

VanGohan Recipe: Week of 2025-03-03

Beef Stew

Things you need to prepare

- Cooking oil
- 250ml water

Instructions

1. Coat beef with flour, then stir-fry in a pot with cooking oil
2. When beef is browned, add and cook vegetables
3. Add Seasoning③ for a few mins. Add 250ml water and stew it
4. When beef gets soft, add Seasoning④ and cook on low heat for a while until the sauce gets thick
5. Mix butter at the end

Starchy Ramen Sauce

Things you need to prepare

- Water (200ml each bowl)

Instructions

1. Boil ramen noodles for 6 mins and drain the water
2. Heat starchy sauce② in a pan
3. Put half of soup base③ and 200ml boiled water in each bowl and mix them well (1/3 for 3 people's package)
4. Add boiled ramen noodle in the bowl and pour heated starchy sauce on it