

# Paper Review: Early Stopping and Non-parametric Regression: An Optimal Data-dependent Stopping Rule

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# Outline

- 1 Introduction
- 2 Gradient Update Equation
- 3 Main Results and Consequences
- 4 Connections to Kernel Ridge Regression
- 5 Sketch of Proof for Thm 1

## Nonparametric Model Description

- Use a covariate  $X \in \mathcal{X}$  to predict a real-valued response  $Y \in \mathbb{R}$  by a function  $f : \mathcal{X} \rightarrow \mathbb{R}$ .
- In terms of mean-squared error, the optimal choice is the regression function  $f^*(x) = E[Y|x]$ , i.e, we observe  $n$  samples  $\{(x_i, y_i), i = 1, \dots, n\}$  of the form

$$y_i = f^*(x_i) + w_i, \text{ for } i = 1, 2, \dots, n$$

- Here assume the r.v.  $w_i$  are sub-Gaussian with zero-mean and parameter  $\sigma$ , i.e,

$$E[e^{tw_i}] \leq e^{t^2\sigma^2/2} \text{ for all } t \in \mathbb{R}$$

- The Goal is to estimate the regression function  $f^*$ .

- Problem in Nonparametric setting: Overfitting!  
→ Solution: Regularization.
- For example, the Kernel Ridge Regression

$$\hat{f}_v := \operatorname{argmin}_{f \in \mathcal{H}} \left\{ \frac{1}{2n} \sum_{i=1}^n (y_i - f(x_i))^2 + \frac{1}{2v} \|f\|_{\mathcal{H}}^2 \right\}$$

Stopping rule: e.g, use GCV to choose  $v$ .

- An alternative approach is based on early stopping of an iterative algorithm, such as gradient descent applied to the unregularized loss function.

## Reproducing Kernel Hilbert Space (RKHS)

- The Hilbert space  $\mathcal{H} \subset L^2(\mathbb{P})$  is a RKHS: if there exists a symmetric function  $\mathbb{K} : \mathcal{X} \times \mathcal{X} \rightarrow \mathbb{R}_+$  s.t:
  - (a) for each  $x \in \mathcal{X}$ , the function  $\mathbb{K}(\cdot, x)$  belongs to  $\mathcal{H}$ .
  - (b) reproducing relation  $[x]f = f(x) = \langle f, \mathbb{K}(\cdot, x) \rangle_{\mathcal{H}}$  for all  $f \in \mathcal{H}$ .
- Mercer's Theorem (1909) guarantees that the kernel has an eigen-expansion of the form

$$\mathbb{K}(x, x') = \sum_{k=1}^{\infty} \lambda_k \phi_k(x) \phi_k(x')$$

where  $\lambda_1 \geq \lambda_2 \geq \dots \geq 0$  are eigenvalues, and  $\{\phi_k\}_{k=0}^{\infty}$  are the associated orthonormal eigenfunctions in  $L^2(\mathbb{P})$ .

## Property in RKHS

- Any function  $f \in \mathcal{H}$ ,  $f(x) = \sum_{k=1}^{\infty} \sqrt{\lambda_k} a_k \phi_k(x)$ , and the coefficients  $a_k = \frac{1}{\sqrt{\lambda_k}} \langle f, \phi_k \rangle_{L^2(\mathbb{P})}$ .
- The unit ball for the Hilbert space  $\mathcal{H}$  takes the form

$$\mathbb{B}_{\mathcal{H}}(1) = \left\{ f = \sum_{k=1}^{\infty} \sqrt{\lambda_k} b_k \phi_k \text{ for some } \sum_{k=1}^{\infty} b_k^2 \leq 1 \right\}$$

- Assume any function  $f$  in the unit balls uniformly bounded, i.e  $\exists B < \infty$ , s.t

$$\|f\|_{\infty} = \sup_{x \in \mathcal{X}} |f(x)| \leq B \text{ for all } f \in \mathbb{B}_{\mathcal{H}}(1)$$

