

CalMHSA Module

SUPPLEMENT 1

How strongly do you agree or disagree with the following statements about your school?

		Strongly Agree	Agree	Disagree	Strongly Disagree	Don't Know/ Doesn't Apply
W1.	Teachers go out of their way to help students.	A	B	C	D	E
W2.	Adults at this school treat all students with respect.	A	B	C	D	E
W3.	Students treat each other with respect.	A	B	C	D	E
W4.	This school encourages students to feel responsible for how they act.	A	B	C	D	E
W5.	This school encourages students to understand how others think and feel.	A	B	C	D	E
W6.	Students are taught that they can control their own behavior.	A	B	C	D	E
W7.	This school helps students solve conflicts with one another.	A	B	C	D	E
W8.	This school encourages students to care about how others feel.	A	B	C	D	E
W9.	Teachers here make it clear to students that bullying is not tolerated.	A	B	C	D	E
W10.	If another student was bullying me, I would tell one of the teachers or staff at school.	A	B	C	D	E
W11.	Students tell teachers when other students are being bullied.	A	B	C	D	E
W12.	If I tell a teacher that someone is bullying me, the teacher will do something to help.	A	B	C	D	E
W13.	Students here try to stop bullying when they see it happening.	A	B	C	D	E
W14.	There is a lot of tension in this school between people of different cultures, races, or ethnicities.	A	B	C	D	E
W15.	Students in this school respect each other's differences (for example, gender, race, culture, sexual orientation).	A	B	C	D	E
W16.	Adults in this school respect differences in students (for example, gender, race, culture, sexual orientation).	A	B	C	D	E
W17.	Teachers show that they think it is important for students of different races and cultures at this school to get along with each other.	A	B	C	D	E

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W18. Have you ever felt that you needed help (such as counseling or treatment) for your alcohol or other drug use?

- A) No, I never used alcohol or other drugs
- B) No, but I do use alcohol or other drugs
- C) Yes, I have felt that I needed help

The following questions ask about the health center at your school.

The School Health Center is the place to go on campus to find out why you don't feel well and be prescribed medicine if you need it.

W19. Have you ever used the Health Center at your current school for information or services?

- A) No
- B) Yes
- C) Does not apply; my school does not have a School Health Center

Are any of the following reasons why you have NOT used the School Health Center?

	<u>Yes, This Is A Reason</u>	<u>No, This Is Not A Reason</u>
W20. I didn't need any services.	A	B
W21. I didn't know there was a School Health Center.	A	B
W22. I was afraid my parent/guardian(s) or other students would find out.	A	B

W23. If you HAVE used the School Health Center, did you receive services for counseling to help you deal with issues like stress, depression, family problems or alcohol or drug use?

- A) No
- B) Yes
- C) I don't know/remember

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For the next questions, please mark how strongly you agree or disagree with each of these statements. Please choose only one answer for each question.

The School Health Center has helped me to ...

	Strongly Agree	Agree	Disagree	Strongly Disagree	Don't Know/ Doesn't Apply
W24. get help I did not get before.	A	B	C	D	E
W25. get help sooner than I got before.	A	B	C	D	E
W26. get information and resources I need.	A	B	C	D	E
W27. use tobacco, alcohol or drugs less.	A	B	C	D	E
W28. deal with personal and/or family issues.	A	B	C	D	E
W29. do better in school.	A	B	C	D	E
W30. feel more connected to people at my school.	A	B	C	D	E

Please mark on your answer sheet how you feel about each of the following statements.

How true are these statements about your FRIENDS?

I have a friend about my own age ...

	Not At All True	A Little True	Pretty Much True	Very Much True
W31. who really cares about me.	A	B	C	D
W32. who talks with me about my problems.	A	B	C	D
W33. who helps me when I'm having a hard time.	A	B	C	D

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How true are these statements about your HOME or the ADULTS WITH WHOM YOU LIVE?

In my home, there is a parent or some other adult ...

	Not At All True	A Little True	Pretty Much True	Very Much True
W34. who is interested in my school work.	A	B	C	D
W35. who talks with me about my problems.	A	B	C	D
W36. who listens to me when I have something to say.	A	B	C	D

The next statements are about what might occur outside your school or home, such as in your NEIGHBORHOOD, COMMUNITY, or with an ADULT other than your parents or guardian.

Outside of my home and school, there is an adult ...

	Not At All True	A Little True	Pretty Much True	Very Much True
W37. who really cares about me.	A	B	C	D
W38. who notices when I am upset about something.	A	B	C	D
W39. whom I trust.	A	B	C	D

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How true do you feel these statements are about you personally?

	Not At All True	A Little True	Pretty Much True	Very Much True
W40. I know where to go for help with a problem.	A	B	C	D
W41. I try to work out problems by talking or writing about them.	A	B	C	D
W42. I can work out my problems.	A	B	C	D
W43. I can do most things if I try.	A	B	C	D
W44. There are many things that I do well.	A	B	C	D
W45. When I need help, I find someone to talk with.	A	B	C	D
W46. I feel bad when someone gets their feelings hurt.	A	B	C	D
W47. I try to understand what other people go through.	A	B	C	D
W48. I try to understand how other people feel and think.	A	B	C	D
W49. There is a purpose to my life.	A	B	C	D
W50. I understand my moods and feelings.	A	B	C	D
W51. I understand why I do what I do.	A	B	C	D
W52. Overall, I expect more good things to happen to me than bad things.	A	B	C	D

W53. Have you ever seen or heard anything about a website called “Reach Out Here” or “Busca Apoyo”? It might have been on the radio, online, or in a newspaper, or maybe you saw a Facebook, Twitter or Tumblr post.

- A) No, never
- B) Yes, once or twice
- C) Yes, a few times (3-5 times)
- D) Yes, many times (6 times or more)

W54. Have you ever seen or heard anything about a website called “Walk in Our Shoes” or “Ponte en Mis Zapatos”? It might have been on TV, the radio, or online, or maybe you saw a Facebook, Twitter or Tumblr post.

- A) No, never
- B) Yes, once or twice
- C) Yes, a few times (3-5 times)
- D) Yes, many times (6 times or more)