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Table 1.
Descriptive statistics and zero-order correlation between variables

	1.	2.	3.	4.	5.	6.
1. Suppression of positive emotions	-.01	-.04	< .01	-.01	.05	.08
2. Suppression of negative emotions	.23***	-.03	.02	-.08	< .01	.02
3. Subjective social class	-.08	-.13	.22***	.21**	-.08	-.06
4. Objective social class	-.12	-.01	.36***	.44***	-.01	-.05
5. Depressive symptoms	.16*	.14*	-.26***	-.05	.21***	.22***
6. Anxiety symptoms	.17*	.16*	-.26***	-.01	.65***	.29***
<i>Mean (SD)</i>	2.47 (1.45)	4.01 (1.67)	6.24 (1.64)	0 (2.16)	10.5 (8.41)	14.67 (11.52)
Valid <i>N</i>	217	218	218	162	218	218

Below the diagonal line is within-person correlation. On and above the diagonal line are between-person correlation.

Table 2.

Regression coefficients of suppression and subjective social class difference predicting mental health

	Depressive symptoms		Anxiety symptoms	
	β	p	β	p
1. Actor's suppression of positive emotions	.14	.042	.14	.035
2. Actor's suppression of negative emotions	.07	.287	.08	.253
3. Partner's suppression of positive emotions	.07	.330	.08	.225
4. Partner's suppression of negative emotions	< .01	.969	.03	.715
5. Subjective Social class difference	-.13	.041	-.16	.005
6. Interaction of 1. and 5.	-.17	.008	-.15	.021
7. Interaction of 2. and 5.	.02	.730	.09	.173
8. Interaction of 3. and 5.	.09	.184	.04	.488
9. Interaction of 4. and 5.	.01	.940	.01	.923
<i>Simple slopes of actor's suppression of positive emotions</i>				
-1 SD of social class difference	.31	.001	.29	.002
Mean of social class difference	.14	.042	.14	.035
+1 SD of social class difference.	-.03	.720	< - .01	.965

Note. Coefficients are standardized

Table 3.

Regression coefficients of suppression and objective social class difference predicting mental health

	Depressive symptoms		Anxiety symptoms	
	β	p	β	p
1. Actor's suppression of positive emotions	.13	.098	.21	.007
2. Actor's suppression of negative emotions	.02	.759	.03	.672
3. Partner's suppression of positive emotions	.07	.337	.05	.481
4. Partner's suppression of negative emotions	-.06	.421	-.04	.638
5. Objective Social class difference	.03	.35	.01	.706
6. Interaction of 1. and 5.	-.16	< .001	-.12	.003
7. Interaction of 2. and 5.	-.05	.151	< .01	.941
8. Interaction of 3. and 5.	.042	.270	.03	.378
9. Interaction of 4. and 5.	.042	.231	.04	.218
<i>Simple slopes of actor's suppression of positive emotions</i>				
-1 SD of social class difference	.48	< .001	.45	< .001
Mean of social class difference	.13	.098	.21	.007
+1 SD of social class difference.	-.23	.057	-.04	.710

Note. Coefficients are standardized

Supplemental Materials

A. Regression coefficients of the sensitivity analyses

Table A.

Regression coefficients of suppression and subjective social class difference predicting mental health (actor's interaction only)

	Depressive symptoms		Anxiety symptoms	
	β	p	β	p
1. Actor's suppression of positive emotions	.14	.046	.14	.036
2. Actor's suppression of negative emotions	.08	.234	.08	.224
3. Partner's suppression of positive emotions	.06	.353	.08	.233
4. Partner's suppression of negative emotions	< -.01	.986	.03	.701
5. Subjective Social class difference	-.13	.035	-.16	.005
6. Interaction of 1. and 5.	-.16	.013	-.13	.027
7. Interaction of 2. and 5.	.03	.591	.094	.109
<i>Simple slopes of actor's suppression of positive emotions</i>				
-1 SD of social class difference	.30	.002	.27	.003
Mean of social class difference	.14	.046	.14	.036
+1 SD of social class difference.	-.02	.808	.01	.934

Note. Coefficients are standardized

Table B.

