

VanGohan Recipe: Week of 2024-04-29

Grilled Pork with Salty Green Onion Sauce

Things you need to prepare

- Salt and pepper
- Cooking oil

Instructions

1. Salt and pepper on pork
2. Stir-fry pork on a pan with cooking oil on medium heat until both side is browned
3. Add green onion sauce③ in a pan and mix it with pork (or pour Sauce and green onion on the side with cooked pork on a plate)
4. Arrange pork on a plate with sauce. Put cabbage and tomatoes on the side
5. You can put pork and sauce on rice and make a pork bowl!

Mushroom Mixed Rice Base

Things you need to prepare

- Cooked rice (2cups)

Instructions

1. Mix the Package with cooked rice (2cups)
2. Adjust the taste with soy sauce or salt
3. Please adjust the taste by mixing more/less than 2 cups of rice

Tandoori Chicken

Things you need to prepare

- Salt and pepper
- Cooking oil

Instructions

1. Marinate chicken with salt and pepper & Seasoning①, and leave it for 1 hour
2. Stir-fry both side of lemon and zucchini (put some salt and pepper) with cooking oil on medium heat
3. Arrange vegetables on a plate

- Clean the pan and put cooking oil again. Cook chicken until both side is browned
- Put a lid on and cook them for 4-5 mins on low heat. Make sure the inside of chicken is cooked well.
- Seasoning is very easy to burn, so please check the chicken often and flip it before it's too late!!



1 ORDER FOR 2 PEOPLE

PACKAGE OF THE WEEK

- 今週のメニュー -

APRIL 30, 2024

<p>MAIN メイン (MEAL KIT)</p> <p>WHAT WE SEND 届くもの</p>		<p>タンドリーチキン TANDOORI CHICKEN</p> <p>Chicken, Lemon, Zucchini Seasonings (incl. Ginger, Garlic, Ketchup, Curry Powder, Yogurt)</p>		<p>豚ネギ塩だれ GRILLED PORK WITH SALTY GREEN ONION SAUCE</p> <p>Pork, Green Onion, Cabbage, Tomato, Seasonings (Lemon, Stock, Garlic, Sesame Oil)</p>
<p>SIDE サイド (COOKED)</p> <p>INGREDIENTS 材料</p>	<p>HOT</p>	<p>白菜の洋風蒸し煮 STEAM-BRAISED CHOY</p> <p>Choy, Corn, Stock, Wine, Butter, Corn Starch, Ginger, Soy Milk</p>	<p>COLD</p>	<p>レタスとりのりやみつきサラダ LETTUCE SALAD</p> <p>Lettuce, Seaweed, Soy Sauce, Garlic, Sesami, Sesami Oil</p>
<p>RICE/NOODLE ごはん/麺類 (MEAL KIT)</p> <p>きのこのまぜご飯の素 MUSHROOM MIXED RICE BASE</p> <p>Shiitake, Enoki, Shimeji, Carrots, Seasonings (Incl. Stock, Soy Sauce)</p> <p>*Please prepare your own rice</p> <p>※お米/パスタは別途\$1で2人前お届けが可能です ※YOU CAN ORDER RICE/PASTA FOR \$1 PER 2 SERVINGS</p>		<p>ON THE HOUSE プラスワン</p> <p>きゅうりの和風レモン漬 PICKLED CUCUMBER WITH LEMON & BROTH</p> <p>Cucumber, Broth, Olive Oil, Lemon</p>		

※商品には密封された生肉を含みます。冷蔵でお届けいたしますが、オフィスお届けでお持ち帰りまでにお時間がかかる場合は、冷蔵庫で保存してください。お届け日から3日以降に調理する予定の場合は、商品（特に肉魚）を冷凍してください。

※ We deliver products which contains sealed raw meats refrigerated. Please keep them refrigerated until you leave your office. If you plan to cook the products after 3 days from delivery, we recommend to freeze ingredients especially meats and fish.