

## VanGohan Recipe: Week of 2024-10-07

### Fried Chicken with Grated Daikon and Lime Sauce

#### Things you need to prepare

- Cooking oil
- Salt & pepper

#### Instructions

1. Salt & pepper on chicken and coat chicken with potato starch①
2. Pre-heat about 1-2cm of cooking oil in a pan or a pot at 180°C/350F (dip the handle of a wooden spoon or a chopstick into the oil, and the oil starts steadily bubbling, then the oil is hot enough)
3. Fry about 3-5 mins each side of chicken. Please make sure the chicken is well cooked.
4. Remove chicken from the oil and marinate fried chicken with Seasoning④
5. Pour grated Daikon on top and add vegetables on the side

### Pork Steak

#### Things you need to prepare

- Cooking oil
- Salt & pepper

#### Instructions

1. Stab both side of pork with a fork
2. Salt & pepper and coat pork with Seasoning②
3. Cook with cooking oil on medium heat.
4. After both side is browned, turn the heat on low and make sure the pork is cooked well
5. Add Seasoning⑤ and cook until the seasoning is thick
6. Arrange with cabbage and tomato on your plate

### Western Style Seasoned Rice

#### Things you need to prepare

- Salt
- 1 cup of rice : 150g/180ml (1.5cups for 3 people)
- Cheese (Optional)

#### Instructions

1. Put washed rice and Seasoning① in a rice cooker pot, add water until the line for 1cup/1.5cup of rice then mix it well.
2. Put Vegetables② and Bacon on top then start the rice cooker
3. Add Seasoning③ when rice is cooked and mix everything gently
4. Adjust taste with salt and cheese as you prefer



1 ORDER FOR 2 PEOPLE

## PACKAGE OF THE WEEK

- 今週のメニュー -

OCTOBER 8, 2024

### MAIN メイン (MEAL KIT)

WHAT WE SEND  
届くもの



### トンテキ PORK STEAK

Pork, Cabbage, Tomato,  
Seasonings (Incl. Soy Sauce,  
Worcestershire sauce,  
Ketchup, Garlic, flour)



### 鶏肉のみぞれ和え FRIED CHICKEN WITH GRADED DAIKON & LIME SAUCE

Chicken, Mixed Leaves, Daikon  
Radish, Seasonings  
(Incl. Soy Sauce, Lime, Yuzu)

### SIDE サイド (COOKED)

INGREDIENTS  
材料



### COLD チンゲン菜のおひたし SIMMERED BOK-CHOY

Bok-choy, Deep fried  
tofu, Bonito stock, Soy  
sauce



### HOT ミネストローネ MINESTRONE SOUP

Sausage, Tomato, Celery,  
Onion, Potato, Carrot,  
Zucchini, Cauliflower,  
Garlic

### RICE/NOODLE ごはん/麺類 (MEAL KIT)



### 洋風炊き込みご飯 WESTERN STYLE SEASONED RICE

Bacon, Corn, Cabbage,  
Wine, Stock, Soy Sauce,  
Butter

\*No rice included

※お米/パスタは別途\$1で2人前お届けが可能です  
※YOU CAN ORDER RICE/PASTA FOR \$1 PER 2 SERVINGS

### ON THE HOUSE フラスワソ



### きくらげの佃煮 FUNGUS MUSHROOM BOILED IN SOY SAUCE

Fungus, Ginger, Soy Sauce,  
Sesame, Stock

※商品には密封された生肉を含みます。冷蔵でお届けいたしますが、  
オフィスお届けでお持ち帰りまでにお時間がかかる場合は、冷蔵庫で保存してください。  
お届け日から3日以降に調理する予定の場合は、商品（特に肉魚）を冷凍してください。

※ We deliver products which contains sealed raw meats refrigerated.  
Please keep them refrigerated until you leave your office. If you plan to cook the products  
after 3 days from delivery, we recommend to freeze ingredients especially meats and fish.