

VanGohan Recipe: Week of 2025-11-24

Oden Kit

Things you need to prepare

- Hot water
- 1 litre of water

Instructions

1. Pour enough water to cover Daikon Radish in a microwavable bowl, and microwave for 10 mins
2. Put all ingredients (vegetables and fish cakes) and Sauce②, and 1 litre of water in a pot and boil (eggs are in a paper bag)
3. When boiled, simmer 15 to 20 mins on low heat until all ingredients get soft and adjust taste with salt
4. If you would like less oily fish cakes, pour hot water on fish cakes before you cook
5. It takes more flavourful if you cool the oden once it's cooked and reheat right before you eat

Sweet & Sour Pork

Things you need to prepare

- Cooking oil
- 2 table spoon water

Instructions

1. Marinate pork with Seasoning① for 10 mins, then coat it with potato starch①
2. Microwave carrots for a few mins if you like soft carrots!
3. Stir-fry pork with cooking oil on medium heat. Add carrots and other vegetables
4. When vegetables are cooked, keep them on side of the pan and heat Seasoning④ and 2 table spoon water on the other side of the pan. (Mix the Seasoning ④ well before use)
5. Mix well and done!

Ume Becon Pasta (Sour Plum)

Things you need to prepare

- Salt
- Pasta

Instructions

1. Boil pasta with salt
2. Cook garlic and bacon on a pan on medium heat
3. Add boiled pasta when bacon is cooked
4. Add Seasoning④ and cook lightly, then stop the heat, mix arugula

5. Add some pasta boiled water to adjust taste

VanGohan

1 ORDER FOR 2 PEOPLE

PACKAGE OF THE WEEK

- 今週のメニュー -

NOVEMBER 25, 2025

MAIN
メイン
(MEAL KIT)



おでんセット
ODEN SET

Fish Cakes, Daikon Radish,
Carrot, Potato, Egg (Incl.
Soy Sauce, Stock)



酢豚
SWEET & SOUR
PORK

Pork, Onion, Bell Pepper,
Carrot, Seasonings (Incl.
Garlic, Ginger, Ketchup, Soy
Sauce, Vinegar, Stock)

SIDE
サイド
(COOKED)



白菜とお揚げの煮物
BRAISED
CHOY AND TOFU

Choy, Deep-fried Tofu, Soy
Sauce, Stock



トマト玉とろふわスープ
TOMATO & EGG'S
STARCHY SOUP

Tomato, Onion, Egg,
Shimeji Mushroom, Shiitake
Mushroom, Chicken stock,
Potato Starch

RICE/NOODLE
ごはん/麺類
(MEAL KIT)



梅肉ベーコンパスタ
UME BECON PASTA

Arugula, Spinach, Bacon,
Ume, Garlic, Stock
No pasta noodles included

※お米/パスタは別途\$1で2人
前お届けが可能です。
うどん・そば・ラーメン麺は
パッケージに含まれます。

※SIDE ORDER OF
RICE/PASTA NOODLES ARE
\$1 PER 2 SERVINGS.
SOBA, UDON, AND RAMEN
NOODLES COME WITH
YOUR PACKAGE.

※商品には密封された生肉を含みます。冷蔵でお届けいたしますが、
オフィスお届けでお持ち帰りまでにお時間がかかる場合は、冷蔵庫で保存してください。
お届け日から3日以降に調理する予定の場合は、商品（特に肉魚）を冷凍してください。

※ We deliver products which contains sealed raw meats refrigerated.

Please keep them refrigerated until you leave your office. If you plan to cook the products
after 3 days from delivery, we recommend to freeze ingredients especially meats and fish.