

# CHENG CHOW

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## EDUCATION

<b>The University of Texas at Austin</b>	<b>Austin, TX</b>
PhD in Social Work, Steve Hicks School of Social Work	2024 - Present
Graduate Trainee, Population Research Center	2024 - Present
Graduate Portfolio, Center for Asian American Studies	2024 - Present
Graduate Affiliate, The Bernard and Audre Rapoport Center for Human Rights and Justice	2024 - Present
<b>The University of Hong Kong</b>	<b>Hong Kong</b>
Master of Philosophy (MPhil) in Social Work and Social Administration	2021 - 2024
<b>The Chinese University of Hong Kong</b>	<b>Hong Kong</b>
Bachelor of Social Science in Sociology, First Class Honors	2016 - 2020

## RESEARCH INTERESTS

<b>Topic</b>	Immigration, health disparities, social policy, community engagement, global social work
<b>Population</b>	Immigrants, refugees, racial/ethnic minorities, Asian Americans
<b>Method</b>	Mixed methods, causal inference, policy analysis, data science

## GRANTS & FUNDING

2025	<b>Health Communication Scholars Program (\$2,500)</b> Exploring digital health literacy and utilization among Asian and Asian Americans in Austin, Texas Role: <i>Principal Investigator</i>
2024	<b>St David's CHPR (\$25,000)</b> Understanding the primary healthcare needs of Asian and Asian Americans in Austin, Texas Role: <i>Research Coordinator</i> , PI: Shetal Vohra-Gupta, PhD

## PUBLICATION

### Peer-Review Journal Articles

- 10 Vohra-Gupta, S., Petrizzi, L., Cherian, A., **Chow, C.**, Unzueta., & Joachima., R. (2025). A narrative review on shifting practice and policy around social determinants of health (SDOH) screenings: Expanding the role of social workers in healthcare settings in the U.S. *Healthcare*, 13(10), 1097. <https://doi.org/10.3390/healthcare13101097>
- 9 **Chow, C.** (2025). Unveiling the patterns and drivers of immigrant health integration policies: A global examination in MIPEX countries. *Health Policy*, 154, 105267.

<https://doi.org/10.1016/j.healthpol.2025.105267>

**W. Parker Frisbie Best Publication Award**

- 8 Fu, Y., Jampaklay, A., **Chow, C.**, & Jordan, L. P. (2024). Gendered outcomes of parental migration on Thai youth's transitions to adulthood: A longitudinal perspective. *Journal of Ethnic and Migration Studies*, 1–25. <https://doi.org/10.1080/1369183X.2024.2328578>
- 7 Jampaklay, A., Vapattanawong, P., Lucktong, A., Yakoh, K., **Chow, C.**, Fu, Y., Adulyarat, M., & Jordan, L. P. (2024). Continuity in child mental health from preschool years to adolescence in parental migration contexts: Evidence from a longitudinal study in Thailand. *Acta Psychologica*, 247, 104329. <https://doi.org/10.1016/j.actpsy.2024.104329>
- 6 **Chow, C.**, & Fong, E. (2024). Factors enhancing the intention to migrate from more developed to less developed areas. *Chinese Journal of Sociology*, 10(1), 59–75. <https://doi.org/10.1177/2057150X231222717>
- 5 **Chow, C.**, & Ren, L. (2023). Negotiating civic identity across different political contexts: Immigrant participation in social movements and political incorporation. *Sociology Compass*, e13140. <https://doi.org/10.1111/soc4.13140>
- 4 Fu, Y., Jordan, L. P., Zhou, X., **Chow, C.**, & Fang, L. (2023). Longitudinal associations between parental migration and children's psychological well-being in Southeast Asia: The roles of caregivers' mental health and caregiving quality. *Social Science & Medicine*, 320, 115701. <https://doi.org/10.1016/j.socscimed.2023.115701>
- 3 **Chow, C.**, Zhou, X., Fu, Y., Jampaklay, A., & Jordan, L. P. (2023). From left-behind children to youth labor migrants: The impact of household networks, gendered migration, and relay migration in Southeast Asia. *Social Sciences*, 12(3), 135. <https://doi.org/10.3390/socsci12030135>
- 2 Ji, X., Gao, L., Liu, H., He, S., Zhu, B., **Chow, C.**, Chen, J., Lu, Z., & Li, L. (2022). Does public health policy quality foster state innovation capacity? Evidence from a global panel data. *Frontiers in Public Health*, 10, 952842. <https://doi.org/10.3389/fpubh.2022.952842>
- 1 Hu, T., Li, L., Lin, C., Yang, Z., **Chow, C.**, Lu, Z., & You, C. (2022). An analysis of the willingness to the COVID-19 vaccine booster shots among urban employees: Evidence from a megacity H in Eastern China. *International Journal of Environmental Research and Public Health*, 19(4), 2300. <https://doi.org/10.3390/ijerph19042300>

