

Drew Hays, MA, RD, LD

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Communication/Education & Teaching

The University of Texas at Austin

Lecturer, Office of Experiential Learning Nutrition Coordinator, School of Human Ecology

Austin, Texas

April 2015-present

- Course Instructor for Advanced Food Systems Management Lab (Sp 2015)
- Course Instructor for Introduction to Food Science and Culture and Food (Fall 2015)
- Community outreach and partnerships
- Student and community partnership internship and experiential coordination
- Management of Faculty expertise data and departmental media contacts
- Content development for experiential learning and UTNI outreach
- Nutrition department representation at community events and outreach activities

St David's Medical Center

Austin, Texas

Clinical Dietitian

June 2013-present

- Instructor for outpatient cardiac rehabilitation and diabetes courses

Guest Speaker for UT Retired Faculty-Staff Association Health Interest Group

Austin, Texas

- Lecture/presentation on facts and fiction on current fad diets

February 2015

Nutrition Services Research Journal Club

January 2014-present

- Planning and management of nutrition literature searches presentations for clinical dietitians

Nutrition Hotline

Remote/Austin, Texas

Volunteer Consulting Dietitian

January 2012-present

- Provide professional consultations to callers on a variety of nutrition related subjects

Professional Research Presentations

- *The effects of calorie restriction and the role of nuclear factor-KB in pancreatic cancer progression*
- *High-Fructose Corn Syrup consumption and pancreatic tumor development and progression*

University of Texas at Austin

Austin, Texas

Teaching Assistant

August 2010–August 2011

Instructor of *Assessment on Nutritional Status* undergraduate laboratory course

Clinical/Wellness/Research Experience

St David's Medical Center

Austin, Texas

Clinical Dietitian

June 2013-present

- Administer medical nutrition therapy to patients in the acute hospital setting
- Provide dietary counseling and education to patients according to disease and nutritional status
- Develop and implement malnutrition intervention initiatives as part of malnutrition subcommittee
- Conduct nutrition portion of cardiac rehabilitation and diabetes outpatient courses
- Precept dietetic interns in clinical nutrition

Whole Foods Market Global Headquarters

Austin, Texas

Global Healthy Eating Registered Dietitian

June 2012-June 2013

- Develop and pilot food ranking system based on healthfulness
- Collaborate with Global R&D Chefs and vendors to develop/adjust products and recipes
- Determine and adjust regional recipes to conform to tiering and WFM guidelines
- Nutritional analysis of recipes for Prepared Foods, Global Communications, and Whole Deal

University of Texas at Austin/MD Anderson Cancer Center

Austin, Texas

Fellow in Cancer Prevention/Teaching Assistant

August 2010–December 2012

- Recipient of nationally competitive award from the National Cancer Institute
- Award based on research proposal 'High Fructose Corn Syrup and Pancreatic Cancer progression'
- Research project development, implementation, data analysis, and manuscript authorship

Consulting Dietitian and Chef

Austin, Texas

- Independently built small client base specializing in individualized care

March 2006-present

- Nutrient analysis of restaurant menus, and private client menus
- Recipe development and cooking for private client special diets (diabetic diet, gluten free, etc)
- Weight loss and cholesterol lowering counseling
- Private event catering and cooking demonstrations for small groups

Publications

- Alison E Harvey; Laura M. Lashinger; Drew Hays; Lauren M. Harrison; Kimberly Lewis; Susan M. Fischer; Stephen Hursting, PhD. *Calorie Restriction Decreases Murine and Human Pancreatic Tumor Cell Growth, Nuclear Factor- κ B Activation, and Inflammation-Related Gene Expression in an Insulin-like Growth Factor-1-Dependent Manner*. PLOS ONE. January 2014
- Drew Hays, Vincenza Cifarelli, Stephen D. Hursting. *Insulin, Insulin-like Growth Factor-1, and Neurodegeneration*. International Journal of Endocrinology and Metabolism. January 2012.

Food Service/Nutrition/Cooking

St. David's Medical Center

Austin, Texas

Clinical Dietitian

February 2014-current

- Plan and develop recipes for 'National Wear Red Day' Celebration for heart disease awareness
- Collaborate with hospital chefs to develop culturally appropriate and disease specific menus

Food Network/The Cooking Channel

New York, New York and Austin Texas

Freelance Cook/Food Stylist

February 2006- current

- Prep and cook foods for a variety of TV shows
- Recipe testing, culinary production and food styling

Thai Fresh

Austin, Texas

Manager/Chef/Cooking Course Instructor

September 2008-December 2010

- Book keeping, team training, general operations management, cooking
- Vendor relations
- Thai cooking course instruction with nutrition focus

Still Point Lodge

Halibut Cove, Alaska

Manager/Executive Chef

June-December 2006

- Employee training, procurement, general operations management
- Wellness course instruction

Education

University of Texas at Austin

Austin, Texas

Masters Degree in Nutritional Sciences

August 2010-September 2012

- Mentor: Dr. Stephen D. Hursting, MPH, Ph.D.
- GPA 3.9/4.0
- Thesis: the role of obesity and energy balance for cancer risk

University of Houston Dietetic Internship

Houston, Texas

ACEND accredited post-baccalaureate program

January–July 2010

University of Texas at Austin

Austin, Texas

B.S., Major: Nutrition

August 2006-December 2009

- GPA: 3.81/4.00, Cum Laude

Texas Culinary Academy, Le Cordon Bleu

Austin, Texas

AAS, Culinary Arts

January 2005-April 2006

- GPA: 4.0/4.0, Summa Cum Laude

Honors and Awards/Certificates

- **Registered Dietitian (RD)** Academy of Nutrition and Dietetics, 2010-present
- **Licensed Dietitian (LD)** Texas State Board of Examiners of Dietitians, 2013-present
- Abbott Nutrition Certification in Malnutrition, 2015
- Fellowship in Cancer Prevention, MD Anderson Cancer Center, 2012
- Blue Cross Blue Shield Summer Graduate Fellowship in Obesity Research, 2011
- Department of Nutritional Sciences Graduate Student Preemptive Fellowship, UT Austin, 2010
- ServSafe Certification

Professional Organizations

- American Dietetic Association
- California Dietetic Association

November 2008-present

September 2012-present