

VanGohan Recipe: Week of 2025-06-16

Addictive Chicken

Things you need to prepare

- Cooking oil

Instructions

1. Marinate Chicken with Seasoning① for 10 mins
2. Cook chicken with cooking oil on medium heat for 3-5 mins
3. Add vegetables and cook them for 3-5 mins, and add Seasoning① used for marinating, then cook until chicken is well cooked

Hashed Beef Rice

Things you need to prepare

- Cooked Rice
- Cooking oil
- 250ml water

Instructions

1. Coat beef with flour then stir-fry it on a pan with cooking oil on medium heat
2. Remove beef from the pan when browned, then cook onion and mushroom
3. Add Seasoning③ and cook a few mins, add 250ml water until boiled, then put back the beef
4. Add and cook Seasoning④ on low heat
5. When the sauce is thick, put butter. Pour the sauce on rice (Adjust the taste with salt if needed)

Kimbap Style Mixed Rice Base

Things you need to prepare

- Cooked rice (2cups)
- Sesame oil

Instructions

1. Mix the Package with cooked rice (2cups)
2. Drizzle sesame oil over it
3. Please adjust flavour with salt or soy sauce
4. Sprinkle seaweed as you like

PACKAGE OF THE WEEK

- 今週のメニュー -

JUNE 17, 2025

MAIN メイン (MEAL KIT)

WHAT WE SEND
届くもの



やみつき！チキン ADDICTIVE CHICKEN

Chicken, Onion, Shimeji
Mushroom, Broccoli, Bell
Pepper, Seasonings (Incl.
Garlic, Ketchup, Soy Sauce,
Mayo)



ハヤシライス HASHED BEEF RICE

Sliced beef, Flour, Onion,
Mushroom, Seasonings
(incl. Japanese
Worcestershire Sauce,
Ketchup, Butter, Garlic
No Rice in the package)

SIDE サイド (COOKED)

INGREDIENTS
材料



COLD

おくらとしいたけの おびたし SIMMERED OKRA AND SHIITAKE

Okra, Shiitake Mushroom,
Bonito, Soy Sauce,



COLD

きゅうりのキムチ和え CUCUMBER & KIMCHI NAMUL

Cucumber, Choy Kimchi,
Tuna, Stock

RICE/NOODLE ごはん/麺類 (MEAL KIT)



キンパ風混ぜご飯の素 KIMBAP STYLE MIXED RICE BASE

Carrot, Spinach, Tuna, Mayo, Chicken
Stock, Soy Sauce, Sesame Oil
No rice in the package

※お米/パスタは別途\$1で2人前お届けが可能です
※YOU CAN ORDER RICE/PASTA FOR \$1 PER 2 SERVINGS

ON THE HOUSE アラスワン



玉ねぎ醤油漬 PICKLED ONION

White Onion, Soy
Sauce, Vinegar, Garlic

※商品には密封された生肉を含みます。冷蔵でお届けいたしますが、
オフィスお届けでお持ち帰りまでにお時間がかかる場合は、冷蔵庫で保存してください。
お届け日から3日以降に調理する予定の場合は、商品（特に肉魚）を冷凍してください。
※ We deliver products which contains sealed raw meats refrigerated.
Please keep them refrigerated until you leave your office. If you plan to cook the products
after 3 days from delivery, we recommend to freeze ingredients especially meats and fish.