**Manuscript Under Review**

- 8 Chai, L. & **Chow, C.** Financial strain and sleep problems in a longitudinal study of the UK: racial/ethnic variations. *Journal of Racial and Ethnic Health Disparities*
- 7 Wang, X., & **Chow, C.** Participation or departure: A survey experiment on civic engagement and migration aspirations. *Social Science Quarterly*
- 6 **Chow, C.**, Peng, C., & Lee, J. Policy models of immigrant political incorporation: Conceptualization and empirical cases in Asian developed economies using fuzzy sets. *International Migration Review*
- 5 Chai, L., **Chow, C.**, & Lu, Z. Racial/ethnic variations in the association between financial strain and well-being: Evidence from the United Kingdom Household Longitudinal Survey. *Applied Research in Quality of Life*
- 4 **Chow, C.**, & Jordan, L. P. From social service to civic action: How NGOs facilitate immigration political incorporation in a global city. *Voluntas: International Journal of Voluntary and Nonprofit Organizations*
- 3 **Chow, C.**, Chai, L., & Chen, M. Health education as a mediator between social participation and migrant health. *Health Education & Behavior*

- 2 **Chow, C.**, Park, J., & Vohra-Gupta, S. An intersectional approaching to understanding digital health inequalities among immigrants. *Journal of Immigrant and Minority Health*
- 1 Chai, L. & **Chow, C.** Racial/ethnic variations in the association between sleep problems and mental health. *Social Work*

### Manuscript in Progress

- 8 Yoo, N., Lee, J., Cureton, A., & **Chow, C.** Digital mutual aid in precarity: Peer support among Deferred Action for Childhood Arrivals (DACA) recipients on Reddit across U.S. administrations
- 7 Voyles, C. H., Ciszek, E., Garnica, M. S., & **Chow, C.** Global framing the 2023 Gay Games: Media narratives, sociopolitical contexts, and LGBTQ inclusion in global sports
- 6 **Chow, C.**, Vohra-Gupta, S., Cubbin, C. State-level social vulnerability and racial and ethnic disparities in multiple chronic conditions.
- 5 Vohra-Gupta, S., Brown-Podgorski, B., **Chow, C.**, & Cubbin, C. Acculturation and allostatic load among Asian and Asian Americans: The effects of nativity, language, and media consumption
- 4 Vohra-Gupta, S., **Chow, C.**, & Cubbin, C. Incorporating critical theory in healthcare policy: a policy framework for serving marginalized populations
- 3 **Chow, C.**, Seo, Y., Vohra-Gupta, S., & Schwartz, S. Triumphs and pitfalls of applying acculturation in Asian American health research: A critical systematic review
- 2 Vohra-Gupta, S., Sevillano, L., **Chow, C.**, Castro, Y., & Cubbin, C. Cultural determinants and health outcomes among Asian Americans: A systematized review
- 1 **Chow, C.** Forever strangers in the atomized migrant community: The (dis)integration of international middling migrants in the global south