## Gradient Update Equation

- Consider minimizing the least squares loss function over some subset of  $\mathcal{H}$

$$L(f) = \frac{1}{2n} \sum_{i=1}^n (y_i - f(x_i))^2$$

- It suffices to restrict  $f$  to the span of  $\{\mathbb{K}(\cdot, x_i), i = 1, \dots, n\}$
- i.e, we adopt the parameterization  $f(\cdot) = \frac{1}{\sqrt{n}} \sum_{i=1}^n w_i \mathbb{K}(\cdot, x_i)$ , for some coefficient vector  $w \in \mathbb{R}^n$ .
- Using the empirical kernel matrix  $K \in \mathbb{R}^{n \times n}$  with entries  $[K]_{ij} = \frac{1}{n} \mathbb{K}(x_i, x_j)$ ,  $L(f)$  has the form

$$L(w) = \frac{1}{n} \|y - \sqrt{n} K w\|_2^2.$$

## Gradient Update Equation

- We can perform gradient descent in the transformed coordinate system  $\theta = \sqrt{K}w$ , then

$$L(\theta) = \frac{1}{n} \|y_1^n - \sqrt{n} \sqrt{K} \theta\|_2^2 = \frac{1}{2n} \|y_1^n\|_2^2 - \frac{1}{\sqrt{n}} \langle y_1^n, \sqrt{K} \theta \rangle + \frac{1}{2} \theta^T K \theta$$

- Given a sequence of positive step size  $\{\alpha_t\}_{t=0}^\infty$ , the gradient descent algorithm operates via the recursion

$$\theta_{t+1} = \theta_t - \alpha_t \nabla L(\theta_t) = \theta_t - \alpha_t (K \theta_t - \frac{1}{\sqrt{n}} \sqrt{K} y_1^n)$$

since  $\nabla L(\theta_t) = K \theta_t - \frac{1}{\sqrt{n}} \sqrt{K} y_1^n$ .



## Goal in this paper

- At iteration  $t$ , we have the estimate  $\theta_t$ , then compute  $w^t = \sqrt{K^{-1}}\theta_t$ , then have the estimate  $f_t(\cdot) = \frac{1}{\sqrt{n}} \sum_{i=1}^n w_i^t \mathbb{K}(\cdot, x_i)$ .
- Goal in this paper:
  - (1) measure the error between the sequence  $\{f_t\}_{t=0}^\infty$  and the true regression function  $f^*$  in two ways:  
 the  $L^2(\mathbb{P}_n)$  norm  $\|f_t - f^*\|_n^2 = \frac{1}{n} \sum_{i=1}^n (f_t(x_i) - f^*(x_i))^2$   
 the  $L^2(\mathbb{P})$  norm  $\|f_t - f^*\|_2^2 = E[(f_t(X) - f^*(X))^2]$
  - (2) Formulate an early stopping strategy to decide precisely how many iteration  $\hat{T}$  should be used, in a data-dependent and easily computable manner.

## Why do we need early stopping rule?

-To prevent Overfitting. Since too many iterations lead to fitting the noise in the data.

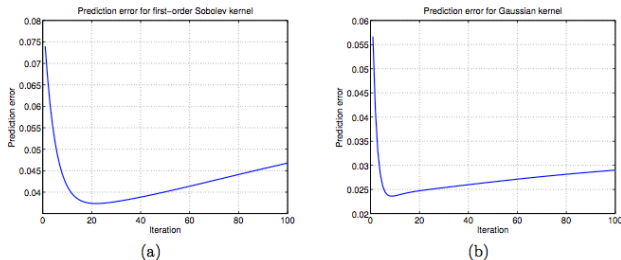


Figure 1: Behavior of gradient descent update (3) with constant step size  $\alpha = 0.25$  applied to least-squares loss with  $n = 100$  with equi-distant design points  $x_i = i/n$  for  $i = 1, \dots, n$ , and regression function  $f^*(x) = |x - 1/2| - 1/2$ . Each panel gives plots the  $L^2(\mathbb{P}_n)$  error  $\|f_t - f_n^*\|_n^2$  as a function of the iteration number  $t = 1, 2, \dots, 100$ . (a) For the first-order Sobolev kernel  $\mathbb{K}(x, x') = \min\{x, x'\}$ . (b) For the Gaussian kernel  $\mathbb{K}(x, x') = \exp(-\frac{1}{2}(x - x')^2)$ .

