

# DualOptim: Enhancing Efficacy and Stability in Machine Unlearning with Dual Optimizers

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## Challenges in Current MU Methods

The optimization problem of MU is defined as:

$$\min_{\theta} \mathcal{L}_f(\theta) + \mathcal{L}_r(\theta), \quad (1)$$

where  $\mathcal{L}_f$  and  $\mathcal{L}_r$  are the loss functions for forget set and retain set, respectively.

Existing methods may **(1)** jointly minimize  $\mathcal{L}_f$  and  $\mathcal{L}_r$ ; **(2)** alternately minimize  $\mathcal{L}_f$  and  $\mathcal{L}_r$ . However, they suffer from either **suboptimal performance** or **large performance variance**.

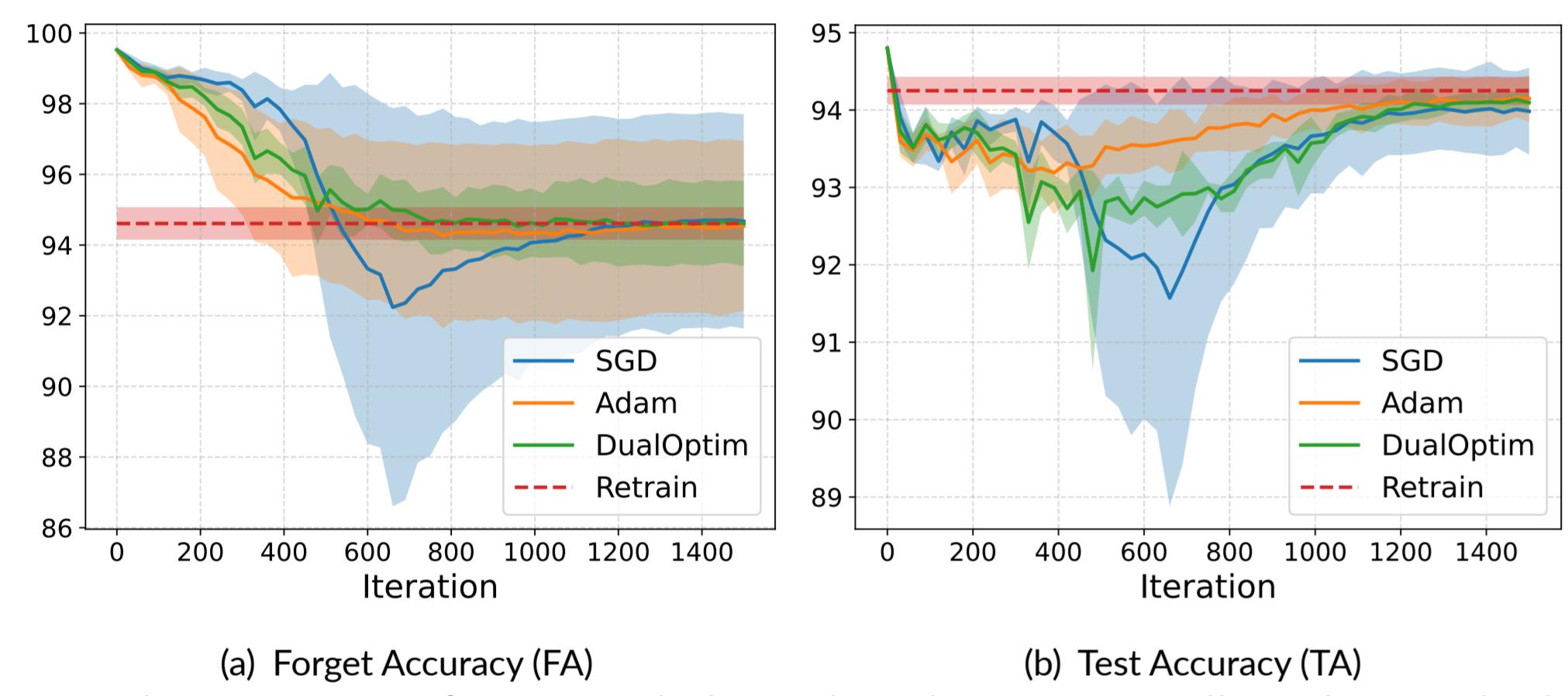


Figure 1. The average performance during unlearning process. All results are obtained from unlearning 10% random subset of CIFAR-10 by SFRon on ResNet-18. The shadow indicates the standard deviation across 5 trials with different random forget sets.