## PRESENTATION

### Conference Oral Presentation

- 19 **Chow, C.**, & Vohra-Gupta, S.(2026). Between culture and care: A phenomenological study of the lived healthcare experiences among Asian populations in central Texas. The 30th Annual Conference of the Society for Social Work and Research (SSWR). Washington, D.C.
- 18 **Chow, C.**, Vohra-Gupta, S. (2026). Validating a community-based social determinants of health screening tool: A psychometric analysis for policy and practice. The 30th Annual Conference of the Society for Social Work and Research (SSWR). Washington, D.C.
- 17 **Chow, C.**, Vohra-Gupta, S., Heitkemper, E., & Castro, Y. (2026). Disaggregating the model minority myth: A methodological reflection on community-engaged health needs assessment for Asian and Asian American populations. *The 30th Annual Conference of the Society for Social Work and Research (SSWR)*. Washington, D.C.
- 16 Yoo, N., Lee, J., Cureton, A., & **Chow, C.** (2026). Digital mutual aid in precarity: Peer support among Deferred Action for Childhood Arrivals (DACA) recipients on Reddit across U.S. administrations. *The 30th Annual Conference of the Society for Social Work and Research (SSWR)*. Washington, D.C.
- 15 **Chow, C.**, Vohra-Gupta, S., Sevillano, L., Castro, Y., & Cubbin, C. (2025). Cultural determinants of health: Understanding health disparities in Asian, Asian American, Native Hawaiian, and Pacific Islander populations. *American Public Health Association (APHA) Annual Meeting*. Washington, D.C.
- 14 **Chow, C.**, Vohra-Gupta, S., Cubbin, C. (2025). State-level social vulnerability and racial and ethnic disparities in multiple chronic conditions. *American Public Health Association (APHA) Annual Meeting*. Washington, D.C.

- 13 Fu Y., Jordan, L. P., Jampaklay, A., & **Chow, C.** (2025). The effects of parental and sibling migration on school-to-work transition of young adults in Thailand. *The 2nd International Conference of the ASEAN Social Work and Social Development 2025*. Bangkok, Thailand
- 12 **Chow, C.**, & Peng, C. (2024). Policy models of immigrant political incorporation: Conceptualization and empirical cases in Asian developed economies using fuzzy sets. *EASP & FISS Joint Conference 2024*. Kyoto, Japan
- 11 **Chow, C.** (2024). Forever strangers in the atomized immigrant community: The (dis)integration of international middling immigrants. *Migrations and Mobilities along the Belt and Road: Emergent Geographies in Asia and Beyond*. Singapore
- 10 **Chow, C.** (2023). Transnational networks and conditional hospitality towards immigrants: Evidence from Asia. *Symposium on Urban Social Survey and Quantitative Social Science in Celebration of 20th Anniversary of Chinese General Social Survey (CGSS)*. Shanghai, China
- 9 **Chow, C.**, & Hu, H. (2023). Migration penalty and school segregation: The impacts of migration and school on academic performance among school-aged children in China. *The 27th Annual Conference of the Society for Social Work and Research (SSWR)*. Phoenix, AZ.
- 8 **Chow, C.**, Wei, D., Hu, H., & Li, H. (2023). Multiple precarities and gender periphery: How female food delivery riders survive and thrive in a male-dominated industry. *The 27th Annual Conference of the Society for Social Work and Research (SSWR)*. Phoenix, AZ.
- 7 Lu, K., **Chow, C.**, Xu, L., & Peng, S. (2022). INGOs' registration for legitimacy under the Overseas NGO Law in China: An exploratory study. *The 15th International Conference of the International Society for Third Sector Research (ISTR)*. Montreal, Canada.
- 6 **Chow, C.** (2022). Identity empowerment, regime detachment, and invitational framing: How NGOs facilitate political incorporation of new immigrants in Hong Kong. *2022 EASP Workshop for Postgraduate Students*. (virtual)
- 5 **Chow, C.** (2021). Immigrant political community: The cause and consequence of Chinese immigrant participation in collective actions. *British Sociological Association (BSA) Annual Conference*. (virtual)
- 4 **Chow, C.** (2021). Negotiating identity among young South Asian ethnic minorities against the backdrop of the 2019 political crisis in Hong Kong. *2021 ASEN Conference on Nationalism and Crisis*. (virtual)
- 3 **Chow, C.**, & Shi, Y. (2019). Impacts of migrant adult children on life satisfaction of rural elderly. *The 114th American Sociological Association (ASA) Annual Meeting*. New York, NY.
- 2 **Chow, C.** (2019). Student movement in an authoritarian state: A case study of Jasic incident. The 24th Alternative Future and Popular Protest Conference. Manchester, England.
- 1 **Chow, C.** (2019). Dynamic interaction: Middle-level group activities in supplemental instruction. 2019 Northeast Regional Supplemental Instruction Conference. Boston, MA.

