

English 2010 Reflection

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Making this website helped me learn about the six core concepts by making me practice these concepts on the website. I used each of the concepts on different pages of the website. Writing and action was used on my memoir page. Rhetoric was used on the interview page. Deliberation and contingency were used on the instructions page. Engagement was shown in the blogs.

I used writing on my memoir to encourage people to start working out, and I used my progress pictures as the action concept to show people that anyone can do it. Rhetoric was used on the interview page to maximize the intended effect, I interviewed a few people that went to the gym consistently and inconsistently, the people that showed the most progress were consistent in the gym. Deliberation and contingency were used in the instructions page because I gave two different goals for going to the gym, gaining weight, and losing weight. Engagement was shown in my blogs because I tracked my progress during the time I was making my website to show that I practice what I preach.