

VanGohan Recipe: Week of 2024-11-18

Hashed Beef Rice

Things you need to prepare

- Cooked Rice
- Cooking oil
- 250ml water

Instructions

1. Coat beef with flour then stir-fry it on a pan with cooking oil on medium heat
2. Remove beef from the pan when browned, then cook onion and mushroom
3. Add Seasoning^③ and cook a few mins, add 250ml water until boiled, then put back the beef
4. Add and cook Seasoning^④ on low heat
5. When the sauce is thick, put butter. Pour the sauce on rice (Adjust the taste with salt if needed)

Kimchi Hotpot Kit

Things you need to prepare

- Sesame oil/ cooking oil
- 400ml water

Instructions

1. Heat a pan on medium heat with sesame oil or cooking oil and cook pork until cooked
2. Cook Vegetables^② lightly
3. Add and boil Seasoning^③ and 400ml water.
4. Cook Tofu, Kimchi, and bean spouts and boil until they are cooked

Seaweed & Salmon Mixed Rice Base

Things you need to prepare

- Cooked rice

Instructions

1. Mix the Package with cooked rice (2cups)
2. Adjust the taste with soy sauce or salt
3. Please adjust the taste by mixing more/less than 2 cups of rice

PACKAGE OF THE WEEK

- 今週のメニュー -

NOVEMBER 19, 2024

MAIN メイン (MEAL KIT)

WHAT WE SEND
届くもの



ハヤシライス HASHED BEEF RICE

Sliced beef, Flour, Onion,
Mushroom, Seasonings
(incl. Japanese
Worcestershire Sauce,
Ketchup, Butter, Garlic
No Rice in the package



キムチ鍋セット KIMCHI HOTPOT KIT

Pork, Tofu, Kimchi, Onion,
Bean Sprout, Shimeji,
Chive. Seasonings (Incl. Soy
Sauce, Stock, Gochujang,
Sesame Oil)

SIDE サイド (COOKED)

INGREDIENTS
材料



HOT

トマトととろふわスープ TOMATO & EGG'S STARCHY SOUP

Tomato, Onion, Egg, Shimeji
Mushroom, Shiitake
Mushroom, Chicken stock,
Potato Starch



HOT

ごろっと玉ねぎ BRAISED ONION

Onion, Stock, Pork, Stock,
Olive Oil

RICE/NOODLE ごはん/麺類 (MEAL KIT)



わかめと鮭の混ぜご飯 SEAWEED AND SALMON MIXED RICE BASE

Seaweed, Salmon, Sesame

ON THE HOUSE アラスワン



たくあんアボカドユッケ PICKLED DAIKON & AVOCADO YUKHOE

Avocado, Onion, Pickled Daikon,
Soy Sauce, Sesame Oil, Garlic,
Sesame, Gochujang

※お米/パスタは別途\$1で2人前お届けが可能です
※ YOU CAN ORDER RICE/PASTA FOR \$1 PER 2 SERVINGS

※商品には密封された生肉を含みます。冷蔵でお届けいたしますが、
オフィスお届けでお持ち帰りまでにお時間がかかる場合は、冷蔵庫で保存してください。
お届け日から3日以降に調理する予定の場合は、商品（特に肉魚）を冷凍してください。
※ We deliver products which contains sealed raw meats refrigerated.
Please keep them refrigerated until you leave your office. If you plan to cook the products
after 3 days from delivery, we recommend to freeze ingredients especially meats and fish.