



Intermediate Ring Road, Domlur

Embassy Golf Links Road, Challaghatta

Bengaluru, Karnataka 560071

Daily Treatment summary

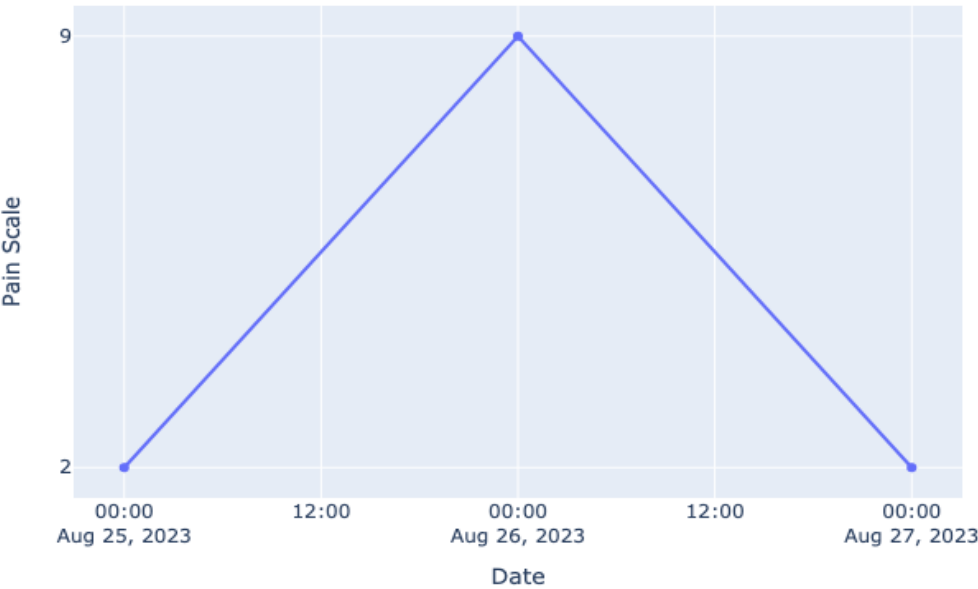
Name	Vasu
Age	19
Gender	Male
Referred by	Dr. Jack Rose
Chief Complaint	Back Pain
Previous Treatment Taken	NA
Diagnosis	Brokage in back Pain
Duration	5
Treatment Given	Yes there is plan
Home Advice	Hackathon
Next Review	2023-08-22

Exercise Plan:

Sr No	Name of Exercise	Reps	Sets	No of Days	Next Review
1	Side Lying Both Leg Straight Leg	3	15	4	2023-08-24
2	Gluteus Wall Touch	4	56	3	2023-08-23
3	Met-5	6	78	6	2023-08-22
4	Side Lying Both Leg Straight Leg	6	6	3	2023-08-21

Pain Scale Graph during the Treatment Period:

Pain Scale Graph



Daywise Treatment Analysis:

Date	Pain Scale	Comments
2023-08-25	2	Pain is reducing
2023-08-26	9	Heavy Pain
2023-08-27	2	Lower