

Chapel Hill Friends Meeting

Newsletter: Eleventh Month, 2025



Monthly Query: *What am I grateful for, and how do I show my gratitude?*

Monthly Worship Tip from the M&W Committee: *Come to Meeting with neither a resolve to speak, nor a determination not to speak, but rather with an attitude of expectant waiting and openness.*

Contents

Monthly Calendar	1
Upcoming Zoom Fora	1
Upcoming Events	2
IFC Cold Weather Drive, Nov. 9, 16	2
Memorial Service for Barbara Williamson, Fri. Nov. 14, 2 pm	2
Piedmont Friends Retreat & Annual Sessions, June 5, 6, 7	2
CFS Beloved Community Offerings this Coming Fall And Spring	3
Announcements	3
Here comes the Racial Equity Subcommittee!	3
Update on Quaker House	4
Newsletter of the Ramallah Friends School	5
Eno Meeting (Hillsborough) Has Started a Democracy Boycott	5
Quaker Study Tour to Bolivia	5
Recurring Announcements	6
InterFath Council Committee Is Seeking Volunteers	6
Zoom Tech Hosts Wanted	6
Inter-Faith Council Pantry Needs Donated Food Items	7
FRIENDS, PLEASE LIMIT YOUR WEEKDAY MEETINGHOUSE VISITS.	7
Newsletter & eNews Reminder	7
Recurring Events	8
Prayers for Healing/Holding in the Light, 2nd and 4th Wednesday, 7-8:30 pm	8
Meeting for Worship with Attention to Peace in Palestine, Thursdays, 5:30pm	8

Pendle Hill Worship via Zoom, Daily, 8:30-9:10am	8
Pray for Peace - From Friends House Moscow, Daily	9
Business Meeting Minutes	10



Monthly Calendar

First Sunday	<ul style="list-style-type: none"> • 8:15 - 9:15 am - Early worship in the meeting room • 9:30 - 10:30 am - Forum via Zoom • 11:00 am - 12:00 - Worship in the meeting room • 11:00 am - 12:00 - Online worship via Zoom • After meeting - Potluck in the schoolhouse
Second Sunday	<ul style="list-style-type: none"> • 8:15 - 9:15 am - Early worship in the meeting room • 9:30 - 10:30 am - Forum via Zoom • 11:00 am - 12:00 - Blended Meeting in the meeting room and via Zoom
Third Sunday	<ul style="list-style-type: none"> • 8:00 - 9:00 am - Early worship in the meeting room (reverts to 8:15 the following week) • 9:00 - 10:30 am - Meeting for Worship with Attention to Business via Zoom • 11:00 am - 12:00 - Worship in the meeting room • 11:00 am - 12:00 - Online worship via Zoom
Fourth Sunday	<ul style="list-style-type: none"> • Same as Second Sunday - Blended Meeting
Fifth Sunday	<ul style="list-style-type: none"> • Same as First Sunday, but without potluck



Upcoming Zoom Fora

<https://www.chapelhillfriends.org/forums.html>

November 2: Seeds of War / Seeds of Peace

How do we as Quakers respond to violence in Palestine/Israel?

The Seeds of War / Seeds of Peace working group from Raleigh Friends Meeting, inspired in part by the example of John Woolman, has been meeting for over a year to explore how their lives are connected to all the forms of violence in Palestine/Israel and how they might respond

as Quakers, both collectively and individually. We have invited them to lead a discussion on what they have learned from their study of the meaning of peace as well as of the violence in Palestine/Israel.

November 9: Quaker Meetings and the Practice of Vocal Ministry

Our forum, "Quaker Meetings for Worship and the Practice of Vocal Ministry", is offered by the Ministry and Worship Committee.

The forum will look at the role of vocal ministry as a distinctive aspect of Quakerism, and explore the queries: Why do I hesitate to speak in Meeting for Worship? What leads me to speak in Meeting for Worship? How do I respond when I hear a Message that does not speak to me in Meeting for Worship? and What can I do to enrich our individual and collective experiences of vocal ministry in Meeting for Worship?

