



BIOS 12121 1 - Physiology in Extreme Environments - Instructor(s): Alfredo Garcia III, Anna Clebone, Keith Ruskin

Project Title: **College Course Feedback - Winter 2024**

Number Enrolled: **34**

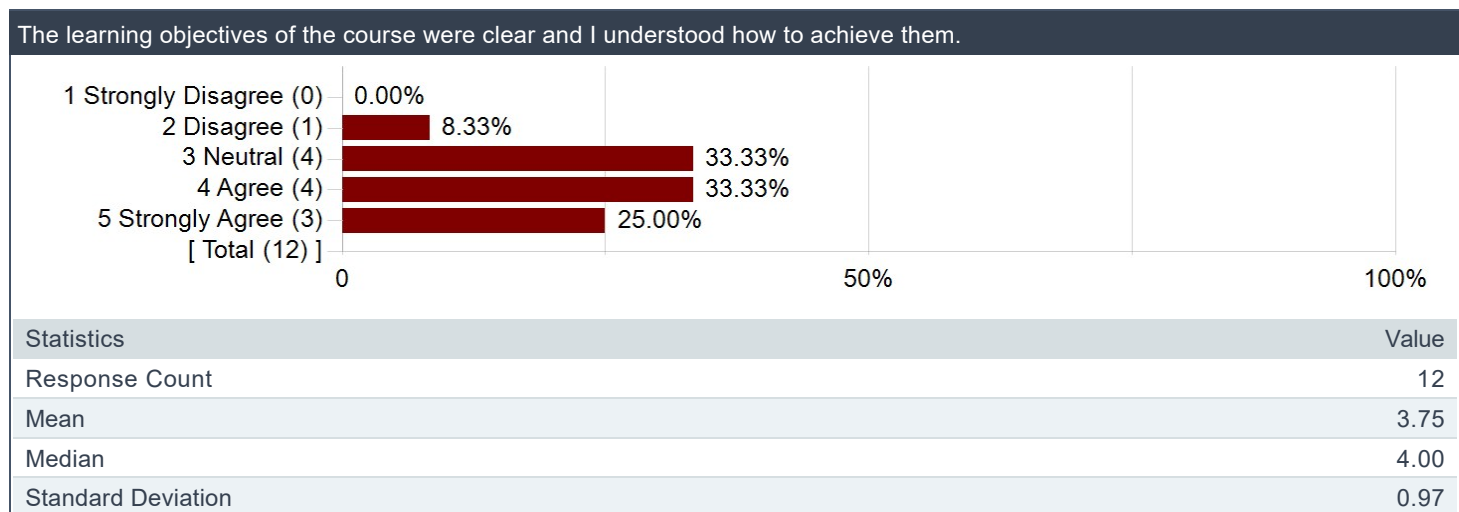
Number of Responses: **15**

Report Comments

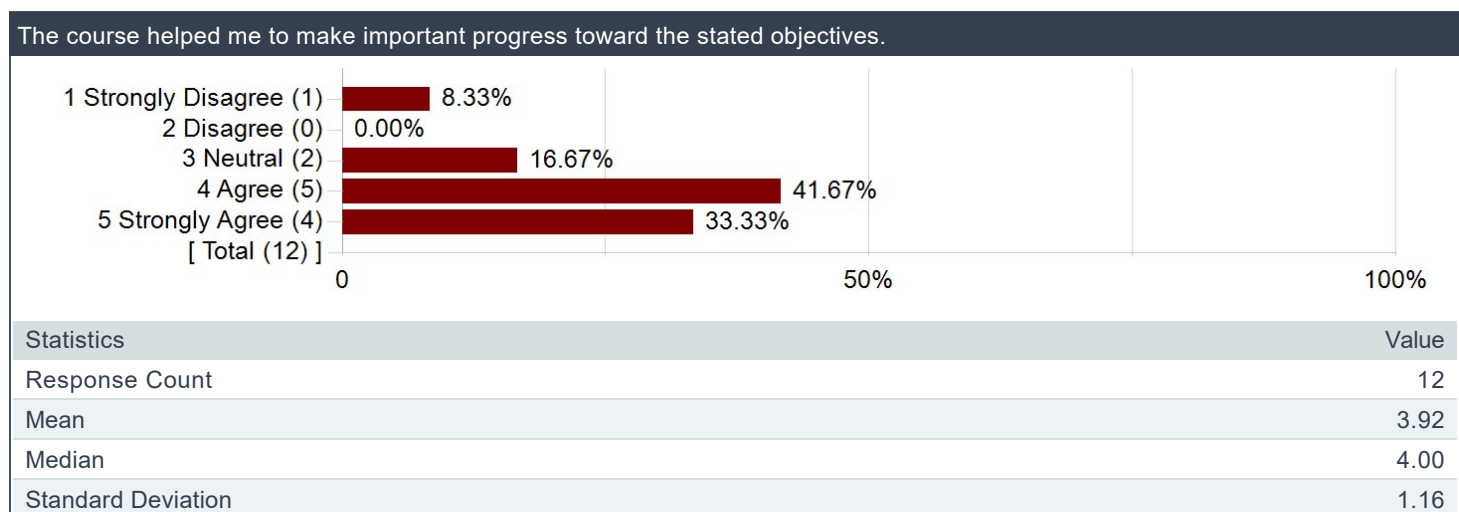
Opinions expressed in these evaluations are those of students enrolled in the specific course and do not represent the University.

