

# The Positive Health Benefits of Bike Riding

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# This is a frame title

This is normal text

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This is a Title

This is a Subtitle

Theorem (This is a theorem)

*Let  $B$  be the set of bike riders in Davis. If wind speed  $s_w > 0$ , then  $\forall b \in B$ ,  $d_b = -d_w$ , where  $d_b$  is the direction of the rider, and  $d_w$  is the direction of the wind.*

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