## Two important quantities

- The running sum of the step sizes  $\eta_t = \sum_{\tau=0}^{t-1} \alpha_\tau$   
The step sizes satisfying the following properties:
  - Boundedness:  $0 \leq \alpha_\tau \leq \min\{1, 1/\hat{\lambda}_1\}$  for all  $\tau = 0, 1, \dots$ .
  - Non-increasing:  $\alpha_{\tau+1} \leq \alpha_\tau$  for all  $\tau = 0, 1, \dots$ .
  - Infinite travel: the running sum  $\eta_t = \sum_{\tau=0}^{t-1} \alpha_\tau$  diverges as  $t \rightarrow \infty$ .
- A model complexity measure  

$$\hat{\mathcal{R}}_K(\varepsilon) = \left[ \frac{1}{n} \sum_{i=1}^n \min\{\hat{\lambda}_i, \varepsilon^2\} \right]^{1/2}.$$
 Define the critical empirical radius  $\hat{\varepsilon}_n > 0$  as the smallest positive solution to the inequality  $\hat{\mathcal{R}}_K(\varepsilon) \leq \varepsilon^2/(2e\sigma)$ .

## Stopping Rule

$$\hat{T} = \operatorname{argmin}\{t \in \mathbb{N} | \hat{\mathcal{R}}_K(1/\sqrt{\eta_t}) > (2e\sigma\eta_t)^{-1}\} - 1$$

- The intuition is that the sum of the step-size  $\eta_t$  acts as a tuning parameter that controls the bias-variance tradeoff.

# Theorem 1 for the case of fixed design points $\{x_i\}_{i=1}^n$ .

## Theorem

Given the stopping time  $\hat{T}$  and the critical radius  $\hat{\varepsilon}_n$ , there are universal positive constants  $(c_1, c_2)$  s.t. the following events hold with probability at least  $1 - c_1 \exp(-c_2 n \hat{\varepsilon}_n^2)$ :

(a) For all iterations  $t = 1, 2, \dots, \hat{T}$ :  $\|f_t - f^*\|_n^2 \leq \frac{4}{e\eta_t}$ .

(b) At the iteration  $\hat{T}$ , we have  $\|f_{\hat{T}} - f^*\|_n^2 \leq 12\hat{\varepsilon}_n^2$ .

(c) Moreover, for all  $t > \hat{T}$ ,  $E[\|f_t - f^*\|_n^2] \geq \frac{\sigma^2}{4} \eta_t \hat{\mathcal{R}}_K^2 (1/\sqrt{\eta_t})$

## Remarks for Thm 1

- The bounds (a) and (b) are stated as high probability claims, the expected mean-squared error satisfy

$$E[\|f_t - f^*\|_n^2] \leq \frac{4}{e\eta_t} \text{ for all } t \leq \hat{T}$$

- The lower bound (c) shows that for large  $t > \hat{T}$ , running the iterative algorithm leads to inconsistent estimators for infinite rank kernels.

## Thm 2 for the case of random design point $\{x_i\} \sim \mathbb{P}$ .

- Define the population version of model complexity measure  $\mathcal{R}_{\mathbb{K}}(\varepsilon) = [\frac{1}{n} \sum_{j=1}^{\infty} \min\{\lambda_j, \varepsilon^2\}]^{1/2}$ .  
The critical population radius  $\varepsilon_n > 0$  as the smallest positive solution to the inequality  $40\mathcal{R}_{\mathbb{K}}(\varepsilon) \leq \varepsilon^2/(\sigma)$ .

### Theorem

*With the design variables  $\{x_i\}_{i=1}^n$  are sampled i.i.d according to  $\mathbb{P}$  and the  $\varepsilon_n$  defined above, there are universal constants  $c_j, j = 1, 2, 3$  s.t.*

$$\|f_{\hat{T}} - f^*\|_2^2 \leq c_3 \varepsilon_n^2$$

*with probability at least  $1 - c_1 \exp(-c_2 n \varepsilon_n^2)$ .*

## Consequences for Kernels with Polynomial Eigendecay

- $\lambda_k \leq C(\frac{1}{k})^{2\beta}$  for some  $\beta > 1/2$  and constant  $C$ .
  - This type of scaling covers various types of Sobolev spaces, consisting of functions with  $\beta$  derivatives.

