

# VanGohan Recipe: Week of 2026-02-02

## Hokkaido's Sweet & Salty Pork Bowl

### Things you need to prepare

- 50ml water
- Cooked rice

### Instructions

1. Heat Seasoning① and 50ml water in a pan on high heat until boiled
2. Add onion into the pan and cook until it gets soft on medium heat, then add pork
3. When pork is cooked and caramelized, put it on cooked rice in a bowl and arrange it with green onion
4. Putting a poached egg on top would add extra rich taste...!

## Mushroom & Tuna Japanese Style Pasta Sauce

### Things you need to prepare

- Pasta noodle
- Water
- Salt

### Instructions

1. Boil pasta with salt
2. Heat pasta sauce and adjust the taste with salted water from step1 (add salt & pepper if you want)
3. Put green onion and seaweed on top
4. Please adjust the taste with water that boiled pasta
5. 160g to 200g pasta before boiled are for 2 people

## Teriyaki Mayo Chicken

### Things you need to prepare

- Cooking oil

### Instructions

1. Marinate chicken with Seasoning①and sugar① about 10 mins
2. Cook chicken and vegetables② with cooking oil on medium heat for 3-5 mins each side
3. When cooked, add the marinated sauce in and cook another minute
4. Arrange with Seasoning④ on plate
5. Please make sure chicken is cooked well

## PACKAGE OF THE WEEK

- 今週のメニュー -

FEB 3, 2026

### MAIN メイン (READY-TO- COOK)



#### 北海道グルメ豚丼 HOKKAIDO'S SWEET & SALTY PORK BOWL

Pork, Cabbage, Tomato,  
Seasonings (Incl. Soy Sauce,  
Ginger)



#### 照りマヨチキン TERIYAKI MAYO CHICKEN

Chicken, Arugula, Tomato,  
Seasonings (Incl. Soy  
Sauce, Mayo)

### SIDE サイド (READY-TO- EAT)



#### ズッキーニの肉詰め MEAT STUFFED ZUCCHINI

Zucchini, Chicken, Onion,  
Tonkatsu Sauce,  
Ketchup, Panko, Soy  
Sauce, Mustard



#### 芽キャベツと アンチョビのロースト ROASTED BRUSSELS SPROUTS & ANCHOVY

Brussels Sprouts, Bell Pepper,  
Anchovy, Cheese, Garlic,  
Stock, Butter

### RICE/NOODLE ごはん/麺類 (READY-TO- COOK)



#### ツナときのこの和風パスタ TUNA & MUSHROOM PASTA SAUCE

Shimeji Mushroom, Onion, Tuna,  
Stock, Butter, Soy Sauce, Seaweed  
\*No pasta noodles in the package

※お米/パスタは別途\$1で2人  
前お届けが可能です。  
うどん・そば・ラーメン類は  
パッケージに含まれます。  
※SIDE ORDER OF  
RICE/PASTA NOODLES ARE  
\$1 PER 2 SERVINGS.  
SOBA, UDON, AND RAMEN  
NOODLES COME WITH  
YOUR PACKAGE.

※商品には密封された生肉を含みます。冷蔵でお届けいたしますが、  
オフィスお届けでお持ち帰りまでにお時間がかかる場合は、冷蔵庫で保存してください。  
お届け日から3日以降に調理する予定の場合は、商品（特に肉魚）を冷凍してください。

※ We deliver products which contains sealed raw meats refrigerated.

Please keep them refrigerated until you leave your office. If you plan to cook the products  
after 3 days from delivery, we recommend to freeze ingredients especially meats and fish.