

# VanGohan Recipe: Week of 2024-04-22

## Pork With Mustard Sauce

### Things you need to prepare

- Water

### Instructions

1. Boil some water and cook Pork, drain water, and mix Seasoning①
2. Add carrots and ginger② and mix them well
3. Arrange it on a plate with Cucumber and Japanese basil

## Mayo Ponzu Chicken

### Things you need to prepare

- Cooking oil

### Instructions

1. Coat chicken with potato starch① lightly
2. Stir-fry chicken on a pan with cooking oil on medium heat until both side is browned
3. Add vegetables and cook until they get soft
4. Add Seasoning④ and cook for a few mins

## Takana Salad Udon

### Things you need to prepare

- Water

### Instructions

1. Boil udon noodles about 3-5mins, rinse them under cold running water and drain water well
2. Arrange the noodles on a plate and pour Seasoning all over, then add the tomatoes (cut in half) and lettuce on top
3. You can add soy sauce and/or sesame oil as you like!

# PACKAGE OF THE WEEK

- 今週のメニュー -

APRIL 23, 2024

## MAIN メイン (MEAL KIT)

WHAT WE SEND  
届くもの



### ポークの からしごまソース PORK WITH MUSTARD SAUCE

Pork, Carrot, Ginger,  
Seasonings (Incl. Soy Sauce,  
Mustard Sesame Oil, Sesame)



### マヨポンチキン MAYO PONZU CHICKEN

Chicken, Zucchini,  
Asparagus, Bell Pepper,  
Onion, Seasonings (Incl.  
Ponzu, Mayo, Soy Sauce,  
Sesame)

## SIDE サイド (COOKED)

INGREDIENTS  
材料



### マッシュルーム トマトほうれん草ソテー SAUTEED MUSHROOM AND VEGETABLES

Mushroom, Tomato,  
Spinach, Butter



### ポタトのポタージュ POTATO POTAGE

Potato, Onion, Butter,  
Stock, Milk

## RICE/NOODLE ごはん/麺類 (MEAL KIT)



### 高菜サラダうどん TAKANA SALAD UDON

Noodle, Takana Pickles, Cucumber,  
Tomato, Ham, Seasonings (Incl. Soy  
Sauce, Mayo, Sesame)

※お米/パスタは別途\$1で2人前お届けが可能です  
※YOU CAN ORDER RICE/PASTA FOR \$1 PER 2 SERVINGS

## ON THE HOUSE プラスワン



### 胡麻ドレッシング SESAME DRESSING

Sesame, Soy Sauce, Mayo,  
Vinegar, Sesame Oil

\*Pour dressing on your  
favorite vegetables

※商品には密封された生肉を含みます。冷蔵でお届けいたしますが、  
オフィスお届けでお持ち帰りまでにお時間がかかる場合は、冷蔵庫で保存してください。  
お届け日から3日以降に調理する予定の場合は、商品（特に肉魚）を冷凍してください。  
※ We deliver products which contains sealed raw meats refrigerated.  
Please keep them refrigerated until you leave your office. If you plan to cook the products  
after 3 days from delivery, we recommend to freeze ingredients especially meats and fish.