

NHS RISK ASSESSMENT

PATIENT DETAILS

Patient Name: SMITH, John
NHS Number: 1234567890
Date of Birth: 15/03/1965
Assessment Date: 31/08/2025
Assessor Name:

RISK ASSESSMENT MATRIX

Risk Type	Level	Risk Factors
Falls Risk	Low	
Pressure Ulcer Risk	High	
Nutrition Risk	Medium	
Self-harm Risk	Low	

Mental Health Risk

Lives independently with wife. Retired engineer. Ex-smoker.

Mobility Assessment

Alert and orientated. Chest pain 8/10 severity. BP 165/95, HR 95 regular, RR 22, O2 sats 94% on air

Risk Mitigation Plan

Cardiology clinic in 6 weeks. GP follow-up in 1 week for medication review. Cardiac rehabilitation referral.