



DEPARTMENT OF EDUCATION
SCHOOLS DIVISION OF NEGROS ORIENTAL
REGION VII

Kagawasan Ave., Daro, Dumaguete City, Negros Oriental



TLE - HE - DRESSMAKING

Quarter 4 - Module 4:

PRESS FINISHED TROUSERS



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TLE – Grade 10
Alternative Delivery Mode
Quarter 4 Module 4: Press Finished Trousers
First Edition, 2021

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TLE

Quarter 4 - Module 4 **PRESS FINISHED TROUSERS**





What I Need to Know

This module was designed and written with you in mind. It is here to help you master the nature of Dressmaking. The scope of this module permits it to be used in many different learning situations. The language used recognizes the diverse vocabulary level of students.

The lessons are arranged to follow the standard sequence of the course. But the order in which you read them can be changed to correspond with the textbook you are now using.

The module covers one lesson:

Lesson 1 Produce Ladies Trousers

MELC LO 4. Apply finishing Touches on Ladies' Trousers

4.8 Press finished trousers

After going through this module, you are expected to:

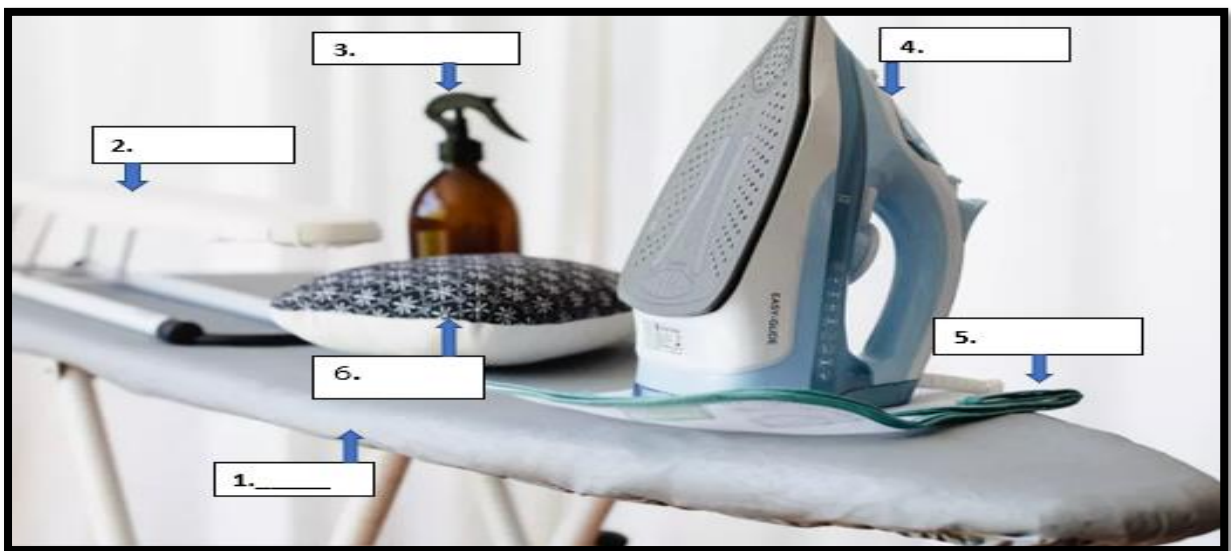
1. Identify the different paraphernalia used in pressing the ladies' trousers;
2. Press the finished trousers; and
3. Appreciate the value of pressing the finished trousers.



What I Know

IDENTIFICATION

Direction: Name the following pressing essential pointed by the arrow. Write the answer in your notebook.



Lesson

4

PRODUCE LADIES' TROUSERS PRESS FINISHED TROUSERS



Notes to the Teacher

This contains helpful tips or strategies that will help you in guiding the learners. The following are information that would lead to the activities and assessment. Some activities may need your own discretion upon checking, or you may use rubric if provided. Please review the activities and answer keys and amend if necessary.



What's In

Direction: Answer the questions below on your notebook.

1. Why is there a need to iron or press the ladies' trousers?
2. Why is ironing a simple task that seems so difficult?
3. What are the different steps in pressing a ladies' trousers?


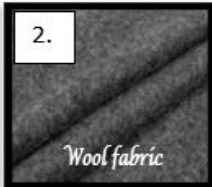












What's New

Let us find out how much you already know about the lesson by answering this item.