#### **Poster Presentation**

- 5 **Chow C.**, & Park, J. (2025). An intersectional approach to understanding digital health inequalities in the U.S. *St. David's CHPR 23rd Annual Conference*. Austin, TX.
- 4 Onyegesi, O., **Chow C.**, Kennedy, P., & Conway, F. (2025). Feasibility of a mobile resonance frequency breathing intervention for opioid use disorder recovery: Addressing health disparities and promoting disease prevention. *Collaborative Perspectives on Addiction (CPA) Annual Meeting*. Providence, RI.
- 3 Park, J., & **Chow C.** (2025). Immigrant adults' use of telehealth during the COVID-19 pandemic: Findings from the 2020-2021 National Health Interview Survey. *The 29th Annual Conference of the Society for Social Work and Research (SSWR)*. Seattle, WA.

- 2 **Chow C., & Park, J.** (2025). Racial disparities in telehealth utilization and health outcomes among older adults: Evidence from National Health Interview Survey (NHIS). *The 29th Annual Conference of the Society for Social Work and Research (SSWR)*. Seattle, WA.
- 1 **Chow C.** (2025). Unveiling the patterns and drivers of immigrant health integration policies: A global examination in MIPLEX countries. *The 29th Annual Conference of the Society for Social Work and Research (SSWR)*. Seattle, WA.

## RESEARCH EXPERIENCE

### The University of Texas at Austin

**Austin, TX**

#### *Latino Well-Being Study*

10/2024 – Present

Research Assistant, PI: Dr. Miguel Pinedo (College of Education)

- Coordinate data collection and quality assessments for a national survey on Latino well-being
- Conduct data cleaning and management to ensure reliability
- Data analysis on the relationship between immigration policy and long-term well-being outcomes

#### *Cultural Determinants of Health among Asian Americans*

09/2024 – Present

Research Assistant, PI: Dr. Shetal Vohra-Gupta

- Conduct literature search and review to support a systematic review on cultural determinants of health
- Support NIH proposal development and funding applications
- Perform critical analyses of immigration policy and prepare manuscripts

#### *People's Community Clinic Project*

09/2024 – Present

Research Assistant, PI: Dr. Shetal Vohra-Gupta

- Conduct exploratory factor analysis (EFA) and confirmatory factor analysis (CFA) for tools validation
- Analyze interview data to identify social and health needs for the development of screening tools
- Review relevant literature and prepare working drafts for multiple manuscripts

#### *HOPE Lab*

09/2024 – 05/2025

Research Assistant, PI: Dr. Fiona Conway

- Update research projects and articles of health optimization, program engagement & biopsychosocial
- Manage the Hope Lab website, update research news, and disseminate research findings
- Coordinate with lab members for research project management and development

### The University of Hong Kong (HKU)

**Hong Kong**

#### *How NGOs Facilitate Immigrant Political Incorporation in a Global City*

06/2023 – 08/2024

Project Investigator

- Conducted in-depth interviews with NGO staff to understand strategic organizational approaches
- Implemented program evaluations of NGO initiatives concerning immigrant political incorporation
- Authored and discussed the resulting research paper at global conferences

#### *The Integration of International High-skilled Immigrants in China*

04/2022 – 08/2024

Project Investigator

- Conducted interviews and ethnographic research in megacities to document experiences of immigrants

- Collected and analyzed national and provincial policy data to examine the macro policy environment
- Composed and presented research findings at various international conferences

***Child Health and Migrant Parents in South-East Asia (CHEMAPSEA)***

11/2020 – 08/2021

Research Assistant, PI: Dr. Lucy Porter Jordan

- Managed and analyzed data for migration and family studies in Southeast Asian countries
- Assisted in the preparation of grant applications and progress reports
- Facilitated the preparation of research manuscripts and disseminated research results

***A Sequential Qualitative Study to Examine the Social Identity of South Asians***

06/2020 – 10/2020

Research Assistant, PI: Dr. Paul Wong

- Compiled over 1000 articles for literature search and systematic review
- Conducted focus group discussions with immigrants from South Asian countries
- Interviewed immigrant youth to investigate the relationship between identification and belongingness

