

SEASONAL HARVEST CHART©

Zones 5-7 (See USDA zone map)
Zones 8-9

Vegetables	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	ОСТ	NOV	DEC
Artichoke							• •	• •	• •			
Asparagus												
Basil												
Beets												
Broccoli												
Brussel Sprouts												
Cabbage												
Carrots												
Cauliflower												
Celeriac												
Celery												
Collard Greens												
Corn												
Cucumber												
Dill												
Eggplant												
Fennel												
Garlic												
Gourds								• •				
Green Beans												
Green Garlic												
Green Onions												
Hot Peppers								•				
Kale												
Kohlrabi												
Leeks												
Lettuce												
Okra												
Onions												
Parsnips												
Peas												
Potatoes												
Pumpkins												
Radish												
Salad Greens								• •				
Shallots												
Spinach												
Summer Squash												
Sunchokes												
Sweet Corn												
Sweet Peppers												
Sweet Potato												
Swiss Chard												
Tomatillos												
Tomatoes												
Turnips												
Winter Squash												
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Fruits	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	ОСТ	NOV	DEC
Apricots												
Apples								• •	• •			
Blackberries								• •				
Cantaloupe								• •	• •	• •		
Cherries												
Currants												
Figs												
Goji Berries												
Grapes								•	• •			
Hearts O'Gold Cantalope												
Melons								•	• •			
Nectarines								•	• •			
Peaches								•	• •			
Pears									• •	•		
Plums							•	• •				
Pomegranates												
Raspberries												
Rhubarb					•	•			• •			
Strawberries						•			• •	• •		
Watermelon								• •	• •			

