

VanGohan Recipe: Week of 2024-08-05

Pork Steak with Marmalade Sauce

Things you need to prepare

- Cooking oil
- Salt and pepper

Instructions

1. Heat Seasoning① with cooking oil on low heat on a pan until it smells well
2. Salt & pepper on Pork and grill pork and vegetables well (please wash vegetables before you cook)
3. Arrange pork on a plate. Wipe off the oil on a pan and heat Seasoning③
4. Pour the sauce on pork when it gets thick. Add black pepper as you prefer.

Sweet Simmered Chicken

Things you need to prepare

- Sesame oil

Instructions

1. Marinate chicken with Seasoning① for 10 mins. Soak beansprouts in water.
2. Cook green onion lightly with sesame oil on medium heat, then remove them from the pan
3. Keep the oil in the pan and stir fry both side of chicken for a few mins each
4. Drain water from beansprouts and coat them with potato starch
5. Add beansprouts and green onion and stir fry on high heat for a min and add Seasoning⑤
6. Pour sesame oil as preferred
7. ごま油

Udon Noodle With Grated Daikon

Things you need to prepare

- Water

Instructions

1. Boil udon noodles for about 1 min and cool them with water

2. Mix soup base and 200ml of water and make it cold (please adjust the amount of water as your preference)
3. Put soup and all Ingredients on top of udon in a bowl
4. Poached egg, grated ginger, and myoga (Japanese ginger) would be good additional toppings!



1 ORDER FOR 2 PEOPLE

PACKAGE OF THE WEEK

- 今週のメニュー -

AUG 6, 2024

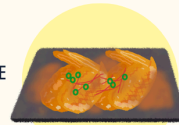
MAIN メイン (MEAL KIT)

WHAT WE SEND
届くもの



ポークの
マムレードソース
PORK WITH
MARMALADE SAUCE

Pork, Potato, Broccoli,
Seasonings (incl. Soy Sauce,
Ginger, Garlic, Lemon, Orange,
Rosemary)



甘辛手羽ねぎま
SWEET SIMMERED
CHICKEN

Wings, Green Onion, Bean
Sprout, Seasonings (incl. Soy
Sauce, Sesami Oil, Garlic,
Oyster Sauce, Potato Starch)

SIDE サイド (COOKED)

INGREDIENTS
材料



ケールとポタトの
ホットウラダ
KALE & POTATO
HOT SALAD

Kale, Potato, Bacon,
Cheese, Garlic



キノコと野菜の
ナムル
MUSHROOM &
VEGGIE NAMUL

Shimeji and Enoki
Mushrooms, Bok Choy,
Stock, Garlic, Sesame,
Sesame Oil

RICE/NOODLE ごはん/麺類 (MEAL KIT)



おろしうどん
UDON NOODLES
WITH GRATED DAIKON

Udon Noodle, Daikon, Green
Onion, Soy Sauce, Stock, Ginger,
Sesame

※お米/パスタは別途\$1で2人前お届けが可能です
※YOU CAN ORDER RICE/PASTA FOR \$1 PER 2 SERVINGS

ON THE HOUSE フラスワフ



玉ねぎ醤油漬
PICKLED ONION

White Onion, Soy
Sauce, Vinegar, Garlic

※商品には密封された生肉を含みます。冷蔵でお届けいたしますが、
オフィスお届けでお持ち帰りまでにお時間がかかる場合は、冷蔵庫で保存してください。
お届け日から3日以降に調理する予定の場合は、商品（特に肉魚）を冷凍してください。
※ We deliver products which contains sealed raw meats refrigerated.
Please keep them refrigerated until you leave your office. If you plan to cook the products
after 3 days from delivery, we recommend to freeze ingredients especially meats and fish.