

Tobacco Module

SUPPLEMENT 1

This section contains questions about tobacco use, attitudes, and your experiences with tobacco education at school.

- X1.** Have you ever smoked cigarettes daily, that is, at least one cigarette every day for **30 days**?
- A) No
 - B) Yes
- X2.** Did you ever smoke to control your weight?
- A) No
 - B) Yes
- X3.** During the past **30 days**, on the days you smoked, how many cigarettes did you smoke per day?
- | | |
|---|------------------------------------|
| A) I did not smoke cigarettes during the past 30 days | D) 2 to 5 cigarettes per day |
| B) Less than 1 cigarette per day | E) 6 to 10 cigarettes per day |
| C) 1 cigarette per day | F) 11 to 20 cigarettes per day |
| | G) More than 20 cigarettes per day |
- X4.** Have you smoked 100 cigarettes in your life?
- A) No
 - B) Yes
- X5.** If you smoked cigarettes during the past **30 days**, how did you usually get them? (*Select Only One Response.*)
- | | |
|---|---|
| A) I did not smoke cigarettes in the past 30 days. | E) I borrowed (or bummed) them from someone else. |
| B) I bought them in a store such as a convenience store, supermarket, or gas station. | F) I took them from a store or family member. |
| C) I bought them from a vending machine. | G) A friend gave them to me. |
| D) I gave someone else money to buy them for me. | H) A person 18 years or older gave them to me. |
| | I) Other people gave them to me. |
| | J) I got them some other way. |
- X6.** During the past **30 days**, on how many days did you smoke any cigars, cigarillos, or little cigars (Swishers™, Black&Mild™, or Prime Times™)?
- | | |
|----------------|------------------|
| A) 0 days | D) 6 to 9 days |
| B) 1 to 2 days | E) 10 to 19 days |
| C) 3 to 5 days | F) 20 to 30 days |

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- X7.** If you now smoke cigarettes, would you like to quit smoking?
- A) I don't smoke cigarettes; does not apply
 - B) No
 - C) Yes
- X8.** If you are currently using tobacco, how likely are you to try to quit?
- A) I don't use tobacco; does not apply
 - B) Definitely will
 - C) Probably will
 - D) May or may not
 - E) Probably will not
 - F) Definitely will not
- X9.** How many times have you tried to quit smoking cigarettes?
- A) I don't smoke cigarettes; does not apply
 - B) 0 times
 - C) 1 time
 - D) 2 to 3 times
 - E) 4 or more times
- X10.** How much control do you have over whether you quit using tobacco?
- A) I don't use tobacco; does not apply
 - B) No control at all
 - C) A little control
 - D) Medium control
 - E) A lot of control
 - F) Total control

*If you used tobacco during the past **12 months**, did you do any of the following things at school to get help to quit using?*

	I Did Not Use Tobacco	No	Yes
X11. Go to a special group or class	A	B	C
X12. Talk to an adult at your school about how to quit	A	B	C
X13. Talk to a peer helper about how to quit	A	B	C
X14. How hard would it be for you to refuse or say "no" to a friend who offered you a cigarette to smoke?			
A) Very hard			
B) Hard			
C) Easy			
D) Very easy			

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During the past **12 months**, did you do any of these things at school?

		No	Yes	Not Sure
X15.	Have lessons about tobacco and its effects on the body	A	B	C
X16.	Practice different ways to refuse or say “no” to tobacco offers	A	B	C
X17.	How likely do you think it is that you will smoke one or more cigarettes in the next year?			
	A) I am sure it will not happen			
	B) It probably will not happen			
	C) There is an even chance (50–50) that it will happen			
	D) It probably will happen			
	E) It will happen for sure			
X18.	About how many adults you know smoke cigarettes?			
	A) None of them			
	B) Some			
	C) Many			
	D) Most or all			

Please indicate whether or not you agree with the following statements.

		Very Much Agree	Agree	Disagree	Very Much Disagree
X19.	Smoking makes kids look grown up.	A	B	C	D
X20.	Smoking makes your teeth yellow.	A	B	C	D
X21.	Smoking is cool.	A	B	C	D
X22.	Smoking makes you smell bad.	A	B	C	D
X23.	Smoking helps you make friends.	A	B	C	D
X24.	Smoking is bad for your health.	A	B	C	D
X25.	Smoking helps you relax.	A	B	C	D
X26.	Smoking helps control your weight.	A	B	C	D
X27.	How do you feel about someone your age smoking one or more packs of cigarettes a day?				
	A) Neither approve nor disapprove				
	B) Somewhat disapprove				
	C) Strongly disapprove				
X28.	How do you think your close friends would feel about you smoking one or more packs of cigarettes a day?				
	A) Neither approve nor disapprove				
	B) Somewhat disapprove				
	C) Strongly disapprove				

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- X29.** During the past **12 months**, have you talked with at least one of your parents or guardians about the dangers of tobacco use?
- A) No
 - B) Yes
- X30.** During the past **12 months**, how many times did you see someone smoking tobacco in a movie you watched?
- A) 0 times
 - B) 1 time
 - C) 2 times
 - D) 3 times
 - E) 4-6 times
 - F) 7 or more times
- X31.** Think about a group of 100 students (about three classrooms) in your grade. About how many students do you think smoke cigarettes at least **once a month**?
- A) 0
 - B) 10
 - C) 20
 - D) 30
 - E) 40
 - F) 50
 - G) 60
 - H) 70
 - I) 80
 - J) 90
 - K) 100
- X32.** Have you ever used an e-cigarette or vaping device to consume any of the following? (*Mark All That Apply.*)
- A) I've never used an e-cigarette or vaping device.
 - B) Nicotine or tobacco substitute
 - C) Marijuana or THC
 - D) Amphetamines, cocaine, or heroin
 - E) Alcohol
 - F) A flavored product without nicotine, alcohol, or other drug
 - G) Any other product or substance