V_0>0$ 。请分别在E>0和E<0的情形下求解该体系,并联系化学键的性质 进行讨论。体系能够有束缚态的条件是什么?

 $m{\mathbf{m}}$ :显然,当 $x\leq a_1$ 时,由于势函数为无穷大,因此体系的波函数只能为 $\psi(x)=0$ ;当 $x>a_1$ 时,薛

解: 显然, 
$$\exists x \leq a_1$$
 的,由于努图数为无穷人,因此体系的波图数只能为 $\psi(x) = 0$ ,  $\exists x > a_1$  的,解定谔方程为  $\begin{cases} -\frac{\hbar^2}{2m} \frac{d^2\psi}{dx^2} = (E+V_0)\psi & (a_1 < x < a_2) \\ -\frac{\hbar^2}{2m} \frac{d^2\psi}{dx^2} = E\psi & (x \geq a_2) \end{cases}$ ,即  $\begin{cases} \frac{d^2\psi}{dx^2} = -\frac{2m(E+V_0)}{\hbar^2}\psi & (a_1 < x < a_2) \\ \frac{d^2\psi}{dx^2} = -\frac{2mE}{\hbar^2}\psi & (x \geq a_2) \end{cases}$ 

。以下对 $x > a_1$ 的部分进行讨论。

(1) 
$$E>0$$
时,体系为非束缚态,此时令 $k_1=\sqrt{rac{2m(E+V_0)}{\hbar^2}}$ , $k_2=\sqrt{rac{2mE}{\hbar^2}}$ ,并设平面波 $\mathrm{e}^{-\mathrm{i}k_2x}$ 从正无

穷处入射,则波函数可写作
$$\psi(x)=\left\{egin{array}{ll} 0&(x\leq a_1)\ C\mathrm{e}^{-\mathrm{i}k_1x}+D\mathrm{e}^{\mathrm{i}k_1x}&(a_1< x< a_2) \ \mathrm{e}^{-\mathrm{i}k_2x}+B\mathrm{e}^{\mathrm{i}k_2x}&(x\geq a_2) \end{array}
ight.$$

。以下对
$$x>a_1$$
的部分进行讨论。 
$$(1) \ E>0$$
时,体系为非束缚态,此时令 $k_1=\sqrt{\frac{2m(E+V_0)}{\hbar^2}}$ , $k_2=\sqrt{\frac{2mE}{\hbar^2}}$ ,并设平面波 $\mathrm{e}^{-\mathrm{i}k_2x}$ 从正无穷处入射,则波函数可写作 $\psi(x)=\begin{cases} 0 & (x\leq a_1)\\ C\mathrm{e}^{-\mathrm{i}k_1x}+D\mathrm{e}^{\mathrm{i}k_1x} & (a_1< x< a_2)$ ,其导数为 $\mathrm{e}^{-\mathrm{i}k_2x}+B\mathrm{e}^{\mathrm{i}k_2x} & (x\geq a_2) \end{cases}$ 

$$\psi'(x)=\begin{cases} 0 & (x\leq a_1)\\ \mathrm{i}k_1(-C\mathrm{e}^{-\mathrm{i}k_1x}+D\mathrm{e}^{\mathrm{i}k_1x}) & (a_1< x< a_2) & \mathrm{kli}$$

$$\mathrm{i}k_2(-\mathrm{e}^{-\mathrm{i}k_2x}+B\mathrm{e}^{\mathrm{i}k_2x}) & (x\geq a_2) \end{cases}$$
 
导数的连续性,可得
$$\begin{cases} \psi(a_1^+)=\psi(a_1^-)\\ \psi(a_2^+)=\psi(a_2^-) & \mathrm{K}$$
 
八人得
$$\psi'(a_2^+)=\psi'(a_2^-) \end{cases}$$

导数的连续性,可得
$$\left\{egin{array}{l} \psi(a_1^+) = \psi(a_1^-) \ \psi(a_2^+) = \psi(a_2^-) \ \psi'(a_2^+) = \psi'(a_2^-) \end{array}
ight.$$
,代入得

$$\begin{cases} C\mathrm{e}^{-\mathrm{i}k_{1}a_{1}} + D\mathrm{e}^{\mathrm{i}k_{1}a_{1}} = 0 \\ \mathrm{e}^{-\mathrm{i}k_{2}a_{2}} + B\mathrm{e}^{\mathrm{i}k_{2}a_{2}} = C\mathrm{e}^{-\mathrm{i}k_{1}a_{2}} + D\mathrm{e}^{\mathrm{i}k_{1}a_{2}} \\ \mathrm{i}k_{2}(-\mathrm{e}^{-\mathrm{i}k_{2}a_{2}} + B\mathrm{e}^{\mathrm{i}k_{2}a_{2}}) = \mathrm{i}k_{1}(-C\mathrm{e}^{-\mathrm{i}k_{1}a_{2}} + D\mathrm{e}^{\mathrm{i}k_{1}a_{2}}) \end{cases}$$

由此解得 
$$\begin{cases} B = e^{-2ik_2 a_2} \frac{-(k_2 - k_1)e^{2ik_1 a_1} + (k_2 + k_1)e^{2ik_1 a_2}}{-(k_1 + k_2)e^{2ik_1 a_1} + (k_2 - k_1)e^{2ik_1 a_2}} \\ C = \frac{-2k_2 e^{i[(k_1 - k_2)a_2 + 2k_1 a_1]}}{-(k_1 + k_2)e^{2ik_1 a_1} + (k_2 - k_1)e^{2ik_1 a_2}} \\ D = \frac{2k_2 e^{i(k_1 - k_2)a_2}}{-(k_1 + k_2)e^{2ik_1 a_1} + (k_2 - k_1)e^{2ik_1 a_2}} \end{cases}$$

$$k_1 = \sqrt{rac{2m(E+V_0)}{\hbar^2}}$$
, $k_2 = \sqrt{-rac{2mE}{\hbar^2}}$ ,则波函数可写作 $\psi(x) = egin{cases} 0 & (x \leq a_1) \ A\sin(k_1x + \phi) & (a_1 < x < a_2) \ Be^{-k_2x} & (x \geq a_2) \end{cases}$ 

