

VanGohan Recipe: Week of 2025-10-06

Fried Chicken with Grated Daikon and Lime Sauce

Things you need to prepare

- Cooking oil
- Salt & pepper

Instructions

1. Salt & pepper on chicken and coat chicken with potato starch①
2. Pre-heat about 1-2cm of cooking oil in a pan or a pot at 180°C/350F (dip the handle of a wooden spoon or a chopstick into the oil, and the oil starts steadily bubbling, then the oil is hot enough)
3. Fry about 3-5 mins each side of chicken. Please make sure the chicken is well cooked
4. Bring Seasoning④ to a boil in a pan or microwave and toss it with freshly fried chicken in a bowl then arrange on a plate
5. Pour grated Daikon on top and add vegetables and sliced lime on the side

Pork With Mustard Sauce

Things you need to prepare

- Water

Instructions

1. Boil Pork in a pot and drain water.
2. Add Seasoning ② and carrots & ginger② in a bowl with boiled pork and mix them well
3. Arrange it on a plate with Cabbage and Japanese basil

Western Style Seasoned Rice

Things you need to prepare

- Salt
- 1 cup of rice : 150g/180ml (1.5cups for 3 people)
- Cheese (Optional)

Instructions

1. Put washed rice and bacon in a rice cooker pot, add water until the line for 1cup/1.5cup of rice then mix it well.
2. Put Vegetables② on top then start the rice cooker
3. Add Seasoning③ when rice is cooked and mix everything gently
4. Adjust taste with salt and cheese as you prefer

PACKAGE OF THE WEEK

- 今週のメニュー -

OCTOBER 7, 2025

MAIN メイン (MEAL KIT)



ポークの
からしごまソース
PORK WITH
MUSTARD SAUCE

Pork, Carrot, Ginger,
Seasonings (Incl. Soy Sauce,
Mustard Sesame Oil, Sesame)



鶏肉のみぞれ和え
FRIED CHICKEN
WITH GRADED
DAIKON & LIME
SAUCE

Chicken, Mixed Leaves, Daikon
Radish, Seasonings
(Incl. Soy Sauce, Lime, Yuzu)

SIDE サイド (COOKED)



COLD

チンゲン菜のおひたし
SIMMERED
BOK-CHOY

Bok-choy, Deep fried
tofu, Bonito stock, Soy
sauce



HOT

ミネストローネ
MINESTRONE
SOUP

Sausage, Tomato, Celery,
Onion, Potato, Carrot,
Zucchini, Cauliflower,
Garlic

RICE/NOODLE ごはん/麺類 (MEAL KIT)



洋風炊き込みご飯
WESTERN STYLE
SEASONED RICE

Bacon, Corn, Cabbage,
Wine, Stock, Soy Sauce,
Butter

*No rice included

※お米/パスタは別途\$1で2人
前お届けが可能です。
うどん・そば・ラーメン類はお
パッケージに含まれます。
※SIDE ORDER OF
RICE/PASTA NOODLES ARE
\$1 PER 2 SERVINGS.
SOBA, UDON, AND RAMEN
NOODLES COME WITH
YOUR PACKAGE.

※商品には密封された生肉を含みます。冷蔵でお届けいたしますが、
オフィスお届けでお持ち帰りまでにお時間がかかる場合は、冷蔵庫で保存してください。
お届け日から3日以降に調理する予定の場合は、商品（特に肉魚）を冷凍してください。

※ We deliver products which contains sealed raw meats refrigerated.

Please keep them refrigerated until you leave your office. If you plan to cook the products
after 3 days from delivery, we recommend to freeze ingredients especially meats and fish.