

# Children of Hope Child Development Center

May 2025

## Hope Happenings: News from Mrs. H's Office

Lynn Hockenberger  
Preschool Director



### Happy Birthday!



#### STAFF BIRTHDAYS

5/23: Mrs. Guete

Oh, boy...how do I write this note to all of you as we wrap another wonderful school year at our Happy Place? Knowing that August will come quickly, and I will be busy onboarding and welcoming a new director at that time, brings on all the feelings! Being your director has been one of the biggest blessings of my life. Truly.

I am happy to tell you that our preschool board has been working hard to make this transition successful. A hiring committee is being formed as we speak, that includes preschool board members, parents, staff members, and Esperanza members, many of whom have direct ties with and historical knowledge of our school. I am confident that the right person will take the helm, and that the hiring committee will be thorough and mindful. I, too, will be here to welcome our new director and share everything I can to make the transition smooth, joyful, and successful in July and August.

In the meantime, we have some celebrating to do! Look around and listen, it's so exciting! Our Owlets are getting ready to leave the loving nest of Mrs. Guete, Deacon Connie, and Mrs. Smith, with wings that are ready to fly! Our Penguins, under the loving care of Mrs. Pierce, Mrs. Paterson, and Mrs. A, are most ready to waddle next door into the Frog room, with bodies and spirits ready to learn even more! And our Frogs, who have been nurtured and guided by the wonderful Mrs. Mueller, Mrs. Gerrish, and Mrs. A, are excited to leap into kindergarten with readiness and confidence! Many of them have been under our care since they were 2-years old, and it is always emotional to watch them leap away.

I'm filled with gratitude for the gift of Hope - my teachers, our precious students, and all of you.

Warmly,  
Mrs. H 😊

#fillyourchildwithhope



## Vacation Bible School 2025 June 3-5



**Tuesday, June 3, 2025 - Thursday  
June 5, 2025  
from 9:00am to Noon**

**Cost is \$50 per child with a \$125  
family maximum fee**

**Ages: 3 (fully potty trained) thru  
5<sup>th</sup> grade**

**Sign up Here:**

**Vacation Bible School 2025 -  
June 3-5 - ESPERANZA  
LUTHERAN CHURCH**

**Thank you for making Family  
Chapel Time so special this year!**



**Many thanks to Pastor Chris and  
Deacon Connie for all their  
lessons on each Fruit of the Spirit**





National Center for  
**Pyramid Model**  
**INNOVATIONS**



## Providing Positive Feedback and Encouragement

### Verbal Encouragement

- ▶ "You are working so hard on..."
- ▶ "You must feel proud of yourself for..."
- ▶ "Thank you for helping me..."
- ▶ "What a great listener you are, you..."
- ▶ "Great job remembering to..."
- ▶ "That's a cool way to..."
- ▶ "Way to go! You \_\_\_\_ all by yourself!"
- ▶ "You almost have it! You can..."
- ▶ "You are being a helper when you..."
- ▶ "Your brother/sister looks so happy when you..."
- ▶ "You are really growing up because you..."
- ▶ "You were so patient when you..."
- ▶ "That's a great idea! Look at you..."
- ▶ "Excellent job using your problem solving to..."
- ▶ "WOW!! What a fabulous job you've done of..."



Nonverbal encouragement also works! Try...

- ▶ Giving a hug
- ▶ A thumbs up or wink
- ▶ Clapping
- ▶ Using a special hand shake
- ▶ Smiling
- ▶ Imitating gestures, words or sounds
- ▶ A happy dance

### Favorites to Try...

# LUNCH BUNCH



**Pick Up at 1:00pm: \$15**

**Pick Up at 2:00pm: \$20**

Will invoice via Brightwheel

**NO LUNCH BUNCH THE LAST WEEK OF SCHOOL**

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## Parent Webinars

HealthyChildren.org parent webinars are designed to help you wherever you are on your parenting journey. Each one provides research-supported child health and safety information and immediately useable tips and suggestions.

Best of all, you can rest assured that the information comes from the nation's leading child health experts—pediatrician fellows of the American Academy of Pediatrics (AAP).

Check out our archives to watch a previously recorded webinar:



[Parent Webinars - HealthyChildren.org](#)



## How to choose a sunscreen

- **Use a sunscreen that says "broad-spectrum" on the label;** that means it will screen out both UVB and UVA rays.
- **Use a broad-spectrum sunscreen with a sun protection factor (SPF) of at least 15 (up to SPF 50).** An SPF of 15 or 30 should be fine for most people. More research studies are needed to test if sunscreen with more than SPF 50 offers any extra protection.
- **If possible, avoid the sunscreen ingredient oxybenzone** because of concerns about mild hormonal properties. Remember, though, that it's important to take steps to prevent [sunburn](#), so using any sunscreen is better than not using sunscreen at all.
- **For sensitive areas of the body,** such as the nose, cheeks, tops of the ears and shoulders, choose a sunscreen with zinc oxide or titanium dioxide. These products may stay visible on the skin even after you rub them in, and some come in fun colors that children enjoy.



**We have a few open spots in our Frog and Owlet classrooms for the upcoming school year.**



**Spread the word!**

We would love to fill the spots with your friends and family!



**Penguin Mamas:** Please join us on Thursday, May 8<sup>th</sup> at 8:30am in the Lower Courtyard for a special morning honoring you!

**Frog Mamas:** Please join us in the classroom on Thursday, May 8<sup>th</sup> at 10:30am for some pampering time!

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**Owlet Parents:** Please join us on Thursday, May 15<sup>th</sup> in the Upper Courtyard for a special morning honoring you!

# UPCOMING EVENTS

## Frog's Movin' Up Ceremony



Tuesday, May 13<sup>th</sup>  
8:45am

Esperanza Sanctuary

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## Preschool Board Meeting



Tuesday,  
May 20, 2025  
6:00 - 7:00pm

## *Alumni* **SENIOR CLAP-OUT!**



Wednesday, May 21<sup>st</sup>

Please join us as we celebrate the COH Alumni who are graduating high school this year!

At 11:30am please line the sidewalk on the playground as we clap our seniors on to their next chapter!

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## WATER DAY & FOAM PARTY!



Tuesday, May 20<sup>th</sup>

Wear bathing suits and  
sunscreen!  
Bring a beach towel!



Please make drop off and pick up times with your child  
***NO CELL PHONE ZONES ☺***

## **SMOKE-FREE ENVIRONMENT**

We at **Children of Hope Child Development Center** are committed to providing a smoke-free environment for children, staff members, and childcare providers. Due to hazards from exposure to second-hand smoke and as a recognized Empower childcare facility, it shall be the policy of this childcare facility to provide a tobacco-free environment for children, staff members, childcare providers, and parents.

**CW** CITY WIDE  
FACILITY SOLUTIONS  
Cleaning & Disinfecting  
Services

**FORCE SHIELD**  
FOG • DISINFECT • PROTECT

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Ahwatukee**