



SRI THIRUMALA

PHYSIOTHERAPY & PAIN RELIEF CLINIC

SINCE 1998

69, Arcot Road, Cheyyar – 604407, Thiruvannamalai District,

(Opp Government Boys Higher Secondary School)

04182 – 222527 Cell: 9843078583, 9566376777

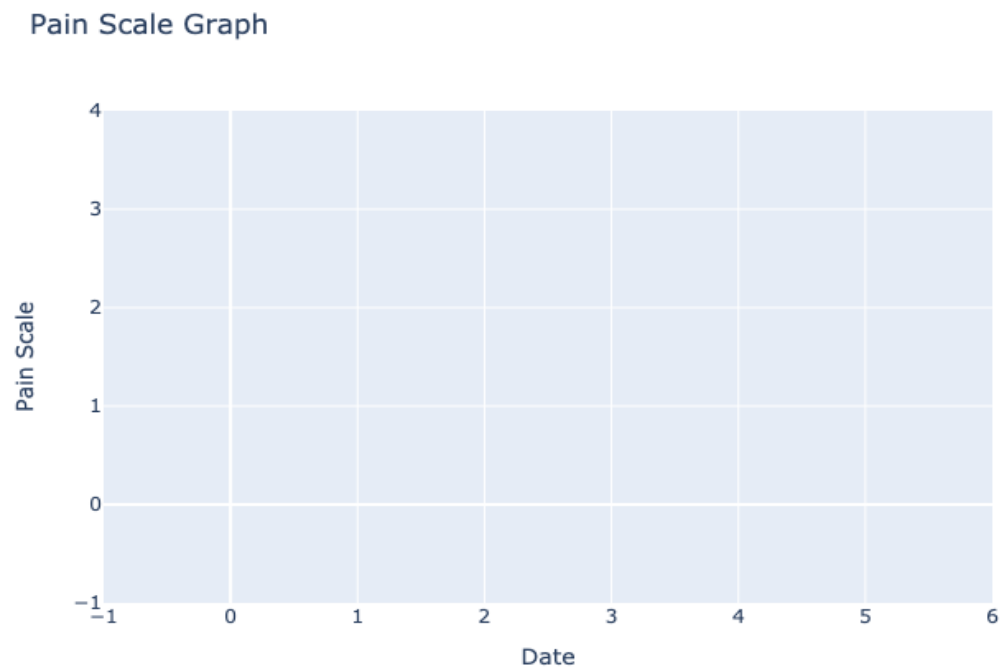
Daily Treatment summary

Name	Vasu
Age	19
Gender	Male
Referred by	Dr. Jack Rose
Chief Complaint	Back Pain
Previous Treatment Taken	NA
Diagnosis	Brokage in back Pain
Duration	5
Treatment Given	Yes there is plan
Home Advice	Hackathon
Next Review	2023-08-22

Exercise Plan:

Sr No	Name of Exercise	Reps	Sets	No of Days	Next Review
1	Side Lying Both Leg Straight Leg	3	15	4	2023-08-24
2	Gluteus Wall Touch	4	56	3	2023-08-23
3	Met-5	6	78	6	2023-08-22
4	Side Lying Both Leg Straight Leg	6	6	3	2023-08-21

Pain Scale Graph during the Treatment Period:



Daywise Treatment Analysis:

Date	Pain Scale	Comments
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