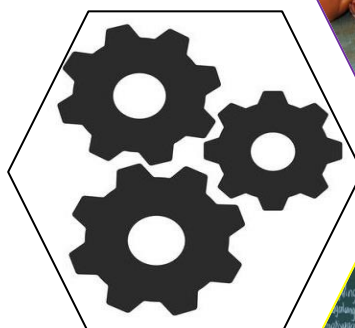


# Technology and Livelihood Education (*Dressmaking/Tailoring*)

10

Quarter  
3

## Dressmaking



**TLE – Grade 10**

**Quarter 3 – Module 12: Pattern Drafting for Waistband**  
**First Edition, 2020**

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Published by the Department of Education - Schools Division of Pasig City

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Printed in the Philippines by Department of Education – Schools Division of Pasig City



# **Quarter 3**

## **Self-Learning Module 12**

### **Pattern Drafting for Waistband**



# Introductory Message

For the Facilitator:

Welcome to the **Dressmaking/Tailoring Grade 10** Self-Learning Module on **Pattern Drafting for Waistband!**

This Self-Learning Module was collaboratively designed, developed and reviewed by educators from the Schools Division Office of Pasig City headed by its Officer-in-Charge Schools Division Superintendent, Ma. Evalou Concepcion A. Agustin, in partnership with the City Government of Pasig through its mayor, Honorable Victor Ma. Regis N. Sotto. The writers utilized the standards set by the K to 12 Curriculum using the Most Essential Learning Competencies (MELC) in developing this instructional resource.

This learning material hopes to engage the learners in guided and independent learning activities at their own pace and time. Further, this also aims to help learners acquire the needed 21st century skills especially the 5 Cs, namely: Communication, Collaboration, Creativity, Critical Thinking, and Character while taking into consideration their needs and circumstances.

In addition to the material in the main text, you will also see this box in the body of the module:



## ***Notes to the Teacher***

This contains helpful tips or strategies that will help you in guiding the learners.

As a facilitator you are expected to orient the learners on how to use this module. You also need to keep track of the learners' progress while allowing them to manage their own learning. Moreover, you are expected to encourage and assist the learners as they do the tasks included in the module.

For the Learner:

## Welcome to the Dressmaking/Tailoring Self-Learning Module on **Pattern Drafting for Waistband!**

This module was designed to provide you with fun and meaningful opportunities for guided and independent learning at your own pace and time. You will be enabled to process the contents of the learning material while being an active learner.

This module has the following parts and corresponding icons:



**Expectations** - This points to the set of knowledge and skills that you will learn after completing the module.



**Pretest** - This measures your prior knowledge about the lesson at hand.



**Recap** - This part of the module provides a review of concepts and skills that you already know about a previous lesson.



**Lesson** - This section discusses the topic in the module.



**Activities** - This is a set of activities that you need to perform.



**Wrap-Up** - This section summarizes the concepts and application of the lesson.



**Valuing** - This part integrates a desirable moral value in the lesson.



**Posttest** - This measures how much you have learned from the entire module.



## EXPECTATIONS

At the end of the learning activity, the students should be able to:

1. discuss how to draft pattern for waistband;
2. follow the procedures in drafting pattern for waistband, and;
3. apply the procedures in drafting the pattern for waistband.

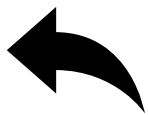


## PRETEST

### IDENTIFICATION

**Directions:** Read and understand the statement carefully. Write **T** if the statement is correct and **F** if the statement is wrong.

- \_\_\_\_\_ 1. From E, go down 1 ¼ inches (3 cm.) for the thickness of the waistband.  
Mark this G. Make a line from F to G.
- \_\_\_\_\_ 2. From D, go down 1 ¼ inches (3 cm.) for the thickness of the waistband.  
Mark this as F
- \_\_\_\_\_ 3. Get the hip measurement and make a line. Mark this A-B.
- \_\_\_\_\_ 4. From B, add 5 inches (8 cm.) for closure allowance. Mark this as C.
- \_\_\_\_\_ 5. From A, go down 1 ¼ inches (3 cm.) for the thickness of the waistband.  
Mark this D.



