

## Mass of body segment

To study bases of mechanics, we recommend you to choose one of the [following web sites](#).

If you need to explain some mechanical variable, you can use this [dictionary](#).

The **masses of body segments** can be count if you know the total height and weight of a person. One of frequently used methods was described by Zatsiorskji and Selujanov (1979), who determined the parameters  $B_0$ ,  $B_1$  and  $B_2$  for each body segment.

The equation for body mass is following

$$m_i = B_0 + B_1 m + B_2 v$$

where  $m$  (kg) is total mass of a person and  $v$  (in cm!) is height of a person..

The parameters  $B_0$ ,  $B_1$  and  $B_2$  see [table](#).

More precise morphological data for pelvic floor, shoulder and arm see [here](#)

[http://biomech.ftvs.cuni.cz/pbpbk/kompendium/biomechanika/geometrie\\_hmotnost\\_en.php](http://biomech.ftvs.cuni.cz/pbpbk/kompendium/biomechanika/geometrie_hmotnost_en.php)

### Table of weight segments coefficients.

Segment name	$B_0$ [kg]	$B_1$	$B_2$ [kg/cm]
Head+neck	1.296	0.0171	0.0143
Hand	-0.1165	0.0036	0.00175
Forearm	0.3185	0.01445	-0.00114
Upperarm	0.25	0.03012	-0.0027
Leg	-0.829	0.0077	0.0073
Shank	-1.592	0.03616	0.0121
Thigh	-2.649	0.1463	0.0137
Trunk			
Upper part of the trunk	8.2144	0.1862	-0.0584
Middle part of the trunk	7.181	0.2234	-0.0663
Lower part of the trunk	-7.498	0.0976	0.04896

[http://biomech.ftvs.cuni.cz/pbpbk/kompendium/biomechanika/weightcoeff\\_en.php](http://biomech.ftvs.cuni.cz/pbpbk/kompendium/biomechanika/weightcoeff_en.php)