### Corollary

*Suppose that in addition to the assumptions of Thm 2, the kernel class  $\hat{H}$  satisfies the polynomial eigenvalue decay for  $\beta > 1/2$ . Then there is a universal constant  $c_5$  s.t.*

$$E[\|f_{\hat{T}} - f^*\|_2^2] \leq c_5 \left(\frac{\sigma^2}{n}\right)^{\frac{2\beta}{2\beta+1}}$$

- i.e, the error bound is minimax-optimal.



## Consequences for Finite Rank Kernels

- There is some finite integer  $m < \infty$  s.t.  $\lambda_j = 0$  for all  $j \geq m + 1$ .
- For any integer  $d \geq 2$ , the kernel  $\mathbb{K}(x, x') = (1 + xx')^d$  generates the RKHS of all polynomials with degree at most  $d$ . For such kernel, we have

### Corollary

*If, in addition to the conditions of Thm2, the kernel has finite rank  $m$ , then*

$$E[\|f_{\hat{\gamma}} - f^*\|_2^2] \leq c_5 \sigma^2 \frac{m}{n}$$

*which achieves the minimax optimal rate in terms of squared  $L^2(\mathbb{P})$ .*

# Kernel Ridge Regression (KRR)

$$\hat{f}_\nu = \operatorname{argmin}_{f \in \mathcal{H}} \left\{ \frac{1}{2n} \sum_{i=1}^n (y_i - f(x_i))^2 + \frac{1}{2\nu} \|f\|_{\mathcal{H}}^2 \right\}$$

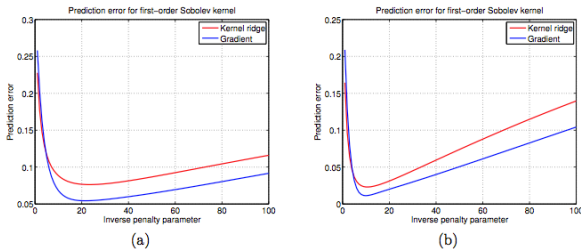


Figure 4: Comparison of the prediction error of the path of kernel ridge regression estimates (17) obtained by varying  $\nu \in [1, 100]$  to those of the gradient updates (3) over 100 iterations with constant step size. All simulations were performed with the kernel  $\mathbb{K}(x, x') = \min\{|x|, |x'|\}$  based on  $n = 100$  samples at the design points  $x_i = i/n$  with  $f^*(x) = |x - \frac{1}{2}| - \frac{1}{2}$ . (a) Noise variance  $\sigma^2 = 1$ . (b) Noise variance  $\sigma^2 = 2$ .

## Connections of Early Stopping Rule to KRR

- Main idea: when the inverse penalty parameter  $\nu$  is chosen using the same criterion as the stopping rule, i.e  $(4\sigma\nu)^{-1} < \hat{\mathcal{R}}_K(1/\sqrt{\nu})$ , then the prediction error can achieve the same type of bounds.
- Key point: when with penalty term, the continuous parameter  $\nu$  plays the role of discrete parameter  $\eta_t = \sum_{\tau=0}^{t-1} \alpha_\tau$ .

## Corollary

*Consider the KRR estimator applied to  $n$  i.i.d samples  $\{(x_i, y_i)\}$  with  $\sigma$ -sub Gaussian noise. Then there are universal constants  $(c_1, c_2, c_3)$  s.t. with probability at least  $1 - c_1 \exp(-c_2 n \hat{\epsilon}_n^2)$ :*

*(a) For all  $0 < \nu < \hat{\nu}$ ,  $\|\hat{f}_\nu - f^*\|_n^2 \leq \frac{2}{\nu}$*

*(b) With  $\hat{\nu}$  according to the stopping rule,  $\|\hat{f}_{\hat{\nu}} - f^*\|_n^2 \leq c_3 \hat{\epsilon}_n^2$ .*

*(c) For all  $\nu > \hat{\nu}$ ,  $E[\|\hat{f}_\nu - f^*\|_n^2] \geq \frac{\sigma^2}{4} \nu \hat{\mathcal{R}}_K^2(1/\sqrt{\nu})$ .*

Compare the corollary with Thm 1, the only difference is that the inverse regularization parameter  $\nu$  replaces the running sum  $\eta_t$ .