 $k_1 = \sqrt{\frac{2m(E+V_0)}{\hbar^2}}$ , $k_2 = \sqrt{-\frac{2mE}{\hbar^2}}$ ,则波函数可写作 $\psi(x) = egin{cases} 0 & (x \leq a_1) \\ A\sin(k_1x+\phi) & (a_1 < x < a_2) \\ Be^{-k_2x} & (x \geq a_2) \end{cases}$ ,其导数为 $\psi'(x) = egin{cases} 0 & (x \leq a_1) \\ Ak_1\cos(k_1x+\phi) & (a_1 < x < a_2) \\ -k_2Be^{-k_2x} & (x \geq a_2) \end{cases}$ ,同样根据波函数连续性,以及在 $x > a_1$ 处

波函数导数的连续性,可以写出

$$\left\{egin{aligned} A\sin(k_1a_1+\phi) &= 0 \ B\mathrm{e}^{-k_2a_2} &= A\sin(k_1a_2+\phi) \ -k_2B\mathrm{e}^{-k_2a_2} &= Ak_1\cos(k_1a_2+\phi) \end{aligned}
ight.$$

由此得
$$\left\{egin{aligned} k_1a_1+\phi=n\pi\ (n\in\mathbb{Z}^+)\ A[k_1\cos(k_1a_2+\phi)+k_2\sin(k_1a_2+\phi)]=0 \end{array}
ight.$$
,因为 $A
eq 0$ ,所以有

由此得
$$egin{cases} k_1a_1+\phi=n\pi\ (n\in\mathbb{Z}^+) \ A[k_1\cos(k_1a_2+\phi)+k_2\sin(k_1a_2+\phi)]=0 \end{cases}$$
,因为 $A\neq 0$ ,所以有 $-rac{k_1}{k_2}= an(k_1a_2+n\pi-k_1a_1)= an[k_1(a_2-a_1)]$ ,即 $-\sqrt{-rac{E+V_0}{E}}= an[(a_2-a_1)\sqrt{rac{2m(E+V_0)}{\hbar^2}}]$ 

,该方程为超越方程,不能直接写出解析解,只能用图解法或数值法求出近似解。同时,我们知道

$$k_1^2+k_2^2=rac{2mV_0}{\hbar^2}$$
。综上所述,我们有 $egin{cases} k_2=-k_1 an[k_1(a_2-a_1)]\ k_2^2+k_1^2=rac{2mV_0}{\hbar^2} \end{cases}$ ,也就是

$$\left\{egin{aligned} k_2(a_2-a_1) &= -k_1(a_2-a_1)\cot[k_1(a_2-a_1)] & \oplus \ [k_2(a_2-a_1)]^2 + [k_1(a_2-a_1)]^2 &= rac{2mV_0}{\hbar^2}(a_2-a_1)^2 & \odot \end{aligned}
ight.$$

由于 $k_1(a_2-a_1)>0$ , $k_2(a_2-a_1)>0$ ,为使①式成立, $-\cot[k_1(a_2-a_1)]\geq 0$ ,从而  $k_1(a_2-a_1)\in[(n+rac{1}{2})\pi,(n+1)\pi)$ ,其中 $n\in\mathbb{N}$ ,因此为使原方程有解,必须  $rac{2mV_0}{\hbar^2}(a_2-a_1)^2 \geq (rac{\pi^2}{2})^2$ ,即束缚态存在的条件为 $mV_0(a_2-a_1)^2 \geq rac{\pi^2\hbar^2}{8}$ 。

(3)  $E < -V_0$ 时,由于波函数在正无穷处需收敛至零(否则波函数发散),因此记

$$k_1=\sqrt{-rac{2m(E+V_0)}{\hbar^2}}$$
, $k_2=\sqrt{-rac{2mE}{\hbar^2}}$ ,则波函数可写作

$$\psi(x) = egin{cases} 0 & (x \leq a_1) \ A_1 \mathrm{e}^{-k_1 x} + A_2 \mathrm{e}^{k_1 x} & (a_1 < x < a_2) \ B \mathrm{e}^{-k_2 x} & (x \geq a_2) \end{cases}$$

$$\psi(x) = egin{cases} 0 & (x \leq a_1) \ A_1 \mathrm{e}^{-k_1 x} + A_2 \mathrm{e}^{k_1 x} & (a_1 < x < a_2) \ B \mathrm{e}^{-k_2 x} & (x \geq a_2) \ \end{pmatrix}$$
,其导数为  $\psi'(x) = egin{cases} 0 & (x \leq a_1) \ k_1 (-A_1 \mathrm{e}^{-k_1 x} + A_2 \mathrm{e}^{k_1 x}) & (a_1 < x < a_2) \ -k_2 B \mathrm{e}^{-k_2 x} & (x \geq a_2) \ \end{pmatrix}$ ,同样根据波函数连续性,以及在 $x > a_1$ 处波

函数导数的连续性,可以写出

$$\left\{egin{array}{l} A_1\mathrm{e}^{-k_1a_1} + A_2\mathrm{e}^{k_1a_1} &= 0 \ B\mathrm{e}^{-k_2a_2} &= A_1\mathrm{e}^{-k_1a_2} + A_2\mathrm{e}^{k_1a_2} \ -k_2B\mathrm{e}^{-k_2a_2} &= k_1(-A_1\mathrm{e}^{-k_1a_2} + A_2\mathrm{e}^{k_1a_2}) \end{array}
ight.$$

由此得 $A_2\lceil (k_1+k_2)\mathrm{e}^{2k_1a_2}+(k_1-k_2)\mathrm{e}^{2k_1a_1}
ceil=0$ ,显然,由于 $k_1>k_2>0$ ,因此 $k_1-k_2>0$ ,从 而有 $(k_1+k_2)e^{2k_1a_2}+(k_1-k_2)e^{2k_1a_1}>0$ ,故 $A_2=0$ ,代回原方程组,得 $A_1=0$ ,从而  $\psi(x)=0$ ,即 $E<-V_0$ 时,不存在束缚态。

根据以上讨论,我们得出结论:该体系体系能够有束缚态的条件是: $-V_0 < E < 0$ ,且  $mV_0(a_2-a_1)^2 \geq \frac{\pi^2\hbar^2}{8}$ .

