Three-qubit repetition code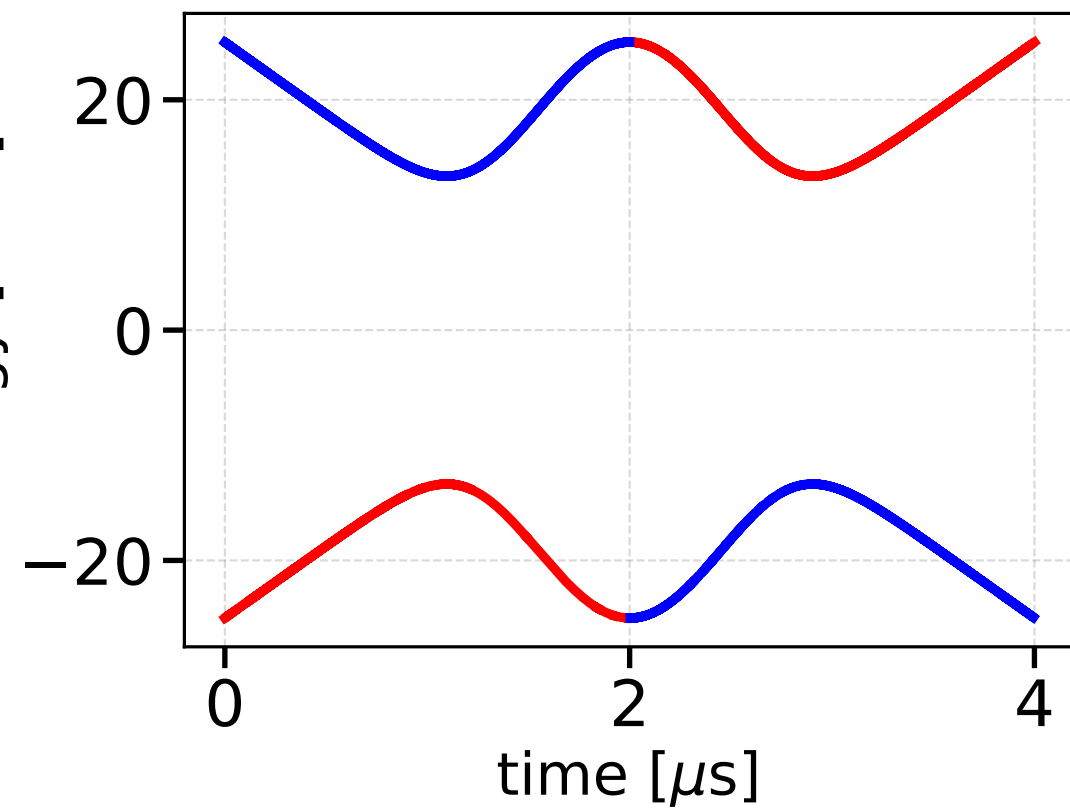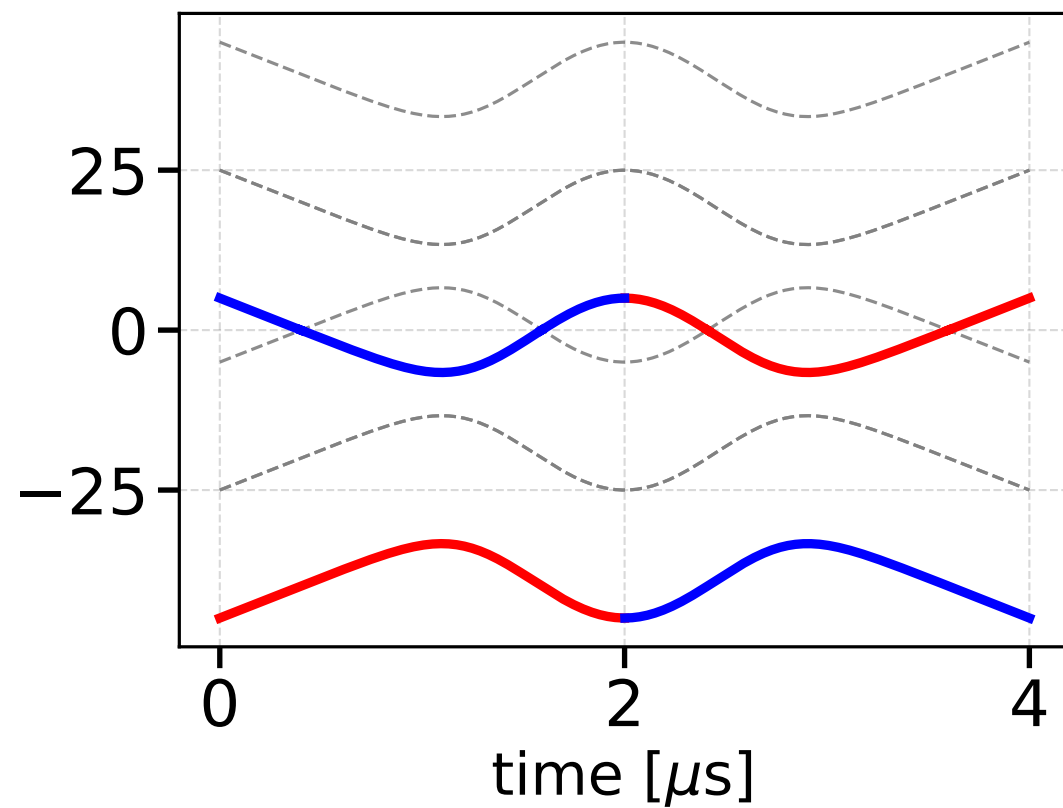 [[3,1,3]]: Energy spectrum with stabilizer penalization