## Sketch of Proof for Thm 1

- To derive upper bounds on the  $L^2(\mathbb{P}_n)$ -error in Thm 1, we need to rewrite the gradient update in an alternative form.

$$\theta_{t+1} = \theta_t - \alpha_t(K\theta_t - \frac{1}{\sqrt{n}}\sqrt{K}y_1^n)$$

- Since  $f_t(x^n) = \frac{1}{\sqrt{n}}Kw^t = \frac{1}{\sqrt{n}}\sqrt{K}\theta_t$ , by multiplying both sides by  $\sqrt{K}$ , we have  $f_{t+1}(x^n) = (I_{n \times n} - \alpha_t K)f_t(x^n) + \alpha_t Ky^n$ .
- Given the SVD  $K = U\Lambda U^T$ , and  $y^n = f^* + w$ , where  $w$  is the vector of noise r.v., define the vector  $\gamma^t = \frac{1}{\sqrt{n}}U^T f_t(x^n)$ , then

$$\gamma^{t+1} = \gamma^t + \alpha_t \Lambda \frac{\tilde{w}}{\sqrt{n}} - \alpha_t \Lambda (\gamma^t - \gamma^*)$$

where  $\gamma^* = \frac{1}{\sqrt{n}}U^T f^*(x^n)$ , and  $\tilde{w} = U^T w$  is a rotated noise vector.

- Since  $\gamma^0 = 0$ , unwrapping this recursion then yields

$$\gamma^t - \gamma^* = (I - S^t) \frac{\tilde{w}}{\sqrt{n}} - S^t \gamma^*$$

where  $S^t = \prod_{\tau=0}^{t-1} (I_{n \times n} - \alpha_\tau \Lambda)$  is called the shrinkage matrix, it indicates the extend of shrinkage towards the origin.

- Properties of Shrinkage Matrices  $S^t$   
For all indices  $j \in \{1, 2, \dots, r\}$ ,  $S^t$  satisfy the bounds

$$0 \leq (S^t)_{jj}^2 \leq \frac{1}{2e\eta_t \hat{\lambda}_j}$$

$$\frac{1}{2} \min\{1, \eta_t \hat{\lambda}_j\} \leq 1 - S_{jj}^t \leq \min\{1, \eta_t \hat{\lambda}_j\}$$

- $\|\gamma^t - \gamma^*\|_2^2 \leq \frac{2}{n} \|(I - S^t)\tilde{w}\|_2^2 + 2\|S^t\gamma^*\|_2^2$   
 $= \frac{2}{n} \|(I - S^t)\tilde{w}\|_2^2 + 2\sum_{j=1}^r [S^t]_{jj}^2 (\gamma_{jj}^*)^2 + 2\sum_{j=r+1}^n (\gamma_{jj}^*)^2$
- Notice that  $\|\gamma^t - \gamma^*\|_2^2 = \frac{1}{n} \|f_t(x^n) - f^*(x^n)\|_2^2$ , we have the Bias and Variance decomposition as:

$$\|f_t - f^*\|_n^2 \leq \underbrace{\frac{2}{n} \sum_{j=1}^r (S^t)_{jj}^2 [U^T f^*(x^n)]_j^2 + \frac{2}{n} \sum_{j=r+1}^n [U^T f^*(x^n)]_j^2}_{\text{Squared Bias } B_t^2} + \underbrace{\frac{2}{n} \sum_{j=1}^r (1 - S_{jj}^t)^2 [U^T w]_j^2}_{\text{Variance } V_t}$$

## Bounds on the Bias and Variance

- For all iterations  $t = 1, 2, \dots$ , the squared bias is upper bounded as

$$B_t^2 \leq \frac{1}{e\eta_t}$$

Moreover, there is a universal constant  $c_1 > 0$  s.t., for any iteration  $t = 1, 2, \dots, \hat{T}$ ,

$$V_t \leq 5\sigma^2\eta_t\mathcal{R}_K^2(1/\sqrt{\eta_t})$$

with probability at least  $1 - \exp(-c_1 n \hat{\varepsilon}_n^2)$ .