#### 3.3 求解如下 $\delta$ 势阱的本征态,该势阱的势能函数满足 $V(x) = -\gamma \delta(x) \ (\gamma > 0)$

**解**:将势能函数代入薛定谔方程得 $-rac{\hbar^2}{2m}rac{d^2\psi(x)}{dx^2}-\gamma\delta(x)\psi(x)=E\psi(x)$ ,即

 $rac{d^2\psi(x)}{dx^2}=-rac{2m}{\hbar^2}[E+\gamma\delta(x)]\psi(x)$ ,现在分E>0和E<0的情形进行讨论。

若E>0,体系为非束缚态,由于在x=0处 $\delta$ 函数发散,因此此处 $\psi^{'}(x)$ 不连续,在邻域U(0,arepsilon)上对薛 定谔方程积分,得 $\psi^{'}(arepsilon)-\psi^{'}(-arepsilon)=-rac{2mE}{\hbar^2}\cdot 2arepsilon-rac{2m\gamma}{\hbar^2}\psi(0)$ ,取arepsilon o 0,得

 $\psi^{'}(0^{+})-\psi^{'}(0^{-})=-rac{2m\gamma}{\hbar^{2}}\psi(0)$ ,这是x=0处的跃变条件。设平面波 $\mathrm{e}^{\mathrm{i}kx}$ 从负无穷处入射,其中  $k=\sqrt{rac{2mE}{\hbar^{2}}}$ ,则在 $x\neq0$ 处,波函数满足 $\psi(x)=egin{cases} \mathrm{e}^{\mathrm{i}kx}+R\mathrm{e}^{-\mathrm{i}kx}&(x<0)\\S\mathrm{e}^{\mathrm{i}kx}&(x>0) \end{cases}$ ,其导数满足  $\psi^{'}(x)=egin{cases} \mathrm{i}k(\mathrm{e}^{\mathrm{i}kx}-R\mathrm{e}^{-\mathrm{i}kx})&(x<0)\\\mathrm{i}kS\mathrm{e}^{\mathrm{i}kx}&(x>0) \end{cases}$ ,根据波函数的连续性,有 $\psi(0^{+})=\psi(0^{-})$ ,联立这两个条

件,并代入数据,得:

$$\left\{egin{aligned} 1+R=S \ \mathrm{i}k[S-(1-R)] = -rac{2m\gamma}{\hbar^2}S \ ^{\Rightarrow} \left\{egin{aligned} R = -rac{m\gamma}{\mathrm{i}k\hbar^2+m\gamma} \ S = rac{1}{1+rac{m\gamma}{\mathrm{i}k\hbar^2}} = rac{\mathrm{i}k\hbar^2}{\mathrm{i}k\hbar^2+m\gamma} \end{aligned}
ight.$$

故相应的本征函数为 $\psi(x) = \left\{ egin{array}{ll} \mathrm{e}^{\mathrm{i}kx} - rac{m\gamma}{\mathrm{i}k\hbar^2 + m\gamma} \mathrm{e}^{-\mathrm{i}kx} & (x < 0) \ & rac{\mathrm{i}k\hbar^2}{\mathrm{i}k\hbar^2 + m\gamma} \mathrm{e}^{\mathrm{i}kx} & (x > 0) \end{array} 
ight.$ 

若E<0,因 $x\neq 0$ 时, $\psi^{''}(x)=-rac{2mE}{\hbar^2}\psi(x)$ ,而 $-rac{2mE}{\hbar^2}>0$ ,因此 $\psi(x)$ 为实函数,从而体系处于束缚

态,又知
$$V(-x)=V(x)=0$$
  $(x\neq 0)$ ,故 $\psi(x)$ 必满足一定的宇称性。若 $\psi(x)$ 为奇宇称,记  $k^{'}=\sqrt{-\frac{2mE}{\hbar^2}}$ ,则波函数可写为 $\psi(x)=\begin{cases}A\mathrm{e}^{k^{'}x}&(x<0)\\-A\mathrm{e}^{-k^{'}x}&(x>0)\end{cases}$  (注意到波函数在 $x\to\infty$ 时必须收敛

至0,否则波函数无法归一化),根据波函数的连续性,有 $\psi(0^+)=\psi(0^-)$ ,代入得A=-A,即 A=0,此时 $\psi(x)=0$   $(x\neq 0)$ ,与束缚态相矛盾,故 $\psi(x)$ 不可能为奇宇称。

若 $\psi(x)$ 为偶宇称,则波函数可写为 $\psi(x)=\left\{egin{array}{ll} A\mathrm{e}^{k'x} & (x<0) \\ A\mathrm{e}^{-k'x} & (x>0) \end{array}
ight.$ ,此时 $\psi(0^+)=\psi(0^-)=A$ ,满足波

函数连续的条件,又波函数满足归一化条件,因此有

$$\begin{split} \int_{-\infty}^{+\infty} |\psi(x)|^2 dx &= \int_0^{+\infty} |A \mathrm{e}^{-k'x}|^2 dx + \int_{-\infty}^0 |A \mathrm{e}^{k'x}|^2 dx = |A|^2 (\int_0^{+\infty} \mathrm{e}^{-2k'x} dx + \int_{-\infty}^0 \mathrm{e}^{2k'x} dx) \\ &= |A|^2 [\int_0^{+\infty} \frac{\mathrm{e}^{-2k'x}}{-2k'} d(-2k'x) + \int_{-\infty}^0 \frac{\mathrm{e}^{2k'x}}{2k'} d(2k'x)] \\ &= |A|^2 \{ [\frac{\mathrm{e}^{-2k'x}}{-2k'}]_0^{+\infty} + [\frac{\mathrm{e}^{2k'x}}{2k'}]_{-\infty}^0 \} = \frac{|A|^2}{k'} = 1 \end{split}$$

解得
$$|A|=\sqrt{k'}$$
,若 $A$ 取正实数,则 $A=\sqrt{k'}$ ,因此 $\psi(x)=\left\{egin{array}{ll} \sqrt{k'}\,\mathrm{e}^{k'x} & (x<0) \\ \sqrt{k'}\,\mathrm{e}^{-k'x} & (x>0) \end{array}
ight.$ ,相应的导数为 
$$\psi'(x)=\left\{egin{array}{ll} k'^{rac{3}{2}}\,\mathrm{e}^{k'x} & (x<0) \\ -k'^{rac{3}{2}}\,\mathrm{e}^{-k'x} & (x>0) \end{array}
ight.$$
,结合 $x=0$ 处的跃变条件,我们有 $\left(-k'^{rac{3}{2}}
ight)-k'^{rac{3}{2}}=-rac{2m\gamma}{\hbar^2}k'^{rac{1}{2}}$ ,解

