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Kagawasan Ave., Daro, Dumaguete City, Negros Oriental



TLE-H.E.-DRESSMAKING

Quarter 2 – Module 5:

PRESSING TOOLS, MATERIALS AND EQUIPMENT



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TLE-H.E. DRESSMAKING 9

Alternative Delivery Mode

Quarter 2 – Module 5: Pressing Tools, Materials, and Equipment

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TLE

DRESSMAKING

Quarter 2 – Module 5:
PRESSING TOOLS, MATERIALS,
AND EQUIPMENT



Introductory Message

For the facilitator:

Welcome to the TLE-H.E.-DRESSMAKING 9 Alternative Delivery Mode (ADM)
Module on Pressing Tools, Materials, and Equipment!

This module was collaboratively designed, developed and reviewed by educators both from public and private institutions to assist you, the teacher or facilitator in helping the learners meet the standards set by the K to 12 Curriculum while overcoming their personal, social, and economic constraints in schooling.

This learning resource hopes to engage the learners into guided and independent learning activities at their own pace and time. Furthermore, this also aims to help learners acquire the needed 21st century skills while taking into consideration their needs and circumstances.

In addition to the material in the main text, you will also see this box in the body of the module:



Notes to the Teacher

This contains helpful tips or strategies that will help you in guiding the learners.









As a facilitator, you are expected to orient the learners on how to use this module. You also need to keep track of the learners' progress while allowing them to manage their own learning. Furthermore, you are expected to encourage and assist the learners as they do the tasks included in the module.




For the learner:

Welcome to the TLE-H.E.-DRSSMAKING 9 Alternative Delivery Mode (ADM)
Module on Pressing Tools, Materials, and Equipment!

This module was designed to provide you with fun and meaningful opportunities for guided and independent learning at your own pace and time. You will be enabled to process the contents of the learning resource while being an active learner.

This module has the following parts and corresponding icons:

 <i>What I Need to Know</i>	This will give you an idea of the skills or competencies you are expected to learn in the module.
 <i>What I Know</i>	This part includes an activity that aims to check what you already know about the lesson to take. If you get all the answers correct (100%), you may decide to skip this module.
 <i>What's In</i>	This is a brief drill or review to help you link the current lesson with the previous one.
 <i>What's New</i>	In this portion, the new lesson will be introduced to you in various ways; a story, a song, a poem, a problem opener, an activity or a situation.
 <i>What is It</i>	This section provides a brief discussion of the lesson. This aims to help you discover and understand new concepts and skills.
 <i>What's More</i>	This comprises activities for independent practice to solidify your understanding and skills of the topic. You may check the answers to the exercises using the Answer Key at the end of the module.
 <i>What I Have Learned</i>	This includes questions or blank sentence/paragraph to be filled in to process what you learned from the lesson.
 <i>What I Can Do</i>	This section provides an activity which will help you transfer your new knowledge or skill into real life situations or concerns.

 Assessment	This is a task which aims to evaluate your level of mastery in achieving the learning competency.
 Additional Activities	In this portion, another activity will be given to you to enrich your knowledge or skill of the lesson learned.
 Answer Key	This contains answers to all activities in the module.

At the end of this module you will also find:

References

This is a list of all sources used in developing this module.

The following are some reminders in using this module:

1. Use the module with care. Do not put unnecessary mark/s on any part of the module. Use a separate sheet of paper in answering the exercises.
2. Don't forget to answer *What I Know* before moving on to the other activities included in the module.
3. Read the instruction carefully before doing each task.
4. Observe honesty and integrity in doing the tasks and checking your answers.
5. Finish the task at hand before proceeding to the next.
6. Return this module to your teacher/facilitator once you are through with it.

If you encounter any difficulty in answering the tasks in this module, do not hesitate to consult your teacher or facilitator. Always bear in mind that you are not alone.

We hope that through this material, you will experience meaningful learning and gain deep understanding of the relevant competencies. You can do it!



What I Need to Know

This DRESSMAKING course leads to National Certificate Level II. This is designed for Grade 9 student to develop competencies: plans, designs and sews sleeping garments and children's wear. It discusses and explains the tools, materials and equipment used in the making of desired products. It also demonstrates different techniques and processes which will guide the learner in developing the skills and knowledge to work effectively and efficiently.

The module covers one lesson:

Lesson 10 – Pressing Tools, Materials, and Equipment

After going through this module, you are expected to:

1. Explain the different types of pressing tools;
2. Use pressing tools correctly; and
3. Value the importance of pressing in garment construction.



