VanGohan Recipe: Week of 2025-05-26 Fried Chicken With Tartar Sauce

Things you need to prepare

- Cooking oil
- An egg
- · Salt & pepper

Instructions

- 1. Poke holes on chicken with a fork
- 2. Salt & pepper on the chicken, coat it with flour 2 and a beaten egg
- 3. Heat a pan with 1cm of oil on medium heat and cook chicken for 8-10 mins
- 4. Remove the chicken when both side is cooked
- 5. Clean the pan and heat up Seasoning®, then coat the chicken with the sauce
- 6. Cut the chicken and arrange on a plate with cabbage and tomatoes
- 7. Pour Seasoning® from the pan and Seasoning® on top
- 8. Please make sure the chicken is cooked well.

Steamed Pork & Veggies

Things you need to prepare

• Salt

Instructions

- 1. Put pork on a pan and pour Seasoning 1 on top
- 2. Add Package② on pork and a little bit of salt
- 3. Cook it on medium heat with a lid on
- 4. When it's started boiling, cook another 5 mins on lower heat
- 5. Drain water, then mix with Seasoning and arrange it in a bowl

Takuan & Takana Mixed Rice Base

Things you need to prepare

· Cooked rice

Instructions

- 1. Mix the Package with cooked rice (about 2 rice cups)
- 2. Please adjust the taste by mixing more/less than 1.5-2 cups of rice and add a little of salt if you want!





PACKAGE OF THE WEEK

- 今週のメニュー-

MAIN メイソ (MEAL KIT)

WHAT WE SEND 届くもの



チキソ南蛮 FRIED CHICKEN WITH TARTAR SAUCE

Chicken, Cabbage, Tomato, Egg, Onion, Seasonings (Incl. Soy Sauce, Mayo, Lemon, Flour, Vingar, Bonito Flakes)

*Please prepare an egg



豚&たっぷり蒸し春野菜 STEAMED PORK & VEGGIES

Pork, Lettuce, Onion, Broccoli, Seasonings (Incl. Soy Sauce, Sesame, Sesame Oil, Garlic)

SIDE サイド (COOKED) INGREDIENTS

材料



ビーツの煮物 JAPANESE-STYLE BRAISED BEETS

Beet, Carrot, Pea, Soy



3色 ナムル 3-COLOUR NAMUL

Bean sprout, Carrot, Spinach, Sesame, Sesame Oil, Garlic

RICE/NOODLE ごはん/麺類 (MEAL KIT)



たくあんと高菜の 混ぜご飯の素 TAKUAN & TAKANA MIXED RICE BASE

Pickled Daikon, Sesame, Sesame Oil, Pickled Mustard *No rice in the package

※お米/パスタは別途\$1で2人前お届けが可能です ***YOU CAN ORDER RICE/PASTA FOR \$1 PER 2 SERVINGS** ON THE HOUSE プラスワン



枝豆ピリ辛漬け SPICY EDAMAME

Edamame, Soy Sauce, Pepper, Garlic

※商品には密封された生肉を含みます。冷蔵でお届けいたしますが、 オフィスお届けでお持ち帰りまでにお時間がかかる場合は、冷蔵庫で保存してください。 お届け日から3日以降に調理する予定の場合は、商品(特に肉魚)を冷凍してください。 * We deliver products which contains sealed raw meats refrigerated. Please keep them refrigerated until you leave your office. If you plan to cook the products after 3 days from delivery, we recommend to freeze ingredients especially meats and fish.