得
$$k^{'}=rac{m\gamma}{\hbar^{2}}=\sqrt{-rac{2mE}{\hbar^{2}}}$$
,因此本征能量为 $E=-rac{m\gamma^{2}}{2\hbar^{2}}$ ,本征函数为 $\psi(x)=\left\{egin{array}{c} \sqrt{rac{m\gamma}{\hbar^{2}}}\mathrm{e}^{rac{m\gamma}{\hbar^{2}}x} & (x<0) \\ \sqrt{rac{m\gamma}{\hbar^{2}}}\mathrm{e}^{-rac{m\gamma}{\hbar^{2}}x} & (x>0) \end{array}
ight.$ 

# 3.4 推导3.5节矩形势垒体系中, $E>V_0$ 时反射和投射系数

解: 为讨论问题方便,设 $k_1^2=\frac{2mE}{\hbar^2}$ , $k_2^2=\frac{2m(E-V_0)}{\hbar^2}$ ,并假设平面波 $\mathrm{e}^{\mathrm{i}k_1x}$ 从负无穷处向正方向传播,则对应的解为 $\psi(x)=\begin{cases} \mathrm{e}^{\mathrm{i}k_1x}+B\mathrm{e}^{-\mathrm{i}k_1x}\;(x\leq -\frac{a}{2})\\ C\mathrm{e}^{\mathrm{i}k_2x}+D\mathrm{e}^{-\mathrm{i}k_2x}\;(|x|<\frac{a}{2})\\ S\mathrm{e}^{\mathrm{i}k_1x}\;(x\geq \frac{a}{2}) \end{cases}$ ,其导函数为 $\psi'(x)=\begin{cases} \mathrm{i}k_1(\mathrm{e}^{\mathrm{i}k_1x}-B\mathrm{e}^{-\mathrm{i}k_1x})\;(x\leq -\frac{a}{2})\\ \mathrm{i}k_2(C\mathrm{e}^{\mathrm{i}k_2x}-D\mathrm{e}^{-\mathrm{i}k_2x})\;(|x|<\frac{a}{2})\\ \mathrm{i}k_1S\mathrm{e}^{\mathrm{i}k_1x}\;(x\geq \frac{a}{2}) \end{cases}$ 

接下来,考虑到边界连续条件及波函数光滑条件,体系应满足  $\begin{cases} \psi_{x \to (-\frac{a}{2})^-} = \psi_{x \to (-\frac{a}{2})^+} \\ \psi'_{x \to (-\frac{a}{2})^-} = \psi'_{x \to (-\frac{a}{2})^+} \\ \psi_{x \to (\frac{a}{2})^-} = \psi_{x \to (\frac{a}{2})^+} \\ \psi'_{x \to (\frac{a}{2})^-} = \psi_{x \to (\frac{a}{2})^+} \\ \psi'_{x \to (\frac{a}{2})^-} = \psi'_{x \to (\frac{a}{2})^+} \\ \end{cases}, \; \text{代入可得}$ 

$$\begin{cases} e^{-\frac{\mathrm{i}k_1a}{2}} + Be^{\frac{\mathrm{i}k_1a}{2}} = Ce^{-\frac{\mathrm{i}k_2a}{2}} + De^{\frac{\mathrm{i}k_2a}{2}} \\ \mathrm{i}k_1(e^{-\frac{\mathrm{i}k_1a}{2}} - Be^{\frac{\mathrm{i}k_1a}{2}}) = \mathrm{i}k_2(Ce^{-\frac{\mathrm{i}k_2a}{2}} - De^{\frac{\mathrm{i}k_2a}{2}}) \\ Ce^{\frac{\mathrm{i}k_2a}{2}} + De^{-\frac{\mathrm{i}k_2a}{2}} = Se^{\frac{\mathrm{i}k_1a}{2}} \\ \mathrm{i}k_2(Ce^{\frac{\mathrm{i}k_2a}{2}} - De^{-\frac{\mathrm{i}k_2a}{2}}) = \mathrm{i}k_1Se^{\frac{\mathrm{i}k_1a}{2}} \end{cases}$$

$$egin{cases} C\mathrm{e}^{-rac{\mathrm{i}k_{2}a}{2}} + D\mathrm{e}^{rac{\mathrm{i}k_{2}a}{2}} &= \mathrm{e}^{-rac{\mathrm{i}k_{1}a}{2}} + B\mathrm{e}^{rac{\mathrm{i}k_{1}a}{2}} & 0 \ C\mathrm{e}^{-rac{\mathrm{i}k_{2}a}{2}} - D\mathrm{e}^{rac{\mathrm{i}k_{2}a}{2}} &= rac{k_{1}}{k_{2}} \left(\mathrm{e}^{-rac{\mathrm{i}k_{1}a}{2}} - B\mathrm{e}^{rac{\mathrm{i}k_{1}a}{2}}
ight) & 2 \ C\mathrm{e}^{rac{\mathrm{i}k_{2}a}{2}} + D\mathrm{e}^{-rac{\mathrm{i}k_{2}a}{2}} &= S\mathrm{e}^{rac{\mathrm{i}k_{1}a}{2}} & 3 \ C\mathrm{e}^{rac{\mathrm{i}k_{2}a}{2}} - D\mathrm{e}^{-rac{\mathrm{i}k_{2}a}{2}} &= rac{k_{1}}{k_{2}} S\mathrm{e}^{rac{\mathrm{i}k_{1}a}{2}} & 4 \end{cases}$$