Creation Date: **Thursday, March 28, 2024**

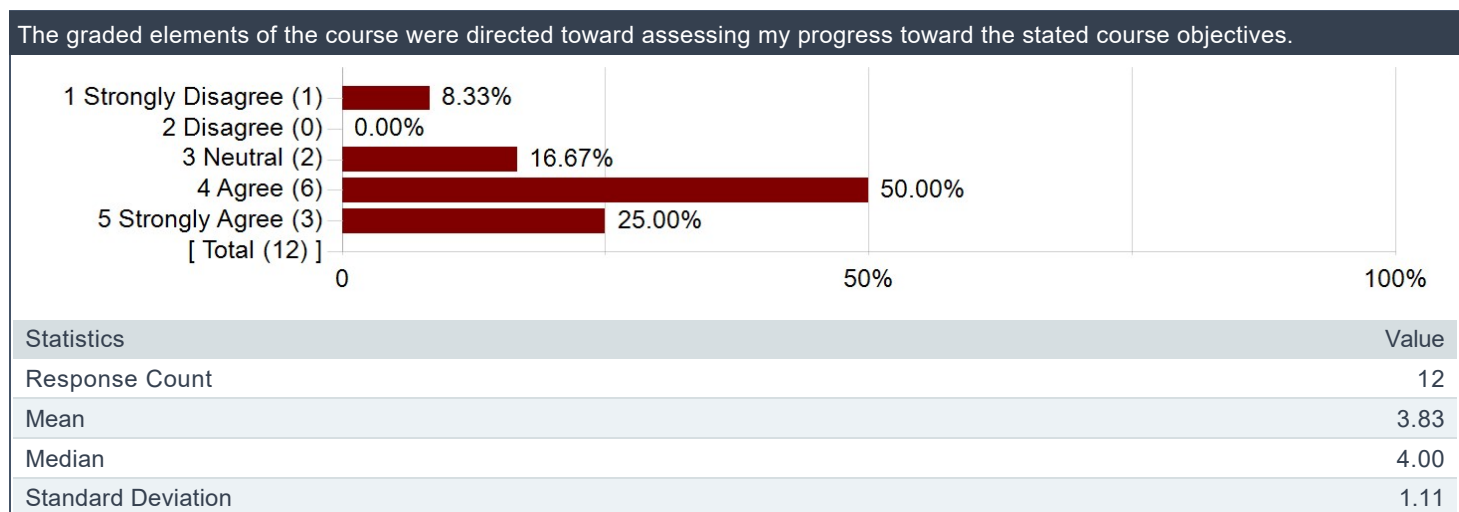
The learning objectives of the course were clear and I understood how to achieve them.



