

## VanGohan Recipe: Week of 2024-12-02

### Asparagus and Bacon's Soy Saucy Pasta

#### Things you need to prepare

- Salt

#### Instructions

1. Boil pasta with salt (keep some boiled water when drain)
2. Heat the sauce, add some pasta boiled water and toss well with pasta
3. Adjust taste with soy sauce/ salt and/or
4. extra butter if you want!

### Beef Bowl

#### Things you need to prepare

- Cooked rice
- Egg yolk / Quail egg (Optional)

#### Instructions

1. Put onions and beef in a pan and cook on medium heat
2. When boiled, skim the foam from the surface and simmer for about 5 mins with a lid on
3. Add Shiitake, green onion and keep simmer for another 2 mins
4. Serve it with the broth on rice in a bowl and ginger
5. Add an egg yolk / quail egg as you like

### Simmered Chicken With Broccolis & Eggs

#### Things you need to prepare

- salt

#### Instructions

1. Put wings and Seasoning① in a pot, then cook on medium heat
2. When the Seasoning is boiled, cook wings for 15mins on low heat and flip sometimes
3. Boil vegetables sauté them with salt
4. Add eggs and cook for a few mins.
5. Arrange them with boiled vegetables

6. Chicken would taste better if you boil them for 5 mins beforehand.

**VanGohan**

1 ORDER FOR 2 PEOPLE

## PACKAGE OF THE WEEK

- 今週のメニュー -

DECEMBER 3, 2024

### MAIN

メイン  
(MEAL KIT)

WHAT WE SEND  
届くもの



牛丼  
BEEF BOWL

Beef, Onion, Shiitake  
Mushroom, Green Onion,  
Seasonings (Incl. Soy Sauce,  
Ginger, Stock)

\*No rice in the package



鶏肉のさっぱり煮  
SIMMERED  
CHICKEN WITH  
BROCCOLI AND  
EGGS

Chicken, Egg, Broccoli,  
Seasonings (incl. Soy Sauce,  
Vinegar)

### SIDE

サイド  
(COOKED)

INGREDIENTS  
材料



HOT

青梗菜と油揚げの  
ピリ辛炒め  
SPICY BOK CHOY &  
FRIED TOFU  
STIR-FRY

Fried Tofu, Bok Choy, Oyster  
Sauce, Miso, Garlic, Potato  
Starch, Chili Bean Sauce



HOT  
COLD

ポテトのポタージュ  
POTATO POTAGE

Potato, Onion, Butter,  
Stock, Milk

RICE/NOODLE ごはん/麺類  
(MEAL KIT)



アスパラベーコン  
パスタソース  
JAPANESE STYLE BACON  
ASPARAGUS PASTA SAUCE

Asparagus, Bacon, Butter, Soy Sauce  
No pasta noodles in the package

※お米/パスタは別途\$1で2人前お届けが可能です  
※ YOU CAN ORDER RICE/PASTA FOR \$1 PER 2 SERVINGS

ON THE HOUSE  
フラスコン



大根ドレッシング  
DAIKON RADISH  
DRESSING

Daikon, Lemon, Soy Sauce

※商品には密封された生肉を含みます。冷蔵でお届けいたしますが、  
オフィスお届けでお持ち帰りまでにお時間がかかる場合は、冷蔵庫で保存してください。  
お届け日から3日以降に調理する予定の場合は、商品（特に肉魚）を冷凍してください。

※ We deliver products which contains sealed raw meats refrigerated.

Please keep them refrigerated until you leave your office. If you plan to cook the products  
after 3 days from delivery, we recommend to freeze ingredients especially meats and fish.