

This section contains questions about tobacco use, attitudes, and your experiences with tobacco education at school.

D1.	Have you ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days?								
	A)								
	B)	Yes							
D2.	Did you ever smoke to control your weight?								
	A)	No							
	B)	Yes							
D3.	During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?								
	A)	I did not smoke cigarettes during the past 30 days	D) E)	2 to 5 cigarettes per day 6 to 10 cigarettes per day					
	B)	Less than 1 cigarette per day	F)	11 to 20 cigarettes per day					
	C)	1 cigarette per day	G)	More than 20 cigarettes per day					
D4.	Have you smoked 100 cigarettes in your life?								
	A)	No							
	B)	Yes							
D5.	If you smoked cigarettes during the past 30 days, how did you usually get them? (Select only one								
	response.)								
	A)	I did not smoke cigarettes in the past 30 days							
	B)	I bought them in a store such as a convenience store, supermarket, or gas station							
	C)	I bought them from a vending machine							
	D)	I gave someone else money to buy them for me							
	E)	I borrowed (or bummed) them from someone else							
	F)	I took them from a store or family member							
	G)	A friend gave them to me							
	H)	A person 18 years or older gave them to me							
	I)	Other people gave them to me							
	J)	I got them some other way							
D6.	During the past 30 days, on how many days did you smoke any cigars, cigarillos, or little cigars?								
	A)	0 days	D)	6 to 9 days					
	B)	1 to 2 days	E)	10 to 19 days					
	C)	3 to 5 days	F)	20 to 30 days					
D7.	If you	If you now smoke cigarettes, would you like to quit smoking?							
	A)	I don't smoke cigarettes; does not apply							
	B)	No							

Yes

C)

● Module D ●

- D8. How many times have you tried to quit smoking cigarettes?
 - A) I don't smoke cigarettes; does not apply
- D) 2 to 3 times

B) 0 times

E) 4 or more times

C) 1 time

If you used tobacco during the past 12 months, did you do any of the following things at school to get help to quit using?

		I did not use tobacco No		Yes
		tobacco	110	
D9.	Go to a special group or class	A	В	С
D10.	Talk to an adult at your school about how to quit	A	В	С
D11.	Talk to a peer helper about how to quit	A	В	С

- D12. How hard would it be for you to refuse or say "no" to a friend who offered you a cigarette to smoke?
 - A) Very hard

C) Easy

B) Hard

D) Very easy

During the past 12 months, did you do any of these things at school?

- D13. Have lessons about tobacco and its effects on the body

 D14. Practice different ways to refuse or say "no" to tobacco

 Offers
- D15. How likely do you think it is that you will smoke one or more cigarettes in the next year?
 - A) I am sure it will not happen

D) It probably will happen

B) It probably will not happen

- E) It will happen for sure
- C) There is an even chance (50-50) that it will happen
- D16. About how many adults you know smoke cigarettes?
 - A) None of them

C) Many

B) Some

D) Most or all

Please indicate whether or not you agree with the following statements:

		Very much agree	Agree	Disagree	Very much disagree
D17.	Smoking makes kids look grown up.	A	В	С	D
D18.	Smoking makes your teeth yellow.	A	В	С	D
D19.	Smoking is cool.	A	В	С	D
D20.	Smoking makes you smell bad.	A	В	С	D
D21.	Smoking helps you make friends.	A	В	С	D
D22.	Smoking is bad for your health.	A	В	С	D
D23.	Smoking helps you relax.	A	В	С	D
D24.	Smoking helps control your weight.	A	В	С	D

California Healthy Kids Survey ©2012 CA Dept. of Ed. Version M15 — Fall 2012–Spring 2013

Middle School Questionnaire Tobacco Module