



SEWING TECHNIQUES



Surface Couching

Also known as: Couching

Stitch Category: Line stitch, Straight stitch

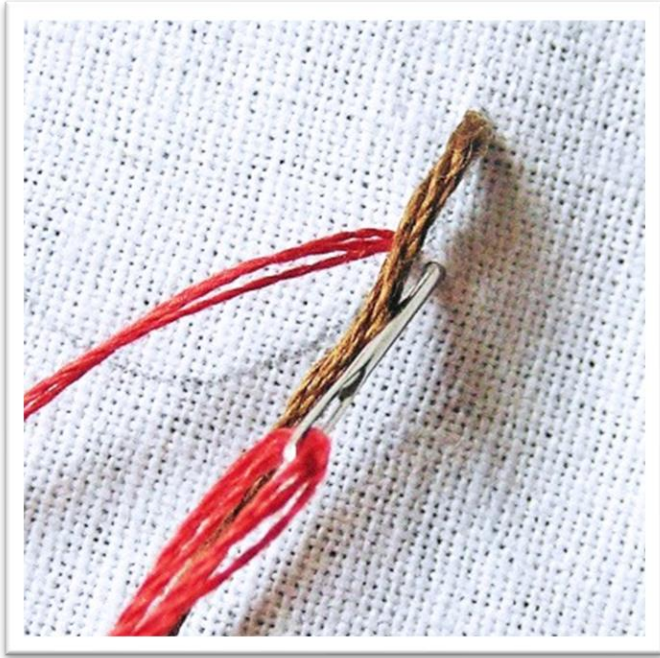
Used in: Surface embroidery - outlining and filling

Surface Couching can be used for outlines or filling patterns. This lesson shows to lay the thread and couch it at the same time. Another easy way to do surface couching would be to ‘pre-stitch’ the small couching threads on the stitch line and then pass the laid thread under it.



1. Start by bringing out a thread (**brown**) for laying from one end of the stitch line. Keep it open. Now, bring another thread (**red**) out, a little outside the stitch line, and away from the other thread, as shown.

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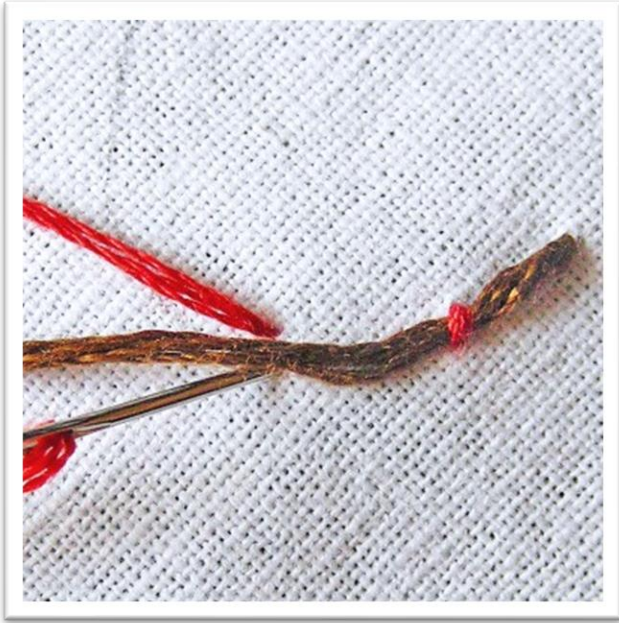


2. Now, keep the laid thread over the stitch line. Use the other thread to fasten the laid thread down using a small stitch, as shown.

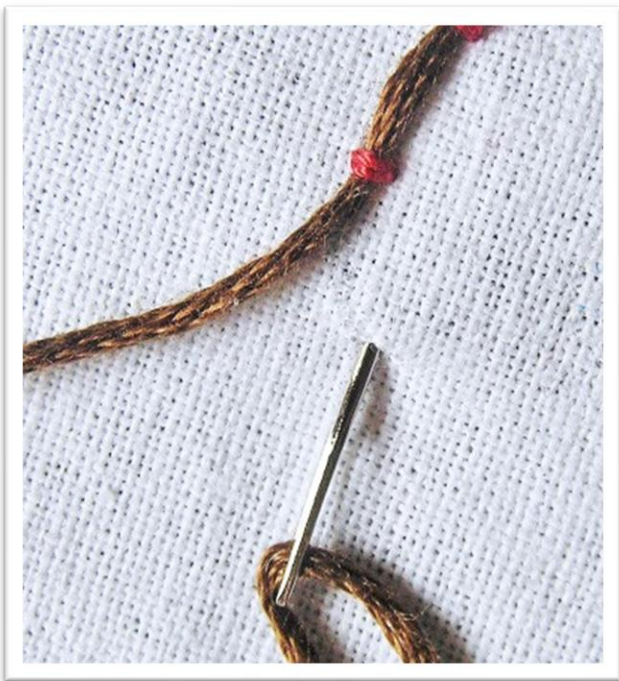


3. After fastening, the stitch will look like this.

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4. Now, bring the fastening thread out as a short distance from the earlier stitch as shown. Lay the open thread over the stitch line, and again fasten it down with a small stitch.



5. Continue with this procedure. To finish up, pass the laid thread through the fabric and knot it. Make sure the couching thread is brought out at regular intervals to make it look elegant.

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6. A finished couched line will look like this.

REFERENCES:

- <https://www.embroidery.rocksea.org/images/embroidery/Lesson2-Printable-resource.pdf>