

## VanGohan Recipe: Week of 2025-03-10

### Eggplant All'arrabbiata

#### Things you need to prepare

- Pasta Noodles
- Salt

#### Instructions

1. Boil pasta with salt.
2. Toss the pasta well with heated pasta sauce

### Fried chicken with sweet and sour sauce

#### Things you need to prepare

- Cooking oil

#### Instructions

1. Marinate Seasoning① with chicken for 5 mins
2. Wipe the moisture off the chicken and coat it with potato starch
3. Heat cooking oil in a pan on medium heat, then cook chicken until browned
4. Put a lid on the pan and cook chicken on low-medium heat for about 5 more mins until cooked. When cooked, remove it from the pan and drain oil well
5. Cut the chicken as you want and arrange it on a plate with vegetables and pour Seasoning⑤ on top of chicken.

### Pork With Mustard Sauce

#### Things you need to prepare

- Water

#### Instructions

1. Boil Pork in a pot and drain water.
2. Add Seasoning ② and carrots & ginger② in a bowl with boiled pork and mix them well
3. Arrange it on a plate with mixed green and Japanese basil

## PACKAGE OF THE WEEK

- 今週のメニュー -

MAR 11, 2025

### MAIN メイン (MEAL KIT)

WHAT WE SEND  
届くもの



ポークの  
からしごまソース  
PORK WITH  
MUSTARD SAUCE

Pork, Carrot, Ginger,  
Seasonings (Incl. Soy Sauce,  
Mustard Sesame Oil, Sesame)



香味だれの  
ユーリソチー  
FRIED CHICKEN  
WITH SWEET AND  
SOUR SAUCE

Chicken, Green Onion,  
Seasonings (Soy Sauce,  
Ginger, Garlic, Honey, Potato  
Starch)

### SIDE サイド (COOKED)

INGREDIENTS  
材料



COLD

味噌コールスロー  
MISO FLAVOUR  
COLESLAW

Cabbage, Carrots, Corn,  
Mayo, Miso, Vinegar



HOT

豆腐のナスあんかけ  
DEEP FRIED TOFU  
WITH EGGPLANT  
SAUCE

Tofu, Eggplant, Bell  
Pepper, Green Onion Sweet  
Chilli Sauce, Sesame Oil,  
Potato Starch, Soy Sauce

### RICE/NOODLE ごはん/麺類 (MEAL KIT)



ナスのアラビアータソース  
EGG PLANT  
ALL'ARRABBIATA SAUCE

Eggplant, Bacon, Tomato,  
Stock, Garlic, Pepper

\*No Pasta noodles in the package

※お米/パスタは別途\$1で2人前お届けが可能です  
※YOU CAN ORDER RICE/PASTA FOR \$1 PER 2 SERVINGS

### ON THE HOUSE アラスワソ



イタリアンドレッシング  
ITALIAN SALAD  
DRESSING

Lemon, Olive Oil,  
Soy Sauce, Garlic, Herbs

\*Pour it on your favorite  
vegetables

※商品には密封された生肉を含みます。冷蔵でお届けいたしますが、  
オフィスお届けでお持ち帰りまでにお時間がかかる場合は、冷蔵庫で保存してください。  
お届け日から3日以降に調理する予定の場合は、商品（特に肉魚）を冷凍してください。  
※ We deliver products which contains sealed raw meats refrigerated.  
Please keep them refrigerated until you leave your office. If you plan to cook the products  
after 3 days from delivery, we recommend to freeze ingredients especially meats and fish.