

Health & Fitness Report

Overall Results

- Overall Health Score: 80

Key Body Vitals

- Heart Rate: 75
- Blood Pressure Systolic: 124
- Blood Pressure Diastolic: 82

Fitness Levels

- Jog Test (seconds): 61

Body Composition

- BMI: 33.145 (Obese)

Posture

- Posture: exercising