

Children of Hope Child Development Center

November 2024

Hope Happenings: News from Mrs. H's Office

Lynn Hockenberger
Preschool Director



Happy Birthday!



STAFF BIRTHDAYS

Nov. 11: Mrs. Paterson

One of my favorite seasons at preschool is upon us...the magic of the holidays. We love this time of year with the kids as they see the world with such positivity and excitement.

This month is going to go quickly for me as I will be travelling to Florida with Deacon Connie to attend the annual ELEA Conference. We will be gone the week of November 11th, and Mrs. Dolny will kindly be filling in for us. This year the Lutherans have teamed up with the Episcopal church for a bigger, combined conference. Deacon Connie and I are eager to learn more ideas for our classrooms, Chapel, and more!

I will then be on a mother-daughter trip the following week, so I thank you for your patience in my absence.

I have some extra Chapel shirts in my office for kids and adults. Stop in if you would like one.

In this season of thankfulness, we sincerely thank you all for sharing your children with us. We do not take their care and education lightly, nor do we take for granted the choice you made to enroll them at COH. It means a lot to us that you are here, and we are thankful to be on this early education journey with you.

Warmly,

Mrs. H 😊

#fillyourchildwithhope



*Sunday worship service is at
9:00am where ALL are welcome*

Prayin' & Playin'
with Deacon Connie
Sunday, 11/24



Fun activities for the kids in the Owlet classroom with Deacon Connie during worship. She will bring the children back to the sanctuary in time for communion.

See Deacon Connie for information on Sunday School, Confirmation Class, and First Communion Class

FAMILY CHAPEL TIME



PARENTS!
We invite you to
Family Chapel Time!

Frogs: Monday, November 18

Owlets: Tuesday, November 19

Penguins: Wednesday, November 20

**Collection for
Kyrene Family Resource
Center**

This family resource center helps children in our school district who are facing food insecurity. If you would like to donate, please bring items to Chapel each month and place in the shopping cart.

**Needed:
Thanksgiving Food Drive**

**Boxes or Bags of Stuffing
Canned Green Beans**

**But THE FRUIT
of the Spirit IS...**



LUNCH BUNCH



Lunch Bunch offers our students opportunities for additional socialization through mealtime, extended activities, and play. We provide a safe, nurturing place where the children can eat lunch with their peers, while learning to manage and clean up their own space, with the bonus of added time to socialize and play with their friends. With the company of our supportive teachers, Lunch Bunch kiddos can acclimate to a longer school day, can make mistakes (such as spills) and be helped to fix them, and can gain confidence and independence.

Healthy Drinks for Children.pdf



dreamstime.com ID 192401005 © Maxim Popov

**Lunch Bunch Available Daily
Sign up Book is located outside Mrs. H's office**

Pick Up at 1:00pm: \$15

Pick Up at 2:00pm: \$20

Will invoice via Brightwheel

**NO LUNCH BUNCH ON TUESDAY, NOVEMBER 26th
following our Thanksgiving Feast**



The Skill of Encouragement

The power of "You Did It!" goes a long way! Noticing what children do specifically, instead of saying a general "Good Job", really encourages kids!

Check out this game-changing further description and tips here:

<https://www.facebook.com/reel/392824860552070>



Conscious Commitment for the Week:

"I am willing to use the language
of noticing to **encourage**
children three times this week."

Formula:

"You (describe what the child did),
so (how it helped others).
That was (kind, helpful, caring)!"

Example:

"Elijah, you cleaned up the blocks
on the floor so no one would trip
on them. That was helpful!"





The Developmental Continuum of Social & Emotional Indicators

Age Range	Forming Close & Supportive Relationships	Developing Self-Awareness & Identity	Growing Exploration & Independence
Infant Birth to 15 Months	<ul style="list-style-type: none"> ► Recognizes human language/ prefers primary caregiver's voice ► Prefers human faces ► Prefers familiar adults ► Early social interaction is a smile and mutual gaze ► Crawls away but checks back to ensure adult contact ► Stretches arms to be picked up ► Acts anxious around strangers ► Uses stuffed toy for security 	<ul style="list-style-type: none"> ► Goes from accidentally sucking own hands to carefully watching them ► Tries to make things happen ► Hits or kicks to make a pleasing sight or sound continue ► Talks to self when alone ► Prefers to be held by familiar people ► Imitates adult behavior ► Knows own name ► Understands simple directions 	<ul style="list-style-type: none"> ► Brings thumb or hand to mouth ► Tracks primary caregiver's voice ► Observes own hands ► Babbles using all types of sounds ► Uses a few words mixed with babbling to form sentences ► Tries to keep a knee ride going by bouncing to get adult started again ► Shows strong feelings (anger, anxiety, affection)
Toddler 12 Months to 2.5 Years	<ul style="list-style-type: none"> ► Relates to others by exploring things with them ► Pulls up, stands holding furniture, then walks alone ► Goes through a phase of clinging to primary caregiver ► Experiences period of intense feelings when separating or reuniting with parent 	<ul style="list-style-type: none"> ► Knows they can make things happen, but not sure of responsibility for actions ► Becomes bossy ► Uses words: Me, You, I ► Says "No" to adults ► Explores everything ► Is sensitive to others' judging behavior 	<ul style="list-style-type: none"> ► Keeps looking for a toy that is hidden from view ► Understands many more words than can say ► Has wide mood swings (e.g., stubborn to cooperative) ► Wants to do things by self
Preschooler 2.5 to 3.5 Years	<ul style="list-style-type: none"> ► Is capable of dramatic play ► Has better control over all aspects of self ► Needs adult coaching to get along well with others ► Shows feelings with words and in symbolic play ► Is more aware that others have feelings ► Can plan ahead 	<ul style="list-style-type: none"> ► Is capable of self-evaluation (e.g., good, bad) ► Tries to control self (e.g., emotions, toileting) ► Is learning to take turns in conversation ► Knows a lot about communicating in the style of own culture 	<ul style="list-style-type: none"> ► Uses names of self and others ► Can tell others about what happened that day ► Has much larger vocabulary to express ► Shows concern for others ► Classifies, labels, sorts objects and experiences into groups