Direction: Identify and match the different fabrics to its appropriate iron setting. Write the letter of your choice on your activity notebook.

1.  Synthetic fabric	2.  Wool fabric	3.  Leatherette materials	4.  Cotton Linen fabric	5.  Cotton Polyester fabric
 Maximum temperature 110°C 230°F A.	 Iron any temp, steam B.	 Maximum temperature 150°C 300°F C.	 Maximum temperature 200°C 390°F D.	 Do not iron E.



What is It

HOW TO IRON TROUSERS SAFELY

<https://www.youtube.com/watch?v=2IBaaQXP39I&t=237s>

Well pressed trousers, is an outward symbol that you're a sharp-dressed person and ready to meet whatever life throws at you.

Do you think ironing pants is a simple task? Look around, it seems that most men and women are wearing trousers or slacks with no crease. But, why does it seem difficult? Well, it turns out that the skill of ironing the trousers isn't something we're born with. In fact, women or men don't know the tricks and tips in ironing trousers effectively. With this module, you are going to learn how quick and easy ironing trousers is.



HERE'S WHAT YOU NEED TO GET STARTED:

1. **Clean iron-** make sure you have a clean iron because a dirty iron leaves rust or sediment stains on light-colored trousers. To test this, first iron a white rag or an old pillowcase to see if it leaves a stain. To get rid of sediment buildup, run a solution of 50% vinegar and distilled water through a iron steamer until it becomes clean.



2. **Clean Trousers-** make sure that the trousers are free from dirt and stains before you start ironing. The heat from an iron will permanently set stains, so be careful if you're ironing



3. **Pressing Cloth** – It is usually white and colorfast, use this to protect the trousers from too much heat.



4. **A standard ironing board-** it is much easier to use an ironing board than ironing on the table. Ironing board doesn't have to be fancy. A basic ironing board can be bought from a local department store.



5. **Distilled Water-** it is the key so there wouldn't be any sediment left once the water evaporates. Pour the distilled water into your iron if it has the steaming feature. This is going to make it much easier to press wrinkles out of the fabric.

6. You may also use a **distilled water in a spray bottle** for getting rid of tougher creases on the trousers.



PROCEDURE IN PRESSING THE TROUSERS

To start, set the iron to the right heat setting for your fabric.

1. Always check the care label attached on your trousers to ensure you don't damage the fabric.

The most used setting is the Synthetic Fabric-Low Heat, Low to Medium Heat for wools, and High Heat for linen and cotton. If you're dealing with a blend, go for a lower temperature of the two and slowly increase if needed.



2. One important note when ironing dark-colored trousers, as well as more delicate fabrics like wools, never push the iron along the fabric. Instead, you will press the fabric evenly, laying the iron on top of the fabric for a second, then lift it straight up before moving to the next spot. Failure to do this can result in damaging the top layer of the fabric and creating a sheen.



STEP 1: The pocket – You want to make sure the pocket lining isn't wrinkled. If you have close fitting trousers, the wrinkle pocket can show through the fabric. A quick pass with the iron will solve this problem.



STEP 2: The top of the trousers – Hold the lining out of the front pocket, press the top of the trousers being careful around pleats and other folds. Put the front pocket back in place and then move towards the seat of the trousers.



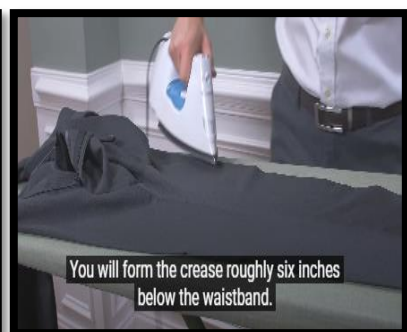
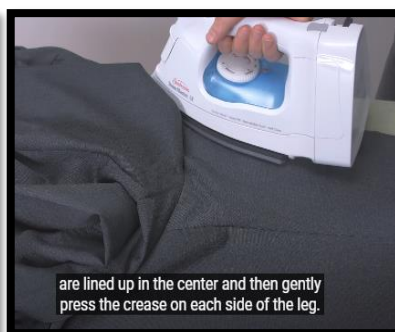
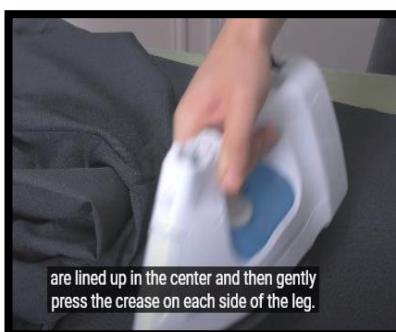
Pull out the back pocket and press around it. Then, finish up by pressing the waistband, being careful around buttons and belt loops. Flip the trousers over and repeat the process on the other side.

