

VanGohan Recipe: Week of 2025-09-29

Maze Udon

Things you need to prepare

- 水

Instructions

1. Heat Package①
2. Boil Udon noodle for 1 min (Cool the noodle with cold water if you prefer the cold noodle)
3. Drain the water well, then mix seasoning③ with noodle, and arrange it on a plate/ bowl
4. Put cucumber and package① on top
5. Make a hole on tuna and add an egg yolk if you like

Steamed Pork & Veggies

Things you need to prepare

- Salt

Instructions

1. Put pork on a pan and pour Seasoning① on top
2. Add Package② on pork and a little bit of salt
3. Cook it on medium heat with a lid on
4. When it's started boiling, cook another 5 mins on lower heat
5. Drain water, then mix with Seasoning⑤ and arrange it in a bowl

Sweet & Sour Chilli Fried Chicken

Things you need to prepare

- Cooking oil
- 2 tablespoon water (30ml)

Instructions

1. Season Chicken with Seasoning① then coat it with potato starch
2. Heat a pan with oil and cook Chicken until the colour changes
3. Add Vegetables, Seasoning③, and 2 tablespoon water and stair-fry
4. Please make sure chicken is cooked through

PACKAGE OF THE WEEK

- 今週のメニュー -

SEPT 30, 2025

MAIN メイン (MEAL KIT)



鶏チリ SWEET & SOUR CHILLI FRIED CHICKEN

Chicken, Choy, Green Onion
Seasonings (Incl. Soy Sauce,
Doubanjiang, Ketchup, Sesame
Oil, Ginger)



豚&たっぷり蒸し野菜 STEAMED PORK & VEGGIES

Pork, Lettuce, Onion,
Broccoli, Seasonings (Incl. Soy
Sauce, Sesame, Sesame Oil,
Garlic)

SIDE サイド (COOKED)



根菜の煮物 SIMMERED ROOT VEGETABLE

Konjac, Pea, Taro, Carrot,
Daikon, Stock, Soy Sauce,
Vinegar, Sesami Oil



白和え SPINACH WITH MASHED TOFU

Spinach, Tofu, Carrot,
Sesami, Soy Sauce, Stock

RICE/NOODLE ごはん/麺類 (MEAL KIT)



甘辛混ぜうどん MAZE UDON

Tuna, Shiitake Mushroom, Cucumber,
Udon Noodles, Sesame Oil, Miso,
Soy Sauce, Potato Starch

※お米/パスタは別途\$1で2人
前お届けが可能です。
うどん・そば・ラーメン類はお
パッケージに含まれます。
※SIDE ORDER OF
RICE/PASTA NOODLES ARE
\$1 PER 2 SERVINGS.
SOBA, UDON, AND RAMEN
NOODLES COME WITH
YOUR PACKAGE.

※商品には密封された生肉を含みます。冷蔵でお届けいたしますが、
オフィスお届けでお持ち帰りまでにお時間がかかる場合は、冷蔵庫で保存してください。
お届け日から3日以降に調理する予定の場合は、商品（特に肉魚）を冷凍してください。

※ We deliver products which contains sealed raw meats refrigerated.

Please keep them refrigerated until you leave your office. If you plan to cook the products
after 3 days from delivery, we recommend to freeze ingredients especially meats and fish.