VanGohan Recipe: Week of 2024-06-17 Addictive Chicken

Things you need to prepare

- Cooking oil
- · Salt and pepper

Instructions

- 1. Marinate Chicken with Seasoning 1 for 10 mins
- 2. Cook chicken with cooking oil on medium heat for 3-5 mins
- 3. Add vegetables and cook them for 3-5 mins, and add salt and pepper and Seasoning ① used for marinating, then cook until chicken is well cooked

Cauliflower Cream Pasta Sauce

Things you need to prepare

- Salt
- Pasta

Instructions

- 1. Boil pasta with salt
- 2. Toss the pasta well with heated pasta sauce
- Please adjust the taste with water that boiled pasta, milk and/or pepper
- 4. 160g to 200g pasta before boiled are for 2 people

Hashed Beef Rice

Things you need to prepare

- · Cooked Rice
- · Cooking oil
- 250ml water

Instructions

- Coat beef with flour then stir-fry it on a pan with cooking oil on medium heat
- Remove beef from the pan when browned, then cook onion and mushroom
- 3. Add Seasoning and cook a few mins, add 250ml water until boiled, then put back the beef
- 4. Add and cook Seasoning @ on low heat

5. When the sauce is thick, put butter. Pour the sauce on rice (Adjust the taste with salt if needed)



1 ORDER FOR 2 PEOPLE

PACKAGE OF THE WEEK

- 今调のメンコー-

JUNE 18, 2024

MAIN メイソ (MEAL KIT)

WHAT WE SEND 届くもの



やみつき!チキン ADDICTIVE CHICKEN

Chicken, Onion, Shimeji Mushroom, Broccoli, Bell Pepper, Seasonings (Incl. Garlic, Ketchup, Soy Sauce, Mayo)



ハヤシライス HASHED BEEF RICE

Sliced beef, Flour, Onion, Mushroom, Seasonings (incl. Japanese Worcestershire Sauce, Ketchup, Butter, Garlic No Rice in the package

SIDE
71F
(COOKED)
INGREDIENTS

材料



おくらとしいたけの おびたし SIMMERED OKRA AND SHIITAKE

Okra, Shiitake Mushroom, Bonito, Soy Sauce,



COLD きゅうりのキムチ和え CUCUMBER & KIMCHI NAMUL

Cucumber, Choy Kimchi, Tuna, Stock

RICE/NOODLE ごはん/麺類

(MEAL KIT)



カリフラワー クリームパスタソース CAULIFLOWER CREAM PASTA SAUCE

Cauliflower, Mushroom, Onion, Tuna, Shrimp, Cream, Stock, White Wine, Butter, Garlic, Cream No pasta in the package

No pasta in the package ※ お米/パス 9 は別途 \$ 1 で 2 人前 お届 け が 可能 で す

*YOU CAN ORDER RICE/PASTA FOR \$1 PER 2 SERVINGS

ON THE HOUSE プラスワン



OGOJO MILD SOY CHILI SAUCE

Plant-based &GF Japanese Chili Sauce @ogojojanchili

※商品には密封された生肉を含みます。冷蔵でお届けいたしますが、 オフィスお届けでお持ち帰りまでにお時間がかかる場合は、冷蔵庫で保存してください。 お届け日から3日以降に調理する予定の場合は、商品(特に肉魚)を冷凍してください。 ※We deliver products which contains sealed raw meats refrigerated. Please keep them refrigerated until you leave your office. If you plan to cook the products after 3 days from delivery, we recommend to freeze ingredients especially meats and fish.