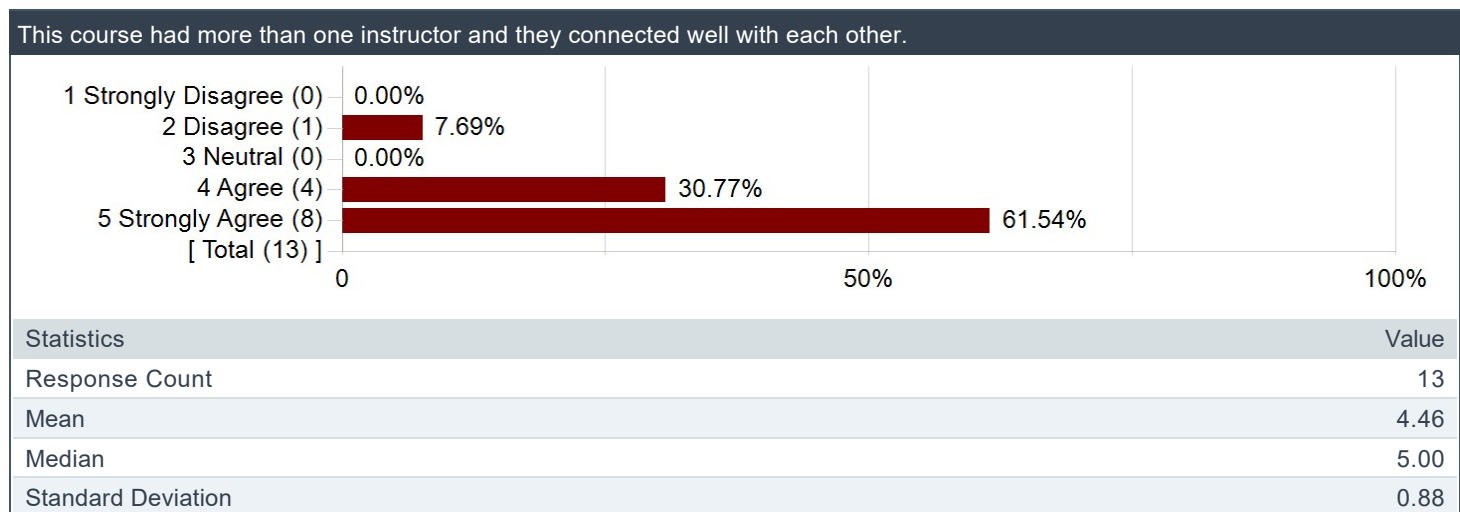
The course helped me to make important progress toward the stated objectives.



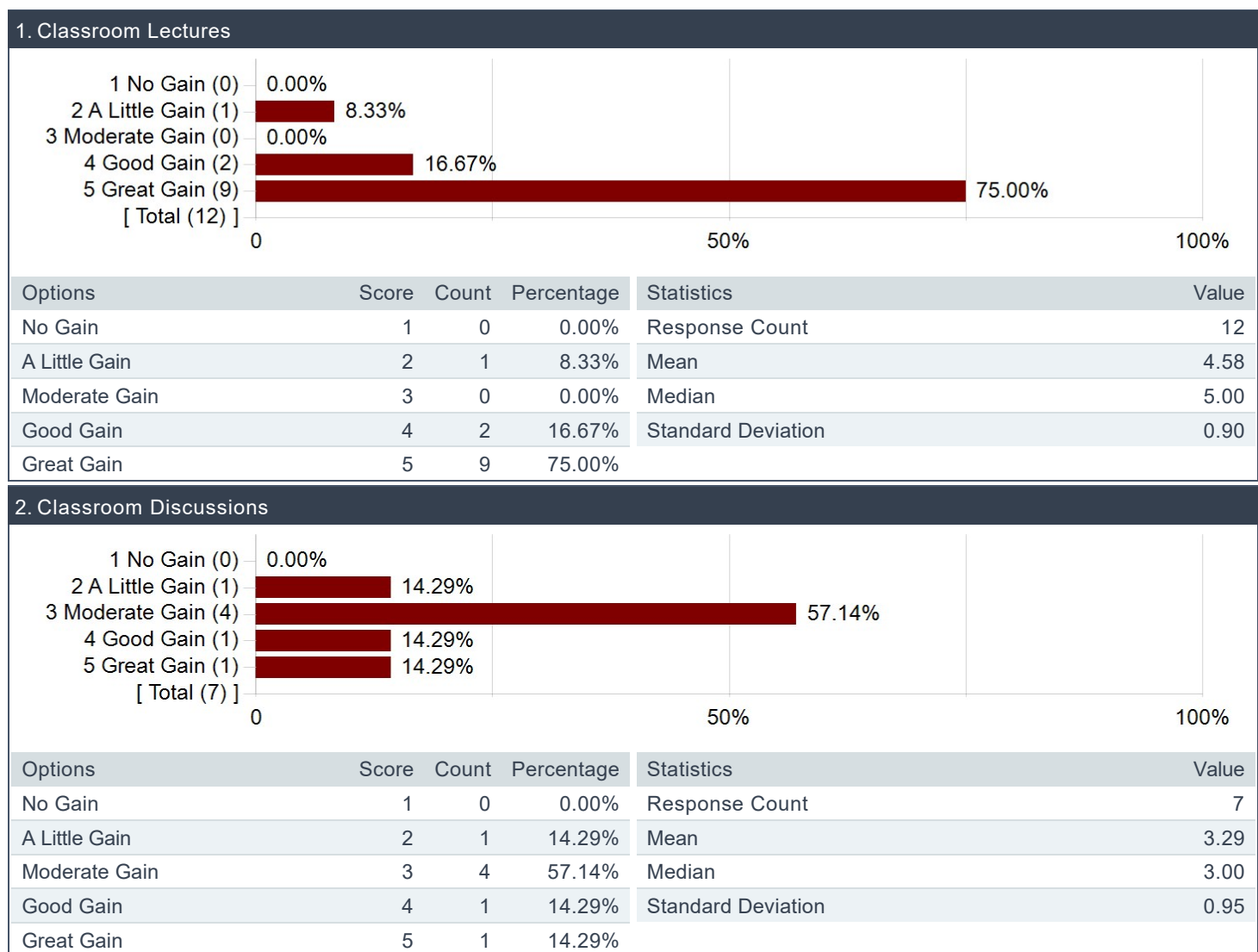
The graded elements of the course were directed toward assessing my progress toward the stated course objectives.



