

# VanGohan Recipe: Week of 2024-05-27

## Fried chicken with sweet and sour sauce

### Things you need to prepare

- Cooking oil

### Instructions

1. Marinate chicken with Seasoning① for 5 mins
2. Wipe the water off the chicken and coat it with potato starch②
3. Heat cooking oil (about 1cm) in a pan on medium heat, then cook chicken until browned
4. Put a lid on the pan and cook chicken on low-medium heat for about 5-8 more mins until fully cooked. When cooked, remove it from the pan and drain oil well
5. Cut the chicken as you want and arrange it on a plate with vegetables and pour Seasoning⑤ on top of chicken.

## Hiyashi Ramen

### Things you need to prepare

- Water

### Instructions

1. Boil noodles about 4-6 mins (adjust the time for the firmness you like), and cool them with cold water
2. Heat Sauce② and add 20ml water then cool it
3. Drain water and arrange noodles, ham, eggs and vegetables in a bowl or a plate, then pour the sauce

## Steamed Pork & Veggies

### Things you need to prepare

- Salt

### Instructions

1. Put pork on a pan and pour Seasoning① on top
2. Add Vegetable② on pork and a little bit of salt
3. Cook it on medium heat with a lid on
4. When it's started boiling, cook another 5 mins on lower heat
5. Drain water, then mix with Seasoning⑤ and arrange it in a bowl

# PACKAGE OF THE WEEK

- 今週のメニュー -

MAY 28, 2024

## MAIN メイン (MEAL KIT)

WHAT WE SEND  
届くもの



香味だれの  
ユーリソチー  
FRIED CHICKEN  
WITH SWEET AND  
SOUR SAUCE

Chicken, Green Onion,  
Seasonings (Soy Sauce,  
Ginger, Garlic, Honey, Potato  
Starch)



豚&たっぷり蒸し春野菜  
STEAMED  
PORK & VEGGIES

Pork, Lettuce, Onion,  
Broccoli, Seasonings (Incl. Soy  
Sauce, Sesame, Sesame Oil,  
Garlic)

## SIDE サイド (COOKED)

INGREDIENTS  
材料



ビーツの煮物  
JAPANESE-STYLE  
BRAISED BEETS

Beet, Carrot, Pea, Soy  
Sauce, Stock, Vinegar



3色ナムル  
3-COLOUR NAMUL

Bean sprout, Carrot,  
Spinach, Sesame,  
Sesame Oil, Garlic

## RICE/NOODLE ごはん/麺類 (MEAL KIT)

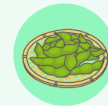


冷やし中華  
HIYASHI RAMEN

Ramen Noodles, Cucumber,  
Tomato, Ham, Soy Sauce,  
Vinegar, Ginger, Lemon

※お米/パスタは別途\$1で2人前お届けが可能です  
※YOU CAN ORDER RICE/PASTA FOR \$1 PER 2 SERVINGS

## ON THE HOUSE プラスワン



枝豆ピリ辛漬け  
SPICY EDAMAME

Edamame, Soy Sauce,  
Pepper, Garlic

※商品には密封された生肉を含みます。冷蔵でお届けいたしますが、  
オフィスお届けでお持ち帰りまでにお時間がかかる場合は、冷蔵庫で保存してください。  
お届け日から3日以降に調理する予定の場合は、商品（特に肉魚）を冷凍してください。  
※ We deliver products which contains sealed raw meats refrigerated.  
Please keep them refrigerated until you leave your office. If you plan to cook the products  
after 3 days from delivery, we recommend to freeze ingredients especially meats and fish.