$$\frac{0+3}{2} \cdot e^{\frac{\mathrm{i}k_2 a}{2}}$$
,得 $C = \frac{1}{2} e^{\frac{\mathrm{i}k_2 a}{2}} \left( \frac{k_1 + k_2}{k_2} e^{-\frac{\mathrm{i}k_1 a}{2}} + \frac{-k_1 + k_2}{k_2} B e^{\frac{\mathrm{i}k_1 a}{2}} \right)$ , $\frac{3+3}{2} \cdot e^{-\frac{\mathrm{i}k_2 a}{2}}$ ,得 $C = \frac{1}{2} e^{-\frac{\mathrm{i}k_2 a}{2}} \cdot \frac{k_1 + k_2}{k_2} S e^{\frac{\mathrm{i}k_1 a}{2}} = \frac{k_1 + k_2}{2k_2} S e^{\frac{\mathrm{i}(k_1 - k_2) a}{2}}$ ,代入可得

$$egin{aligned} &rac{1}{2}\mathrm{e}^{rac{\mathrm{i}k_2a}{2}}(rac{k_1+k_2}{k_2}\mathrm{e}^{-rac{\mathrm{i}k_1a}{2}}+rac{-k_1+k_2}{k_2}B\mathrm{e}^{rac{\mathrm{i}k_1a}{2}})=rac{k_1+k_2}{2k_2}S\mathrm{e}^{rac{\mathrm{i}(k_1-k_2)a}{2}}\ &\Rightarrowrac{-k_1+k_2}{k_2}B\mathrm{e}^{rac{\mathrm{i}k_1a}{2}}=rac{k_1+k_2}{k_2}S\mathrm{e}^{rac{\mathrm{i}(k_1-2k_2)a}{2}}-rac{k_1+k_2}{k_2}\mathrm{e}^{-rac{\mathrm{i}k_1a}{2}} \end{array}$$

$$\frac{0-2}{2}\cdot \mathrm{e}^{-\frac{\mathrm{i}k_2a}{2}}$$
,得 $D=\frac{1}{2}\mathrm{e}^{-\frac{\mathrm{i}k_2a}{2}}(\frac{-k_1+k_2}{k_2}\mathrm{e}^{-\frac{\mathrm{i}k_1a}{2}}+\frac{k_1+k_2}{k_2}B\mathrm{e}^{\frac{\mathrm{i}k_1a}{2}})$ ; $\frac{9-4}{2}\cdot \mathrm{e}^{\frac{\mathrm{i}k_2a}{2}}$ ,得 $D=\frac{1}{2}\mathrm{e}^{\frac{\mathrm{i}k_2a}{2}}\cdot \frac{-k_1+k_2}{k_2}S\mathrm{e}^{\frac{\mathrm{i}k_1a}{2}}=\frac{-k_1+k_2}{2k_2}S\mathrm{e}^{\frac{\mathrm{i}(k_1+k_2)a}{2}}$ ,代入可得

$$\begin{split} &\frac{1}{2}\mathrm{e}^{-\frac{\mathrm{i}k_{2}a}{2}}(\frac{-k_{1}+k_{2}}{k_{2}}\mathrm{e}^{-\frac{\mathrm{i}k_{1}a}{2}}+\frac{k_{1}+k_{2}}{k_{2}}B\mathrm{e}^{\frac{\mathrm{i}k_{1}a}{2}})=\frac{-k_{1}+k_{2}}{2k_{2}}S\mathrm{e}^{\frac{\mathrm{i}(k_{1}+k_{2})a}{2}}\\ &\Rightarrow\frac{k_{1}+k_{2}}{k_{2}}B\mathrm{e}^{\frac{\mathrm{i}k_{1}a}{2}}=\frac{-k_{1}+k_{2}}{k_{2}}S\mathrm{e}^{\frac{\mathrm{i}(k_{1}+2k_{2})a}{2}}-\frac{-k_{1}+k_{2}}{k_{2}}\mathrm{e}^{-\frac{\mathrm{i}k_{1}a}{2}}&\text{@} \end{split}$$

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$$\begin{split} (-k_1+k_2)[(-k_1+k_2)Se^{\frac{\mathrm{i}(k_1+2k_2)a}{2}}-(-k_1+k_2)e^{-\frac{\mathrm{i}k_1a}{2}}] &= (k_1+k_2)[(k_1+k_2)Se^{\frac{\mathrm{i}(k_1-2k_2)a}{2}}-(k_1+k_2)e^{-\frac{\mathrm{i}k_1a}{2}}] \\ \Re & = \frac{\frac{4k_1k_2e^{-\mathrm{i}k_1a}}{(k_1+k_2)^2e^{-\mathrm{i}k_2a}-(-k_1+k_2)^2e^{\mathrm{i}k_2a}}}{\frac{-k_1+k_2}{k_2}} - \frac{\frac{k_1+k_2}{k_2}e^{-\frac{\mathrm{i}k_1a}{2}}}{\frac{-k_1+k_2}{k_2}} &= (k_1+k_2)[\frac{e^{-\mathrm{i}k_2a}}{-k_1+k_2}S - \frac{e^{-\mathrm{i}k_1a}}{-k_1+k_2}] \\ &= (k_1+k_2)[\frac{e^{-\mathrm{i}k_2a}}{-k_1+k_2}\frac{4k_1k_2e^{-\mathrm{i}k_1a}}{(k_1+k_2)^2e^{-\mathrm{i}k_2a}-(-k_1+k_2)^2e^{\mathrm{i}k_2a}} - \frac{e^{-\mathrm{i}k_1a}}{-k_1+k_2}] \\ &= (k_1+k_2)\cdot\frac{4k_1k_2e^{\mathrm{i}(k_1+k_2)a}-[(k_1+k_2)^2e^{-\mathrm{i}k_2a}-(-k_1+k_2)^2e^{\mathrm{i}k_2a}]e^{-\mathrm{i}k_1a}}{(-k_1+k_2)[(k_1+k_2)^2e^{-\mathrm{i}k_2a}-(-k_1+k_2)^2e^{\mathrm{i}k_2a}]e^{-\mathrm{i}k_1a}} \\ &= (k_1+k_2)\cdot\frac{-(-k_1+k_2)^2e^{-\mathrm{i}(k_1+k_2)a}+(-k_1+k_2)^2e^{-\mathrm{i}(k_1-k_2)a}}{(-k_1+k_2)[(k_1+k_2)^2e^{-\mathrm{i}k_2a}-(-k_1+k_2)^2e^{\mathrm{i}(k_1-k_2)a}]} \\ &= \frac{(k_1+k_2)(-k_1+k_2)[-e^{-\mathrm{i}(k_1+k_2)a}+e^{-\mathrm{i}(k_1-k_2)a}]}{(k_1+k_2)^2e^{-\mathrm{i}k_2a}-(-k_1+k_2)^2e^{\mathrm{i}k_2a}} - \frac{e^{-\mathrm{i}k_1a}}{(-k_1+k_2)^2e^{-\mathrm{i}k_2a}-(-k_1+k_2)^2e^{\mathrm{i}k_2a}} \\ &= \frac{(k_1+k_2)(-k_1+k_2)[-e^{-\mathrm{i}(k_1+k_2)a}+e^{-\mathrm{i}(k_1-k_2)a}]}{(k_1+k_2)^2e^{-\mathrm{i}k_2a}-(-k_1+k_2)^2e^{\mathrm{i}k_2a}} - \frac{e^{-\mathrm{i}k_1a}}{(-k_1+k_2)^2e^{-\mathrm{i}k_2a}-(-k_1+k_2)^2e^{\mathrm{i}k_2a}}} \end{split}$$