This course had more than one instructor and they connected well with each other.



How much did the following elements of the course contribute to your learning gains?



3. Assigned Readings

1 No Gain (0)	0.00%				
2 A Little Gain (0)	0.00%				
3 Moderate Gain (0)	0.00%				
4 Good Gain (0)	0.00%				
5 Great Gain (0)	0.00%				
[Total (0)]					
	0			50%	100%
Options	Score	Count	Percentage	Statistics	Value
No Gain	1	0	0.00%	Response Count	0
A Little Gain	2	0	0.00%	Mean	NRP
Moderate Gain	3	0	0.00%	Median	NRP
Good Gain	4	0	0.00%	Standard Deviation	NRP
Great Gain	5	0	0.00%		

4. Homework Exercises

1 No Gain (0)	0.00%				
2 A Little Gain (0)	0.00%				
3 Moderate Gain (0)	0.00%				
4 Good Gain (0)	0.00%				
5 Great Gain (0)	0.00%				
[Total (0)]					
	0			50%	100%
Options	Score	Count	Percentage	Statistics	Value
No Gain	1	0	0.00%	Response Count	0
A Little Gain	2	0	0.00%	Mean	NRP
Moderate Gain	3	0	0.00%	Median	NRP
Good Gain	4	0	0.00%	Standard Deviation	NRP
Great Gain	5	0	0.00%		

5. Lab Experiences

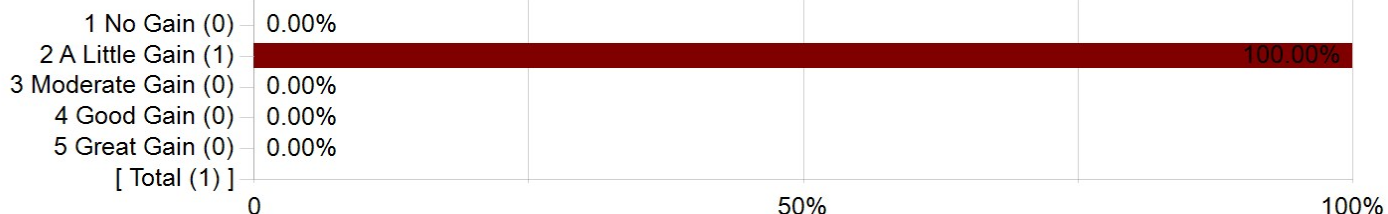
1 No Gain (0)	0.00%				
2 A Little Gain (0)	0.00%				
3 Moderate Gain (0)	0.00%				
4 Good Gain (0)	0.00%				
5 Great Gain (0)	0.00%				
[Total (0)]					
	0			50%	100%
Options	Score	Count	Percentage	Statistics	Value
No Gain	1	0	0.00%	Response Count	0
A Little Gain	2	0	0.00%	Mean	NRP
Moderate Gain	3	0	0.00%	Median	NRP
Good Gain	4	0	0.00%	Standard Deviation	NRP
Great Gain	5	0	0.00%		