## Recipe 1: Adaptive Learning Rate

**Observation 1:** the gradient magnitudes vary a lot during unlearning.

**Observation 2:** there is a big discrepancy between the gradients on  $\mathcal{L}_f$  and the ones on  $\mathcal{L}_r$ .

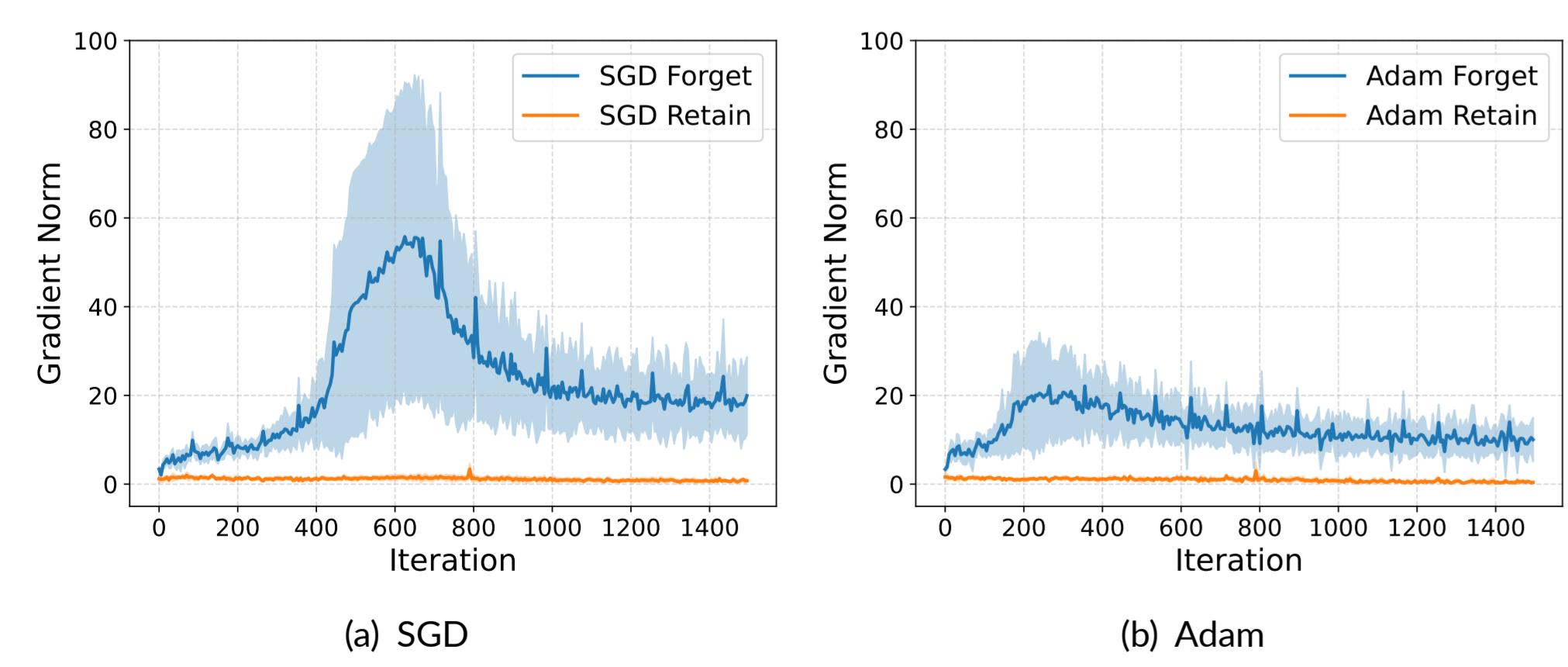


Figure 2. Gradient norms on  $\mathcal{L}_f$  and  $\mathcal{L}_r$ . Left: SGD; Right: Adam.

Both observations indicate challenges when using a unified learning rate, which is the case of optimizers like SGD. **We need to adaptively adjust the learning rate.**

## Recipe 2: Decoupled Momentum

**Observation:** the optimization dynamics on minimizing  $\mathcal{L}_f$  is different from minimizing  $\mathcal{L}_r$ . Mixing the statistics during optimizing on both sides may cause unstable performance.

