

Chapel Hill Friends Meeting

Newsletter: Eighth Month, 2025



Monthly Query: *How do we welcome, recognize and nurture the spiritual gifts of all in our community?*

Monthly Worship Tip from the M&W Committee: *Your silent prayer and openness to Spirit are themselves a form of ministry that enriches the Meeting community.*

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Monthly Calendar

First Sunday	<ul style="list-style-type: none"> ● 8:15 - 9:15 am - Early worship in the meeting room ● 9:30 - 10:30 am - Forum via Zoom ● 11:00 am - 12:00 <ul style="list-style-type: none"> ○ Worship in the meeting room ○ Online worship via Zoom ● After meeting - Potluck in the schoolhouse
Second Sunday	<ul style="list-style-type: none"> ● 8:15 - 9:15 am - Early worship in the meeting room ● 9:30 - 10:30 am - Forum via Zoom ● 11:00 am - 12:00 - Blended Meeting in the meeting room and via Zoom
Third Sunday	<ul style="list-style-type: none"> ● 8:00 - 9:00 am - Early worship in the meeting room (reverts to 8:15 the following week) ● 9:00 - 10:30 am - Meeting for Worship with Attention to Business via Zoom ● 11:00 am - 12:00 <ul style="list-style-type: none"> ○ Worship in the meeting room ○ Online worship via Zoom
Fourth Sunday	<ul style="list-style-type: none"> ● Same as Second Sunday - Blended Meeting
Fifth Sunday	<ul style="list-style-type: none"> ● Same as First Sunday, but without potluck



Upcoming Zoom Fora

<https://www.chapelhillfriends.org/forums.html>

August 3: Summer break - no forum

August 10: Summer break - no forum

August 17: Meeting for Worship with Attention to Business (no forum)

August 24: Worship Sharing.

Reflections and Leadings from your Summer. What spoke to you from Meetings for Worship or Personal Experiences? What will you carry with you into the next year? Facilitated by Kate Fitch

August 31: TBA



Upcoming Events

The World Premiere of A GOOD BOY at Playmakers, Aug. 20-24

Carolyn White shares with Friends:

The World Premiere of A GOOD BOY at Playmakers Repertory Company is coming to Chapel Hill!

A show unlike any other, A GOOD BOY is an intimate new musical sharing stories from families with a loved one living on death row. Moving, intense, funny, and uplifting, A GOOD BOY isn't just a musical; it's a reckoning. The characters are fictional. But the stories they tell are true. And the stories they tell are stories we need to hear.

FOR A LIMITED TIME, we're offering two ticket options:

Patron Tickets with Special Gratitudes:

<https://www.zeffy.com/ticketing/world-premier-a-good-boy-at-playmakers>

Standard Tickets: <https://playmakersrep.org/show/a-good-boy/>

Beloved Community Trip: Exploring Racial Justice Issues, Oct. 8-12

Dottie Heninger shares with Friends:

Carolina Friends School, Binkley Baptist Church, University Presbyterian Church, and the Orange County Remembrance Coalition are sponsoring this trip. The dates are October 8 – 12. Journey to Birmingham, Selma, Montgomery, Tuskegee and Atlanta. Visit key sites in civil rights history and explore contemporary racial justice issues. If you haven't already made this trip, you know you want to! Priority registration for members (you! CHFM is a member of the OCCRC) of the sponsoring organizations ran through June 6, general registration follows. For an application form, etc. please visit <https://www.cfsnc.org/extended-learning/adult-enrichment/bcj25>. Visit this link for the draft itinerary: [Beloved Community Journey 2025 | Draft Itinerary](#).

Local Contemplative Retreat in the Manner of Friends, Oct. 24-26

Matt Drake shares with Friends:

Join us for *Weathering the Storm: A Contemplative Retreat in the Manner of Friends*, **October 24-26**, 2025, at the Avila Center in Durham, North Carolina. Together we will reflect upon the storms that we are now encountering, whether in our nation, community, or as individuals. Who might we become through the storm? What may be lost? Gained? In what ways have we been faithful within the storm?

All are welcome. Participants from varying spiritual backgrounds will experience the distinctly Quaker manner of contemplation in community. There will be opportunities for both solitude and for sharing. We will have silent time for prayer and reflection, walks among the trees, and contemplative interaction with scripture, as well as worship together and sharing out of the silence. Participants may, if they wish, meet one-on-one with a retreat leader.