6. Discussion Sessions



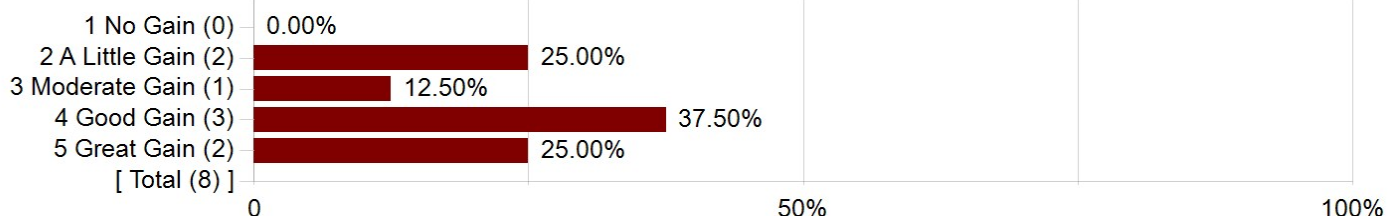
Options	Score	Count	Percentage	Statistics	Value
No Gain	1	0	0.00%	Response Count	0
A Little Gain	2	0	0.00%	Mean	NRP
Moderate Gain	3	0	0.00%	Median	NRP
Good Gain	4	0	0.00%	Standard Deviation	NRP
Great Gain	5	0	0.00%		

7. Review Sessions



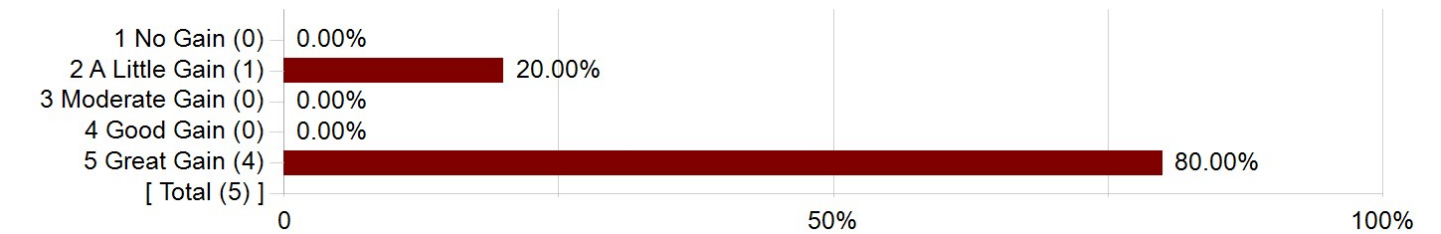
Options	Score	Count	Percentage	Statistics	Value
No Gain	1	0	0.00%	Response Count	1
A Little Gain	2	1	100.00%	Mean	2.00
Moderate Gain	3	0	0.00%	Median	2.00
Good Gain	4	0	0.00%	Standard Deviation	N/A
Great Gain	5	0	0.00%		

8. Interactions with Other Students



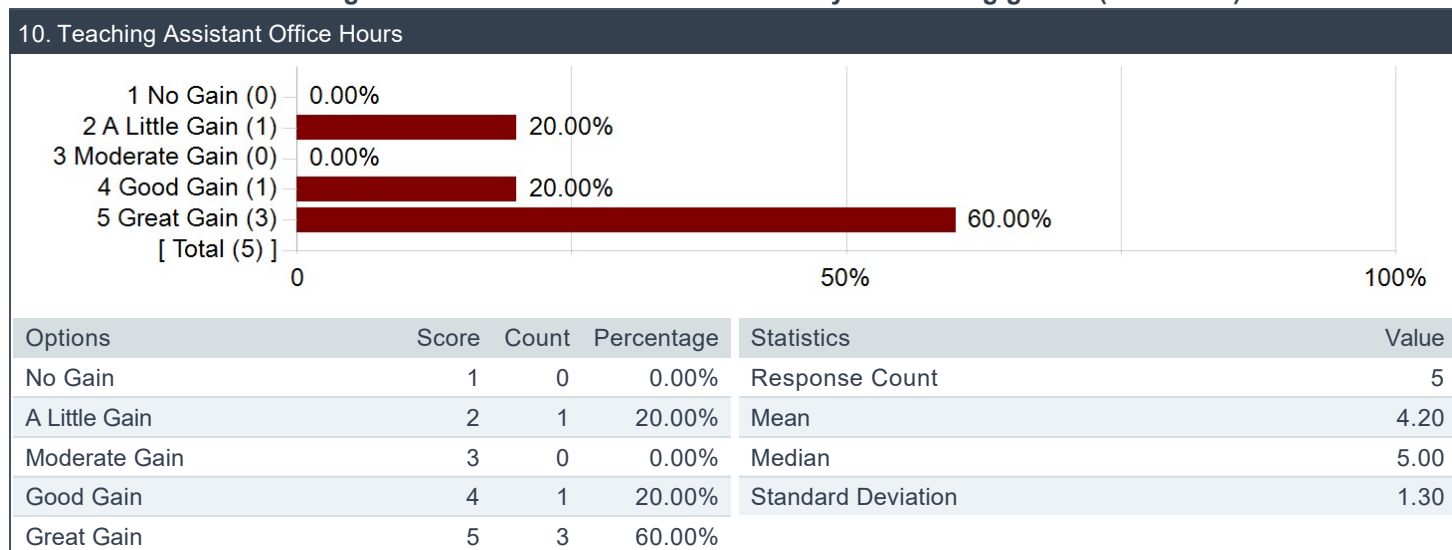
Options	Score	Count	Percentage	Statistics	Value
No Gain	1	0	0.00%	Response Count	8
A Little Gain	2	2	25.00%	Mean	3.63
Moderate Gain	3	1	12.50%	Median	4.00
Good Gain	4	3	37.50%	Standard Deviation	1.19
Great Gain	5	2	25.00%		