November 16: Meeting for Worship with Attention to Business (no forum)

November 23: TBA

November 23: TBA



Upcoming Events

IFC Cold Weather Drive, Nov. 9, 16

Carolyn White shares with Friends:

The weather is changing, the holidays are around the corner, and the IFC committee is sponsoring a food and cold weather supplies trunk drive **November 9 and 16**. On those First days, we hope to stuff one or more car trunks with nonperishable foods and household supplies for the Community Market and another car trunk with cold weather supplies for the Men's Shelter. Look for the specific list of items needed in the foyer or posted in the enews or check the IFC website for its lists of Current Needs (<https://www.ifcweb.org/needs>) If you scroll down, you will also see the needs for each of the shelters. Since Thanksgiving is near, think about donating items such as stuffing mix, mashed potato mix, cans of pumpkin, canned vegetables, macaroni and cheese mix.

Bring your items November 9 and 16 and we will load them into our cars and deliver them to the Market or the shelter. Thanks for your support!

Memorial Service for Barbara Williamson, Fri. Nov. 14, 2 pm

Alice Carlton shares with Friends:

Friends are invited to the Memorial Service for Barbara Williamson on Friday November 14 at 2 pm in the Carol Woods Assembly Hall. A reception will follow in the social lounge.

Piedmont Friends Retreat & Annual Sessions, June 5, 6, 7

Piedmont Friends will be meeting for the 2026 Retreat & Annual Sessions at Haw River State Park, June 5, 6, 7.

As we prepare for this expanded gathering, we are inviting all Piedmont Friends meetings to participate in the planning and to recommend a Friend from their meeting to serve on the Retreat Planning Committee.

The Committee will meet periodically on Zoom to plan for

- Retreat theme, focus and queries
- Adult, Youth and Young Adult Programming
- Accommodations and meal arrangements with Haw River State Park
- Coordinate with the Clerking Committee the Annual Sessions
- Retreat flyer, communications, registration

Information about the Retreat and Haw River State Park, including some pictures from an initial site-visit, is available on our website at:

<https://www.piedmontfriends.org/2026-retreat-annual-sessions/>

CFS Beloved Community Offerings this Coming Fall And Spring

Pam Schwingl shares with Friends:

From Carolina Friends School Beloved Community Institute:

UPCOMING WELLNESS AND TRANSFORMATIONAL TRAVEL-LEARNING PROGRAMS

Registration opens soon!

- **Coastal Journey**, a six-day racial justice trip to Savannah and Charleston. **Early March 2026**
- **Quaker Journey**, a weeklong visit to the 17th-century roots of Quakerism in the breathtaking Lake District of Northern England. **2-9 August 2026**

You can see links for these and additional offerings at www.cfsnc.org/AdultEnrichment.



Announcements

Here comes the Racial Equity Subcommittee!

Astra Titus shares with Friends:

Hi Friends,

The Racial Equity Subcommittee of Peace and Justice is starting up again and we'd like to invite you to join us. You don't need to be nominated, anyone can join - come check us out! If you know that you want to be a member and would like to weigh in on days/times for a monthly meeting, please complete the poll below. Thanks, hope to see you soon!

With love,

Astra

Update on Quaker House

Lori Khamala shares with Friends:

Quaker House continues to do strong and important work, now more than ever. Calls to the GI Rights Hotline have been steady since Trump began sending and threatening to send national guard troops to US cities to support ICE and "fight crime." Quaker House also hosted our very first virtual No Kings demonstration.

Recent items of note to Friends:

- [Reconnaissance - Quaker House Substack](#) (@quakerhouse). Every couple of weeks, Chuck Fager will be adding new articles, reflections and reports on the latest military happenings, particularly in the context of our very own homeland invasion.
- Order the new Conscientious Objection curriculum by contacting Quaker House Director Wayne Finegar, wayne.finegar@quakerhouse.org
- [Donate](https://quakerhouse.org/donate/) (<https://quakerhouse.org/donate/>) any amount to Quaker House- but if you donate \$100 or more, you can get a copy of the book about Chuck Fager and Quaker House, *Tell It Slant: A prophetic life of adventure & writing on religion, war, and justice, love and laughter*
- Follow QH on social media:
 - [Facebook](https://www.facebook.com/quakerhousefayetteville): <https://www.facebook.com/quakerhousefayetteville>

