

VanGohan Recipe: Week of 2025-03-31

Grilled Salmon With Mushroom Sauce

Things you need to prepare

- Cooking oil
- Salt and pepper
- 1 Tablespoon water (15ml)

Instructions

1. Heat cooking oil on medium heat, grill salmon for 5-7 mins, then remove salmon on a plate
2. Clean the pan and cook mushrooms with salt and pepper on high heat
3. When mushrooms get soft, add Seasoning③
4. Add 1 tablespoon (15ml) water in Seasoning④ cup and mix well with mushroom sauce. Then pour it on salmon

Peperoncino Pasta Sauce

Things you need to prepare

- Pasta noodle
- Salt

Instructions

1. Boil pasta (for 2 people) with salt
2. Cook bacon and vegetables with cooking oil in a pan
3. Add Seasoning③ and boiled pasta then arrange on a plate
4. Adjust the taste with salt
5. 160g to 200g pasta before boiled are for 2 people

Stir-Fried Ginger Pork

Things you need to prepare

- Cooking oil

Instructions

1. Stir-fry onion on a pan with cooking oil on medium heat until it's soft
2. Coat pork with flour and cook until lightly cooked
3. Add Seasoning③, then cook on low-medium heat until the sauce is thickened. Arrange it with vegetables on a plate.

PACKAGE OF THE WEEK

- 今週のメニュー -

APRIL 1, 2025

MAIN メイン (MEAL KIT)

WHAT WE SEND
届くもの



豚の生姜焼き GINGER PORK STIR-FRY

Pork, Onion, Cabbage,
Tomato, Seasonings (Soy
Sauce, Ginger, Garlic,
Honey)



サーモンの キノコあんかけ GRILLED SALMON WITH MUSHROOM SAUCE

Salmon, Shimeji Mushroom,
Garlic, Butter, Wine, Soy
Sauce

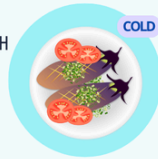
SIDE サイド (COOKED)

INGREDIENTS
材料



大根そぼろあんかけ DAIKON & PORK WITH STARCHY SAUCE

Daikon Radish, Ground Pork,
Seasonings (incl. Ginger,
Soy Sauce, Oyster Sauce)



焼きナストマトのマリネ MARINATED EGGPLANT AND TOMATO

Tomato, Eggplant, Lemon,
Olive Oil, Soy Sauce,
Vinegar

RICE/NOODLE ごはん/麺類 (MEAL KIT)



ペペロッチーノソース PEPERONCINO PASTA SAUCE

Bacon, Mushroom, Red Pepper, Garlic,
Olive Oil

※お米/パスタは別途\$1で2人前お届けが可能です
※YOU CAN ORDER RICE/PASTA FOR \$1 PER 2 SERVINGS

ON THE HOUSE アラスワン



シイタケの佃煮 SHIITAKE BOILED IN SOY SAUCE

Shiitake Mushroom, Soy
Sauce, Ginger, Stock, Sesame

※商品には密封された生肉を含みます。冷蔵でお届けいたしますが、
オフィスお届けでお持ち帰りまでにお時間がかかる場合は、冷蔵庫で保存してください。
お届け日から3日以降に調理する予定の場合は、商品（特に肉魚）を冷凍してください。
※ We deliver products which contains sealed raw meats refrigerated.
Please keep them refrigerated until you leave your office. If you plan to cook the products
after 3 days from delivery, we recommend to freeze ingredients especially meats and fish.