# 3.5 计算谐振子势场中算符 $\hat{x},\hat{p},\hat{x}^2,\hat{p}^2$ 在基态的期望值,并验证坐标和动量之间的测不准关系

解:由于湮灭和产生算符的定义为
$$\hat{a}=\sqrt{\frac{m\omega}{2\hbar}}(\hat{x}+\frac{\mathrm{i}\hat{p}}{m\omega})$$
,  $\hat{a}^{\dagger}=\sqrt{\frac{m\omega}{2\hbar}}(\hat{x}-\frac{\mathrm{i}\hat{p}}{m\omega})$ , 因此有 
$$\hat{x}=\sqrt{\frac{\hbar}{2m\omega}}(\hat{a}+\hat{a}^{\dagger}),\;\hat{p}=\mathrm{i}\sqrt{\frac{m\hbar\omega}{2}}(\hat{a}^{\dagger}-\hat{a}),\;\mathrm{从而有}$$
 
$$\hat{x}^2=\frac{\hbar}{2m\omega}[\hat{a}^2+(\hat{a}^{\dagger})^2+\hat{a}^{\dagger}\hat{a}+\hat{a}\hat{a}^{\dagger}]=\frac{\hbar}{2m\omega}[\hat{a}^2+(\hat{a}^{\dagger})^2+(\hat{N}+\hat{N}+1)]=\frac{\hbar}{2m\omega}[\hat{a}^2+(\hat{a}^{\dagger})^2+2\hat{N}+1)]$$
 
$$\hat{p}^2=-\frac{m\hbar\omega}{2}[\hat{a}^2+(\hat{a}^{\dagger})^2-\hat{a}^{\dagger}\hat{a}-\hat{a}\hat{a}^{\dagger}]=-\frac{m\hbar\omega}{2}[\hat{a}^2+(\hat{a}^{\dagger})^2-\hat{N}-(\hat{N}+1)]=-\frac{m\hbar\omega}{2}[\hat{a}^2+(\hat{a}^{\dagger})^2-2\hat{N}-1]$$

因此

$$\begin{split} \langle 0|\hat{x}|0\rangle &= \langle 0|\sqrt{\frac{\hbar}{2m\omega}}(\hat{a}+\hat{a}^\dagger)|0\rangle = \sqrt{\frac{\hbar}{2m\omega}}(\langle 0|\hat{a}|0\rangle + \langle 0|\hat{a}^\dagger|0\rangle) = \sqrt{\frac{\hbar}{2m\omega}}(\langle 0|\cdot \mathbf{0} + \langle 0|\cdot |1\rangle) = 0 \\ \langle 0|\hat{p}|0\rangle &= \langle 0|\mathrm{i}\sqrt{\frac{m\hbar\omega}{2}}(\hat{a}^\dagger-\hat{a})|0\rangle = \mathrm{i}\sqrt{\frac{m\hbar\omega}{2}}(\langle 0|\hat{a}^\dagger|0\rangle - \langle 0|\hat{a}|0\rangle) = \sqrt{\frac{\hbar}{2m\omega}}(\langle 0|\cdot |1\rangle - \langle 0|\cdot \mathbf{0}) = 0 \\ \langle 0|\hat{x}^2|0\rangle &= \langle 0|\hat{x}|0\rangle = \langle 0|\frac{\hbar}{2m\omega}[\hat{a}^2 + (\hat{a}^\dagger)^2 + 2\hat{N} + 1)]|0\rangle = \frac{\hbar}{2m\omega}[\langle 0|\hat{a}^2|0\rangle + \langle 0|(\hat{a}^\dagger)^2|0\rangle + 2\langle 0|\hat{N}|0\rangle + \langle 0|0\rangle] \\ &= \frac{\hbar}{2m\omega}[(\langle 0|\hat{a})\cdot(\hat{a}|0\rangle) + (\langle 0|\hat{a}^\dagger)\cdot(\hat{a}^\dagger|0\rangle) + 2\langle 0|\cdot 0|0\rangle + 1] = \frac{\hbar}{2m\omega}[\langle 1|\cdot \mathbf{0} + \mathbf{0}\cdot |1\rangle + 1] = \frac{\hbar}{2m\omega} \\ \langle 0|\hat{p}^2|0\rangle &= \langle 0|-\frac{m\hbar\omega}{2}[\hat{a}^2 + (\hat{a}^\dagger)^2 - 2\hat{N} - 1]|0\rangle = -\frac{m\hbar\omega}{2}[\langle 0|\hat{a}^2|0\rangle + \langle 0|(\hat{a}^\dagger)^2|0\rangle - 2\langle 0|\hat{N}|0\rangle - \langle 0|0\rangle] \\ &= -\frac{m\hbar\omega}{2}[(\langle 0|\hat{a})\cdot(\hat{a}|0\rangle) + (\langle 0|\hat{a}^\dagger)\cdot(\hat{a}^\dagger|0\rangle) - 2\langle 0|\cdot 0|0\rangle - 1] = -\frac{m\hbar\omega}{2}[\langle 1|\cdot \mathbf{0} + \mathbf{0}\cdot |1\rangle - 1] = \frac{m\hbar\omega}{2} \end{split}$$

