

## VanGohan Recipe: Week of 2024-12-02

### Asparagus and Bacon's Soy Saucy Pasta

Things you need to prepare

- Salt

#### Instructions

1. Boil pasta with salt (keep some boiled water when drain)
2. Heat the sauce, add some pasta boiled water and toss well with pasta
3. Adjust taste with soy sauce/ salt and/or
4. extra butter if you want!

### Beef Bowl

Things you need to prepare

- Cooked rice
- 30ml of water
- Egg yolk / Quail egg (Optional)

#### Instructions

1. Put Seasoning① and 30ml of water, onions in a pan and bring to a boil on high heat, then add beef
2. Skim the foam from the surface and simmer for about 5 mins with a lid on
3. Add Shiitake, green onion and keep simmer for another 2 mins
4. Serve it with the broth on rice in a bowl and ginger
5. Add an egg yolk / quail egg as you like

### Simmered Chicken With Broccolis & Eggs

Things you need to prepare

- salt

#### Instructions

1. Put wings and Seasoning① in a pot, then cook on medium heat
2. When the Seasoning is boiled, cook wings for 15mins on low heat and flip sometimes
3. Boil vegetables sauté them with salt

4. Add eggs and cook for a few mins.
5. Arrange them with boiled vegetables
6. Chicken would taste better if you boil them for 5 mins beforehand.

**VanGohan**

1 ORDER FOR 2 PEOPLE

## PACKAGE OF THE WEEK

- 今週のメニュー -

DECEMBER 3, 2024

### MAIN メイン (MEAL KIT)

WHAT WE SEND  
届くもの



### 牛丼 BEEF BOWL

Beef, Onion, Shiitake  
Mushroom, Green Onion,  
Seasonings (Incl. Soy Sauce,  
Ginger, Stock)

\*No rice in the package



### 鶏肉のさっぱり煮 SIMMERED CHICKEN WITH BROCCOLI AND EGGS

Chicken, Egg, Broccoli,  
Seasonings (incl. Soy Sauce,  
Vinegar)

### SIDE サイド (COOKED)

INGREDIENTS  
材料



HOT

### 青梗菜と油揚げの ピリ辛炒め SPICY BOK CHOY & FRIED TOFU STIR-FRY

Fried Tofu, Bok Choy, Oyster  
Sauce, Miso, Garlic, Potato  
Starch, Chili Bean Sauce



HOT

COLD

### ポタトのポタージュ POTATO POTAGE

Potato, Onion, Butter,  
Stock, Milk

### RICE/NOODLE ごはん/麺類 (MEAL KIT)



### アスパラベーコン パスタソース JAPANESE STYLE BACON ASPARAGUS PASTA SAUCE

Asparagus, Bacon, Butter, Soy Sauce  
No pasta noodles in the package

※お米/パスタは別途\$1で2人前お届けが可能です  
※YOU CAN ORDER RICE/PASTA FOR \$1 PER 2 SERVINGS

### ON THE HOUSE アラスワソ



### 大根ドレッシング DAIKON RADISH DRESSING

Daikon, Lemon, Soy Sauce

※商品には密封された生肉を含みます。冷蔵でお届けいたしますが、  
オフィスお届けでお持ち帰りまでにお時間がかかる場合は、冷蔵庫で保存してください。  
お届け日から3日以降に調理する予定の場合は、商品（特に肉魚）を冷凍してください。  
※ We deliver products which contains sealed raw meats refrigerated.  
Please keep them refrigerated until you leave your office. If you plan to cook the products  
after 3 days from delivery, we recommend to freeze ingredients especially meats and fish.