Regression coefficients of suppression and objective social class difference predicting mental health (actor's interaction only)

	Depressive symptoms		Anxiety symptoms	
	β	p	β	p
1. Actor's suppression of positive emotions	.12	.109	.20	.008
2. Actor's suppression of negative emotions	.04	.594	.05	.530
3. Partner's suppression of positive emotions	.09	.252	.06	.395
4. Partner's suppression of negative emotions	-.05	.561	-.02	.786
5. Subjective Social class difference	-.04	.225	.02	.559
6. Interaction of 1. and 5.	-.14	< .001	-.01	.005
7. Interaction of 2. and 5.	-.04	.26	.02	.619
<i>Simple slopes of actor's suppression of positive emotions</i>				
-1 SD of social class difference	.43	< .001	.41	< .001
Mean of social class difference	.12	.109	.20	.008
+1 SD of social class difference.	-.19	.104	< - .01	.977

Note. Coefficients are standardized

Table C.

Regression coefficients of suppression and subjective social class difference predicting mental health, controlling for age and gender

	Depressive symptoms		Anxiety symptoms	
	β	p	β	p
1. Actor's suppression of positive emotions	.17	.011	.14	.037
2. Actor's suppression of negative emotions	.10	.118	.09	.199
3. Partner's suppression of positive emotions	.13	.046	.11	.114
4. Partner's suppression of negative emotions	-.01	.902	.03	.634
5. Subjective Social class difference	-.06	.355	-.11	.068
6. Interaction of 1. and 5.	-.13	.074	-.07	.319
7. Interaction of 2. and 5.	.02	.801	.08	.248
8. Interaction of 3. and 5.	.08	.287	.02	.774
9. Interaction of 4. and 5.	.04	.541	.06	.403
10. Actor's age	.08	.483	.14	.204
11. Actor's gender (1 = Male)	.02	.155	.37	.011
12. Partner's age	.02	.837	.04	.747
13. Partner's gender (1 = Male)	.38	.008	.25	.081
<i>Simple slopes of actor's suppression of positive emotions</i>				
-1 SD of social class difference	.29	.003	.21	.038
Mean of social class difference	.17	.011	.14	.037
+1 SD of social class difference.	.04	.624	.07	.457

Note. Coefficients are standardized

Table D.

Regression coefficients of suppression and subjective social class difference predicting mental health, controlling for age as a covariate and gender as a moderator

	Depressive symptoms		Anxiety symptoms	
	β	p	β	p
1. Actor's suppression of positive emotions	.16	.022	.19	.013
2. Actor's suppression of negative emotions	.07	.319	.08	.333
3. Partner's suppression of positive emotions	.15	.042	.07	.394
4. Partner's suppression of negative emotions	-.06	.393	-.02	.790
5. Objective Social class difference	.01	.862	.01	.839
6. Interaction of 1. and 5.	-.10	.007	-.06	.183
7. Interaction of 2. and 5.	-.02	.559	.04	.286
8. Interaction of 3. and 5.	.035	.361	.01	.875
9. Interaction of 4. and 5.	.07	.040	.05	.153
10. Actor's age	.05	.681	.11	.338
11. Actor's gender (1 = Male)	.15	.316	.33	.043
12. Partner's age	.04	.756	.11	.354
13. Partner's gender (1 = Male)	.35	.02	.14	.388
<i>Simple slopes of actor's suppression of positive emotions</i>				
-1 SD of social class difference	.38	< .001	.31	.008
Mean of social class difference	.16	.022	.19	.013
+1 SD of social class difference.	-.05	.623	.07	.539

Note. Coefficients are standardized

Table E.

Regression coefficients of ERQ-Suppression and subjective social class difference predicting mental health

	Depressive symptoms		Anxiety symptoms	
	β	p	β	P
1. Actor's expressive suppression	.18	.009	.12	.079
2. Partner's expressive suppression	.07	.327	.09	.190
3. Subjective Social class difference	-.12	.050	-.16	.007
4. Interaction of 1. and 3.	-.11	.082	.01	.825
5. Interaction of 2. and 3.	.06	.385	.01	.886
<i>Simple slopes of actor's expressive suppression</i>				
-1 SD of social class difference	.29	.002	.11	.267
Mean of social class difference	.08	.009	.12	.079
+1 SD of social class difference.	.06	.486	.13	.154

Note. Coefficients are standardized

Table F.