- [Instagram: https://www.instagram.com/quakerhouse/](https://www.instagram.com/quakerhouse/)

Recent Stories from the GI Rights Hotline Counselors

- Two of our recent COs were formerly green card holders who were granted US citizenship after joining the military (and before crystallizing their objection to war). This status adds a delicate layer of complication to their CO applications. While we feel confident that getting out as a CO should not affect their status as US citizens, we also recognize that these are unprecedented times and there are no guarantees that the law will function as it should, particularly in regard to immigrants. We share our thoughts with our applicants honestly and support them as best we can. One CO applicant chose to pursue a different route to discharge rather than take the risk. In addition to CO calls, we have received what seems like an unusual number of inquiries about discharge from green card holders.
 - Quote from a caller: Thank you guys for the insight you provided me. I felt like the military wasn't for me and I wanted to leave. I wasn't able to handle the military life. Steve provided me with some really really wonderful information and I recently just got returned home after receiving an entry level separation and I'm really, really happy. I'm really thankful for the help you provided to me when I needed it most, so just thank you very much and god bless you for doing the work you guys do. The military wasn't for me and I'm glad you guys helped me get out of it before I just kind of lost it mentally. Thank you very much for your time.
-

Newsletter of the Ramallah Friends School

Betsy Brinson shares with Friends:



Dear Friends,

We share with you the 54th issue of the Olive Press, which is the first issue of our school newsletter for the 2025-2026 academic year, available in English and Arabic [at this link](#).

The newsletter includes a message from the Head of School, and highlights from the first month of the academic year for all grade levels. It also sheds light on the community service program, and the Afterschool Programs, and our students' experience at the AQMUN 2025.

Thank You.

Eno Meeting (Hillsborough) Has Started a Democracy Boycott

Wendy Michener shares with Friends:

Wish there was something you could do to fight **for Democracy** from home?

THERE IS! Boycotts are just the thing to get involved without leaving home.

NOT NORMAL TUESDAYS makes boring Tuesday the day to act.

Here is the link to the flyer

<https://docs.google.com/document/d/1oKvropRS59aBYtt8HLiN6YXF-p1UaYNez7QWIXCA4tA/edit?usp=sharing>

Brought to you by Peace and Justice

Quaker Study Tour to Bolivia

Pam Schwingl shares with Friends:

The Bolivian Quaker Education Fund, BQEF, is organizing a Quaker Study Tour to Bolivia from January 7-20, 2026. We are excited to offer this special “connections” tour, where we will visit a wide variety of projects, supported by Quakers from the North. Our goals are to foster relationships of solidarity, to learn, to share, and to celebrate work that reflects our collective Quaker values. Please submit the [Expression of Interest Survey](#) if you are interested; please contact Pam Schwingl (pschwingl82@gmail.com) for a detailed written description of the trip. It is recommended that you attend the zoom information session on Saturday, October 18th, (7-8 pm Greenwich, 2-3 pm EST, 1-3 pm Central, 12-2 pm Mountain, 11-12 pm Pacific, 10-11 am Alaska)

Topic: QST 2026 Information Session

Time: Oct 18, 2025 02:00 PM Eastern Time (US and Canada)

Join Zoom Meeting

<https://zoom.us/j/91019110958>

View meeting insights with Zoom AI Companion

<https://zoom.us/launch/edl?muid=69909a73-8d07-40da-9d39-bd3760095a6f>

Meeting ID: 910 1911 0958

One tap mobile

+16465588656,,91019110958# US (New York)

+16469313860,,91019110958# US

Join instructions

<https://zoom.us/meetings/91>



Recurring Announcements

InterFath Council Committee Is Seeking Volunteers

We invite anyone interested in becoming, or knowing more about being an IFC Committee Member to please contact Carolyn White.

We welcome volunteers to help with food preparation and service at ICF every second Thursday for lunch: 10a - 1p, and/or every second Friday for dinner 4p-6:30p. Volunteers are welcome for part of the shift, or the full shift.