**Solution:** we introduce **decoupled momentum states** for  $\mathcal{L}_f$  and  $\mathcal{L}_r$  to further enhance stability.

$$\begin{aligned} \text{(Shared)} & \begin{cases} \mathbf{m}_{f,t}^S = \alpha \mathbf{m}_{f,t-1}^S + \hat{\mathbf{g}}_{f,t}^S, & \theta_{f,t}^S = \theta_{r,t-1}^S - \eta \mathbf{m}_{f,t}^S \\ \mathbf{m}_{r,t}^S = \alpha \mathbf{m}_{r,t-1}^S + \hat{\mathbf{g}}_{r,t}^S, & \theta_{r,t}^S = \theta_{f,t-1}^S - \eta \mathbf{m}_{r,t}^S \end{cases} \\ \text{(Decoupled)} & \begin{cases} \mathbf{m}_{f,t}^D = \alpha \mathbf{m}_{f,t-1}^D + \hat{\mathbf{g}}_{f,t}^D, & \theta_{f,t}^D = \theta_{r,t-1}^D - \eta \mathbf{m}_{f,t}^D \\ \mathbf{m}_{r,t}^D = \alpha \mathbf{m}_{r,t-1}^D + \hat{\mathbf{g}}_{r,t}^D, & \theta_{r,t}^D = \theta_{f,t-1}^D - \eta \mathbf{m}_{r,t}^D \end{cases} \end{aligned} \quad (2)$$

**Lemma 1 (Variance of Gradients)** If the loss function  $\mathcal{L}$  is Lipschitz smooth with a constant  $L$ , and  $\text{Var}(\theta) \leq \sigma_\theta^2$ , then we have  $\text{Var}(\nabla_\theta \mathcal{L}(\theta)) \leq L^2 \sigma_\theta^2$ .

**Theorem 2 (Variance Bound Comparison for Decoupled vs. Shared Momentum)** For the shared and decoupled schemes using the same hyperparameters  $(\eta, \alpha)$ , and we use  $\overline{\text{Var}}(\cdot)$  to denote the maximum variance of a variable. Then,

$$\forall t, \overline{\text{Var}}(\theta_{f,t}^D) \leq \overline{\text{Var}}(\theta_{f,t}^S), \quad \overline{\text{Var}}(\theta_{r,t}^D) \leq \overline{\text{Var}}(\theta_{r,t}^S), \quad (3)$$

## DualOptim

Based on alternating scheme, we use **two independent optimizers** to minimize  $\mathcal{L}_f$  and  $\mathcal{L}_r$ , respectively.

