

CHENG CHOW

PhD Student

School of Social Work

The University of Texas at Austin

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EDUCATION

2028 **Doctor of Philosophy in Social Work**
(anticipated) School of Social Work, The University of Texas at Austin

Graduate Portfolio in Asian American Studies

Graduate Portfolio in Ethical AI

Stackable Certificate in Sociology: Demography

2024 **Master of Philosophy in Social Work and Social Administration**
The University of Hong Kong

2020 **Bachelor of Social Science in Sociology, *First Class Honors***
The Chinese University of Hong Kong

GRANTS & FUNDING

Ongoing

2025 **Moritz Center for Societal Impact (\$5,000)**
Cultural healing through story, song, and symbol: Exploring arts-based pathways to behavioral health among Asian communities
Role: ***Principal Investigator***

2025 **Health Communication Scholars Program (\$2,500)**
Exploring digital health literacy and utilization among Asian and Asian Americans
Role: ***Principal Investigator***

2024 **St. David's CHPR (\$25,000)**
Understanding the primary healthcare needs of Asian and Asian Americans in Austin
Role: ***Research Coordinator***
PI: Shetal Vohra-Gupta, PhD

RESEARCH INTERESTS

Topic	Social and health policies, social and cultural determinants, digital health
Population	Immigrants, refugees, racial/ethnic minorities, Asian Americans
Method	Mixed methods, causal inference, policy evaluation, data science

PUBLICATIONS

Peer-Reviewed Publications

- 14 **Chow, C.**, Park, J., & Vohra-Gupta, S. (in press). Digital health inequalities among immigrants in the United States: An intersectional analysis using nationally representative survey data. *Journal of Immigrant and Minority Health*
- 13 Chai, L., & **Chow, C.** (in press). Racial/ethnic variations in the association between sleep problems and mental health. *Social Work*
- 12 **Chow, C.**, & Chen, M. (2026). Precarious futures: International student distress, limited training pathways, and career uncertainty in public health. *American Journal of Public Health*, 116(0). <https://doi.org/10.2105/AJPH.2025.308388>
- 11 Chai, L., **Chow, C.**, & Lu, Z. (2025). Racial/ethnic variations in the association between financial strain and well-being: Evidence from the United Kingdom Household Longitudinal Survey. *Applied Research in Quality of Life*, 20, 2049–2077. <https://doi.org/10.1007/s11482-025-10502-5>
 ▶ **Media coverage: Scienmag.** [Financial Strain's Impact on Well-Being Across Cultures](#). October 24, 2025
- 10 Vohra-Gupta, S., Petrizzi, L., Cherian, A., **Chow, C.**, Unzueta, M., & Joachima, R. (2025). A narrative review on shifting practice and policy around social determinants of health (SDOH) screenings: Expanding the role of social workers in healthcare settings in the U.S. *Healthcare*, 13(10), 1097. <https://doi.org/10.3390/healthcare13101097>
- 9 **Chow, C.** (2025). Unveiling the patterns and drivers of immigrant health integration policies: A global examination in MIPLEX countries. *Health Policy*, 154, 105267. <https://doi.org/10.1016/j.healthpol.2025.105267>
 ▶ **W. Parker Frisbie Outstanding Publication Award**
- 8 Fu, Y., Jampaklay, A., **Chow, C.**, & Jordan, L. P. (2024). Gendered outcomes of parental migration on Thai youth's transitions to adulthood: A longitudinal perspective. *Journal of Ethnic and Migration Studies*, 50(16), 4135–4159. <https://doi.org/10.1080/1369183X.2024.2328578>
- 7 Jampaklay, A., Vapattanawong, P., Lucktong, A., Yakoh, K., **Chow, C.**, Fu, Y., Adulyarat, M., & Jordan, L. P. (2024). Continuity in child mental health from preschool years to adolescence in parental migration contexts: Evidence from a longitudinal study in Thailand. *Acta Psychologica*, 247, 104329. <https://doi.org/10.1016/j.actpsy.2024.104329>
- 6 **Chow, C.**, & Fong, E. (2024). Factors enhancing the intention to migrate from more developed to less developed areas. *Chinese Journal of Sociology*, 10(1), 59–75. <https://doi.org/10.1177/2057150X231222717>
 ▶ **CJS 2023-2024 Highly Cited Articles Top 10**
- 5 **Chow, C.**, & Ren, L. (2023). Negotiating civic identity across different political contexts: Immigrant participation in social movements and political incorporation. *Sociology Compass*, 17(12), e13140. <https://doi.org/10.1111/soc4.13140>