Regression coefficients of ERQ-Suppression and objective social class difference predicting mental health

	Depressive symptoms		Anxiety symptoms	
	β	p	β	p
1. Actor's expressive suppression	.17	.038	.13	.112
2. Partner's expressive suppression	.06	.451	.06	.456
3. Objective Social class difference	.02	.551	< .01	.964
4. Interaction of 1. and 3.	-.13	.002	-.06	.187
5. Interaction of 2. and 3.	.07	.106	.03	.436
<i>Simple slopes of actor's expressive suppression</i>				
-1 SD of social class difference	.45	< .001	.25	.025
Mean of social class difference	.17	.038	.13	.112
+1 SD of social class difference.	-.12	.359	.01	.954

Note. Coefficients are standardized

Table G.

Regression coefficients of ERQ-Reappraisal and subjective social class difference predicting mental health

	Depressive symptoms		Anxiety symptoms	
	β	p	β	P
1. Actor's reappraisal	-.41	< .001	-.23	.001
2. Partner's reappraisal	-.12	.064	-.11	.103
3. Subjective Social class difference	-.10	.080	-.15	.010
4. Interaction of 1. and 3.	.03	.572	.01	.919
5. Interaction of 2. and 3.	.02	.719	-.04	.564

Note. Coefficients are standardized

Table H.
Regression coefficients of ERQ-Reappraisal and objective social class difference predicting mental health

	Depressive symptoms		Anxiety symptoms	
	β	p	β	P
1. Actor's reappraisal	-.41	< .001	-.20	.009
2. Partner's reappraisal	-.11	.136	-.09	.251
3. Objective Social class difference	.01	.842	< -.01	.970
4. Interaction of 1. and 3.	.02	.477	.07	.043
5. Interaction of 2. and 3.	.06	.069	.01	.847
<i>Simple slopes of ...</i>	<i>partner's reappraisal</i>		<i>actor's reappraisal</i>	
-1 SD of social class difference	-.24	.019	-.35	.001
Mean of social class difference	-.11	.136	-.20	.009
+1 SD of social class difference.	.02	.840	-.05	.607

Note. Coefficients are standardized

Table I.

Regression coefficients of suppression and within-sample social class predicting mental health

	Depressive symptoms		Anxiety symptoms	
	β	p	β	p
1. Actor's suppression of positive emotions	.13	.058	.13	.043
2. Actor's suppression of negative emotions	.076	.264	.09	.180
3. Partner's suppression of positive emotions	.06	.417	.08	.218
4. Partner's suppression of negative emotions	< .01	.947	.02	.747
5. Actor's subjective social class	-.24	< .001	-.24	< .001
6. Interaction of 1. and 5.	-.11	.104	.13	.044
7. Interaction of 2. and 5.	.04	.516	.02	.754
<i>Simple slopes of actor's suppression of positive emotions</i>				
-1 SD of subjective social class	.24	.015	.27	.005
Mean of subjective social class	.13	.058	.13	.043
+1 SD of subjective social class	.02	.87	< .01	.999

Note. Coefficients are standardized

Table J.

Regression coefficients of suppression and within-sample social class predicting mental health

	Depressive symptoms		Anxiety symptoms	
	β	p	β	p
1. Actor's suppression of positive emotions	.11	.110	.11	.111
2. Actor's suppression of negative emotions	.10	.156	.11	.105
3. Partner's suppression of positive emotions	.07	.0340	.09	.189
4. Partner's suppression of negative emotions	-.02	.772	-.01	.892
5. Actor's objective social class	-.03	.700	-.05	.447
6. Interaction of 1. and 5.	-.15	.030	-.17	.010
7. Interaction of 2. and 5.	.04	.600	< .01	.954
<i>Simple slopes of actor's suppression of positive emotions</i>				
-1 SD of objective social class	.27	.004	.28	.002
Mean of objective social class	.11	.105	.11	.106
+1 SD of objective social class	-.04	.723	-.06	.547

Note. Coefficients are standardized