另一方面,设 $\Delta \hat{x} = \hat{x} - \langle \hat{x} \rangle$ , $\Delta \hat{p} = \hat{p} - \langle \hat{p} \rangle$ ,其中 $\langle \hat{x} \rangle$ , $\langle \hat{p} \rangle$ 为相应算符在态矢上的期望值,满足 $\langle x \rangle = \langle n | \hat{x} | n \rangle$ , $\langle p \rangle = \langle n | \hat{p} | n \rangle$ ,则对任意本征态矢,有

$$\begin{split} \langle (\Delta \hat{x})^2 \rangle \langle (\Delta \hat{p})^2 \rangle &= \langle n | (\hat{x} - \langle \hat{x} \rangle)^2 | n \rangle \langle n | (\hat{p} - \langle \hat{p} \rangle)^2 | n \rangle = \langle n | \hat{x}^2 - 2 \langle \hat{x} \rangle \hat{x} + \langle \hat{x} \rangle^2 | n \rangle \langle n | \hat{p}^2 - 2 \langle \hat{p} \rangle \hat{p} + \langle \hat{p} \rangle^2 | n \rangle \text{ (此处用到期望值为实数的性质)} \\ &= (\langle x^2 \rangle - 2 \langle x \rangle^2 + \langle x \rangle^2) (\langle p^2 \rangle - 2 \langle p \rangle^2 + \langle p \rangle^2) = (\langle x^2 \rangle - \langle x \rangle^2) ((\langle p^2 \rangle - \langle p \rangle^2)) \\ &= (\frac{(2n+1)\hbar}{2m\omega} - 0) (\frac{(2n+1)m\hbar\omega}{2} - 0) = \frac{(2n+1)^2\hbar^2}{4} \end{split}$$

$$rac{1}{4}|\langle[\hat{x},\hat{p}]
angle|^2=rac{1}{4}|\langle n|[\hat{x},\hat{p}]|n
angle|^2=rac{1}{4}|\mathrm{i}\hbar\langle n|n
angle|^2=rac{\hbar^2}{4}$$

从而 $\langle (\Delta \hat{x})^2 \rangle \langle (\Delta \hat{p})^2 \rangle = \frac{(2n+1)^2\hbar^2}{4} \geq \frac{(2\times 0+1)^2\hbar^2}{4} = \frac{\hbar^2}{4} = \frac{1}{4} |\langle [\hat{x},\hat{p}] \rangle|^2$ ,即谐振子体系满足不确定性原理

注:对任意状态 (无论是基态还是激发态)验证 $\hat{x}$ 和 $\hat{p}$ 的对易关系,得

$$egin{aligned} [\hat{x},\hat{p}]|n
angle &= [\sqrt{rac{\hbar}{2m\omega}}(\hat{a}+\hat{a}^{\dagger}),\mathrm{i}\sqrt{rac{m\hbar\omega}{2}}(\hat{a}^{\dagger}-\hat{a})]|n
angle &= rac{\mathrm{i}\hbar}{2}[\hat{a}+\hat{a}^{\dagger},\hat{a}^{\dagger}-\hat{a}]|n
angle &= rac{\mathrm{i}\hbar}{2}([\hat{a}+\hat{a}^{\dagger},\hat{a}^{\dagger}]-[\hat{a}+\hat{a}^{\dagger},\hat{a}])|n
angle \ &= rac{\mathrm{i}\hbar}{2}([\hat{a},\hat{a}^{\dagger}]+[\hat{a}^{\dagger},\hat{a}^{\dagger}]-[\hat{a},\hat{a}]-[\hat{a}^{\dagger},\hat{a}])|n
angle &= rac{\mathrm{i}\hbar}{2}[1+0-0-(-1)]|n
angle &= \mathrm{i}\hbar|n
angle \end{aligned}$$

因此 $[\hat{x}, \hat{p}] = i\hbar$ ,满足对易关系

# 课堂练习(续)

练习3: 升降算符满足如下的对易关系: (1)  $[\hat{J}^2,\hat{J}_{\pm}]=0$ ; (2)  $[\hat{J}_+,\hat{J}_-]=2\hbar\hat{J}_z$ ; (3)  $[\hat{J}_z,\hat{J}_{\pm}]=\pm\hat{J}_{\pm}$ 

**证明**: 首先证明引理[ $\hat{J}^2, \hat{J}_x$ ] = [ $\hat{J}^2, \hat{J}_y$ ] = [ $\hat{J}^2, \hat{J}_z$ ] = 0, 显然

$$\begin{split} [\hat{\boldsymbol{J}}^2, \hat{\boldsymbol{J}}_x] &= [\hat{\boldsymbol{J}}_x^2 + \hat{\boldsymbol{J}}_y^2 + \hat{\boldsymbol{J}}_z^2, \hat{\boldsymbol{J}}_x] = [\hat{\boldsymbol{J}}_x^2, \hat{\boldsymbol{J}}_x] + [\hat{\boldsymbol{J}}_y^2, \hat{\boldsymbol{J}}_x] + [\hat{\boldsymbol{J}}_z^2, \hat{\boldsymbol{J}}_x] = 0 + \hat{\boldsymbol{J}}_y [\hat{\boldsymbol{J}}_y, \hat{\boldsymbol{J}}_x] + [\hat{\boldsymbol{J}}_y, \hat{\boldsymbol{J}}_x] \hat{\boldsymbol{J}}_y + \hat{\boldsymbol{J}}_z [\hat{\boldsymbol{J}}_z, \hat{\boldsymbol{J}}_x] + [\hat{\boldsymbol{J}}_z, \hat{\boldsymbol{J}}_x] \hat{\boldsymbol{J}}_z \\ &= \hat{\boldsymbol{J}}_y \cdot (-\hat{\boldsymbol{J}}_z) + (-\hat{\boldsymbol{J}}_z) \cdot \hat{\boldsymbol{J}}_y + \hat{\boldsymbol{J}}_z \hat{\boldsymbol{J}}_y + \hat{\boldsymbol{J}}_y \hat{\boldsymbol{J}}_z = 0 \end{split}$$