- 4 Fu, Y., Jordan, L. P., Zhou, X., **Chow, C.**, & Fang, L. (2023). Longitudinal associations between parental migration and children's psychological well-being in Southeast Asia: The roles of caregivers' mental health and caregiving quality. *Social Science & Medicine*, 320, 115701. <https://doi.org/10.1016/j.socscimed.2023.115701>
- 3 **Chow, C.**, Zhou, X., Fu, Y., Jampaklay, A., & Jordan, L. P. (2023). From left-behind children to youth labor migrants: The impact of household networks, gendered migration, and relay migration in Southeast Asia. *Social Sciences*, 12(3), 135. <https://doi.org/10.3390/socsci12030135>
- 2 Ji, X., Gao, L., Liu, H., He, S., Zhu, B., **Chow, C.**, Chen, J., Lu, Z., & Li, L. (2022). Does public health policy quality foster state innovation capacity? Evidence from a global panel data. *Frontiers in Public Health*, 10, 952842. <https://doi.org/10.3389/fpubh.2022.952842>
- 1 Hu, T., Li, L., Lin, C., Yang, Z., **Chow, C.**, Lu, Z., & You, C. (2022). An analysis of the willingness to the COVID-19 vaccine booster shots among urban employees: Evidence from a megacity H in Eastern China. *International Journal of Environmental Research and Public Health*, 19(4), 2300. <https://doi.org/10.3390/ijerph19042300>

Policy & Research Reports

- 7 **International Organization for Migration**. (2025). Migration Health and Gender: Operational Guide & Checklist.
- 6 **International Organization for Migration**. (2024). Tuberculosis Elimination among Migrants in the GMS countries: Policy Recommendation.
- 5 **Rici Foundation**. (2024). Mapping Report of Children's Mental Health Programs in the Third Sector.
- 4 **International Organization for Migration**. (2024). Community, Rights and Gender Barriers Relating to Tuberculosis Prevention and Control among Migrants and Mobile Populations in the Greater Mekong Sub-Region.
- 3 **International Organization for Migration**. (2023). Situational Assessment of Migration Health in Two Provinces of the Lao People's Democratic Republic: Savannakhet and Xayabouly.
- 2 **International Organization for Migration**. (2023). Infectious Diseases and Health Access among Migrants in Cambodia.
- 1 **The University of Hong Kong**. (2022). Considerations and Difficulties of Women in Choosing Whether or Not to Work in Hong Kong.

PRESENTATIONS

Peer-Reviewed Oral Presentations

- 18 **Chow, C.**, Kim, H., Vo, D. H., & Vohra-Gupta, S. (2026). Many languages, one health agenda: A community-engaged protocol for an equitable Asian American health assessment. *The 2026 Scientific Meeting of the American Academy of Health Behavior (AAHB)*. Austin, TX.