Our retreat leaders are April Allison of Durham Friends Meeting in North Carolina, Maryann Concannon of Red Cedar Friends in Lansing, Michigan, and Scott Wagoner of High Point Friends Meeting in North Carolina. This retreat is co-sponsored by [School of the Spirit](#) and [Peace Hill at Avila](#).

The retreat begins with lunch at noon Friday and concludes after morning worship on Sunday. The registration fee of \$560 will cover lodging, meals, and program. Scholarships are available

for those with financial need. If you have questions, please reach out to Caroline Preziosi via email at info@schoolofthespirit.org.

CFS Beloved Community Offerings this Coming Fall And Spring

Pam Schwingl shares with Friends:

From Carolina Friends School Beloved Community Institute:

THE NEXT BELOVED COMMUNITY JOURNEY

In partnership with Binkley Baptist and University Presbyterian in Chapel Hill and the [Orange County Community Remembrance Coalition](#), we're offering our next bus trip (five days instead of the usual six) **8-12 October**. Registration is now OPEN! (Pam Schwingl HIGHLY recommends this trip based on going two years ago! Anthony Clay is an amazing guide!)

We'll:

- do a driving tour of Birmingham with Judge Houston Brown
- walk across the Edmund Pettus Bridge in Selma
- visit the Legacy Museum, the National Memorial for Peace and Justice, and the new Freedom Monument Sculpture Park in Montgomery
- experience World War II history at the Tuskegee Airmen National Historic Site
- join Sunday worship at Dr. King's Ebenezer Baptist with Dr. Raphael Warnock in Atlanta.

UPCOMING WELLNESS AND TRANSFORMATIONAL TRAVEL-LEARNING PROGRAMS

Registration opens soon!

- **Self-Perception and the Moving Body**, an experiential anatomy workshop using a variety of movement explorations, conversations, and tactile feedback to help us practice attuning to the body we are in right now and imagining other possibilities. 20 September 2025
- **Racial Myth & Memory** | Wilmington, a two-day experience--Gullah-Geechee culture, the 1898 race massacre, and more--in coastal North Carolina. Late October/Early November 2025
- **Coastal Journey**, a six-day racial justice trip to Savannah and Charleston. Early March 2026
- **Quaker Journey**, a weeklong visit to the 17th-century roots of Quakerism in the breathtaking Lake District of Northern England. 2-9 August 2026

You can see links for these and additional offerings at www.cfsnc.org/AdultEnrichment.



Announcements

We Need Friends for Prison Reentry Support Teams

CHFM's Transition and Support Committee seeks to serve and support men at Orange Correctional Center in Hillsborough as they transition back into the community. This is some of the Meeting's most important and enriching work.

The Committee is now seeking members for Support Teams to help individuals as they reenter the community (one person reentering Durham or Orange Counties and four to six community volunteers). Support teams act together to help the person reentering with logistical issues (like getting a social security card). Further teams meet to develop friendships that provide social and spiritual support.

Participation on Support Teams is most often found to be highly enriching for all parties.

Support Teams are themselves supported by members of the Transition and Support Committee and others who have been or are currently on support Teams. We also try to put at least one person with lived experience of incarceration and successful reentry on each team.

Support Teams often meet from once every two weeks to once a month. Individual team members may take on specific support activities that take more time.

Support teams may continue for months and sometimes up to a year. Transitioning to the community and community-building are long-term projects.

If you are interested, please contact one of the co-clerks.

Sally Fisher, fillafish@icloud.com, (610) 639-0901

Tom McQuiston, tmcq52@gmail.com, (919) 260-7835

Or speak to one of the Transition and Support Committee (see CHFM Directory)

Vanguard SOS Campaign - Resources and Action Points

Whitney Fry shares with Friends:

Since April, the American Friends Service Committee has been part of the Vanguard S.O.S. campaign for fossil fuel divestment (see initial engagement publication [here](#)). As the campaign

continues, AFSC's Global Policy Coordinator for Economic and Climate Justice shares more resources for Friends and ways to get involved:

