

## CalMHSA Module

## SUPPLEMENT 1

*How strongly do you agree or disagree with the following statements about your school?*

		Strongly Agree	Agree	Disagree	Strongly Disagree	Don't Know/ Doesn't Apply
W1.	Teachers go out of their way to help students.	A	B	C	D	E
W2.	Adults at this school treat all students with respect.	A	B	C	D	E
W3.	Students treat each other with respect.	A	B	C	D	E
W4.	This school encourages students to feel responsible for how they act.	A	B	C	D	E
W5.	This school encourages students to understand how others think and feel.	A	B	C	D	E
W6.	Students are taught that they can control their own behavior.	A	B	C	D	E
W7.	This school helps students solve conflicts with one another.	A	B	C	D	E
W8.	This school encourages students to care about how others feel.	A	B	C	D	E
W9.	Teachers here make it clear to students that bullying is not tolerated.	A	B	C	D	E
W10.	If another student was bullying me, I would tell one of the teachers or staff at school.	A	B	C	D	E
W11.	Students tell teachers when other students are being bullied.	A	B	C	D	E
W12.	If I tell a teacher that someone is bullying me, the teacher will do something to help.	A	B	C	D	E
W13.	Students here try to stop bullying when they see it happening.	A	B	C	D	E
W14.	There is a lot of tension in this school between people of different cultures, races, or ethnicities.	A	B	C	D	E
W15.	Students in this school respect each other's differences (for example, gender, race, culture, sexual orientation).	A	B	C	D	E
W16.	Adults in this school respect differences in students (for example, gender, race, culture, sexual orientation).	A	B	C	D	E
W17.	Teachers show that they think it is important for students of different races and cultures at this school to get along with each other.	A	B	C	D	E

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## SUPPLEMENT 1

W18. Have you ever felt that you needed help (such as counseling or treatment) for your alcohol or other drug use?

- A) No, I never used alcohol or other drugs
- B) No, but I do use alcohol or other drugs
- C) Yes, I have felt that I needed help

**The following questions ask about the health center at your school.**

**The School Health Center is the place to go on campus to find out why you don't feel well and be prescribed medicine if you need it.**

W19. Have you ever used the Health Center at your current school for information or services?

- A) No
- B) Yes
- C) Does not apply; my school does not have a School Health Center

*Are any of the following reasons why you have NOT used the School Health Center?*

	<u>Yes, This Is A Reason</u>	<u>No, This Is Not A Reason</u>
W20. I didn't need any services.	A	B
W21. I didn't know there was a School Health Center.	A	B
W22. I was afraid my parent/guardian(s) or other students would find out.	A	B

W23. If you HAVE used the School Health Center, did you receive services for counseling to help you deal with issues like stress, depression, family problems or alcohol or drug use?

- A) No
- B) Yes
- C) I don't know/remember

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## SUPPLEMENT 1

**For the next questions, please mark how strongly you agree or disagree with each of these statements. Please choose only one answer for each question.**

*The School Health Center has helped me to ...*

	Strongly Agree	Agree	Disagree	Strongly Disagree	Don't Know/ Doesn't Apply
W24. get help I did not get before.	A	B	C	D	E
W25. get help sooner than I got before.	A	B	C	D	E
W26. get information and resources I need.	A	B	C	D	E
W27. use tobacco, alcohol or drugs less.	A	B	C	D	E
W28. deal with personal and/or family issues.	A	B	C	D	E
W29. do better in school.	A	B	C	D	E
W30. feel more connected to people at my school.	A	B	C	D	E

**Please mark on your answer sheet how you feel about each of the following statements.**

**How true are these statements about your FRIENDS?**

*I have a friend about my own age ...*

	Not At All True	A Little True	Pretty Much True	Very Much True
W31. who really cares about me.	A	B	C	D
W32. who talks with me about my problems.	A	B	C	D
W33. who helps me when I'm having a hard time.	A	B	C	D

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**How true are these statements about your HOME or the ADULTS WITH WHOM YOU LIVE?**

*In my home, there is a parent or some other adult ...*

	Not At All True	A Little True	Pretty Much True	Very Much True
W34. who is interested in my school work.	A	B	C	D
W35. who talks with me about my problems.	A	B	C	D
W36. who listens to me when I have something to say.	A	B	C	D

**The next statements are about what might occur outside your school or home, such as in your NEIGHBORHOOD, COMMUNITY, or with an ADULT other than your parents or guardian.**

*Outside of my home and school, there is an adult ...*

	Not At All True	A Little True	Pretty Much True	Very Much True
W37. who really cares about me.	A	B	C	D
W38. who notices when I am upset about something.	A	B	C	D
W39. whom I trust.	A	B	C	D

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## SUPPLEMENT 1

*How true do you feel these statements are about you personally?*

	Not At All True	A Little True	Pretty Much True	Very Much True
W40. I know where to go for help with a problem.	A	B	C	D
W41. I try to work out problems by talking or writing about them.	A	B	C	D
W42. I can work out my problems.	A	B	C	D
W43. I can do most things if I try.	A	B	C	D
W44. There are many things that I do well.	A	B	C	D
W45. When I need help, I find someone to talk with.	A	B	C	D
W46. I feel bad when someone gets their feelings hurt.	A	B	C	D
W47. I try to understand what other people go through.	A	B	C	D
W48. I try to understand how other people feel and think.	A	B	C	D
W49. There is a purpose to my life.	A	B	C	D
W50. I understand my moods and feelings.	A	B	C	D
W51. I understand why I do what I do.	A	B	C	D
W52. Overall, I expect more good things to happen to me than bad things.	A	B	C	D

W53. Have you ever seen or heard anything about a website called “Reach Out Here” or “Busca Apoyo”? It might have been on the radio, online, or in a newspaper, or maybe you saw a Facebook, Twitter or Tumblr post.

- A) No, never
- B) Yes, once or twice
- C) Yes, a few times (3-5 times)
- D) Yes, many times (6 times or more)

W54. Have you ever seen or heard anything about a website called “Walk in Our Shoes” or “Ponte en Mis Zapatos”? It might have been on TV, the radio, or online, or maybe you saw a Facebook, Twitter or Tumblr post.

- A) No, never
- B) Yes, once or twice
- C) Yes, a few times (3-5 times)
- D) Yes, many times (6 times or more)