**Algorithm 1** Machine Unlearning with Shared Optimizer / Dual Optimizers

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1: Input: Model:  $f_\theta$ ; Forget set:  $\mathcal{D}_f$ ; Retain set:  $\mathcal{D}_r$ ; Iterations for outer loop:  $T_o$ ;
   Iterations for forgetting:  $T_f$ ; Iterations for retaining:  $T_r$ ; Step sizes:  $\eta, \eta_f, \eta_r$ .
2: Optim is the same optimizer as in pretraining with step size  $\eta$ .
   Optimf is Adam( $\theta, \eta_f$ ), Optimr is the same as in pretraining with step size  $\eta_r$ .
3: for  $t = 1, \dots, T_o$  do
4:   for  $t' = 1, \dots, T_f$  do
5:     Fetch mini-batch data from the forget set  $B_f \sim \mathcal{D}_f$ 
6:     Calculate the forget loss  $\mathcal{L}_f$  on  $B_f$  and get the gradient
7:     Use Optim / Optimf to update  $\theta$ 
8:   end for
9:   for  $t' = 1, \dots, T_r$  do
10:    Fetch mini-batch data from the retain set  $B_r \sim \mathcal{D}_r$ 
11:    Calculate the retain loss  $\mathcal{L}_r$  on  $B_r$  and get the gradient
12:    Use Optim / Optimr to update  $\theta$ 
13:  end for
14: end for
15: Output: Model  $f_\theta$ 

```

## Experiments

Table 1. Performance of MU methods for image classification. Experiments are conducted on 10% random subset of **CIFAR-10** using **ResNet-18**.

Method	FA	RA	TA	MIA	Gap ↓	Std ↓
RT	$94.61 \pm 0.46$ (0.00)	$100.00 \pm 0.00$ (0.00)	$94.25 \pm 0.18$ (0.00)	$76.26 \pm 0.54$ (0.00)	0.00	0.30
SCRUB	$92.88 \pm 0.25$ (1.73)	$99.62 \pm 0.10$ (0.38)	$93.54 \pm 0.22$ (0.71)	$82.78 \pm 0.86$ (6.52)	2.33	0.36
+DualOptim	$94.90 \pm 0.42$ (0.29)	$99.52 \pm 0.09$ (0.48)	$93.50 \pm 0.20$ (0.75)	$78.26 \pm 0.79$ (2.00)	0.88	0.38
SalUn	$96.99 \pm 0.31$ (2.38)	$99.40 \pm 0.28$ (0.60)	$93.84 \pm 0.36$ (0.41)	$65.76 \pm 1.05$ (10.50)	3.47	0.50
+DualOptim	$95.47 \pm 0.22$ (0.86)	$99.06 \pm 0.94$ (0.60)	$92.47 \pm 0.29$ (1.78)	$76.14 \pm 0.70$ (0.12)	0.93	0.35
SFRon	$94.67 \pm 3.03$ (0.06)	$99.83 \pm 0.13$ (0.17)	$93.98 \pm 0.56$ (0.27)	$77.80 \pm 5.61$ (1.54)	0.51	2.33
+DualOptim	$94.69 \pm 1.13$ (0.08)	$99.92 \pm 0.01$ (0.08)	$94.11 \pm 0.11$ (0.14)	$77.77 \pm 1.39$ (1.51)	0.44	0.66

Table 2. Class-wise unlearning performance on **ImageNet** with **DiT**.

Method	ImageNet Class-wise Unlearning									
	Cockatoo		Golden Retriever		White Wolf		Arctic Fox		Otter	
	FA ↓	FID ↓	FA ↓	FID ↓	FA ↓	FID ↓	FA ↓	FID ↓	FA ↓	FID ↓
SA	<b>0.00</b>	348.75	<b>0.00</b>	298.97	<b>0.00</b>	45.89	<b>0.00</b>	393.91	29.8	321.21
SalUn	91.21	18.47	46.09	25.28	<b>0.00</b>	15.16	45.90	408.07	87.5	19.69
SFRon	<b>0.00</b>	<b>13.59</b>	<b>0.00</b>	17.76	<b>0.00</b>	23.28	<b>0.00</b>	16.12	<b>0.00</b>	16.43
+DO	<b>0.00</b>	17.46	<b>0.00</b>	<b>14.63</b>	<b>0.00</b>	<b>14.72</b>	<b>0.00</b>	<b>14.91</b>	<b>0.00</b>	<b>14.55</b>

Table 3. Performance comparison of different MU methods on TOFU-finetuned **Phi-1.5**.

Method	Phi-1.5								
	forget 1% data			forget 5% data			forget 10% data		
	MC ↑	FE ↑	Avg. ↑	MC ↑	FE ↑	Avg. ↑	MC ↑	FE ↑	Avg. ↑
GA+GD	0.4934	0.4493	0.4714	0.4360	0.5084	0.4722	0.4471	0.5246	0.4859
NPO+GD	0.2569	0.5682	0.4125	0.4940	0.4469	0.4705	0.4808	0.4382	0.4595
ME+GD	<b>0.4944</b>	0.3938	0.4441	0.4559	0.4480	0.4520	0.4594	0.4564	0.4579
+DO	0.4866	<b>0.6913</b>	<b>0.5889</b>	<b>0.4676</b>	<b>0.8200</b>	<b>0.6438</b>	<b>0.5009</b>	<b>0.7732</b>	<b>0.6370</b>
DPO+GD	0.2410	0.6831	0.4621	0.4105	0.6334	0.5219	0.3517	0.6302	0.4910
IDK+AP	<b>0.4403</b>	0.5723	0.5063	<b>0.4800</b>	0.5112	0.4956	<b>0.4614</b>	0.6003	0.5308
+DO	0.4221	<b>0.7037</b>	<b>0.5629</b>	0.4633	<b>0.6974</b>	<b>0.5804</b>	0.4422	<b>0.7193</b>	<b>0.5807</b>

## Takeaway Messages

1. We introduce **DualOptim**, featuring an adaptive learning rate and decoupled momentum, to empower MU methods.
2. **Empirical and theoretical analyses** demonstrates DualOptim's contribution to improving unlearning performance and stability.
3. Comprehensive experiments are conducted across diverse scenarios, e.g., **image classification**, **image generation**, and **LLMs**.