- 17 **Chow, C.**, Vohra-Gupta, S., Heitkemper, E., & Castro, Y. (2026). Disaggregating the model minority myth: A methodological reflection on community-engaged health needs assessment for Asian and Asian American populations. *The 30th Annual Conference of the Society for Social Work and Research (SSWR)*. Washington, D.C.
- 16 **Chow, C.**, & Fong, E. (2025). Migration capital across generations: The role of immigrant parents in onward migration intentions. *Hong Kong Sociological Association 26th Annual Conference*. Hong Kong.
- 15 Yoo, N., Lee, J., **Chow, C.**, & Cureton, A. (2025). Peer support and digital mutual aid among DACA recipients on Reddit across presidential administrations. *The 47th Annual Fall Research Conference of the Association for Public Policy Analysis & Management (APPAM)*. Seattle, WA.
- 14 **Chow, C.**, Vohra-Gupta, S., Sevillano, L., Castro, Y., & Cubbin, C. (2025). Cultural determinants of health: Understanding health disparities in Asian, Asian American, Native Hawaiian, and Pacific Islander populations. *American Public Health Association (APHA) Annual Meeting*. Washington, D.C.
- 13 **Chow, C.**, Vohra-Gupta, S., & Cubbin, C. (2025). State-level social vulnerability and racial and ethnic disparities in multiple chronic conditions. *American Public Health Association (APHA) Annual Meeting*. Washington, D.C.
- 12 Fu Y., Jordan, L. P., Jampaklay, A., & **Chow, C.** (2025). The effects of parental and sibling migration on school-to-work transition of young adults in Thailand. *The 2nd International Conference of the ASEAN Social Work and Social Development 2025*. Bangkok, Thailand.
- 11 **Chow, C.**, & Peng, C. (2024). Policy models of immigrant political incorporation: Conceptualization and empirical cases in Asian developed economies using fuzzy sets. *EASP & FISS Joint Conference 2024*. Kyoto, Japan.
- 10 **Chow, C.** (2024). Forever strangers in the atomized immigrant community: The (dis)integration of international middling immigrants. *Migrations and Mobilities along the Belt and Road: Emergent Geographies in Asia and Beyond*. Singapore.
- 9 **Chow, C.**, & Hu, H. (2023). Migration penalty and school segregation: The impacts of migration and school on academic performance among school-aged children in China. *The 27th Annual Conference of the Society for Social Work and Research (SSWR)*. Phoenix, AZ.
- 8 **Chow, C.**, Wei, D., Hu, H., & Li, H. (2023). Multiple precarities and gender periphery: How female food delivery riders survive and thrive in a male-dominated industry. *The 27th Annual Conference of the Society for Social Work and Research (SSWR)*. Phoenix, AZ.
- 7 Lu, K., **Chow, C.**, Xu, L., & Peng, S. (2022). INGOs' registration for legitimacy under the Overseas NGO Law in China: An exploratory study. *The 15th International Conference of the International Society for Third Sector Research (ISTR)*. Montreal, Canada.

- 6 **Chow, C.** (2022). Identity empowerment, regime detachment, and invitational framing: How NGOs facilitate political incorporation of new immigrants in Hong Kong. *2022 EASP Workshop for Postgraduate Students*. (virtual)
- 5 **Chow, C.** (2021). Immigrant political community: The cause and consequence of Chinese immigrant participation in collective actions. *British Sociological Association (BSA) Annual Conference*. (virtual)
- 4 **Chow, C.** (2021). Negotiating identity among young South Asian ethnic minorities against the backdrop of the 2019 political crisis in Hong Kong. *2021 ASEN Conference on Nationalism and Crisis*. (virtual)
- 3 **Chow, C., & Shi, Y.** (2019). Impacts of migrant adult children on life satisfaction of rural elderly. *The 114th American Sociological Association (ASA) Annual Meeting*. New York, NY.
- 2 **Chow, C.** (2019). Student movement in an authoritarian state: A case study of Jasic incident. *The 24th Alternative Future and Popular Protest (AFPP) Conference*. Manchester, England.
- 1 **Chow, C.** (2019). Dynamic interaction: Middle-level group activities in supplemental instruction. *2019 Northeast Regional Supplemental Instruction Conference*. Boston, MA.

