

VanGohan Recipe: Week of 2024-04-22

Pork With Mustard Sauce

Things you need to prepare

- Water

Instructions

1. Boil some water and cook Pork, drain water, and mix Seasoning①
2. Add carrots and ginger② and mix them well
3. Arrange it on a plate with Cucumber and Japanese basil

Mayo Ponzu Chicken

Things you need to prepare

- Cooking oil

Instructions

1. Coat chicken with potato starch① lightly
2. Stir-fry chicken on a pan with cooking oil on medium heat until both side is browned
3. Add vegetables and cook until they get soft
4. Add Seasoning④ and cook for a few mins

Takana Salad Udon

Things you need to prepare

- Water

Instructions

1. Boil udon noodles about 3-5mins, rinse them under cold running water and drain water well
2. Arrange the noodles on a plate and pour Seasoning all over, then add the tomatoes and hum on top
3. You can add soy sauce and/or sesame oil as you like!

PACKAGE OF THE WEEK

- 今週のメニュー -

APRIL 16, 2024

MAIN メイン (MEAL KIT)

WHAT WE SEND
届くもの


白身魚のキムチ エスカベッシュ FISH & KIMCHI ESCABECHE

Fish, Cucumber, Onion,
Celery, Carrot, Kimchi,
Seasonings (Incl. Soy Sauce,
Lemon, Flour)


クリームシチュー CREAM STEW

Chicken, Broccoli, Onion,
Carrot, Potato, Seasonings
(Incl. Garlic, Butter, Flour)
*The package doesn't contain
milk

SIDE サイド (COOKED)

INGREDIENTS
材料


HOT

白菜とお揚げの煮物 BRAISED CHOY AND TOFU

Choy, Deep-fried Tofu, Soy
Sauce, Stock


COLD

なめらかポテサラ POTATO SALAD

Potato, Onion, Cucumber,
Anchovy, Mayo, Mustard,
Maple Syrup, Cream, Cheese

RICE/NOODLE ごはん/麺類 (MEAL KIT)



たくあんと高菜の 混ぜご飯の素 TAKUAN & TAKANA MIXED RICE BASE

Pickled Daikon, Sesame,
Sesame Oil, Pickled Mustard

※お米/パスタは別途\$1で2人前お届けが可能です
※YOU CAN ORDER RICE/PASTA FOR \$1 PER 2 SERVINGS

ON THE HOUSE プラスワン



かぶの漬物 PICKLED TURNIP

Turnip, Vinegar, Seaweed,
Red Pepper

※商品には密封された生肉を含みます。冷蔵でお届けいたしますが、
オフィスお届けでお持ち帰りまでにお時間がかかる場合は、冷蔵庫で保存してください。
お届け日から3日以降に調理する予定の場合は、商品（特に肉魚）を冷凍してください。
※ We deliver products which contains sealed raw meats refrigerated.
Please keep them refrigerated until you leave your office. If you plan to cook the products
after 3 days from delivery, we recommend to freeze ingredients especially meats and fish.