9. Faculty Office Hours



Options	Score	Count	Percentage	Statistics	Value
No Gain	1	0	0.00%	Response Count	5
A Little Gain	2	1	20.00%	Mean	4.40
Moderate Gain	3	0	0.00%	Median	5.00
Good Gain	4	0	0.00%	Standard Deviation	1.34
Great Gain	5	4	80.00%		

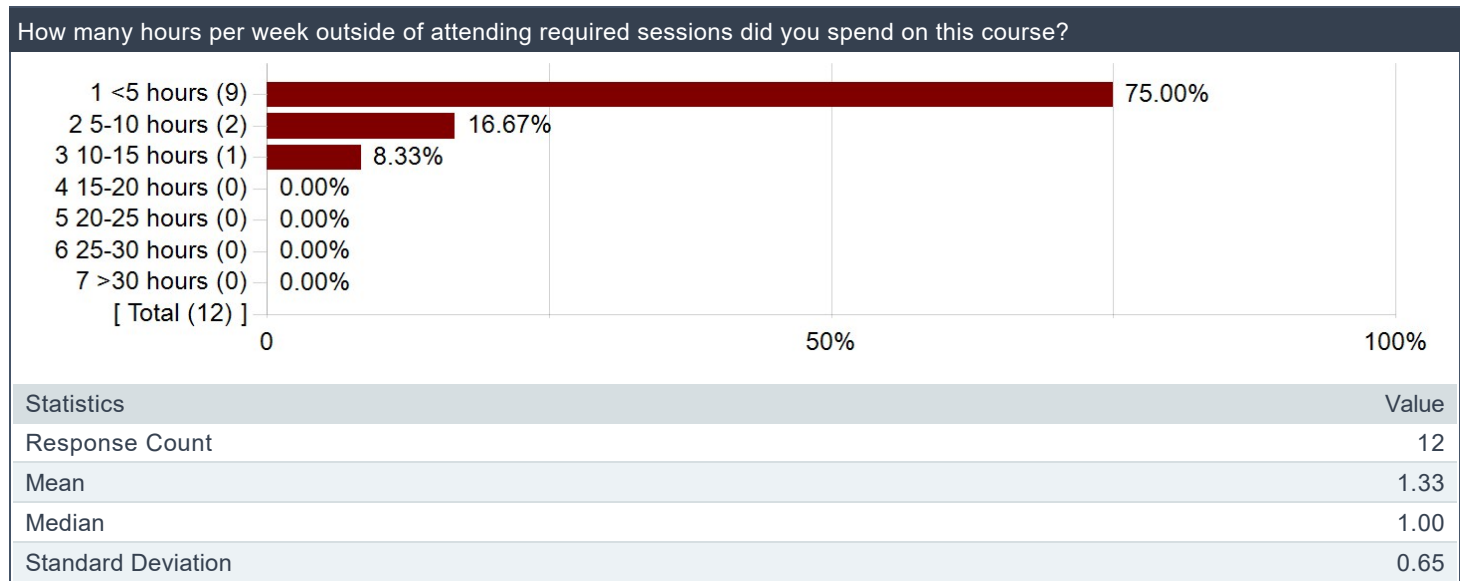
How much did the following elements of the course contribute to your learning gains? (continued)