Peer-Reviewed Poster Presentations

- 8 Kim, H., **Chow, C.**, Vo, D. H., & Vohra-Gupta, S. (2026). Exploring cultural and linguistic barriers to digital health use among Asian immigrants and Asian Americans in Austin, Texas. *The 2026 Scientific Meeting of the American Academy of Health Behavior (AAHB)*. Austin, TX.
- 7 **Chow, C.**, & Vohra-Gupta, S. (2026). Between culture and care: A phenomenological study of the lived healthcare experiences among Asian populations in central Texas. *The 30th Annual Conference of the Society for Social Work and Research (SSWR)*. Washington, D.C.
- 6 **Chow, C.**, Vohra-Gupta, S., & Petrizzi, L. (2026). Validating a community-based social determinants of health screening tool: A psychometric analysis for policy and practice. *The 30th Annual Conference of the Society for Social Work and Research (SSWR)*. Washington, D.C.
- 5 **Chow C.**, & Park, J. (2025). An intersectional approach to understanding digital health inequalities in the U.S. *St. David's CHPR 23rd Annual Conference*. Austin, TX.
- 4 Onyegesi, O., **Chow C.**, Kennedy, P., & Conway, F. (2025). Feasibility of a mobile resonance frequency breathing intervention for opioid use disorder recovery: Addressing health disparities and promoting disease prevention. *Collaborative Perspectives on Addiction (CPA) Annual Meeting*. Providence, RI.
- 3 Park, J., & **Chow C.** (2025). Immigrant adults' use of telehealth during the COVID-19 pandemic: Findings from the 2020-2021 National Health Interview Survey. *The 29th Annual Conference of the Society for Social Work and Research (SSWR)*. Seattle, WA.

- 2 **Chow C., & Park, J. (2025).** Racial disparities in telehealth utilization and health outcomes among older adults: Evidence from National Health Interview Survey (NHIS). *The 29th Annual Conference of the Society for Social Work and Research (SSWR)*. Seattle, WA.
- 1 **Chow C. (2025).** Unveiling the patterns and drivers of immigrant health integration policies: A global examination in MIPLEX countries. *The 29th Annual Conference of the Society for Social Work and Research (SSWR)*. Seattle, WA.

Invited Presentations

- 6 **Quality of Life Studies across Diverse Populations**
Office of Equity and Inclusion, City of Austin. September 2025
- 5 **Validating the SDOH screening tool for our community**
People's Community Clinic. July 2025
- 4 **Asian American Quality of Life Study 2025**
Asian American Quality of Life Commission, City of Austin. June 2025
- 3 **Health Assessment on Asian Community in Austin, Texas**
Asian American Quality of Life Commission, City of Austin. November 2024
- 2 **Fostering Political Capital: NGOs and Immigrant Political Incorporation**
A Community of Humanities & Social Sciences, Heidelberg University. October 2022
- 1 **Migration Politics: A Dialogue with Sociology, Politics, and Demography**
Political Readings Series, co-organized by Tsinghua University, Zhejiang University, and Tongji University. July 2022

RESEARCH EXPERIENCE

The University of Texas at Austin	Austin, TX
<i>Cultural Healing through Story, Song, and Symbol</i>	10/2025 – Present
Principal Investigator	

- Design and launch a community-engaged study to examine culturally grounded healing practices and behavioral health outcomes among Asian communities.
- Secure competitive funding and develop project budget, timeline, and deliverables.
- Partner with community organizations to ensure cultural and contextual relevance.
- Lead qualitative data collection and analysis to document arts-based strategies for emotional and behavioral well-being.

<i>Digital Health Literacy and Utilization</i>	03/2025 – Present
Principal Investigator, Co-PI: Hannah Kim (Communication)	

- Secure funding and lead full-cycle research project from conception to dissemination.
- Design study framework, instruments, and sampling strategy tailored to digital health.
- Conduct targeted focus groups assessing technology adoption, barriers, and facilitators.
- Direct data analysis to inform culturally responsive digital health interventions.

Asian Health Assessment

01/2025 – Present

Research Coordinator & Project Manager, PI: Dr. Shetal Vohra-Gupta

- Design research protocol and coordinated with multicultural research team.
- Built and sustained partnerships with community organizations to ensure cultural relevance.
- Oversaw focus group facilitation, survey deployment, data management, and analysis.
- Managed evaluation, reporting, and dissemination to academic and community audiences.

Latino Well-Being Study

10/2024 – 08/2025

Research Assistant, PI: Dr. Miguel Pinedo (Health Education & Kinesiology)

- Coordinated national survey data collection and quality control for a Latino well-being study.
- Conducted data cleaning, management, and preliminary statistical analyses.
- Examined relationships between immigration policy contexts and long-term well-being.