- Vanguard S.O.S. Campaign [website](#)
 - Earth Quaker Action Team (EQAT) Vanguard S.O.S. "Never Vanguard Pledge" and more information [here](#)
 - Alternative investment options: [Fossil Free Funds](#), [Green America](#), EQAT Webinar [registration](#) (Moving Money Out of Vanguard, August 18th at 7:30pm ET)
 - AFSC Investigate divestment tool [here](#).
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Update on Quaker House

Curt Torell shares with Friends:

Quaker House continues to be busy. Last month, our G.I. Rights Hotline experienced huge spike in calls, increasing from an average of 250 per month to one every minute one Sunday morning. This spike came from service members concerned about deploying to areas within the United States to enforce domestic laws, a mission prohibited by the U.S. Constitution, and against fellow Americans, not foreign enemies. Many callers wanted specific guidelines that defined "illegal orders," but our counselors could not give them that. Historically, refusing an order presupposes that it was illegal so it falls upon the service member, often of lower rank, to show that. All too often, lower ranked officers take the penalties in courts martial.

The use of our military to enforce the President's clamp of immigration gets little attention across the mainstream media, but it is an active focus for Quaker House. The extension of 600 miles of DNA (National Defense Areas), military bases, use of military of all branches in Los Angeles, New York City, Miami, and other areas are beyond the public's awareness.

A 2nd edition of the Quaker House curriculum "CO for Teens" was recently released. The new version, *Conscientious Objection: Is This for You? Discerning, Deciding, Documenting, and Defending a CO Claim with Selective Service*, is deeply rooted in our meeting.

AFSC Action Hour

Hank Elkins shares with Friends:

<https://afsc.org/actionhour>

Join us online every Friday (12 noon ET/ 9 a.m. PT) to demand an arms embargo on Israel.

[REGISTER NOW](#)

In the face of the ongoing crisis in Gaza and the occupied West Bank, people across the U.S. are coming together every week to take action.

[SIGN UP FOR OUR WEEKLY CALLS](#)

You'll get updates from AFSC staff in Gaza, hear what's happening on Capitol Hill, and get resources for your activism. Together, we'll contact Congress to demand an arms embargo on Israel, a permanent cease-fire in Gaza, and fully funded humanitarian aid for Palestinians.

A SHORT Video About Why Our Immigration System Is Broken

Wendy Michener shares with Friends:

It is short and stays out of the weeds, but it is also the first explanation that sounds plausible, like it is in the ballpark to explain why our immigration system is so messed up. Spoiler alert: greed and cruelty.

[We Get There Together: Immigration & a People-Powered Economy](#)



Personals

Looking for a Penpal

I am looking for a penpal for a young 26 year old male being housed in an East TN jail. He is a Berea College graduate, working as a mail carrier. He is charged with homicide after a family altercation that left one dead and him with a missing finger. A very sad story. He is not allowed books and he is very bored. He wants to learn more about religions, including Quakers. Please contact me if you are interested in being a penpal. betsybrinson422@gmail.com. cell 804-836-2669.



Recurring Announcements

InterFath Council Committee Is Seeking Volunteers

We invite anyone interested in becoming, or knowing more about being an IFC Committee Member to please contact Carolyn White.

We welcome volunteers to help with food preparation and service at ICF every second Thursday for lunch: 10a - 1p, and/or every second Friday for dinner 4p-6:30p. Volunteers are welcome for part of the shift, or the full shift.

Zoom Tech Hosts Wanted

Support Chapel Hill Friends Meeting's Zoom worship and forums by becoming a tech host. The role is much more simple than you would imagine. Trust us! We need your help and will train you. Please contact the Zoom Subcommittee if interested, or have questions:

zoom@chapelhillfriends.org.

Inter-Faith Council Pantry Needs Donated Food Items

Please consider IFC's needs when doing your shopping. There is a basket in the meetinghouse foyer for food donations. IFC has requested the following food items: coffee, hot chocolate, canned protein, canned pork and beans, canned soup (not vegetable), boxed cereal, cake mixes, instant foods, ramen noodles. Thank you!

FRIENDS, PLEASE LIMIT YOUR WEEKDAY MEETINGHOUSE VISITS.