## RECAP

### IDENTIFICATION

**Directions:** Identify the word that will complete the statement. Choose your answer on the box below.

crotch	waistline	dart	2 ½ in	1 in
--------	-----------	------	--------	------

1. From 23, measure \_\_\_\_\_ (5.72 cm) to the left, and mark point A
2. From 4, measure \_\_\_\_\_ (2. 54 cm) to the left, and mark point B.

3. From A, measure  $\frac{1}{4}$  of \_\_\_\_\_ and add 1 in (2.54 cm) for the dart, to get point O.
4. For point Q, get the center of A and P for the \_\_\_\_\_.
5. From U, shape the back \_\_\_\_\_ connecting to I to get point V.



## LESSON

### Lesson 12: Pattern Drafting for Waistband



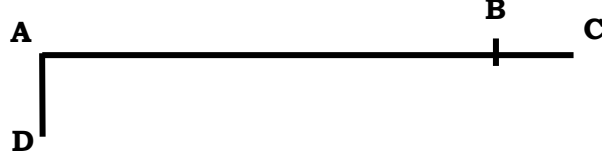
Waistband is a thin strip fabric that wraps around the waist, especially as a part of a skirt or a pair of trousers. It covers the internal material of a waistband construction and can limit the expansion of the stomach to meet various objectives like to prevent overeating, encourage good posture and a slim appearance to the waist.

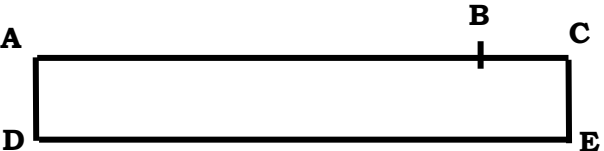
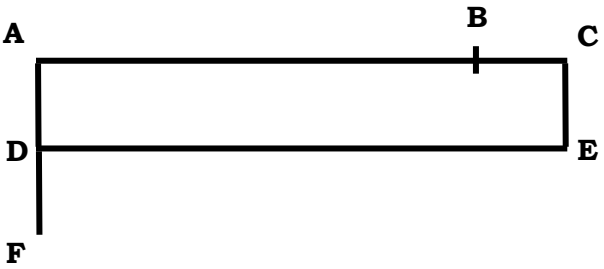
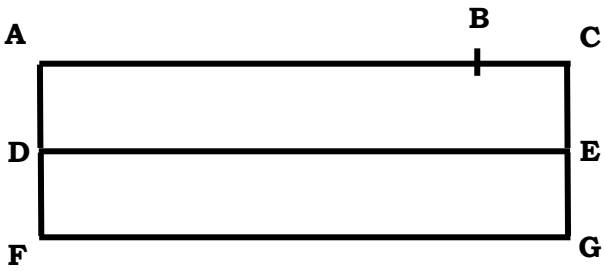
The thickness of the waistband may vary depending on the thickness desired.

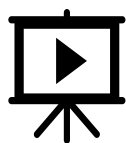
#### Body Measurement Needed:

Waistline Circumference

#### Procedure

<p><b>A-B</b> - Get the waistline measurement and make a line. Mark this A-B.</p>	
<p><b>B-C</b> - From B, add 3 inches (8 cm.) for closure allowance. Mark this as C.</p>	
<p><b>A-D</b> - From A, go down <math>1\frac{1}{4}</math> inches (3 cm.) for the thickness of the waistband. Mark this D.</p>	

<p><b>C-E</b> - From C, go down 1 <math>\frac{1}{4}</math> inches (3 cm.) for the thickness of the waistband. Mark this E. Make a line from D to E. The line will eventually be folded.</p>	
<p><b>D-F</b> - From D, go down 1 <math>\frac{1}{4}</math> inches (3 cm.) for the thickness of the waistband. Mark this as F</p>	
<p><b>E-G</b> - From E, go down 1 <math>\frac{1}{4}</math> inches (3 cm.) for the thickness of the waistband. Mark this G. Make a line from F to G. Connect all points with a straight line.</p>	

