

# VanGohan Recipe: Week of 2025-10-20

## Hainanese Chicken Rice

### Things you need to prepare

- Rice (2 rice cups are recommended)

### Instructions

1. Wash rice, and add water for the amount of rice in your rice cooker, then Mix Seasoning①
2. Put chicken and green onion on top, and cook rice
3. When cooked, remove green onion and chicken. Cut chicken in pieces.
4. Arrange rice on a plate, put chicken, and pour Green onion and Seasoning④ on top with vegetables

## Hamburg Steak

### Things you need to prepare

- Cooking oil
- 75ml milk or an egg

### Instructions

1. Mix
2.   ◦ microwaved and cooled onion
3.   ◦ ground pork
4.   ◦ Seasoning①
5.   ◦ EITHER 75ml milk OR 1 egg
6. until it gets white ish and sticky
7. Form and make 2 thick round shaped patties and remove the air by tossing it back and forth one hand to the other for several times. Make sure the surface is smooth
8. Cook patties on a pan with cooking oil on slightly stronger low heat for a few mins. Flip them when one side is browned
9. Cook a lid on for 8-10 mins on low heat
10. Boil Vegetables with salt for a few mins or cook with meat
11. Insert a skewer to see if patties are cooked, then put hamburg & vegetables on a plate.
12. Add Seasoning⑦ into the pan with cooked oil, and cook them until it gets sticky then sauce is done

## Takuan & Takana Mixed Rice Base

### Things you need to prepare

- Cooked rice

### Instructions

1. Mix the Package with cooked rice (about 2 rice cups)
2. Please adjust the taste by mixing more/less than 1.5-2 cups of rice and add a little of salt if you want!

# VanGohan

1 ORDER FOR 2 PEOPLE

## PACKAGE OF THE WEEK

- 今週のメニュー -

OCTOBER 21, 2025

MAIN  
メイン  
(MEAL KIT)



ハンバーグ  
HAMBURG STEAK

Pork, Onion, Corn,  
Broccoli, Seasonings  
(Incl. Garlic, Panko,  
Worcestershire Sauce,  
Ketchup, Soy Sauce)  
*Please prepare milk or egg*



和風カオマンガイ  
HAINANESE  
CHICKEN RICE

Chicken, Green Onion,  
Seasonings (Incl. Garlic,  
Ginger, Oyster Sauce, Lemon,  
Honey, Nampula, Miso, Sesame  
Sauce, Soy Sauce)  
*\*No rice included*

SIDE  
サイド  
(COOKED)



茄子のピリ辛煮  
SIMMERED  
EGGPLANT WITH  
CHILI PEPPER

Eggplant, Garlic, Sesame  
Oil, Soy Sauce, Pepper,  
Stock



ポテト&かぼちゃの  
ハニーサラダ  
POTATO & PUMPKIN  
HONEY SALAD

Potato, Pumpkin, Honey,  
Mayo, Mustard, Almond

RICE/NOODLE  
ごはん/麺類  
(MEAL KIT)



たくあんと高菜の  
混ぜご飯の素  
TAKUAN & TAKANA  
MIXED RICE BASE

Pickled Daikon, Sesame,  
Sesame Oil, Pickled Mustard  
*\*No rice included*

※お米/パスタは別途\$1で2人  
前お届けが可能です。  
うどん・そば・ラーメン類はお  
パッケージに含まれます。  
※SIDE ORDER OF  
RICE/PASTA NOODLES ARE  
\$1 PER 2 SERVINGS.  
SOBA, UDON, AND RAMEN  
NOODLES COME WITH  
YOUR PACKAGE.

※商品には密封された生肉を含みます。冷蔵でお届けいたしますが、  
オフィスお届けでお持ち帰りまでにお時間がかかる場合は、冷蔵庫で保存してください。  
お届け日から3日以降に調理する予定の場合は、商品（特に肉魚）を冷凍してください。

※ We deliver products which contains sealed raw meats refrigerated.

Please keep them refrigerated until you leave your office. If you plan to cook the products  
after 3 days from delivery, we recommend to freeze ingredients especially meats and fish.