**The Chinese University of Hong Kong (CUHK)**

**Hong Kong**

***Genes, Social Environment and Psychoactive Drug Addiction***

08/2018 – 01/2019

Research Assistant, PI: Hua Sara Zhong

- Conducted 500+ questionnaire surveys and managed data with team from drug rehabilitation centers
- Constructed database and analyzed data to explore associations between social environment and drug use
- Supported the development of academic articles, reports, and conference presentations

## TEACHING

### Teaching Interests

#### **Substantive Courses**

Human Behavior & Social Environment  
Social Policy & Social Welfare  
Social Work with Immigrants & Refugees  
Community Engagement & Advocacy

#### **Methods Courses**

Social Work Research Methods  
Statistics for Applied Social Science Research  
Social Policy Analysis  
Advanced Statistical Modeling

### Teaching Experience

#### **The University of Texas at Austin**

**Austin, TX**

##### ***SW 382 Social Policy Analysis and Social Problems (Master level)***

Spring, 2025

Teaching Assistant

##### ***SW 385 Social Work Research Methods (Master level)***

Spring, 2025

Teaching Assistant

##### ***SW 313 Social Work Research Methods***

Spring, 2025

Teaching Assistant

#### **The University of Hong Kong (HKU)**

**Hong Kong**

##### ***SOWK 6002 Social Policy and Social Administration (Master level)***

Spring, 2024

Course Tutor

##### ***SOWK 1015 Introduction to Social Work and Social Administration***

Fall, 2022

Leading Teaching Assistant

**SOWK 1015 Introduction to Social Work and Social Administration**

Spring, 2022

Teaching Assistant

**The Chinese University of Hong Kong (CUHK)**

**Hong Kong**

**UGFH 1000 In Dialogue with Humanity**

Fall, 2018

Peer-Assisted Leader

**GESH 1010 Orientation and Outreach**

Fall, 2017

Teaching Assistant

**Invited Presentation & Guest Lecture**

**10 Asian American Quality of Life Study 2025**

*Asian American Quality of Life Commission, City of Austin. June 2025*

**9 Immigration Policy: Causes and Consequences**

*Steve Hicks School of Social Work, The University of Texas at Austin. April 2025*

**8 Health Assessment on Asian Community in Austin, Texas**

*Asian American Quality of Life Commission, City of Austin. November 2024*

**7 Mapping Global Health Integration Policy: Patterns and Drivers**

*Steve Hicks School of Social Work, The University of Texas at Austin. September 2024*

**6 Migration and Development**

*Department of Social Work & Social Administration, The University of Hong Kong. February 2024*

**5 Intermediate Data Analysis: Using Multi-nominal Regression in Migration Research**

*Department of Sociology, University of Toronto. August 2023*

**4 Research Design in Social Science: The Case of Migration in Asia**

*Zhou Enlai School of Government, Nankai University. April 2023*

**3 Fostering Political Capital: NGOs and Immigrant Political Incorporation**

*A Community of Humanities & Social Sciences, organized by Heidelberg University. October 2022*

**2 Migration Politics: A Dialogue with Sociology, Politics, and Demography**

*Political Readings Series, organized by Tsinghua University, Zhejiang University, and Tongji University. July 2022*

**1 Sociological Theory of Arts and Sociological Analysis**

*Design School, Central Academy of Fine Arts. Beijing, China. April 2022*

**WORK EXPERIENCE**

**Addition Research Institute (ARI), The University of Texas at Austin**

**Austin, TX**

**Volunteer Coordinator**

09/2024 – 05/2025

- Developed and update undergraduate research assistant screening & onboarding process
- Managed undergraduate research assistants with research training and project monitoring & evaluation
- Coordinated with ARI leadership and management team to build capacity

**International Organization for Migration (IOM), UN Migration**

**Bangkok, Thailand**

**Regional Migration Health Support Officer**

02/2024 – 07/2024

- Assisted migration and health operations in development and humanitarian settings across 40 countries
- Supported all facets of health programming to eliminate health disparities among migrants
- Crafted operational guidelines for gender mainstreaming in health programming

- Fostered strategic alliances with key international and regional entities such as WHO and UNHCR

***Regional Migration Health Consultant***

09/2023 – 01/2024

- Supported a regional project including policy framework drafting, regional dialogues coordination
- Contributed to the capacity building of IOM staff and external partners by facilitating HBMM framework
- Developed resources on migration health to support knowledge dissemination and policy advocacy.

