

VanGohan Recipe: Week of 2026-01-12

Pork And Green Peppers Stir Fry

Things you need to prepare

- Cooking oil
- Salt and pepper
- Sesame oil (optional)

Instructions

1. Marinate pork with Seasoning①, salt and pepper and potato starch①.
2. Heat a pan with cooking oil, and stir-fry vegetables lightly on high heat
3. Remove vegetables from the pan, and cook garlic and ginger on the same pan and cook pork on low heat
4. Add the cooked vegetables again and cook with Seasoning ④ on medium heat
5. Pour sesame oil at last if you want!

Tips

- ★Vegetables would be cooked evenly, if you toss the pan after adding vegetables on high heat

Tantan Noodle

Things you need to prepare

- Cooking oil
- Soy sauce

Instructions

1. Heat Sauce①
2. Boil noodles for 6 mins with a lot of hot water. (Please use a lot of well boiled hot water to make the noodles take better.)
3. Drain the water and arrange noodles in a bowl with heated sauce and adjust taste with soy sauce as you prefer.

Tomato-Simmered Chicken

Things you need to prepare

- Cooking oil
- Salt and pepper

Instructions

1. Cook chicken with cooking oil on medium heat
2. Add vegetables when chicken is browned (add some extra veggies if you like!)

- When onion gets soft, add Seasoning③ and cook for 10 mins (stir from bottom sometime and add a little of water, white wine or cooking sake if it gets burnt)
- Add butter and adjust the taste with salt and pepper, then arrange on a plate

VanGohan

1 ORDER FOR 2 PEOPLE

PACKAGE OF THE WEEK

-今週のメニュー-

JAN 13, 2026

MAIN
メイン
(READY-TO-COOK)



チンジャオロース PORK AND GREEN PEPPERS STIR FRY

Pork, Bell Pepper, Bamboo Shoot, Lotus Root, Seasonings (Incl. Garlic, Ginger, Soy Sauce, Sesame Oil, Oyster Sauce)

チキンのトマト煮 TOMATO-SIMMERED CHICKEN

Chicken, Onion, Mushroom, Seasonings (incl. Tomato, Soy Sauce, Butter)

SIDE
サイド
(READY-TO-EAT)



さつまいも塩バター SALTED BUTTER SWEET POTATOES

Sweet Potato, Butter, Honey



大根のマヨポンサラダ DAIKON MAYO PONZU SALAD

Daikon, Tuna, Arugula, Mayo, Ponzu, Stock, Soy sauce, Sesame

RICE/NOODLE
ごはん/麺類
(READY-TO-COOK)



汁なし坦々麺 TANTAN NOODLES

Noodles, Pork, Garlic, Sesame, Sesame Oil, Green Onion, Tianmian Sauce, Soy Sauce

※お米/パスタは別途\$1で2人前お届けが可能です。
うどん・そば・ラーメン麺はパッケージに含まれます。
※SIDE ORDER OF RICE/PASTA NOODLES ARE \$1 PER 2 SERVINGS.
SOBA, UDON, AND RAMEN NOODLES COME WITH YOUR PACKAGE.

※商品には密封された生肉を含みます。冷蔵でお届けいたしますが、オフィスお届けでお持ち帰りまでにお時間がかかる場合は、冷蔵庫で保存してください。

お届け日から3日以降に調理する予定の場合は、商品（特に肉魚）を冷凍してください。

※We deliver products which contains sealed raw meats refrigerated.

Please keep them refrigerated until you leave your office. If you plan to cook the products after 3 days from delivery, we recommend to freeze ingredients especially meats and fish.