

VanGohan Recipe: Week of 2025-04-07

Stir Fry Pork with Basil

Things you need to prepare

- Cooked rice
- Sunny side up egg (if you want!)

Instructions

1. Cook Seasoning① at medium heat
2. Cook onion and bell pepper when you smell the garlic. Add ground pork, and stir-fry until it's cooked
3. Add Seasoning③ and shred basil and stir-fry lightly
4. Pour it on/side of rice
5. Make a sunny side up egg and put it on top (optional)

Takana Salad Udon

Things you need to prepare

- Water

Instructions

1. Boil udon noodles about 3-5mins, rinse them under cold running water and drain water well
2. Arrange the noodles on a plate and pour Seasoning all over, then add the tomatoes (cut in half) and lettuce on top
3. You can add soy sauce and/or sesame oil as you like!

Tandoori Chicken

Things you need to prepare

- Salt and pepper
- Cooking oil

Instructions

1. Marinate chicken with salt and pepper & Seasoning①, and leave it for 1 hour
2. Stir-fry both side of lemon and zucchini (put some salt and pepper) with cooking oil on medium heat
3. Arrange vegetables on a plate
4. Clean the pan and put cooking oil again. Cook chicken until both side is browned

- Put a lid on and cook them for 4-5 mins on low heat. Make sure the inside of chicken is cooked well.
- Seasoning is very easy to burn, so please check the chicken often and flip it before it's too late!!

VanGohan

1 ORDER FOR 2 PEOPLE

PACKAGE OF THE WEEK

- 今週のメニュー -

APRIL 8, 2025

MAIN メイン (MEAL KIT)

WHAT WE SEND
届くもの



ガパオライス STIR FRY PORK WITH BASIL

Ground pork, Onion, Bell pepper, Basil,
Seasonings (Incl. Garlic, Nampula, Soy sauce, Chili Bean Paste, Oyster Sauce, Sesame, Sesame oil)

*This doesn't contain rice



タンドリーチキン TANDOORI CHICKEN

Chicken, Lemon, Zucchini Seasonings
(incl. Ginger, Garlic, Ketchup, Curry Powder, Yogurt)

SIDE サイド (COOKED)

INGREDIENTS
材料



HOT

根菜ハニーマスタード ROOT VEGETABLE HONEY MUSTARD

Root Vegetable, Onion, Pork, Mustard, Honey, Olive Oil, Parsley



COLD

白菜とツナのおかかポン酢 TUNA & CHOY SALAD WITH PONZU AND BONITO FLAKES

Tuna, Choy, Ponzu, Bonito Flakes, Stock, Sesame Oil, Soy Sauce, Sesame

RICE/NOODLE ごはん/麺類 (MEAL KIT)



高菜サラダうどん TAKANA SALAD UDON

Noodle, Takana Pickles, Cucumber, Tomato, Ham, Seasonings (Incl. Soy Sauce, Mayo, Sesame)

※お米/パスタは別途\$1で2人前お届けが可能です
※ YOU CAN ORDER RICE/PASTA FOR \$1 PER 2 SERVINGS

ON THE HOUSE アラスワン



なすの漬物 PICKLED EGGPLANT

Egg plant, Chili Pepper, Kelp, Rice Vinegar

※商品には密封された生肉を含みます。冷蔵でお届けいたしますが、オフィスお届けでお持ち帰りまでにお時間がかかる場合は、冷蔵庫で保存してください。お届け日から3日以降に調理する予定の場合は、商品（特に肉魚）を冷凍してください。

※ We deliver products which contains sealed raw meats refrigerated.

Please keep them refrigerated until you leave your office. If you plan to cook the products after 3 days from delivery, we recommend to freeze ingredients especially meats and fish.