

Put Your Dreams to the Test

Mastermind Group

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Syllabus

Nov. 2012 – Jan. 2013

Will you achieve your dream in your lifetime? Most people I know have a dream and I am certain that nearly everyone, if not all, of the people you know have a dream. But will they actually achieve it?

Most people have no idea how to achieve their dreams. Many don't know how to get from where they are today to where they want to be in the future. Others lack the self-confidence to actually "do" what they know must be done.

John Maxwell, in his book *"Put Your Dreams to the Test (PYDTTT)"*, believes if you can answer, "YES" to the ten questions in this book you will have an excellent chance of being able to achieve your dreams. The more questions you can answer positively, the greater the likelihood of success.

This mastermind group will spend the next 8 weeks focusing on these 10 questions. As a group we will put **our individual dreams** to the test – supporting, encouraging, and yes, even challenging one another. By the end of the 8 weeks you should be able to:

- ✓ Answer **yes** to more questions than before the workshop
- ✓ Articulate your dream with greater clarity
- ✓ Identify what you are and are not willing to give up to achieve your dream
- ✓ Identify a path forward
- ✓ Identify the type of people you need around to achieve your dream
- ✓ Identify daily habits and practices that will help you achieve your dream

Thank you for completing the pre-workshop survey. This was very helpful in giving me an understanding of where the group is as a whole. As expected we have some questions where the group is very consistent in their responses and other questions where the group is split 50/50 between positive and negative responses. This is great because we can experience a true Mastermind group - where everyone will have an opportunity to coach, mentor, and advise, and be coached, mentored and advised. Following are some workshop ground rules:

- ✓ Seek first to understand another's perspective
- ✓ Honesty – even if it "hurts"
- ✓ Listen to feedback – even if it "hurts"
- ✓ Positive intentions – we are here only to encourage, support and help one another

Workshop Schedule

Note that each of the following boxes outlines the week's agenda. There are three components to each week.

1. **Question(s):** refers to which of the 10 questions we will review
2. **Discussion Topics/Questions:** refers to the specific questions we will address that meeting. This may change depending upon previous discussions
3. **Next week:** refers to the assignment for the following week's meeting

Week 1: Nov. 29, 2012

AGENDA:

- ✓ Introductions
- ✓ What is a dream?
- ✓ Review group survey results
- ✓ Review how to use *My Dream Map*
- ✓ Ownership question

Question: Ownership (Read: pgs xi-xxii and 1-22 in *PYDTTT*; pgs 7-24 in *My Dream Map*)

Discussion Topics/Questions:

- ✓ What is a dream?
- ✓ What discouragement have you experienced by others in personal and professional life? What was the impact and lessons learned?
- ✓ If you were demonstrating greater confidence in pursuing your dream what would you be doing?
- ✓ What is holding you back from owning your dream?
- ✓ What is your "why" for achieving your dream?
- ✓ Review pages 21-22 *PYDTTT*.
- ✓ Complete page 9 in *My Dream Map* – be prepared to share.

Next Week:

- ✓ Reflect on learning from this session and complete the journal exercises in *My Dream Map* on pages 8, 10-24.
- ✓ Can you re-write your dream? If so complete page 27 in *My Dream Map*.
- ✓ Clarity Question - pgs 23-43 in *PYDTTT* and pgs 25-45 in *My Dream Map*

Week 2: Dec 6, 2012

Agenda:

- ✓ Review/share reflections and journaling from Ownership Question
- ✓ Re-review survey results for Clarity Question
- ✓ Clarity Question discussion

Question: Clarity (Read pgs 23-43 in PYDTT; pgs 25-45 in *My Dream Map*)

Discussion topics/questions:

- ✓ For those who answered “Yes” how did you find your dream?
- ✓ For those who answered “No” let’s dive into your dream.
- ✓ What are you feeling, sensing, seeing, hearing and thinking about your dream?
- ✓ Describe the vision of your dream?
- ✓ What are your strengths and talents?

Next week:

- ✓ Reflect on learning from this session and complete the journal exercises in *My Dream Map* on pages 26-45.
- ✓ Can you rewrite your dream? If so, complete pages 41-45.
- ✓ Fulfillment Question – pgs 185-203 in PYDTT and pgs 177-198 in *My Dream Map*.
- ✓ Passion Question – pgs 71-92 in PYDTT; pgs 71-90 in *My Dream Map*.

Week 3: Dec 13, 2012

Agenda:

- ✓ Review/share reflections and journaling from Clarity Question
- ✓ Re-review survey results for Fulfillment and Passion Question
- ✓ Fulfillment Question discussion
- ✓ Passion Question discussion

Question:

- ✓ Fulfillment (Read pgs 185-203 PYDTT; pgs 177-198 *My Dream Map*)
- ✓ Passion (Read pgs 71-92 in PYDTT; pgs 71-90 in *My Dream Map*)

Discussion topics/questions:

- ✓ Discuss Seth Godin's "Dip" concept
- ✓ Can you keep your idealism and achieve your dream?
- ✓ Is fulfillment a choice of attitude?
- ✓ How do you keep dreaming everyday?
- ✓ Are those "things" that leave you the most fulfilled apart of your dream?
- ✓ Are you being pushed or pulled into your dream?
- ✓ What areas of life do you display the most initiative?
- ✓ Do you know your life's purpose? Does it align with your passion and dream?
- ✓ Where are you on the passion scale on page 84?