STEP 3: THE BOTTOM CREASE – Lay your trousers out flat and work on one leg at a time. Flip the leg you aren't working on over the end of the board. For the next step, make sure the seams of the pants are lined up properly in the middle. Smooth the fabric with your hands before ironing to insure they aren't any large folds. You will now work to form the crease.



Press the iron at the edge of the cuff on the one side, then repeat the step on the other side. You should have a sharp crease formed a few inches along each side of the leg.

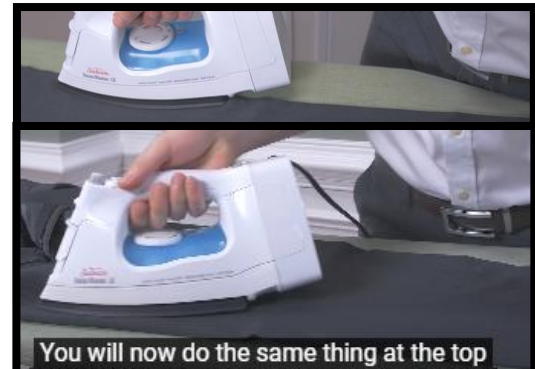
STEP 4 THE TOP CREASE- You will do the same thing at the top of the trouser legs while making sure the seams are lined up at the center and then, gently press the crease on each side of the leg. You will form the crease roughly six inches below the waistband. You don't want a crease that goes all the way to the top. The bottom pocket on the inside is a good stopping point or if the pants are pleated, you can crease all the way to one of the pleats.



STEP 5: THE MIDDLE CREASE - Now that you have the beginning and end points for your crease in place, you will now travel down the pants leg. Gently press the crease all the way along the leg. Make sure you're setting the iron straight down, then picking it straight up again. You don't want to press and slide the iron along the fabric.



STEP 6: CENTER OF THE LEG - Now, the crease is in place, you can focus on removing any wrinkles present in the middle of the trousers leg. Use the same technique in setting down and picking up the iron to remove any wrinkles along the fabric. You don't need to iron both sides of the same leg, pressing one side is enough? It's time to repeat the process on the other leg. Flip the trousers over and go through each step again.



STEP 7: FINAL TOUCH UP- If you think the front and seat of the trousers require a little extra attention, you can slip the pants over the end of the ironing board and give them a quick press. Be sure to pull the pockets out to avoid creating unwanted creases.



STEP 8: HANG YOUR PANTS UP. Use hangers specifically designed to secure pants in place, so they don't slip off and ruin their creases or become wrinkled. Hang your pants in the same manner that you laid them out on the ironing board. Drape the outside of one leg over the bar with the other leg lying flat on top of it.



Your pants may still contain some moisture even after smacking them dry. Allow them to hang for a few hours and air-dry before putting them on.

TIPS IN PRESSING AND IRONING FABRIC

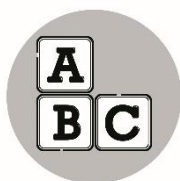
Tip 1: When ironing cotton Khaki trousers, you can actually use the standard push and slide ironing. Because of light-colored fabric, it won't leave a shine.

Tip 2: Try ironing your trousers and shirts in a batch. The setup process can take as long as the actual ironing. Ironing all your clothes at once will save your time.

Tip 3: If you are ironing wool trousers, use a low heat setting. It is recommended to use a **pressing cloth** to avoid damaging this delicate fabric. A simple wide cotton sheet works perfectly.

Tip 4: Iron your cotton trousers as soon as you pull them out of the wash. This will save it from the wear and tear of the dryer and the moisture will make it easier to have a crisp finish when ironed.

Tip 5: Decrease ironing time by sliding aluminum foil under ironing board to reflect back the heat. With all of that, you know now how to quickly and effectively iron your trousers. Goodluck!



What's More

PERFORMANCE TASK 1

Resources Needed:

Cutting shears
Measuring tool

Supplies

Bond paper
5 Scrap cloth 2"x2"

Direction:

1. Collect at least 5 pieces of the different kinds of fabric with a measurement of 2 inches by 2 inches.
2. Paste them creatively on a long bond paper.
3. Label the type of fabric and its accurate temperature setting when pressing.

