

Overview of Nuclear Forces

Brief history

- first quantitative approach: Yukawa (1935)
 - $1/\pi$ -exchange correctly describes long-range part
- later: multi-pion exchange, boson-exchange models
 - idea: shorter range parts of nuclear forces involve exchange of "heavier particles"
 - multiple pions?
 - ρ, σ^{***} meson?

Problems: How to tell heavy mesons apart from multiple lighter mesons?

Masses and couplings unknown,
fit to data

Accuracy still lacking, no consistent fundamental description

- 1960s - 1970s: QCD

⇒ fundamental theory of strong interactions
based on quarks and gluons

→ two approaches emerged in 1980s

1) QCD-like models

- idea: account for quark substructure of nucleons using models based on quarks
- problem: no fundamental QCD simulation possible, crude models with weak or no connection to QCD

2) High-precision phenomenological parametrizations

- idea: nucleons are right effective degrees of freedom, need to understand effective interactions

(like van der Waals interactions btw atoms)

- challenge: parametrization assumed,
no way to connect to QCD

- modern approach (1995+):

- nucleons are "efficient" low-resolution degrees of freedom
- can connect to QCD through effective field theories of QCD

Epelbaum, Hammer, Meißner, RMP (2009)

Machleidt, Entem, Phys. Rep. (2011)

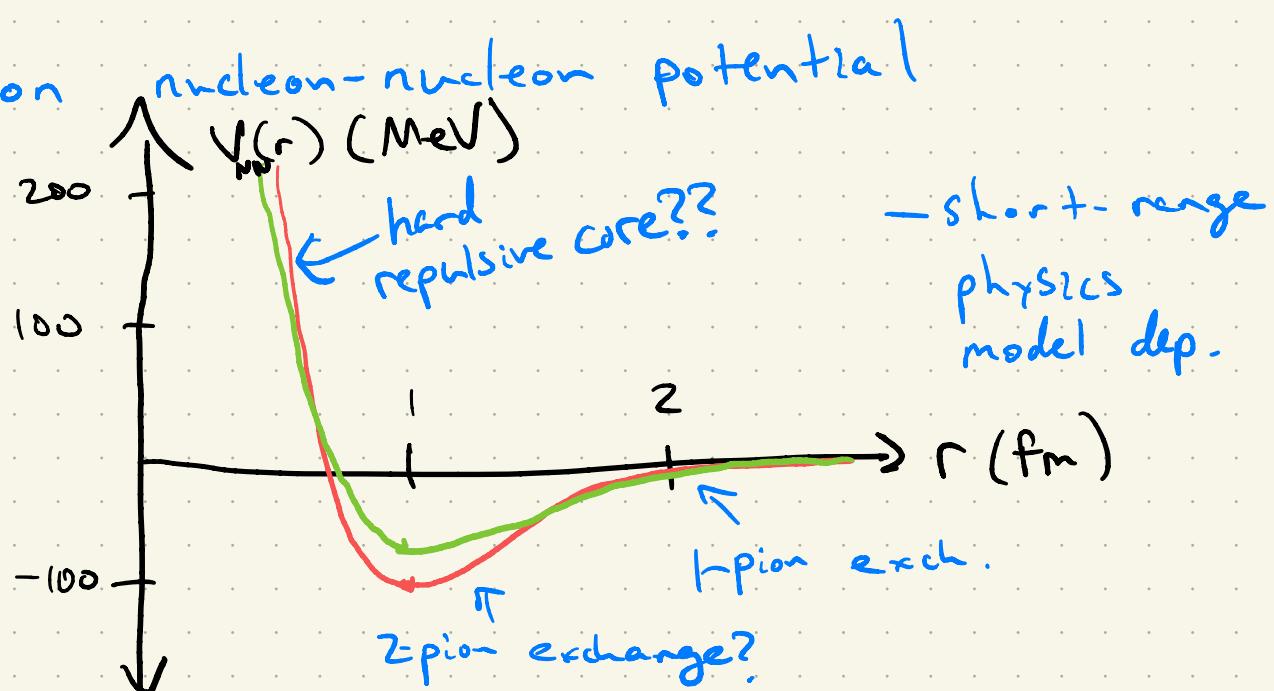
Hammer, König, van Kolck, RMP (2025)

- can match to simulations of QCD to make true fundamental connection

⇒ union of both past approaches

Phenomenology of nuclear forces

Cartoon nucleon-nucleon potential



- common assumption: V_{NN} should be local
 - only function at $|r_1 - r_2| = r$
 - no change r (incoming) vs r' (outgoing)

Q: Is this assumption reasonable?