Next week:

- ✓ Reflect on learning from this session and complete the journal exercises in *My Dream Map* on pages 177-198.
- ✓ Reflect on learning from this session and complete the journal exercises in *My Dream Map* on pages 71-90.
- ✓ Continue to refine your dream.
- ✓ Reality Question – pgs 45- 69 PYDTT; pgs 47-69 in *My Dream Map*.

Week 4: Dec 20, 2012

Agenda:

- ✓ Review/share reflections and journaling from Fulfillment Question
- ✓ Review/share reflections and journaling from Passion Question
- ✓ Re-review survey results for Reality Question
- ✓ Reality Question discussion

Question: Reality (Read pgs 45- 69 PYDTT; pgs 47-69 in *My Dream Map*)

Discussion topics/questions:

- ✓ What is the GAP between where you are now and where you want to be in the next 6 months with respect to your dream?
- ✓ What obstacles are you anticipating in the next 6 months? What mitigation strategies can you put in place to overcome those obstacles?
- ✓ Does your dream play to your strengths and talents?
- ✓ What daily habits and practices do you need to start to realize your dream?
- ✓ What is within your control?

Next week:

- ✓ Reflect on learning from this session and complete the journal exercises in *My Dream Map* on pages 47-69
- ✓ Continue to refine your dream
- ✓ Tenacity Question – pgs 161-183 PYDTT; pgs 159-176 in *My Dream Map*

Week 5: Dec 27, 2012

Agenda:

- ✓ Review/share reflections and journaling from Reality Question
- ✓ Re-review survey results for Tenacity Question
- ✓ Tenacity Question discussion

Question: Tenacity Question (Read pgs 161-183 PYDTT; pgs 159-176 in *My Dream Map*.)

Discussion topics/questions:

- ✓ Why are you not taking action everyday toward your dream?
- ✓ What do you believe? Who do you believe in?
- ✓ Discuss Jack Canfield material on page 174 – 175
- ✓ How do you go about changing your thinking?
- ✓ Discuss the Rule of 5

Next week:

- ✓ Reflect on learning from this session and complete the journal exercises in *My Dream Map* on pages 159-176.
- ✓ Continue to refine your dream.
- ✓ Cost Question – pgs 137-159 in PYDTT; pgs 137-158 in *My Dream Map*.
- ✓ Significance Question – pgs 205-222 in PYDTT; pgs 199-216 in *My Dream Map*

Week 6: Jan 3, 2013

Agenda:

- ✓ Review/share reflections and journaling from Tenacity Question
- ✓ Re-review survey results for Cost Question
- ✓ Re-review survey results for Significance Question
- ✓ Cost Question discussion
- ✓ Significance Question discussion

Question:

- ✓ Cost Question (Read pgs 137-159 in PYDTT; pgs 137-158 in *My Dream Map*)
- ✓ Significance Question (Read pgs 205-222 in PYDTT; pgs 199-216 in *My Dream Map*)

Discussion topics/questions:

- ✓ Do you know what your dream will cost?
- ✓ What are you unwilling to give up in order to achieve your dream?
- ✓ Which of your critics count and which don't?
- ✓ What fear do you need to overcome?
- ✓ Who will your dream benefit?
- ✓ Begin to think about the people you need on your team.

Next week:

- ✓ Reflect on learning from this session and complete the journal exercises in *My Dream Map* on pages 137-158.
- ✓ Reflect on learning from this session and complete the journal exercises in *My Dream Map* on pages 199-216.
- ✓ Continue to refine your dream
- ✓ People Question – pgs 115-136 in PYDTT; pgs 117-136 in *My Dream Map*.

Week 7: Jan 10, 2013

Agenda:

- ✓ Review/share reflections and journaling from Cost Question
- ✓ Review/share reflections and journaling from Significance Question
- ✓ Re-review survey results for People Question
- ✓ People Question discussion

Question:

- ✓ People Question (Read pgs in 115-136 PYDTT; pgs 117-136 in *My Dream Map*)

Discussion topics/questions:

- ✓ What are the characteristics of people who inspire you?
- ✓ What are the characteristics of those you need on your Dream Team?
- ✓ What vision are you casting with your people?
- ✓ How can you express your dream so it connects with others?

Next week:

- ✓ Reflect on learning from this session and complete the journal exercises in *My Dream Map* on pages 117-136
- ✓ Continue to refine your dream
- ✓ Pathway Question – pgs 93-114 in PYDTT; pgs 91-116 in *My Dream Map*

Week 8: Jan 17, 2013

Agenda:

- ✓ Review/share reflections and journaling from People Question
- ✓ Re-review survey results for Pathway Question
- ✓ Pathway Question discussion

Question:

- ✓ Pathway Question (Read pgs 93-114 in PYDTT; pgs 91-116 in *My Dream Map*)

Discussion topics/questions:

- ✓ Review SECURE
- ✓ Begin to outline your strategic plan.
- ✓ Begin to set concrete yearly and monthly strategic goals.