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<https://github.com/cheshyre/nptls-hf>

# Hartree-Fock calculations of nuclei

*Nuclear Physics Turtle Lecture Series 2025:  
Ab initio Hartree-Fock calculations of nuclei*

Lecture 4

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# Recap

- We have some  $V_{NN}$ ,  $V_{3N}$
- We know how to solve Hartree-Fock to optimize our basis
  - Iteratively build density matrix, build Fock operator, and diagonalize
- We need to identify a suitable starting basis that is convenient for nuclear structure

# Main messages

- Harmonic oscillator is a **convenient starting point** for nuclear structure
- Standard ordering of levels (Bohr-Mottelson) to identify trial state  $|\Phi_{\text{trial}}\rangle$
- Nuclear  $A$ -body Hamiltonian has a few complications
  - Notably: Subtraction of **center of mass**
- Finite basis size can lead to shortcomings
  - Need to test basis truncation and frequency  $\hbar\omega$

# HF for nuclei on whiteboard

# Summary

- **Hartree-Fock for nuclei is same as before**
- Choose basis of **HO states**:  $|p\rangle = |n(ls)jm_jm_t\rangle$ 
  - Energy ordering of states given by HO with spin-orbit splitting
  - **Test effect of finite basis size** by increasing truncation and varying  $\hbar\omega$
- Many-body Hamiltonian needs to have **center of mass removed**
  - $H = T - T_{\text{CM}} + V_{NN} + V_{3N}$