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Your mindset reflects your own world view or philosophy of life. Take the mindset quiz to find out more about the way you tick:

Your Mindset Score is 56 What the Scores Mean:

**45-60 YOUR RESULTS SUGGEST A STRONG GROWTH MINDSET.**


**34-44 YOUR RESULTS SUGGEST A GROWTH MINDSET BUT WITH SOME FIXED IDEAS.**

**21-33 YOUR RESULTS SUGGEST A FIXED MINDSET, BUT WITH SOME GROWTH IDEAS.**

**0-20 YOUR RESULTS SUGGEST A STRONG FIXED MINDSET.**

Living life to the fullest  
Couch potato to fit and healthy  
Supercharge your brain

**POSITIVITY SHOP**



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I think the idea of mind set is interesting. My 8th grade teacher actually brought this up to us at the beginning of the year. My result says that I have a strong growth mindset which is what I got with whatever test I took back then. I don't necessarily have a different mindset than I did before because I've always been open to listening and learning. I've always just wanted to learn everything about anything and I always thought that there was nothing stopping me. It's always a great reminder to maintain the growth mindset though and find myself using it often in these uncertain times.