

Five Finger Exercises—Hands Singly Only

Practice each exercise very slowly, each hand separately four times; then rapidly in impulses of (1) (2) (3) (4) (8).

Play left hand two octaves lower. Count aloud.

1 2 3 4

Count 1 up! 1 up! 1 up! 1 up! etc...

5 6 7 8

9 10 11 12

13 14 15 16

17 18 19 20

21 22 23 24

25 26 27 28