People's Community Clinic Project

09/2024 – 10/2025

Research Assistant, PI: Dr. Shetal Vohra-Gupta

- Conducted exploratory factor analysis (EFA) and confirmatory factor analysis (CFA).
- Analyzed interview data to identify social and health needs for screening tool development.
- Reviewed relevant literature and prepared working drafts for multiple manuscripts.

Cultural Determinants of Health among Asian Americans

09/2024 – 05/2025

Research Assistant, PI: Dr. Shetal Vohra-Gupta

- Conducted literature review to support a systematic review on cultural determinants of health.
- Supported NIH proposal development and funding applications.
- Performed critical analyses of immigration policy for academic manuscripts.

Health Optimization and Program Engagement (HOPE) Lab

09/2024 – 05/2025

Research Assistant, PI: Dr. Fiona Conway

- Managed and analyzed data for a pilot digital health intervention study, applying quantitative and qualitative methods to assess feasibility and outcomes.
- Oversaw lab operations, coordinated data collection, and maintained project documentation.
- Updated research outputs and disseminated findings through lab communication channels.

The University of Hong Kong (HKU)**Hong Kong*****Immigrant Political Incorporation***

06/2023 – 08/2024

Project Investigator

- Conducted in-depth interviews with NGOs to understand strategic organizational approaches.
- Implemented program evaluations of NGO initiatives concerning immigrants.
- Authored and discussed the resulting research paper at international conferences.

The Integration of International High-skilled Immigrants

04/2022 – 08/2024

Project Investigator

- Conducted interviews and ethnographic research to document experiences of immigrants.
- Collected and analyzed national policy data to examine the macro policy environment.
- Composed and presented research findings at various international conferences.

Child Health and Migrant Parents in South-East Asia (CHEMAPSEA)

11/2020 – 08/2021

Research Assistant, PI: Dr. Lucy Porter Jordan

- Managed and analyzed data for migration and family studies in Southeast Asian countries.
- Assisted in the preparation of grant applications and progress reports.
- Facilitated the preparation of research manuscripts and disseminated research results.

A Sequential Qualitative Study: Social Identity of South Asians

06/2020 – 10/2020

Research Assistant, PI: Dr. Paul Wong

- Compiled over 1,000 articles for literature search and systematic review.
- Conducted focus group discussions with immigrants from South Asian countries.
- Interviewed immigrants to investigate identification and belongingness.

The Chinese University of Hong Kong (CUHK)**Hong Kong*****Genes, Social Environment and Psychoactive Drug Addiction***

08/2018 – 01/2019

Research Assistant, PI: Dr. Hua Sara Zhong

- Conducted 500+ questionnaire surveys and managed data from drug rehabilitation centers.
- Constructed database and analyzed data to explore social determinants and drug use.
- Supported the development of academic articles, reports, and conference presentations.

TEACHING**Teaching Interests****Substantive Courses**

Human Behavior & Social Environment
 Social Policy & Social Welfare
 Social Work with Immigrants & Refugees
 Community Engagement

Methods Courses

Social Work Research Methods
 Statistics for Applied Social Science Research
 Social Policy Analysis
 Computational Social Research Methods

Teaching Assistantships**The University of Texas at Austin*****SW 382 Social Policy Analysis and Social Problems*** (Graduate)

Spring 2025

SW 385 Social Work Research Methods (Graduate)

Spring 2025

SW 313 Social Work Research Methods (Undergraduate)

Spring 2025

The University of Hong Kong***SOWK 6002 Social Policy and Social Administration (Graduate)***

Spring 2024

SOWK 1015 Introduction to Social Work (Undergraduate)

Fall 2022

SOWK 1015 Introduction to Social Work (Undergraduate)

Spring 2022

The Chinese University of Hong Kong***GESH 1010 Orientation and Outreach (Undergraduate)***

