

# VanGohan Recipe: Week of 2025-09-29

## Maze Udon

### Things you need to prepare

- 水

### Instructions

1. Heat Package①
2. Boil Udon noodle for 1 min (Cool the noodle with cold water if you prefer the cold noodle)
3. Drain the water well, then mix seasoning③ with noodle, and arrange it on a plate/ bowl
4. Put cucumber and package① on top
5. Make a hole on tuna and add an egg yolk if you like

## Steamed Pork & Veggies

### Things you need to prepare

- Salt

### Instructions

1. Put pork on a pan and pour Seasoning① on top
2. Add Package② on pork and a little bit of salt
3. Cook it on medium heat with a lid on
4. When it's started boiling, cook another 5 mins on lower heat
5. Drain water, then mix with Seasoning⑤ and arrange it in a bowl

## Sweet & Sour Chilli Fried Chicken

### Things you need to prepare

- Cooking oil
- 2 tablespoon water (30ml)

### Instructions

1. Season Chicken with Seasoning① then coat it with potato starch
2. Heat a pan with oil and cook Chicken until the colour changes
3. Add Vegetables, Seasoning③, and 2 tablespoon water and stair-fry
4. Please make sure chicken is cooked through

## PACKAGE OF THE WEEK

- 今週のメニュー -

SEPT 30, 2025

### MAIN メイン (MEAL KIT)



#### 鶏チリ SWEET & SOUR CHILLI FRIED CHICKEN

Chicken, Choy, Green Onion  
Seasonings (Incl. Soy Sauce,  
Doubanjiang, Ketchup, Sesame  
Oil, Ginger)



#### 豚&たっぷり蒸し野菜 STEAMED PORK & VEGGIES

Pork, Lettuce, Onion,  
Broccoli, Seasonings (Incl. Soy  
Sauce, Sesame, Sesame Oil,  
Garlic)

### SIDE サイド (COOKED)



#### 根菜の煮物 SIMMERED ROOT VEGETABLE

Konjac, Pea, Taro, Carrot,  
Daikon, Stock, Soy Sauce,  
Vinegar, Sesami Oil



#### 白和え SPINACH WITH MASHED TOFU

Spinach, Tofu, Carrot,  
Sesami, Soy Sauce, Stock

### RICE/NOODLE ごはん/麺類 (MEAL KIT)



#### 甘辛混ぜうどん MAZE UDON

Tuna, Shiitake Mushroom, Cucumber,  
Udon Noodles, Sesame Oil, Miso,  
Soy Sauce, Potato Starch

※お米/パスタは別途\$1で2人  
前お届けが可能です。  
うどん・そば・ラーメン類はお  
パッケージに含まれます。  
※SIDE ORDER OF  
RICE/PASTA NOODLES ARE  
\$1 PER 2 SERVINGS.  
SOBA, UDON, AND RAMEN  
NOODLES COME WITH  
YOUR PACKAGE.

※商品には密封された生肉を含みます。冷蔵でお届けいたしますが、  
オフィスお届けでお持ち帰りまでにお時間がかかる場合は、冷蔵庫で保存してください。  
お届け日から3日以降に調理する予定の場合は、商品（特に肉魚）を冷凍してください。

※ We deliver products which contains sealed raw meats refrigerated.

Please keep them refrigerated until you leave your office. If you plan to cook the products  
after 3 days from delivery, we recommend to freeze ingredients especially meats and fish.