The CFS Early School teachers, parents and guests have priority use of the meetinghouse parking lot from 7:30 AM to 6:00 PM Monday through Friday throughout the calendar year. If you must visit the meetinghouse during weekday hours, please alert John Hite, the Meetinghouse Resident, at least one day ahead. Email: johnthequaker@gmail.com or call: 919-929-5377.

Newsletter & eNews Reminder

Please send items for the weekly eNews email and the monthly print Newsletter to news@chapelhillfriends.org.

- The deadline for weekly eNews is *Wednesday* 5 pm.
- The deadline for the monthly print Newsletter is on the *last day of the month*.

To unsubscribe, email to news@chapelhillfriends.org with the subject line, Unsubscribe.

Note: If you think that you haven't received your weekly enews or monthly newsletter, it helps to add news@chapelhillfriends.org to your contacts. Otherwise it might go to your Spam folder (and likewise for other chapelhillfriends.org mailing lists such as pfym@chapelhillfriends.org).



Recurring Events

Prayers for Healing/Holding in the Light, 2nd and 4th Wednesday, 7-8:30 pm

YOU ARE INVITED TO PARTICIPATE IN Virtual Prayers for Healing/Holding in the Light on the 2nd and 4th Wednesday of each month, 7:00 to 8:30 PM. Join us when you can for as long as you wish - from your own home.

Do you have a name or a group of people to add to - or remove from - the list of those we will hold in our hearts and prayers? If so, please send to: prayers@chapelhillfriends.org. The list of names to be held in the Light will be renewed each month. Names must be resubmitted each month to be maintained on the list. We'll send an updated list on Wednesday afternoons. Thank you for joining us!

This virtual prayer service continues under the care of the Care and Counsel Committee and each week, a committee member will collect and post the names that are submitted and will read them aloud during the time of the service.

Meeting for Worship with Attention to Peace in Palestine. Thursdays, 5:30pm

You are invited to join Meeting for Worship with Attention to Peace in Palestine and Israel at 5:30 p.m. ET / 2:30 p.m. PT.

Join on Zoom:

<https://afsc-org.zoom.us/j/85831333364?pwd=VEtPTUZuYk5hTHV2OGs1VzRkY0ZKUT09>

Meeting ID: 858 3133 3364

Passcode: 759311

Pendle Hill Worship via Zoom, Daily, 8:30-9:10am

Pendle Hill Quaker Study, Retreat, and Conference Center is now opening their daily morning worship to everyone, by way of Zoom or phone. A lovely opportunity for gathered worship every morning. "A handful of Pendle Hill residents continue to gather daily in the Barn – from 8:30am to 9:10am Eastern Time – expanding the 90-year-long tradition of daily worship here on campus. Beginning the week of March 16, 2020, we started an experiment of opening the circle of worship to YOU in your home. You can join us here via Zoom."

<https://pendlehill.org/explore/worship/join-us-online-for-worship-in-the-barn/?bblinkid=210290749&bbemailid=19903873&bbejrid=1408822779>

Note: The above link takes you *not* to the meeting but to a page of general instructions. Look for the sentence "You can join us via Zoom **here**, or by clicking on the image below."

Pray for Peace - From Friends House Moscow, Daily

Link to the Daily Meeting for Worship for Peace sponsored by FHM/FHMSA: (Friends House Moscow)

Join Zoom Meeting

<https://us02web.zoom.us/j/4165005614?pwd=NUtieEtqbDBYbjBrcGdMMzBKQ3drQT09>

Meeting ID: 416 500 5614

Passcode: 182805

The room opens at 8:45am Pacific time (10:45 EST); worship begins on the hour and ends an hour later. After worship there will be time to share brief thoughts that did not rise to the level of ministry. You may also want to rename yourself indicating your geographic location. There will be no audible indicator when one enters or leaves, and everyone will be muted on entry. Please leave yourself muted unless giving ministry.

Ministry may also be shared in the chat, but it is not the place for private conversations. If you are new to Quaker unprogrammed worship and wish to talk with someone about it, send a message to the host and someone can join you in a breakout room.



Business Meeting Minutes

No Business Meeting in July

As usual, there was no Meeting for Worship with Attention to Business in July

Chapel Hill Monthly Meeting of the Religious Society of Friends

531 Raleigh Road, Chapel Hill, NC 27514

Resident: John Hite (919) 929-5377