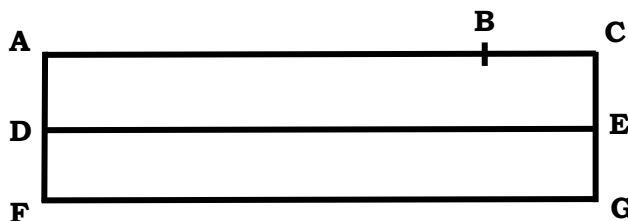


## ACTIVITIES

### Activity 1: Know it

**Directions:** Identify the measurements needed in drafting a waistband pattern.

1. A-B = \_\_\_\_\_
2. B-C = \_\_\_\_\_
3. A-D = \_\_\_\_\_
4. C-E = \_\_\_\_\_
5. E-G = \_\_\_\_\_





## Activity 2: You Can Do It

**Directions:** Draft a Waistband pattern. Use the waist circumference given to you. Follow the step by step procedures. Rubrics will be used to evaluate your output.

### Body Measurement Needed:

Waistline: 30 inches

### Materials needed:

Manila Paper  
Pencil with eraser  
Tape Measure  
Hip Curve

### Rubrics in Drafting the Waistband pattern

Item	5	3	1	Score
1. Procedure	Procedures correctly followed	Procedures partly followed.	Procedures not followed.	
2. Pattern	All pattern details were correctly measured and accurately drafted.	Some pattern details were inaccurately drafted.	All pattern details were not drafted correctly and accurately.	
3. Use of Tools	Tools were complete, appropriate, and correctly used.	Lack of one tool, some were appropriate and correctly used.	Lack of two or more tools, some were appropriate and not correctly used.	
4. Speed	Finished the pattern ahead of time.	Finished the pattern on time	Finished the pattern more than the allotted time	

Perfect Score = 20 Points



## WRAP-UP

**Direction:** Briefly answer the given set of questions.

1. What is waistband?
2. What body measurement is needed to draft the waistband pattern?
3. What is the purpose of the waistband in the skirt or trouser?
4. Why the thickness of the waistband varies?

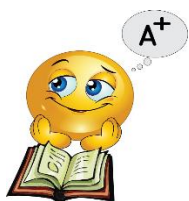


## VALUING

Sentence Completion



The knowledge that I've learned today is/are \_\_\_\_\_  
\_\_\_\_\_.



I have realized... \_\_\_\_\_  
\_\_\_\_\_.



Today, I am confused in . . . \_\_\_\_\_  
\_\_\_\_\_.



## POSTTEST

### IDENTIFICATION

**Directions:** Re- arrange the procedure in drafting the pattern for waistband. Use **A-F**. Write the letter before each number.

- \_\_\_\_\_ 1. Get the waistline measurement and make a line. Mark this A-B.
- \_\_\_\_\_ 2. From E, go down 1 ¼ inches (3 cm.) for the thickness of the waistband. Mark this G. Make a line from F to G. Connect all points with a straight line.
- \_\_\_\_\_ 3. From D, go down 1 ¼ inches (3 cm.) for the thickness of the waistband. Mark this as F.
- \_\_\_\_\_ 4. From B, add 3 inches (8 cm.) for closure allowance. Mark this as C.
- \_\_\_\_\_ 5. From C, go down 1 ¼ inches (3 cm.) for the thickness of the waistband. Mark this E. Make a line from D to E. The line will eventually be folded.
- \_\_\_\_\_ 6. From A, go down 1 ¼ inches (3 cm.) for the thickness of the waistband. Mark this D.



## KEY TO CORRECTION

6. C	5. T
5. D	4. F
4. B	3. F
3. E	2. T
2. F	1. T
1. A	
Post test	Pre-Test

## References

- Dressmaking Learning Module 10  
pp. 91-92
- “Wikipedia” Accessed October 20, 2020  
<https://bit.ly/35hMCyL>