$$\begin{split} [\hat{\boldsymbol{J}}^2, \hat{\boldsymbol{J}}_y] &= [\hat{\boldsymbol{J}}_x^2 + \hat{\boldsymbol{J}}_y^2 + \hat{\boldsymbol{J}}_z^2, \hat{\boldsymbol{J}}_y] = [\hat{\boldsymbol{J}}_x^2, \hat{\boldsymbol{J}}_y] + [\hat{\boldsymbol{J}}_y^2, \hat{\boldsymbol{J}}_y] + [\hat{\boldsymbol{J}}_z^2, \hat{\boldsymbol{J}}_y] = \hat{\boldsymbol{J}}_x [\hat{\boldsymbol{J}}_x, \hat{\boldsymbol{J}}_y] + [\hat{\boldsymbol{J}}_x, \hat{\boldsymbol{J}}_y] \hat{\boldsymbol{J}}_x + 0 + \hat{\boldsymbol{J}}_z [\hat{\boldsymbol{J}}_z, \hat{\boldsymbol{J}}_y] + [\hat{\boldsymbol{J}}_z, \hat{\boldsymbol{J}}_y] \hat{\boldsymbol{J}}_z \\ &= \hat{\boldsymbol{J}}_x \hat{\boldsymbol{J}}_z + \hat{\boldsymbol{J}}_z \hat{\boldsymbol{J}}_x + \hat{\boldsymbol{J}}_z \cdot (-\hat{\boldsymbol{J}}_x) + (-\hat{\boldsymbol{J}}_x) \cdot \hat{\boldsymbol{J}}_z = 0 \end{split}$$

$$\begin{split} [\hat{\boldsymbol{J}}^2,\hat{\boldsymbol{J}}_z] &= [\hat{\boldsymbol{J}}_x^2 + \hat{\boldsymbol{J}}_y^2 + \hat{\boldsymbol{J}}_z^2,\hat{\boldsymbol{J}}_z] = [\hat{\boldsymbol{J}}_x^2,\hat{\boldsymbol{J}}_x] + [\hat{\boldsymbol{J}}_y^2,\hat{\boldsymbol{J}}_x] + [\hat{\boldsymbol{J}}_z^2,\hat{\boldsymbol{J}}_x] = 0 + \hat{\boldsymbol{J}}_y[\hat{\boldsymbol{J}}_y,\hat{\boldsymbol{J}}_x] + [\hat{\boldsymbol{J}}_y,\hat{\boldsymbol{J}}_x]\hat{\boldsymbol{J}}_y + \hat{\boldsymbol{J}}_z[\hat{\boldsymbol{J}}_z,\hat{\boldsymbol{J}}_x] + [\hat{\boldsymbol{J}}_z,\hat{\boldsymbol{J}}_x]\hat{\boldsymbol{J}}_z \\ &= \hat{\boldsymbol{J}}_y \cdot (-\hat{\boldsymbol{J}}_z) + (-\hat{\boldsymbol{J}}_z) \cdot \hat{\boldsymbol{J}}_y + \hat{\boldsymbol{J}}_z\hat{\boldsymbol{J}}_y + \hat{\boldsymbol{J}}_y\hat{\boldsymbol{J}}_z = 0 \end{split}$$

(1) 由于
$$\hat{J}_{\pm} = \hat{J}_x \pm \mathrm{i} \hat{J}_y$$
,因此 $[\hat{J}^2, \hat{J}_{\pm}] = [\hat{J}^2, \hat{J}_x] \pm \mathrm{i} [\hat{J}^2, \hat{J}_y] = 0$ 

(2) 易知

$$egin{aligned} [\hat{J}_{+},\hat{J}_{-}] &= \hat{J}_{+}\hat{J}_{-} - \hat{J}_{-}\hat{J}_{+} = (\hat{J}_{x} + \mathrm{i}\hat{J}_{y})(\hat{J}_{x} - \mathrm{i}\hat{J}_{y}) - (\hat{J}_{x} - \mathrm{i}\hat{J}_{y})(\hat{J}_{x} + \mathrm{i}\hat{J}_{y}) \ &= (\hat{J}_{x}^{2} - \hat{J}_{y}^{2} - \mathrm{i}[\hat{J}_{x},\hat{J}_{y}]) - (\hat{J}_{x}^{2} - \hat{J}_{y}^{2} + \mathrm{i}[\hat{J}_{x},\hat{J}_{y}]) = -2\mathrm{i}[\hat{J}_{x},\hat{J}_{y}] \ &= -2\mathrm{i}\cdot\mathrm{i}\hbar\hat{J}_{x} = 2\hbar\hat{J}_{x} \end{aligned}$$

(3) 易知

$$[\hat{J}_z,\hat{J}_\pm]=[\hat{J}_z,\hat{J}_x\pm\mathrm{i}\hat{J}_y]=[\hat{J}_z,\hat{J}_x]\pm\mathrm{i}[\hat{J}_z,\hat{J}_y]=\mathrm{i}\hbar\hat{J}_y\pm\mathrm{i}(-\mathrm{i}\hbar\hat{J}_x)=\hbar(\mathrm{i}\hat{J}_y\pm\hat{J}_x)=\pm\hat{J}_\pm$$

练习4: 推导 $\langle jm^{'}|\hat{J}_{x}|jm\rangle$ 的表达式

解:由于 $\hat{J}_{\pm}=\hat{J}_{x}\pm\mathrm{i}\hat{J}_{y}$ ,即 $\hat{J}_{x}=rac{1}{2}(\hat{J}_{+}+\hat{J}_{-})$ ,因此

$$egin{aligned} \langle jm^{'}|\hat{J}_{x}|jm
angle &= \langle jm^{'}|rac{1}{2}(\hat{J}_{+}+\hat{J}_{-})|jm
angle &= rac{1}{2}(\langle jm^{'}|\hat{J}_{+}|jm
angle + \langle jm^{'}|\hat{J}_{-}|jm
angle) \ &= rac{1}{2}(\sqrt{j(j+1)-m(m+1)}\hbar\langle jm^{'}|j(m+1)
angle + \sqrt{j(j+1)-m(m-1)}\hbar\langle jm^{'}|j(m-1)
angle) \ &= rac{\hbar}{2}(\sqrt{(j+m+1)(j-m)}\delta_{m^{'},m+1} + \sqrt{(j-m+1)(j+m)}\delta_{m^{'},m-1}) \end{aligned}$$