

# VanGohan Recipe: Week of 2025-11-17

## Kimchi Hotpot Kit

### Things you need to prepare

- Sesame oil/ cooking oil
- 400ml water

### Instructions

1. Heat a pan on medium heat with sesame oil or cooking oil and cook pork until cooked
2. Cook Vegetables<sup>②</sup> lightly
3. Add and boil Seasoning<sup>③</sup> and 400ml water.
4. Cook Tofu, Kimchi, and bean sprouts and boil until they are cooked

## Seaweed & Salmon Mixed Rice Base

### Things you need to prepare

- Cooked rice

### Instructions

1. Mix the Package with cooked rice (2cups)
2. Adjust the taste with soy sauce or salt
3. Please adjust the taste by mixing more/less than 2 cups of rice

## Sweet Soy Saucy Meatballs & Choy

### Things you need to prepare

- Cooking oil
- 2 teaspoons (10ml) water
- 50ml water
- Sesame Oil (optional)

### Instructions

1. Mix Potato Starch with 10ml water (2 tea spoon)
2. Mix ground meat and Seasoning<sup>②</sup> and form into bite-sized meatballs
3. Cook the meatballs on medium heat with cooking oil
4. Stir-fry bok choy and carrot when meatballs are cooked
5. Add Seasoning<sup>⑤</sup> and 50ml water then cook them until water is boiled. Then put a lid on and cook for a few mins on low heat
6. Pour potato starch water. When it gets thick, add sesame oil at the end if you prefer

## PACKAGE OF THE WEEK

-今週のメニュー-

NOVEMBER 18, 2025

MAIN  
メイン  
(MEAL KIT)



肉団子と青梗菜の照り煮  
SWEET SOY SAUCY  
MEATBALLS  
& CHOY  
Minced Pork, Choy,  
Seasonings (Inc. Green  
Onion, Soy Sauce, Potato  
Starch, Stock, Sesame Oil,  
Ginger)

キムチ鍋セット  
KIMCHI  
HOTPOT KIT

Pork, Tofu, Kimchi, Onion,  
Bean Sprout, Shimeji,  
Chive. Seasonings (Incl. Soy  
Sauce, Stock, Gochujang,  
Sesame Oil)

SIDE  
サイド  
(COOKED)



マッシュルーム  
トマトほうれん草ソテー<sup>HOT</sup>  
SAUTEED MUSHROOM  
AND VEGETABLES  
Mushroom, Tomato,  
Spinach, Butter



ごろっと玉ねぎ  
BRAISED ONION  
Onion, Stock, Pork, Stock,  
Olive Oil

RICE/NOODLE  
ごはん / 麺類  
(MEAL KIT)



わかめと鮭の混ぜご飯  
SEAWEED AND SALMON  
MIXED RICE BASE  
Seaweed, Salmon, Sesame  
No rice included

※お米 / パスタは別途 \$1 で 2 人  
前お届けが可能です。  
うどん・そば・ラーメン麺は  
パッケージに含まれます。  
※SIDE ORDER OF  
RICE/PASTA NOODLES ARE  
\$1 PER 2 SERVINGS.  
SOBA, UDON, AND RAMEN  
NOODLES COME WITH  
YOUR PACKAGE.

※商品には密封された生肉を含みます。冷蔵でお届けいたしますが、  
オフィスお届けでお持ち帰りまでにお時間がかかる場合は、冷蔵庫で保存してください。  
お届け日から3日以降に調理する予定の場合は、商品（特に肉魚）を冷凍してください。  
※ We deliver products which contains sealed raw meats refrigerated.  
Please keep them refrigerated until you leave your office. If you plan to cook the products  
after 3 days from delivery, we recommend to freeze ingredients especially meats and fish.