# California Healthy Kids Survey

## ● Module D ●

# This section contains questions about tobacco use, attitudes, and your experiences with tobacco education at school.

D1.	Have you <b>ever</b> smoked cigarettes daily, that is, at least one cigarette every day for <b>30 days</b> ?							
	A) No							
	В)	Yes						
D2.	Did you <b>ever</b> smoke to control your weight?							
	A)	A) No						
	B)	Yes						
D3.	During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?							
	A)	I did not smoke cigarettes	D)	2 to 5 cigarettes per day				
		during the past 30 days	E)	6 to 10 cigarettes per day				
	B)	Less than 1 cigarette per day	F)	11 to 20 cigarettes per day				
	C)	1 cigarette per day	G)	More than 20 cigarettes per day				
D4.	Hav	Have you smoked 100 cigarettes in your life?						
	A)	No						
	B)	Yes						
D5.	If you smoked cigarettes during the past <b>30 days</b> , how did you <b>usually</b> get them? (Select Only One Response.)							
	A)	I did not smoke cigarettes in the past 30 days	E)	I borrowed (or bummed) them from someone else				
	B)	I bought them in a store such as a convenience store, supermarket,	F)	I took them from a store or family member				
		or gas station	G)	A friend gave them to me				
	C)	I bought them from a vending machine	H)	A person 18 years or older gave them to me				
	D)	I gave someone else money to buy	I)	Other people gave them to me				
		them for me	J)	I got them some other way				

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- D6. During the past **30 days**, on how many days did you smoke any cigars, cigarillos, or little cigars?
  - A) 0 days

D) 6 to 9 days

B) 1 to 2 days

E) 10 to 19 days

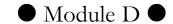
C) 3 to 5 days

- F) 20 to 30 days
- D7. If you now smoke cigarettes, would you like to quit smoking?
  - A) I don't smoke cigarettes; does not apply
  - B) No
  - C) Yes
- D8. How many times have you tried to quit smoking cigarettes?
  - A) I don't smoke cigarettes; does not apply
  - B) 0 times
  - C) 1 time
  - D) 2 to 3 times
  - E) 4 or more times

If you used tobacco during the **past 12 months**, did you do any of the following things at school to get help to quit using?

		I did not use tobacco No		Yes	
D9.	Go to a special group or class	A	В	С	
D10.	Talk to an adult at your school about how to quit	A	В	С	
D11.	Talk to a peer helper about how to quit	A	В	С	

- D12. How hard would it be for you to refuse or say "no" to a friend who offered you a cigarette to smoke?
  - A) Very hard
  - B) Hard
  - C) Easy
  - D) Very easy



#### During the past 12 months, did you do any of these things at school?

		No	Yes	Not Sure
D13.	Have lessons about tobacco and its effects on the body	A	В	С
D14.	Practice different ways to refuse or say "no" to tobacco offers	A	В	С

D15. How likely do you think it is that you will smoke one or more cigarettes in the next year?

- A) I am sure it will **not** happen
- B) It probably will **not** happen
- C) There is an even chance (50-50) that it will happen
- D) It probably will happen
- E) It will happen for sure

D16. About how many adults you know smoke cigarettes?

- A) None of them
- B) Some
- C) Many
- D) Most or all

#### Please indicate whether or not you agree with the following statements:

		Very much agree	Agree	Disagree	Very much disagree
D17.	Smoking makes kids look grown up.	A	В	С	D
D18.	Smoking makes your teeth yellow.	A	В	С	D
D19.	Smoking is cool.	A	В	С	D
D20.	Smoking makes you smell bad.	A	В	С	D
D21.	Smoking helps you make friends.	A	В	С	D
D22.	Smoking is bad for your health.	A	В	С	D
D23.	Smoking helps you relax.	A	В	С	D
D24.	Smoking helps control your weight.	A	В	С	D