

Learning Outcomes:

- 1. The interactions and inter-dependency of organisms upon each other and their environment.**

Organisms need the environment, and the environment needs the organisms. They depend on each other for survival.

- 2. Demonstrate knowledge of human nutritional needs and the role of nutrition in improving individual health and the societal economic impact of food choices.**

Humans need a variety of food for a proper diet. People have been eating out instead cooking for themselves. Eating out is very expensive compared to cooking at home.

- 3. Explain the impact that the food industry has on human food choices and the subsequent relationship to health and disease at the individual, societal, and environmental level.**

The food industry markets their food in a positive way, but the food itself can come with negative effects. Obesity is the usual cause of heart disease, which is a big portion of deaths in the United States.