



SEWING TECHNIQUES



Whipped Back Stitch

Stitch category: Line stitch, Straight stitch

Used in: Surface embroidery - outlining and filling, Needlepoint

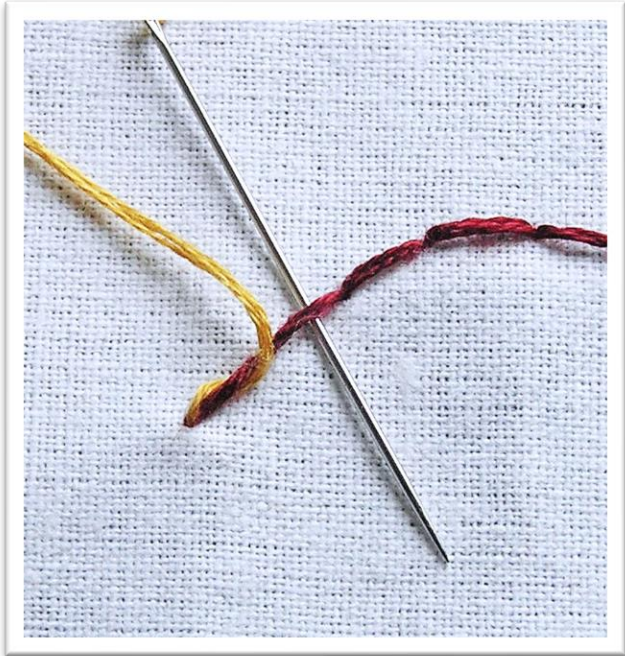
You need to know: Back Stitch

This stitch is similar to the **Whipped Running Stitch**. The outline made by the Back Stitch can be made more prominent with this whipping thread. Experiment by laying a base with thicker thread and whipping with a thinner thread.



1. Lay a foundation row with the Back Stitch. Bring out the needle from one end of the Back Stitch row. Pass the needle under the first stitch.

Whipped Back Stitch



2. Then, pass it under the second stitch from the top. Keep up with this whipping action without plucking the fabric underneath.



3. A finished row looks like this

REFERENCES:

- <https://www.embroidery.rocksea.org/images/embroidery/Lesson2-Printable-resource.pdf>