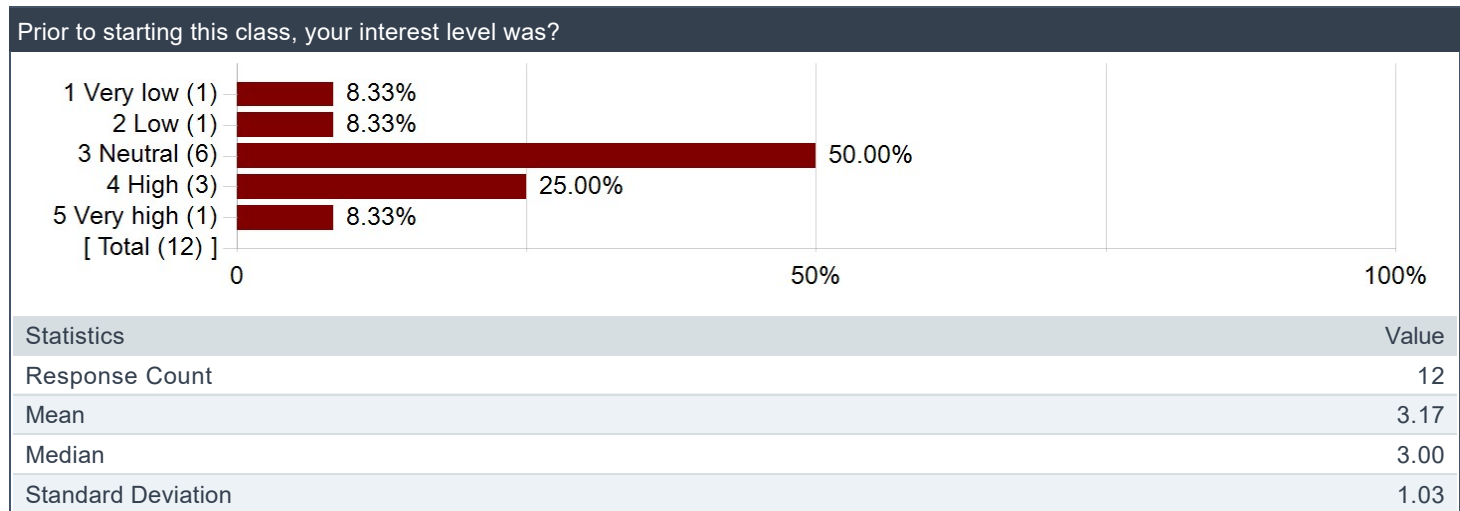
What was the most important thing (to you) that you learned in this course? What aspect of the material is still unclear for you, that you wish you could have learned better?

Comments
none of the content was particularly important to me but all of it was interesting while we learned it. i think the particulars of body systems could have been more clear or avoided
our bodies are crazy! they are really interesting and so is science. as a fourth year social sciences major, this class reopened my eyes to the magic of science and the cool and amazing things that people are doing with their research and application.
The content itself was fantastic, the guest lecturers were incredibly knowledgeable and have been the most influential instructors for me this year.
I feel that I have a good grasp of human respiration and the factors that affect it.
How human physiology responds to extreme stimuli.
To me, the most important thing I learned was good sleep habits, I believe that the things I learned are very applicable to everyday life.
If I learned anything, it was gas exchange
Focusing more on the material that is being taught/will be tested over instead of spending so much time on questions that aren't relevant to the overall topic.
The importance of homeostasis, and how many bodily problems can arise from one thing messing up your internal homeostasis. Additionally, learning about how things like aviation and diving were difficult to 'master' because of the toll it takes on the human body.

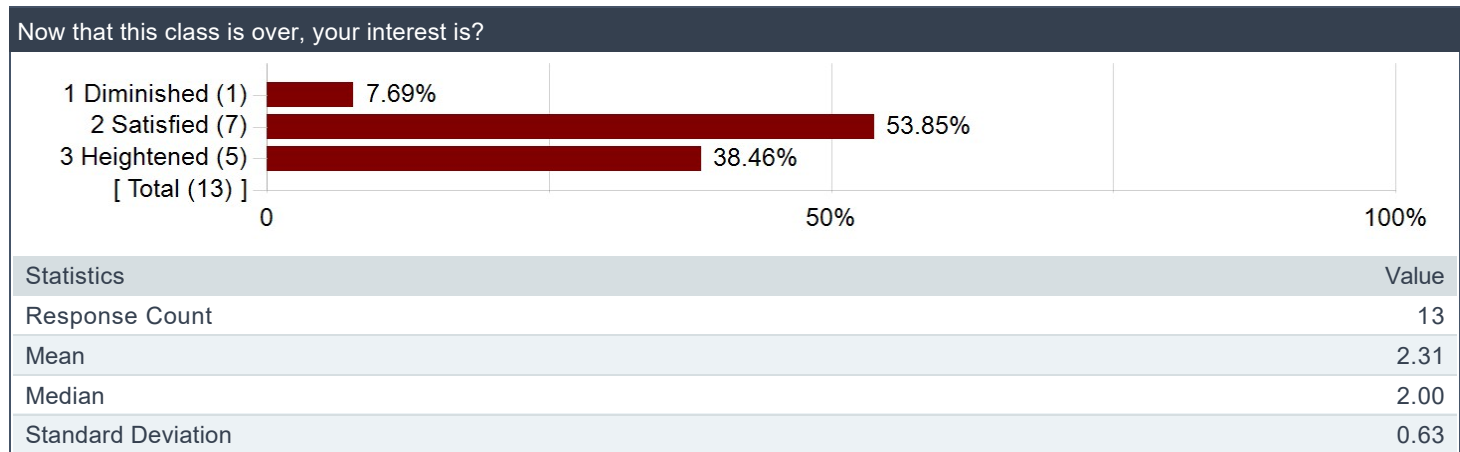
How many hours per week outside of attending required sessions did you spend on this course?



