

## VanGohan Recipe: Week of 2024-03-04

### Fluffy Chicken meatball

#### Things you need to prepare

- Cooking oil
- Salt & pepper

#### Instructions

1. Mix chicken, onion, Salt & pepper, and Seasoning① well until it gets sticky
2. Form it to bite-size meatballs
3. Stir-fry meatballs and vegetables on a pan with cooking oil on medium heat
4. When they are all browned, take vegetables out and put a lid on the pan and cook another 2 mins on lower heat
5. Add Seasoning⑤ and coat it around meat then it's ready to eat!

### Seaweed & Salmon Mixed Rice Base

#### Things you need to prepare

- Cooked rice

#### Instructions

1. Mix the Package with cooked rice (About 2cups for 2ppl/ 3cups for 3ppl)
2. Adjust the taste with soy sauce or salt
3. Please adjust the taste by mixing more/less than 2 cups of rice

### Sweet & Sour Pork

#### Things you need to prepare

- Cooking oil
- 2 table spoon water

#### Instructions

1. Marinate pork with Seasoning④ for 10 mins, then coat it with potato starch①
2. Microwave carrots for a few mins if you like soft carrots!
3. Stir-fry pork with cooking oil on medium heat. Add carrots and other vegetables
4. When vegetables are cooked, keep them on side of the pan and heat Seasoning④ and 2 table spoon water on the other side of the

pan. (Mix the Seasoning ④ well before use)  
5. Mix well and done!



1 ORDER FOR 2 PEOPLE

## PACKAGE OF THE WEEK

- 今週のメニュー -

MAR 5, 2023¥4

### MAIN メイン (MEAL KIT)

WHAT WE SEND  
届くもの



### ふわふわ鶏つくね FLUFFY CHICKEN MEATBALL

Chicken, Asparagus, (Incl.  
Soy Sauce, Ginger, Garlic,  
Potato Starch)

Please prepare an egg



### 酢豚 SWEET & SOUR PORK

Pork, Onion, Bell Pepper,  
Carrot, Seasonings (Incl.  
Garlic, Ginger, Ketchup, Soy  
Sauce, Vinegar, Stock)

### SIDE サイド (COOKED)

INGREDIENTS  
材料



HOT

### 里芋とベーコンの 煮っころがし SIMMERED TARO IN SOY SAUCE

Taro, Bacon, Green Bean,  
Soy Sauce



COLD

### こら大根ナムル DAIKON CHIVES NAMUL

Daikon, Chives, Sesame  
Oil, Stock

### RICE/NOODLE ごはん/麺類 (MEAL KIT)



### わかめと鮭の混ぜご飯 SEAWEED AND SALMON MIXED RICE BASE

Seaweed, Salmon, Sesame

※お米/パスタは別途\$1で2人前お届けが可能です  
※YOU CAN ORDER RICE/PASTA FOR \$1 PER 2 SERVINGS

### ON THE HOUSE プラスワン



### のり佃煮 SEAWEED BOILED IN SOY SAUCE

Seaweed, Soy Sauce, Stock  
\*Good with Rice, Pasta, Omelette

※商品には密封された生肉を含みます。冷蔵でお届けいたしますが、  
オフィスお届けでお持ち帰りまでにお時間がかかる場合は、冷蔵庫で保存してください。  
お届け日から3日以降に調理する予定の場合は、商品（特に肉魚）を冷凍してください。  
※ We deliver products which contains sealed raw meats refrigerated.  
Please keep them refrigerated until you leave your office. If you plan to cook the products  
after 3 days from delivery, we recommend to freeze ingredients especially meats and fish.