

VanGohan Recipe: Week of 2025-02-24

Burdock & Pork Mixed Rice Base

Things you need to prepare

- Cooked rice (2cups)

Instructions

1. Mix the Package with cooked rice (2cups)
2. Adjust the taste with soy sauce or salt
3. Please adjust the taste by mixing more/less than 2 cups of rice
4. Sprinkle green onions, Shichimi(Japanese chilli pepper mix) as you like

Chinese Style Stir-fried Beef And Egg

Things you need to prepare

- Cooking oil
- 2 Eggs (you can add more eggs)

Instructions

1. Marinate Beef with Seasoning① for 3mins and coat it with Potato starch
2. Heat a pan with oil and cook beaten eggs on medium heat and take it out from the pan half way through
3. Clean the pan and heat it with oil then stir-fry Beef on medium heat until the colour changes
4. Add Vegetables in a pan and lightly stir-fry
5. Add eggs from earlier and Seasoning⑤, mix them all together then arrange it on a plate

PACKAGE OF THE WEEK

- 今週のメニュー -

FEB 25, 2025

MAIN メイン (MEAL KIT)

WHAT WE SEND
届くもの



白身魚のソテー SAUTEED FISH WITH TOMATO SAUCE

White Fish, Tomato, Onion,
Lemon, Butter, Parsley,
Butter, Garlic)



牛肉と卵の中華風炒め CHINESE STYLE STIR-FRIED BEEF AND EGG

Beef, Yu-Choy, Carrot,
Seasonings (incl. Soy Sauce,
Oyster Sauce, Ginger, Potato
Starch)

SIDE サイド (COOKED)

INGREDIENTS
材料



里芋とベーコンの 煮っころがし SIMMERED TARO IN SOY SAUCE

Taro, Bacon, Green Bean,
Soy Sauce



きんぴらごぼう BRAISED (KINPIRA) BURDOCK

Burdock, Carrot, Sesame,
Soy Sauce, Stock, Sesame
Oil

RICE/NOODLE ごはん/麺類 (MEAL KIT)



牛蒡と豚肉の混ぜご飯 BURDOCK & PORK MIXED RICE

Pork, Burdock, Soy Sauce
*No rice in the package

※お米/パスタは別途\$1で2人前お届けが可能です
※YOU CAN ORDER RICE/PASTA FOR \$1 PER 2 SERVINGS

ON THE HOUSE アラスワン



やみつき漬け枝豆 ADDICTIVE MARINATED EDAMAME

Edamame, Soy Sauce, Sesame
Oil, Sesame, Garlic

※商品には密封された生肉を含みます。冷蔵でお届けいたしますが、
オフィスお届けでお持ち帰りまでにお時間がかかる場合は、冷蔵庫で保存してください。
お届け日から3日以降に調理する予定の場合は、商品（特に肉魚）を冷凍してください。
※ We deliver products which contains sealed raw meats refrigerated.
Please keep them refrigerated until you leave your office. If you plan to cook the products
after 3 days from delivery, we recommend to freeze ingredients especially meats and fish.