

Five Finger Exercises— Hands Together With Duplicate Fingers

1. Practice each hand singly, two times slowly.
2. Practice each hand singly, two times rapidly.
3. Practice hands together, two times slowly.
4. Practice hands together, in rapid impulses of (1) (2) (3) (4).

57 58 59 60

Count 1 up! 1 up! 1 up! 1 up!

61 62 63 64

up! up! up! up!

65 66 67 68

up! up! up! up!

69 70 71 72

up! up! up! up!

73 74 75 76

up! up! up! up!

The musical score is organized into four rows, each containing four measures. The measures are numbered 57 through 76. Each measure is written for piano (left hand) and treble (right hand). The exercises involve five fingers (1-5) and include duplicate fingers. The score includes fingerings (1-5), accents (>), and dynamic markings (up!).

77 78 79 80

2 4 1 2 up! 3 3 1 3 up! 4 2 1 4 up! 2 4 1 2 up!

81 82 83 84

3 3 1 3 up! 4 2 1 4 up! 1 5 6 1 6 up! 2 4 1 2 up!

85 86 87 88

3 6 1 3 up! 4 2 1 4 up! 5 1 6 1 6 up! 2 4 1 2 up!

89 90 91

3 6 1 3 up! 4 2 1 4 up! 1 2 5 4 1 2 up!

92 93 94

2 3 4 3 1 2 3 up! 3 3 1 3 up! 4 2 1 4 up!

95 96 97

up! up! up!

98 99 100 101

up! up! up! up!

102 103 104 105

up! up! up! up!

106 107 108

up! up! up!

109 110 111 113

up! up! up! up!