SCORING RUBRICS FOR THE FINISH OUTPUT

Total score: _____



What I Have Learned

Direction: Make a journal about your experiences in this module. Write at least a two-paragraph essay on the lesson that have been taken up. Do it on your notebook.

I have learned that

I have realized that

I will apply

INDICATORS	5 POINTS	4	3	2
NEATNESS	Fabric swatches are neatly cut and pasted	Fabric swatches are somewhat neatly cut and pasted	Fabric swatches are roughly cut and pasted	Fabric swatches are very roughly cut and pasted
LABEL	label and temperature setting is correct	few label and temperature setting are incorrect	Many labels And temperature setting is incorrect	Most labels and temperature are incorrect
AESTHETIC	Very Creative, visually	Creative visually	Standard look	Lack of creativity
DIRECTION	follows all the direction specifically laid out in the performance task	Few directions were not followed	Many directions were not followed	All directions were incorrect
ON TIME	Submitted the output before the due date	Submitted the output on time	Summitted the output after the due date	Summitted the output 5 days after the due date



What I Can Do

PERFORMANCE TASK 2

Direction:

1. Press a pair of trousers following the proper technique you just learned in this module.
2. Take a picture of yourself doing the actual process in pressing a pair of trousers. You may send it to your teacher or have it printed and submit it together with the other outputs in a long plastic envelop with proper label (20 pts.)

SCORING RUBIC IN IRONNIG/PRESSING THE LADIES' TROUSERS

INDICATORS	Excellent Student perform all steps w/o or little assistance 10 pts	good Student perform all steps with little assistance or prompt 8 pts	Fair Student perform all steps with assistance and prompt 7 pts	Poor Student was not able to perform all steps w/o assistance and prompt 5 pts
Read Iron Part of Clothing Care Lab Student will read iron part of clothing care label				
Set iron to correct temp. Student will set iron to the correct temp.				
Smooth out wrinkles Student will smooth out wrinkles on the trousers				
TOTAL				

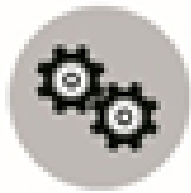


Assessment

TRUE OR FALSE: Read and answer the following statements. Write "True" if the statement states a fact and "False" if it doesn't. Write your answer in your notebook.

- _____ 1. Use hangers specifically designed to secure pants in place, so they don't slip off and ruin their creases or become wrinkled.
- _____ 2. To decrease ironing time, slide aluminum foil under ironing board to reflect back the heat.
- _____ 3. It is recommended to use a pressing cloth to avoid damaging this delicate fabric.
- _____ 4. When ironing cotton Khaki trousers, you can actually use the standard push and slide ironing.

- _____ 5. You will form the crease roughly six inches below the waistband.
- _____ 6. The finished edges of the two parts of the garment should just meet and lie flat, so that no part of the hook or eye is visible on the right side of the garment.
- _____ 7. Iron the cotton trousers as soon as you pull them out of the wash.
- _____ 8. When pressing the trousers layout flat sand work on one leg at a time.
- _____ 9. Wrinkled trouser is apparent after pressing.
- _____ 10. A wrinkle pocket cannot be notice through the fabric.



Additional Activities

Direction: List down 5 things that you need in Ironing Trousers. Write your answers in your notebook.

- 1.
- 2
- 3.
- 4.
- 5.



Answer Key

<p>What I Can Do</p> <p>Performance Task 2</p> <p>(Rubrics is provided for this performance)</p> <p>ASSESSMENT</p> <ol style="list-style-type: none">1. True2. True3. True4. True5. True6. True7. True8. True9. False10. False <p>Additional Activity</p> <ol style="list-style-type: none">1. Clean Iron2. Clean Trousers3. Pressing Cloth4. Standard Ironing board5. Distilled Water6. Spray Bottle	<p>What I know</p> <ol style="list-style-type: none">1. Ironing board2. Sleeve board3. Spray bottle for distilled water4. Steam iron/iron5. Pressing cloth6. Pressing ham <p>What's In</p> <p>(Answers may Vary)</p> <p>What's New</p> <ol style="list-style-type: none">1. A2. A3. E4. D5. C <p>What's More</p> <p>Performance Task 1</p> <p>(Rubrics is provided for this performance)</p> <p>What I Have Learned</p> <p>(Answers may vary)</p>
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