***Regional Migration Health Intern***

02/2023 – 08/2023

- Collected and systematically analyzed information on migration health across countries
- Developed quality concept papers, presentations, information sheets, and policy framework
- Conducted donor mapping and market analysis for migrant health and insurance schemes

**The University of Hong Kong (HKU)**

**Hong Kong**

***Fieldwork Coordinator***

11/2020 – 08/2021

- Liaised with immigrant-serving NGOs to facilitate the examination of labor force participation
- Constructed a database to compare labor force participation among different immigrant populations
- Consolidated labor policies in global cities to advocate policy reforms

**International Social Services, Hong Kong Branch (ISSHK)**

**Hong Kong**

***Community Outreach Coordinator***

09/2019 – 12/2019

- Bolstered social services and organized cultural activities for new immigrants
- Cooperated with social workers to assist the integration of ethnic minorities from South Asia
- Conducted casework and assisted in individual cases, providing resources and support to immigrants

## REPORT

- 2025. Operational Guidance on Gender Mainstreaming in Migration Health. ***International Organization for Migration***
- 2024. Tuberculosis Elimination among Migrants in the GMS countries: Policy Recommendation. ***International Organization for Migration***
- 2024. Mapping Report of Children's Mental Health Programs in the Third Sector. ***Rici Foundation***
- 2024. Community, Rights and Gender Barriers Relating to Tuberculosis Prevention and Control among Migrants and Mobile Populations in the Greater Mekong Sub-Region. ***International Organization for Migration***
- 2023. Situational Assessment of Migration Health in Two Provinces of the Lao People's Democratic Republic: Savannakhet and Xayabouly. ***International Organization for Migration***
- 2023. Infectious Diseases and Health Access among Migrants in Cambodia. ***International Organization for Migration***
- 2022. Considerations and Difficulties of Women in Choosing Whether or Not to Work in Hong Kong. ***The University of Hong Kong***

## AWARDS, HONORS & FELLOWSHIP



- 2025 **W. Parker Frisbie Best Publication Award**  
Population Research Center, The University of Texas at Austin
- 2025 **Professional Development Funds**  
Graduate School & Steve Hicks School of Social Work, The University of Texas at Austin
- 2024- **Graduate School Recruitment Fellowship**  
2026 Graduate School, The University of Texas at Austin
- 2023 **Equity & Inclusion Student Fellowship**  
Association for Public Policy Analysis and Management (APPAM)
- 2022 **CRCG Conference and Travel Grants**  
Faculty of Social Sciences, The University of Hong Kong
- 2021- **Research Postgraduate Scholarship**  
2024 Graduate School, The University of Hong Kong
- 2020 **Dean's List, Faculty of Social Science**  
The Chinese University of Hong Kong
- 2019 **Overseas Academic Scholarship**  
The Chinese University of Hong Kong
- 2018 **Yasumoto International Scholarship**  
The Chinese University of Hong Kong
- 2017 **Social Service Awards**  
SHHO College, The Chinese University of Hong Kong
- 2017 **Dean's List, Faculty of Social Science**  
The Chinese University of Hong Kong
- 2016- **Admission Full Scholarship**  
2020 The Chinese University of Hong Kong

## SERVICES

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**Reviewer** for *Administration & Society*, *Asian and Pacific Migration Journal*, *Archives of Public Health*, *BMC Public Health*, *Discover Global Society*, *Discover Mental Health*, *F1000 Research*, *Heliyon*, *Journal of Comparative Family Studies*, *Regional Statistics*, *Scientific Reports*, *Social Sciences & Humanities Open*, *Social Science & Medicine*

## SKILL & TRAINING

### Language

Cantonese (native), English (fluent), Mandarin (native), Spanish (elementary)

### Statistical Program

MPlus, Python, R, SPSS, Stata

### Training Workshop

\* indicates competitively selected and/or funded training

- 2025 **Future of Families Summer Data Workshop\***  
Columbia Population Research Center, Columbia University.
- 2022 **Quantitative Social Science Workshop\***  
Center for Social Research, Peking University.
- 2019 **Migration data and models for a better world: Perspectives from social scientists, data scientists and international organizations**  
American Sociological Association, New York, NY.