## Renaissance Weekly – Brief

In a world awash with conversation, the most valuable ideas are often the hardest to find—buried inside hours of long-form podcasts, accessible only to those with the luxury of time. Renaissance Weekly is a response to that reality: a curated, cross-disciplinary digest that brings the best of the modern intellectual landscape directly to your inbox.

Each week, Renaissance Weekly surfaces a handpicked selection of podcast episodes—drawn from across fields like artificial intelligence, investing, health and longevity, technology, history, politics, and global affairs—and distills them into clear, cohesive two-page summaries. These are not soundbites. They are narrative-driven recaps, carefully structured to preserve nuance, contextual insight, and the arc of ideas as they were presented in conversation.

This is a publication for those who remain intellectually ambitious in an age of distraction. For the polymathic founder, the data-driven investor, the curious generalist. It is for the kind of reader who toggles between a Peter Attia deep dive on mitochondrial health, a Macro Voices analysis of global energy markets, and a candid OpenAI discussion on the frontiers of machine intelligence—all in the same week. But rather than demand five or six hours of listening, Renaissance Weekly offers the same substance in a focused, frictionless format.

At its core, the project is built on a hybrid model: human editorial curation enhanced by AI-driven transcription and summarization. It’s not automation for its own sake; it’s structure in service of clarity. Every summary is produced with a commitment to precision, and every issue reflects a belief that time-saving and depth are not mutually exclusive.

The initial product—a single weekly email—is just the beginning. In time, the underlying framework may support more tailored digests: one centered on AI and emerging technology; another focused on healthspan and medicine; others still on geopolitics or the investment landscape. The idea is not to narrow, but to deepen—to offer readers the ability to follow the ideas that matter most to them, without falling behind on the rest.

Renaissance Weekly is not designed to go viral. It is not for the casual skimmer. It is for those who want to understand more of the world in less time—and to do so with intention, perspective, and style.

If your curiosity runs wide but your calendar runs tight, this is where you begin.