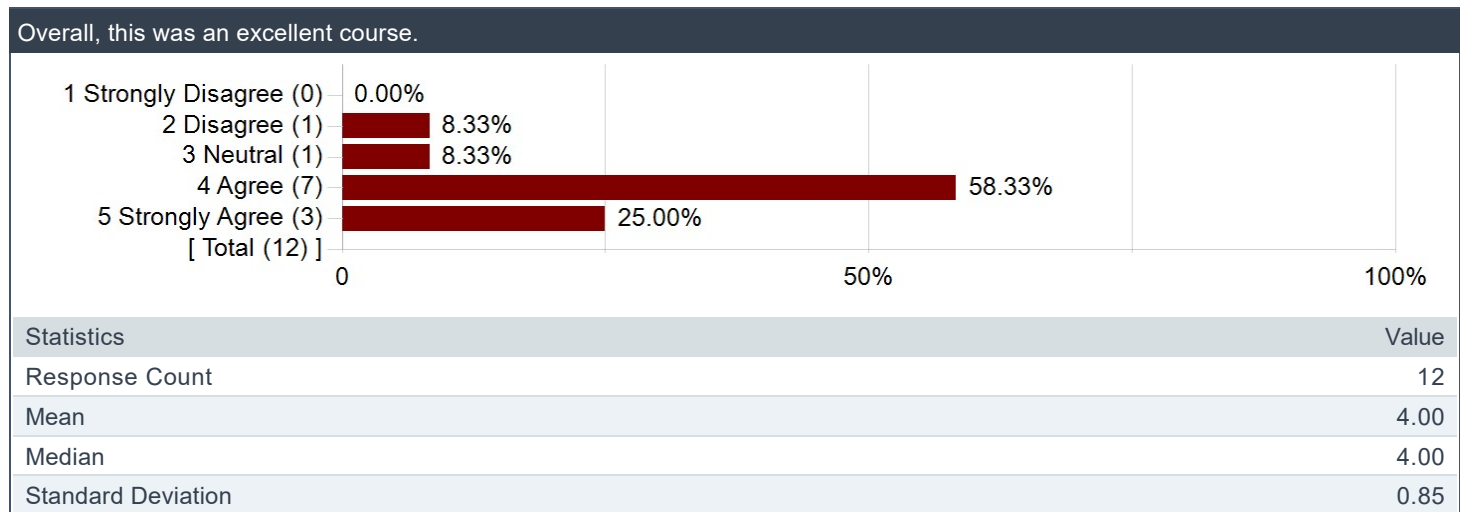
Prior to starting this class, your interest level was?



Now that this class is over, your interest is?



Overall, this was an excellent course.



Please share any advice you have for students who are considering taking the course.

Comments
no work outside of class which is nice but exams are difficult
Worth it for the content alone
This is not a difficult course to pass, though it probably takes a bit of work outside the exams to get an A. 80% of the content on exams comes from Prof. Garcia's lectures, which are the lectures covering basic human physiology. Course logistics: two open resource (including internet) exams, one final paper, participation each given 25% weight wrt grading. Probably quite easy to get an A-, wouldn't take too much work to get an A. Talk to the profs—they are super knowledgeable and interesting.
It's an easy core bio class with a near-zero time commitment outside of class; you should take it.
Pay attention to lectures, it'll make the tests pretty doable if you do. Also, spread out the final paper over as long of a period as you can since there aren't weekly homework assignments
Take this course! Don't be scared by the essay. It won't take you a long time!