Adapted by CSEFEL with permission from J. Ronald Lally, Abbey Griffin, et al., *Caring for Infants and Toddlers in Groups: Developmentally Appropriate Practice* (Washington, DC: ZERO TO THREE/The National Center, 1995), pp. 78-79.

Children of Hope presents



Saturday, December 7th 9:00-11:00am

Enjoy some continental breakfast foods for all, and crafts for the kids, while you wait to visit with Santa & Mrs. Claus! Don't forget your cameras!

Please return this form to Mrs. H in the preschool office by Wednesday, November 27th

Name _____

Food allergies _____

_____ **Number of Adult Guests**

_____ **Number of Children (ages 2 and up)**

_____ **Total (Cost @ \$10 per person)**

_____ **Cash** _____ **Check #** _____ or _____ **BW**

UPCOMING EVENTS

Preschool Board Meeting



Tuesday,
November 5th
6:00 - 7:00pm

Fellowship Hall

Members include Esperanza & COH staff, COH parents, and Esperanza church members.

7 Meetings total
will be held the 3rd Tuesday in
September, October, November,
January, February, and April

Annual Christmas Program



Thursday, December 12th
Morning
Details coming soon!

Don't miss this adorable event!



Saturday, December 7th
9:00 - 11:00am

Thanksgiving Feast

Tuesday,
November 26th



10:45am
Lower Courtyard
(weather permitting)

Please join us!

Fun with Writing!

Developing Writing and Spelling at Home

Writing is a terrific way for children to express their thoughts, creativity, and uniqueness. It is also a fundamental way in which children learn to organize ideas. And learning to write well helps children to be better readers.

When engaging in writing, young children often mirror what they see around them – adults and older children writing lists, notes, text messaging. They are observing the way writing is used in our everyday lives.

Here are some simple things families can do to support young children's writing:

- Keep markers, pencils, and crayons available at home. Children develop skills that prepare them for writing through their normal play – like drawing, painting, and tracing objects. This kind of play helps prepare the brain and the muscles for holding a pencil and forming written words.
- Help them learn to write their name. This is an empowering experience, and allows them to begin to identify themselves as writers.
- Involve them in your writing activities. Make a shopping list together and point out the words that start with the same letter as the child's name.

And most of all...

- Read books with kids. Early and frequent exposure to letters, sounds, words, and stories helps kids learn to read and write.

Once children start learning letters, you can practice writing them on paper, in the air, or in sand or snow. These tactile experiences help them feel the shape and motion of the letter.

As your child begins to write letters, caption what they've written. Ask your child, "What does this say?" Write their words under their writing. This helps them learn more about letters and words.

As you read to your children, point out things the book author did to make the book so fun to read. "Wow! Listen to how the author describes the ocean. Don't those words make you feel like you're back jumping over waves?"

Show your children that you write too. Let your children see you writing thank you notes, composing an e-mail, or communicating with your child's school.

For more information about kids and writing, visit:
<http://www.readingrockets.org/article/c37/>





**Orders accepted through 11/08/2024
Delivered 11/25/2024**

<https://store.myfundraisingplace.com/RegisterSeller/9ceab91c-c033-4df2-b142-0204a66bfab6>

Help us earn some “dough” for new ground cover on our playground (rubber mulch or, the dream would be a poured in surface).

For every delicious Butter Braid sold, we receive \$6.40, a 40% return!

Paper order forms went home and extras are in Mrs. H's office. Online ordering includes an additional flavor...chocolate!

Friends, family, co-workers love them if they've had them. They really sell themselves!

Local orders only as the braids will be delivered here on 11/25 and arrive frozen. The company does not ship out of town orders, but out of towners can donate online.



Please make drop off and pick up times with your child

Cell Phone Free Zones ☺

SMOKE-FREE ENVIRONMENT

We at **Children of Hope Child Development Center** are committed to providing a smoke-free environment for children, staff members, and childcare providers. Due to hazards from exposure to second-hand smoke and as a recognized Empower childcare facility, it shall be the policy of this childcare facility to provide a tobacco-free environment for children, staff members, child care providers, and parents.



Cleaning & Disinfecting
Services



FORCE SHIELD
Fog • Disinfect • Protect

find us on
Facebook



**Like our Facebook
Page/Follow us on
Insta!**

**Also, join our Private Group
Children of Hope Preschool/
Child Development Center of
Ahwatukee**