

Pass it on: School attendance and public-facing employment predict COVID-19 transmission in England

Health & Medicine

Lancaster University



Sara Begg, Supervisor: Dr Jonathan Read

CHICAS, Lancaster Medical School, Lancaster University. Contact: s.begg@lancaster.ac.uk, jonathan.read@lancaster.ac.uk

Spatial variation to identify transmission factors

The basic reproduction number (R_0)

A useful measure of transmission, R_0 :

- Indicates how many secondary cases arise from a primary case in a totally susceptible population.
- Is influenced by biological, environmental and socio-behavioural factors.

Factors influencing transmission

Understanding the relative importance of factors can help modellers:

- Predict how an epidemic might progress
- Identify appropriate policies to limit transmission

Association between population characteristics and R_0

This study:

- Estimates R_0 for each Lower Tier Local Authority (LTLA) in England, UK, prior to March 30th 2020.
- Investigates associations between these estimated R_0 and population characteristics

Estimating R_0 and modelling association with population characteristics

Data Sources

Data were disaggregated by LTLA, and included:

- daily COVID-19 case counts
- deprivation - Index of Multiple Deprivation (IMD)
- population density
- household overcrowding (% of households)
- employment in sales, care and leisure (% of popⁿ)
- commute by public transport (% of popⁿ)
- school attendance (% of popⁿ)
- black and minority ethnicities (% of popⁿ)

All data are available via the ONS service "Nomis", or the UK government website^{1,2}.

R_0 estimation

R package R0³ used to estimate R_0 for each LTLA

- Using daily COVID-19 case counts
- Selected the exponential growth method
- Links the exponential growth rate at the start of the pandemic to the initial reproduction ratio

Stepwise Regression model

A best fit model was constructed using R step function:

- Stepwise, forward addition and backward elimination process, to maximise AIC score
- Weighted by the inverse of the variance of estimated R_0 , to account for variance heterogeneity
- Repeated with and without deprivation variable (IMD)

Public-facing employment & school attendance positively associated with R_0 . Clusters of high R_0 in North of England unexplained by model