Fall 2017

Selected Guest Lectures**9 Policy in Practice: From Global Health Programming to Humanitarian Response in the UN System***School of Social Work, The University of Texas at Austin. November 2025***8 Migration & Development: A Global Perspective***Department of Social Work & Social Administration, The University of Hong Kong. October 2025***7 Systematic Review & Meta-Analysis for Social Work***School of Social Work, The University of Texas at Austin. October 2025***6 Immigration Policy: Causes and Consequences***School of Social Work, The University of Texas at Austin. April 2025***5 Mapping Global Health Integration Policy: Patterns and Drivers***School of Social Work, The University of Texas at Austin. September 2024***4 Migration and Development***Department of Social Work & Social Administration, The University of Hong Kong. February 2024***3 Intermediate Data Analysis: Using Multinomial Regression in Migration Research***Department of Sociology, University of Toronto. August 2023***2 Research Design in Social Science: The Case of Migration in Asia***Zhou Enlai School of Government, Nankai University. April 2023***1 Sociological Theory of Arts and Sociological Analysis***Design School, Central Academy of Fine Arts. April 2022***PROFESSIONAL EXPERIENCE****International Organization for Migration (IOM), UN Migration****Bangkok, Thailand*****Regional Migration Health Support Officer*****02/2024 – 07/2024**

- Assisted health projects in development and humanitarian settings across 40 countries.
- Supported all facets of health programming to eliminate health disparities among migrants.
- Crafted operational guidelines for gender mainstreaming in health programming.
- Fostered strategic alliances with key international and regional entities.

Regional Migration Health Consultant

09/2023 – 01/2024

- Supported a regional project including a policy framework and regional dialogues coordination.
- Contributed to the capacity building of IOM staff and external partners.
- Developed resources on migration health to support knowledge dissemination.

Regional Migration Health Intern

02/2023 – 08/2023

- Collected and systematically analyzed information on migration health across countries.
- Developed quality concept papers, presentations, information sheets, and policy frameworks.
- Conducted donor mapping and market analysis for migrant health and insurance schemes.

The University of Hong Kong (HKU)**Hong Kong*****Fieldwork Coordinator***

11/2020 – 08/2021

- Liaised with immigrant-serving NGOs to facilitate the examination of labor force participation.
- Constructed a database to compare labor force participation among immigrant populations.
- Consolidated labor policies in global cities to advocate policy reforms.

AWARDS, HONORS & FELLOWSHIPS**2025 Stephen Joseph Tripodi Endowed Excellence Scholarship (2025-2026)**

School of Social Work, The University of Texas at Austin

2025 W. Parker Frisbie Outstanding Publication Award

Population Research Center, The University of Texas at Austin

2024 – Graduate School Recruitment Fellowship

2025 The Graduate School, The University of Texas at Austin

2023 APPAM Equity & Inclusion Student Fellowship

Association for Public Policy Analysis and Management (APPAM)

2022 CRCG Conference and Travel Grants

Faculty of Social Sciences, The University of Hong Kong

2021 Research Postgraduate Scholarship (2021-2024)

Graduate School, The University of Hong Kong

2020 Dean's List, Faculty of Social Science

The Chinese University of Hong Kong

2019 Overseas Academic Scholarship

The Chinese University of Hong Kong

2018 Yasumoto International Scholarship

The Chinese University of Hong Kong

- 2017 **Social Service Award**
The Chinese University of Hong Kong
- 2017 **Dean's List, Faculty of Social Science**
The Chinese University of Hong Kong
- 2016 **S.H. Ho College Matriculation Scholarship**
The Chinese University of Hong Kong
- 2016 **Admission Full Scholarship (2016-2020)**
The Chinese University of Hong Kong

Service

Ad Hoc Reviewer: *Acta Psychologica, Administration & Society, American Journal of Community Psychology, Applied Geography, Archives of Public Health, Asian and Pacific Migration Journal, BMC Geriatrics, BMC Health Services Research, BMC Psychology, BMC Public Health, Developmental Psychology, Discover Global Society, Discover Mental Health, F1000 Research, Heliyon, Humanities & Social Sciences Communications, Journal of Comparative Family Studies, Journal of International Migration and Integration, Regional Statistics, Scientific Reports, Social Sciences & Humanities Open, Social Science & Medicine, Studies in Comparative International Development, Translational Issues in Psychological Science.*

PROFESSIONAL MEMBERSHIPS

Student Member	American Public Health Association (APHA) American Psychological Association (APA) American Sociological Association (ASA) Society for Social Work and Research (SSWR)
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