Local Schrödinger equation:

$$\frac{-\hbar^2 \nabla^2}{2\mu} \psi(r) + V(r)\psi(r) = E\psi(r)$$

Nonlocal version:

$$\frac{-\hbar^2 \nabla^2}{2\mu} \psi(r) + \int d^3r' V(r, r') \psi(r') = E\psi(r)$$

- Local makes sense for long-range interactions
- but at short-distances, nuclei appear composite ("we see the structure of the nucleon")
 - so interactions do not have to be local
 - "short distance nuclear interactions are fuzzy"

→ Form of V_{NN} may be constrained by
 symmetries of nature and QCD
 see Okubo, Marshak, Ann. Phys. (1968)

nature → rotational invariance
 e.g.

QCD → isospin charge symmetry (approx.)
 e.g.

General form (ignoring isospin):

central parts:

$$V_1(\vec{r}, \vec{p}) \leftarrow V_0(\vec{r}, \vec{p}) \vec{\sigma}_1 \cdot \vec{\sigma}_2$$

$$(\vec{r} = \vec{r}_1 - \vec{r}_2, \vec{p} = \vec{p}_1 - \vec{p}_2)$$

vector parts:

$$V_{LS}(\vec{r}, \vec{p}) \vec{L} \cdot \vec{S}$$

tensor parts:

$$V_T(\vec{r}, \vec{p}) S_{12}(\hat{r})$$

$$(S_{12}(\hat{r}) = \hat{r} \cdot \vec{\sigma}_1 \hat{r} \cdot \vec{\sigma}_2 - \frac{1}{3} \vec{\sigma}_1 \cdot \vec{\sigma}_2)$$

Nonlocality in dependence on \vec{p} and in
 spin-orbit $\vec{L} \cdot \vec{S}$ and spin tensor $S_{12}(\hat{r})$ operators

Effective theories for nuclear forces

- want low-energy effective theory
- cut off high-energy physics
→ need to replace with something
- consider $V_{NN}(p, p') = \cancel{X}$

Lippmann-Schwinger equation for V_{NN}

$$\cancel{X} = \cancel{X} + \text{Diagram with green loop} + \dots$$

integral over
momentum q



low q

= low-res. physics

→ keep

high q

looks short-range
interaction

→ replace with
new short-range
interaction

→ if we do this right
(requires renormalization, fitting to data)
the observable NN scattering
description does not change

⇒ New equivalent low-res. potential
⇒ No longer have to care about high-
energy physics

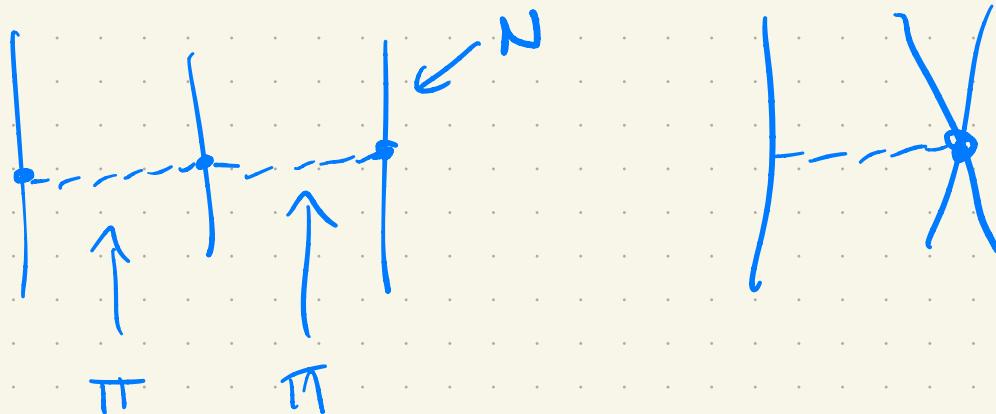
Three-nucleon forces

- nucleons are composite particles
- three-body forces are a natural occurrence in such cases
- analogy: tidal forces for Earth, moon, sun
 - moon-Earth interaction affects structure of Earth (tides)
 - treating Earth, moon, sun as points requires three-body tidal forces

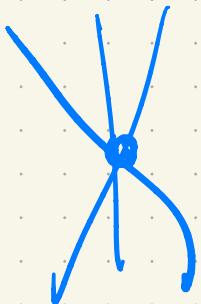
→ three-nucleon forces are necessary

- long-range parts

e.g.



- short-range interaction



→ We will investigate impact of
3N forces in nuclei