Zoom Tech Hosts Wanted

Support Chapel Hill Friends Meeting's Zoom worship and forums by becoming a tech host. The role is much more simple than you would imagine. Trust us! We need your help and will train you. Please contact the Zoom Subcommittee if interested, or have questions: zoom@chapelhillfriends.org.

Inter-Faith Council Pantry Needs Donated Food Items

Please consider IFC's needs when doing your shopping. There is a basket in the meetinghouse foyer for food donations. IFC has requested the following food items: coffee, hot chocolate, canned protein, canned pork and beans, canned soup (not vegetable), boxed cereal, cake mixes, instant foods, ramen noodles. Thank you!

FRIENDS, PLEASE LIMIT YOUR WEEKDAY MEETINGHOUSE VISITS.

The CFS Early School teachers, parents and guests have priority use of the meetinghouse parking lot from 7:30 AM to 6:00 PM Monday through Friday throughout the calendar year. If you must visit the meetinghouse during weekday hours, please alert John Hite, the Meetinghouse Resident, at least one day ahead. Email: johnthequaker@gmail.com or call: 919-929-5377.

Newsletter & eNews Reminder

Please send items for the weekly eNews email and the monthly print Newsletter to news@chapelhillfriends.org.

- The deadline for weekly eNews is *Wednesday* 5 pm.
- The deadline for the monthly print Newsletter is on the *last day of the month*.

To unsubscribe, email to news@chapelhillfriends.org with the subject line, Unsubscribe.

Note: If you think that you haven't received your weekly enews or monthly newsletter, it helps to add news@chapelhillfriends.org to your contacts. Otherwise it might go to your Spam folder (and likewise for other chapelhillfriends.org mailing lists such as pfym@chapelhillfriends.org).



Recurring Events

Prayers for Healing/Holding in the Light, 2nd and 4th Wednesday, 7-8:30 pm

YOU ARE INVITED TO PARTICIPATE IN Virtual Prayers for Healing/Holding in the Light on the 2nd and 4th Wednesday of each month, 7:00 to 8:30 PM. Join us when you can for as long as you wish - from your own home.

Do you have a name or a group of people to add to - or remove from - the list of those we will hold in our hearts and prayers? If so, please send to: prayers@chapelhillfriends.org. The list of names to be held in the Light will be renewed each month. Names must be resubmitted each month to be maintained on the list. We'll send an updated list on Wednesday afternoons. Thank you for joining us!

This virtual prayer service continues under the care of the Care and Counsel Committee and each week, a committee member will collect and post the names that are submitted and will read them aloud during the time of the service.

Meeting for Worship with Attention to Peace in Palestine.

Thursdays, 5:30pm

You are invited to join Meeting for Worship with Attention to Peace in Palestine and Israel at 5:30 p.m. ET / 2:30 p.m. PT.

Join on Zoom:

<https://afsc-org.zoom.us/j/85831333364?pwd=VEtPTUZuYk5hTHV2OGs1VzRkY0ZKUT09>

Meeting ID: 858 3133 3364

Passcode: 759311

Pendle Hill Worship via Zoom, Daily, 8:30-9:10am

Pendle Hill Quaker Study, Retreat, and Conference Center is now opening their daily morning worship to everyone, by way of Zoom or phone. A lovely opportunity for gathered worship every morning. "A handful of Pendle Hill residents continue to gather daily in the Barn – from 8:30am to 9:10am Eastern Time – expanding the 90-year-long tradition of daily worship here on campus. Beginning the week of March 16, 2020, we started an experiment of opening the circle of worship to YOU in your home. You can join us here via Zoom."

<https://pendlehill.org/explore/worship/join-us-online-for-worship-in-the-barn/?bblinkid=210290749&bbemailid=19903873&bbejrid=1408822779>

Note: The above link takes you *not* to the meeting but to a page of general instructions. Look for the sentence "You can join us via Zoom **here**, or by clicking on the image below."

