

VanGohan Recipe: Week of 2025-08-18

Fried Tofu Mixed Rice Base

Things you need to prepare

- Cooked rice (2 cups)

Instructions

1. Mix the Package with cooked rice (2cups)
2. Adjust the taste with soy sauce or salt

Stir-Fried Ginger Pork

Things you need to prepare

- Cooking oil

Instructions

1. Stir-fry onion on a pan with cooking oil on medium heat until it's soft
2. Coat pork with flour and cook until lightly cooked
3. Add Seasoning③, then cook on low-medium heat until the sauce is thickened. Arrange it with vegetables on a plate.

Teriyaki Mayo Chicken

Things you need to prepare

- Cooking oil

Instructions

1. Marinate chicken with Seasoning① about 10 mins
2. Cook chicken and vegetables② with cooking oil on medium heat for 3-5 mins each side
3. When cooked, add the marinated sauce in and cook another minute
4. Arrange with Seasoning④ on plate
5. Please make sure chicken is cooked well

PACKAGE OF THE WEEK

- 今週のメニュー -

AUG 19, 2025

MAIN メイン (MEAL KIT)



豚の生姜焼き GINGER PORK STIR-FRY

Pork, Onion, Cabbage,
Tomato, Seasonings (Soy
Sauce, Ginger, Garlic,
Honey)



照りマヨチキン TERIYAKI MAYO CHICKEN

Chicken, Onion, Bell
Pepper, Broccoli
Seasonings (Incl. Soy
Sauce, Mayo)

SIDE サイド (COOKED)



春雨サラダ VERMICELLI SALAD

Vermicelli, Carrot, Spinach,
Bean Sprout, Stock, Soy
Sauce, Vinegar, Sesame Oil



夏野菜の焼きびたし SIMMERED EGGPLANT, OKRA, AND BELL PEPPER

Eggplant, Okra, Bell
Pepper, Bonito, Soy Sauce

RICE/NOODLE ごはん/麺類 (MEAL KIT)



お揚げさんご飯 FRIED TOFU MIXED RICE BASE

Fried Tofu, Carrot,
Edamame, Soy Sauce

※お米/パスタは別途\$1で2人
前お届けが可能です。
うどん・そば・ラーメン類はお
パッケージに含まれます。

※SIDE ORDER OF
RICE/PASTA NOODLES ARE
\$1 PER 2 SERVINGS.
SOBA, UDON, AND RAMEN
NOODLES COME WITH
YOUR PACKAGE.

※商品には密封された生肉を含みます。冷蔵でお届けいたしますが、
オフィスお届けでお持ち帰りまでにお時間がかかる場合は、冷蔵庫で保存してください。
お届け日から3日以降に調理する予定の場合は、商品（特に肉魚）を冷凍してください。
※ We deliver products which contains sealed raw meats refrigerated.
Please keep them refrigerated until you leave your office. If you plan to cook the products
after 3 days from delivery, we recommend to freeze ingredients especially meats and fish.