## Supplemental Health Module

## **SUPPLEMENT 1**

72.	Do you think you are too skinny, about right, or too fat?	
	A)	Too skinny
	B)	About right
	C)	Too fat
73.	Are you doing anything to try to lose weight?	
	A)	No
	B)	Yes
74.	How many days each week do you exercise, dance, or play sports?	
	A)	0 days
	B)	1 day
	C)	2 days
	D)	3 days
	E)	4 days
	F)	5 days
	G)	6 or 7 days
75.	When <u>not</u> exercising, do you ever have trouble breathing (for example, shortness of	
	breath, wheezing, or a sense of tightness in your chest)?	
	A)	No
	B)	Yes
76.	Has a parent or some other adult ever told you that you have asthma?	
	A)	No
	B)	Yes

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- 77. Yesterday, how much time did you spend watching TV or playing video games?
  - A) None, I didn't watch TV yesterday
  - B) Less than 1 hour
  - C) About 1 hour
  - D) About 2 hours
  - E) 3 or more hours
- 78. When you ride in a car, do you wear a seat belt?
  - A) No, never
  - B) Yes, some of the time
  - C) Yes, most of the time
  - D) Yes, all of the time
- 79. When you ride a bicycle, do you wear a helmet?
  - A) No, never
  - B) Yes, some of the time
  - C) Yes, most of the time
  - D) Yes, all of the time
  - E) I do not ride a bicycle
- 80. Do <u>other kids</u> at school spread mean rumors or lies about you on the internet (i.e., Facebook™, MySpace™, email, instant message)?
  - A) No, never
  - B) Yes, some of the time
  - C) Yes, most of the time
  - D) Yes, all of the time
- 81. Do you feel safe outside of school?
  - A) No, never
  - B) Yes, some of the time
  - C) Yes, most of the time
  - D) Yes, all of the time