Pray for Peace - From Friends House Moscow, Daily

Link to the Daily Meeting for Worship for Peace sponsored by FHM/FHMSA: (Friends House Moscow)

Join Zoom Meeting

<https://us02web.zoom.us/j/4165005614?pwd=NUtieEtqbDBYbjBrcGdMMzBKQ3drQT09>

Meeting ID: 416 500 5614

Passcode: 182805

The room opens at 8:45am Pacific time (10:45 EST); worship begins on the hour and ends an hour later. After worship there will be time to share brief thoughts that did not rise to the level of ministry. You may also want to rename yourself indicating your geographic location. There will be no audible indicator when one enters or leaves, and everyone will be muted on entry. Please leave yourself muted unless giving ministry.

Ministry may also be shared in the chat, but it is not the place for private conversations. If you are new to Quaker unprogrammed worship and wish to talk with someone about it, send a message to the host and someone can join you in a breakout room.



Business Meeting Minutes

Chapel Hill Friends Meeting Minutes

Meeting for Worship with Attention to Business, October 19, 2025, online via Zoom

Attendance: Jeff Brown, Jennifer Leeman, David Waterman, Julia Cleaver, Jan Hutton, Tom Ludlow, Carolyn Stuart, Hank Elkins, Wendy Michener, Tom Munk, Quaker Harmon, Astra Titus, Deborah Gibbs, Matt and Lynn Drake, Susan Newcomer, Ann Miller, John Hite, Allie Scales, Monteze Snyder, Kate Vinita Fitch, Alice Carton, Dave Curtin, Calaway Rohloff, Buzz Borchardt, Nancy Milio

1. We opened with worship and the query, "How do I act to advance peace and to oppose violence in our community, our nation and our world?"
2. Minutes of the September 2025 Meeting for Worship with to Business were approved as written. Appreciation was expressed to the Finance Committee and treasurer for addressing last month's recommendations to add an additional option for donating to the Meeting.
3. Jeff Brown, Clerk, presented a report summarizing the Clerks Workshop (Appendix A). The report was accepted with appreciation from those who attended.
4. Tom Ludlow presented the Ministry & Worship (M&W) Annual Report, 2024-2025 (Appendix B). Friends recommended the following corrections to the report: (1) Prayers for Healing is also shepherded by Alice Carlton, (2) Friends Journal does not require a fee to list us in the journal and therefore our yearly payment should be viewed as a contribution to the journal, and (3) minor corrections were made to the spelling of two names. Quaker expressed appreciation to the M&W members who attend the online meetings for their willingness to take responsibility for tech hosting.
5. Tom Munk brought a recommendation from the Peace & Justice to purchase an American Friends Service Committee (AFSC) sign that says "Quaker communities are stronger with immigrants" and post it on the Meeting grounds. The cost of the sign is just under \$20. After discerning issues of safety, location, and who would need to approve, we came to unity. Friends approved the purchase of one or two signs with the understanding that Peace and Justice will inform the Early School of the new signage, confirm purchase with two Friends who have recent experience with AFSC (Betsy

Brinson and Whitney Fry), and work with Buildings and Grounds to determine the best location.

Individuals may also purchase a sign for they lawns at

<https://afsc.org/migration-justice-yard-signs?ms=EMA24EM0517FR&emci=48dce438-b098-f011-b484-6045bdeb7413&emdi=e62d1d86-5299-f011-b484-6045bdeb7413&ceid=188667>

6. Jeff Brown invited Friends to share other concerns. Wendy Michener reported on a successful No Kings Zoom Rally organized by Quaker House. Jan Hutton shared a report on the successful No Kings rally at Carol Woods.

7. The next Meeting for Worship with Attention to Business is planned for 9:00 a.m. on November 16, 2025.

9. Announcements: Alice Carlton reported on the upcoming vote on redistricting in North Carolina and invited Friends to a rally in front of the legislature on Monday.

10. We closed with worship.

Jeff Brown, Clerk, and Jennifer Leeman, Recording Clerk

Chapel Hill Monthly Meeting of the Religious Society of Friends

531 Raleigh Road, Chapel Hill, NC 27514

Resident: John Hite (919) 929-5377