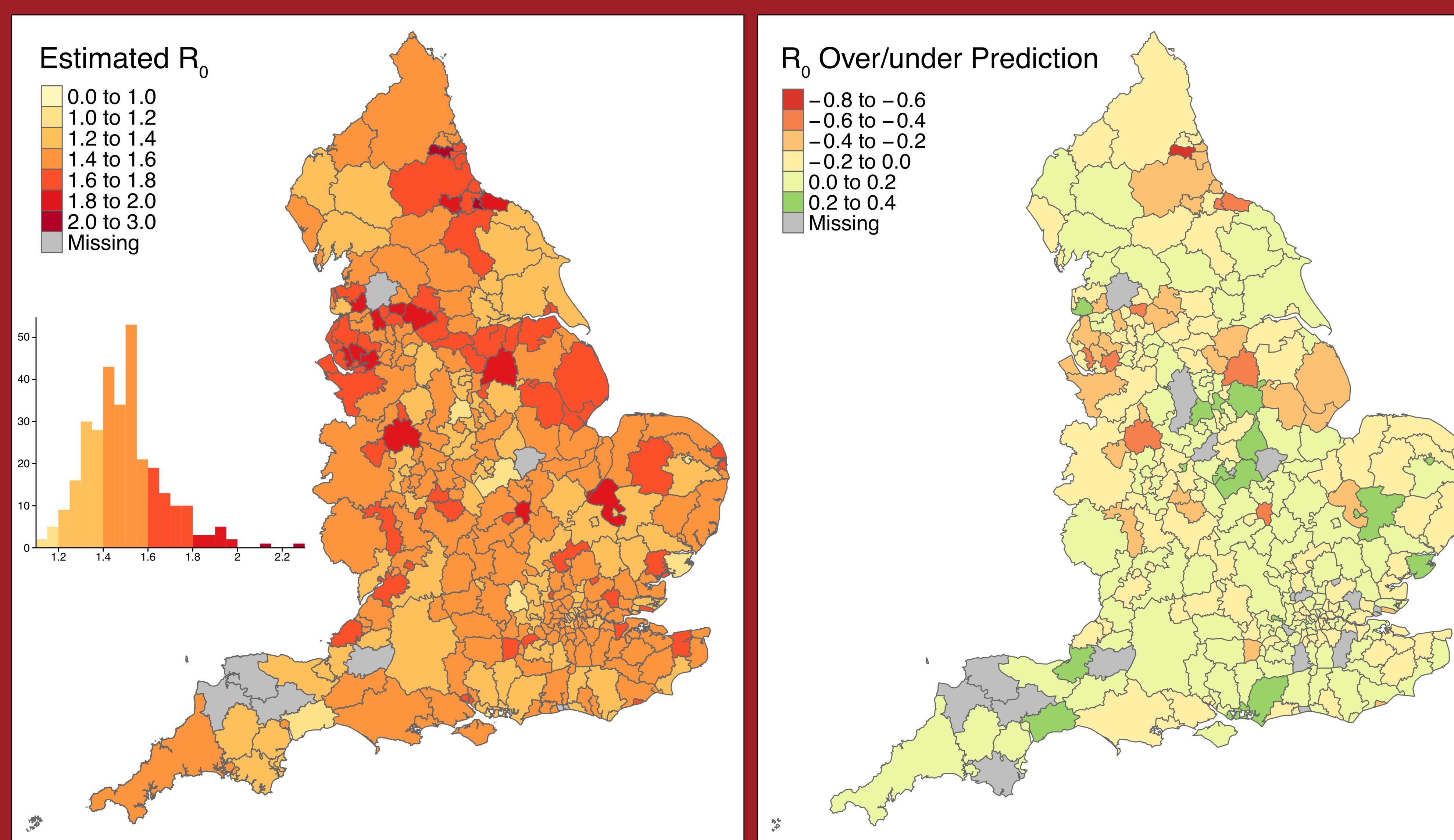


Figure 1: Spatial patterning of R_0 point estimates for LTLAs in England, using the Exponential Growth method. Histogram: distribution of R_0 point estimates.

Figure 2: Difference in R_0 predicted by the models and estimated from case data for LTLAs in England, using the Exponential Growth method.

R_0 estimation

The median LTLA estimated R_0 was 1.48 and ranged from 1.10, 95% CI [0.88, 1.33] to 2.25, 95% CI [1.94, 2.64]

- LTLAs with a total case count of fewer than 10 by March 30th 2020 were excluded
- R_0 therefore estimated for 308 LTLAs (9 excluded)

Point estimates for R_0 for each LTLA were mapped to visualise the heterogeneity of point estimations spatially (Figure 1).

- Clustering of higher R_0 in the North East and North West
- Band of higher R_0 through South and West Yorkshire

| R ₀ estimate, final model | | | |
|--------------------------------------|-----------|-------------------|--------|
| Predictors | Estimates | CI | p |
| (Intercept) | 1.0058 | 0.8184 – 1.1933 | <0.001 |
| Percent BAME | -0.0014 | -0.0025 – -0.0002 | 0.018 |
| Sales, care or leisure | 0.0094 | 0.0034 – 0.0154 | 0.002 |
| School age | 0.0213 | 0.0104 – 0.0323 | <0.001 |
| Observations | 292 | | |
| R ² | 0.120 | | |

Table 1: Regression coefficients and p-values for final best fit model, excluding deprivation (IMD score) as a candidate variable.

Model Construction and fitting

Deprivation variable included in the model:

- Best fit model includes IMD score, % BAME, population density, public transport and school age
- 27% of R_0 variation could be explained by this model

Deprivation excluded in the model (final model):

- Significant relationship between R_0 and the percentages of the population that are BAME, that are employed in sales, care or leisure, and that are of school age (Table 1).
- % BAME negatively associated, % employed in sales, care or leisure, and % school age positively associated
- 12% of R_0 variation could be explained by the final model

Spatial patterning of model fit:

- Final model used to predict R_0 for each LTLA.
- The differences between predicted R_0 and estimated R_0 were calculated and mapped (Figure 2)
- Underpredicts from Lincolnshire through to South Yorkshire, and in the North East and North West
- Over-prediction in areas surrounding Leicester

Occupational exposure and school-based transmission drive up R_0

Occupation mix has an effect on R_0

- An increase of R_0 by 0.01 for each percentage point increase of the population employed in sales, care or leisure
- Adds to the evidence that occupation has a role in COVID-19 transmission, even in the absence of controls
- A preliminary suggestion that this may be linked to the work environment, i.e., occupations that tend towards being public facing, requiring regular contact with many individuals⁴

School attendance may contribute to a higher R_0

- Percentage school age taken as a proxy for school attendance, suggests school-based transmission relevant
- Adds to evidence that secondary school students introduce COVID-19 to households and drive onward transmission⁵
- Study does not differentiate between primary and secondary schools, an area for future work (see below)

Unexplained variation: deprivation in the North of England?

Estimated R_0 was heterogeneous

- Higher R_0 in the North East and North West of England
- Higher R_0 in these regions not explained by employment in sales, care or leisure, or by population of school age

Deprivation characteristics of regions of the north of England may be key

- These regions are characterised by their relative deprivation and majority white populations
- Unexplained variation may be due to characteristics of deprivation in these regions: higher rates of unemployment and very low paid work compared to other areas of high deprivation⁵ (urban South/London)
- May explain negative association with BAME: highest in London, reflecting differing character of deprivation.

Next Steps: Contact Studies

- Studies investigating contact patterns related to occupational categories in England may prove a useful tool for modelling both this epidemic and future outbreaks.
- Exposure and transmission in the school environment merits significant attention in future work: potential role of overcrowding in primary schools and networking effect of secondary school pupils

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