

SEASONAL PRODUCE CALENDAR

Use this quick reference guide to know what fruits and vegetables are in season (and at their most delicious and nutritious) in Pennsylvania!

al a		delicious and nutritious						·, ····	/ III Fellisytvallia:				
Fresh Picked Cold Storage	Jan.	Feb.	Mar.	Apr.	Мау	June	July	Aug.	Sept.	Oct.	Nov.	Dec.	
Apples	*	*	*		_					*	*	*	
Asparagus	-		-										
Beans (Snap)													
Beets													
Blackberries													
Blueberries													
Broccoli					*	<u>-;;-</u>	7,1	7,1	7,	<u></u>	*		
Cabbage											-,\		
Cantaloupe						,,,	7,7	<u>-;;</u> -	-	7,			
Carrots											*	*	
Cauliflower									7,				
Cherries (Tart)						773				773	773		
Cherries (Sweet)													
Corn (Sweet)						***							
Cucumbers													
Eggplant													
Grapes							771	24.	24	***			
Kale						**		**	**	**	**		
Mixed Greens				**		7	7	**	24	*	7		
Mushrooms	*	*	**	**	24	**	**	**	24	**	**	*	
Nectarines	7	7	7	7	7	7	**	**	**	7	7	7	
Onions							**	**	24	*			
							7	7		7			
Pawpaw Peaches							*	*	34				
							7	**		**			
Pears					<u> </u>	**		**	7	*			
Peas					7	来	**	-	-	4			
Peppers S Plants							*	**	**	*			
Plums & Pluots	1Y4						-	**		1Y4	1Y4	1Y4	
Potatoes	*						*	深	某	*	*	*	
Pumpkins					1	***			蒙	某			
Radishes					*	*	344	1	*	*			
Raspberries					14	14	**	宋	*	14	14		
Spinach					**	**	1	1	*	*	**		
Squash (Summer)	,u.	,υ.				**	·	· ·	**	14	,υ.	,	
Squash (Winter)	*	*				1			**	*	*	*	
Strawberries		.94				**			1	1.10	.94		
Sweet Potatoes	*	*							**	**	*	*	
Tomatoes							- 	- •					
Turnips				*	*				**	*	*		
Watermelon							- `	- <u></u>					
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