What I Know

Directions. Read each item carefully. Choose only the letter of your answer and write it on your notebook.

1. It is the foundation of your pressing tools for sewing equipment. It needs to be firm and flat and able to withstand some pressure as you press down.
 - a. iron
 - b. padded tailor's ham
 - c. ironing board
 - d. sleeve board
2. This pressing tool for sewing looks like a mini ironing board. It will sit on top of your ironing board to give a stable option for pressing sleeves professionally.
 - a. Sleeve board
 - b. Clapper board
 - c. point pressers or tailor's board
 - d. pressing mitt
3. These are useful pressing tools for sewing when pressing pointed seams such as those in collars and facings.
 - a. Velvet board or needle board
 - b. point pressers or tailor's board
 - c. sleeve board
 - d. pressing rods and bars
4. This can be inserted into tiny seams to allow for a really professional tailored pressing option. They are common for small straps and bias.
 - a. pressing rods and bars
 - b. pressing mitt
 - c. Clapper board
 - d. padded tailor's ham
5. It is a flexible mat with a rough side useful for pressing velvet or any fabric with a pile.
 - a. pressing mitt
 - b. Velvet board or needle board
 - c. padded tailor's ham
 - d. sleeve board

Lesson 10

Pressing Tools, Materials, and Equipment

PRESSING VS. IRONING

Remember pressing is not the same as ironing. Pressing is an up and down movement when you need to open curves and flatten seams. Ironing is a side to side movement used purely to iron out creases.



What's In

As a review, what are the different types of fasteners used in garments construction?

- 1.
- 2.
- 3.
- 4.
- 5.



Notes to the Teacher

The following are information that would lead to the activities and assessment. Some activities may need your own discretion upon checking or you may use a rubric if provided. Please review the activities and answer keys and amend if necessary.



What's New

This is Aling Bering. She is a dressmaker. Aling Bering is getting a lot of stress doing her pressing job. How can we help her make her pressing job hassle free? Yes, we will introduce to her the right pressing tools and materials in order to make her job hassle free.



What Is It

PRESSING TOOLS FOR SEWING – THE ESSENTIALS

IRON

This is the top of the essentials list. There are countless brands available but try to choose the one you know. Ensure the iron can be handled comfortably. Another consideration is whether you want an automatic cut off. This is an important safety feature but can be hindrance when you are sewing for long periods of time.



IRONING BOARD

An ironing board is the foundation of your pressing tools for sewing equipment. It needs to be firm and flat and able to withstand some pressure as you press down. An adjustable height is important for comfort.



IRONING BOARD COVER

Different types of covers with different coatings serve the purpose of protecting the board and giving the best resistance for the pressing action. It also helps to be able to wash your ironing board cover but this is not always recommended with some coatings.



PRESSING CLOTHS

The right cloth allows you to put more pressure on the garment and not run the risk of burning your work. Generally, using a fabric similar to the fabric you are sewing gives the best results. A soft cotton works well or you can improvise with a nice big cotton handkerchief.



PRESSING TOOLS FOR SEWING – THE LUXURIES

PADDED TAILOR'S HAM

These are a very useful, soft, cushion- Like pressing tools for sewing which are a great addition to your kit. The padded ham is ideal for pressing curves, darts, puffed sleeves and other curved areas giving fullness to these styles.



SLEEVE ROLL

Sleeve rolls are similar to the padded ham and are useful for pressing sleeves and other narrow areas. The sleeve roll is a padded cylinder with cotton on one side and wool on the other. It is inserted into the sleeve and has the advantage that the outline of the seam does not show on the right side of the fabric.



SLEEVE BOARD

This pressing tool for sewing looks like a mini ironing board. It will sit on top of your ironing board to give a stable option for pressing sleeves professionally.



MINI IRON

A mini iron is also an added consideration for getting into those tiny curves and corners. It is also great if you need to press small craft items.



CLAPPER BOARD

This pressing tool for sewing is made of wood and is used to beat the steamed seam into shape. It is a very useful tool if your fabric or seams are bulky. The added pressure of the clapper helps the steamed seam area to sit flat.



POINT PRESSERS OR TAILOR'S BOARD

Point pressers are useful pressing tools for sewing when pressing pointed seams such as those in collars and facings. It is also sometimes called a tailor's board.



PRESSING MITT

Pressing mitts are used for pressing areas too small for the tailor's ham. It looks like a pillow with a pocket. The mitt is made of wool on one side and cotton on the other. The pressing mitt can also slip over the end of the sleeve board for some extra padding.



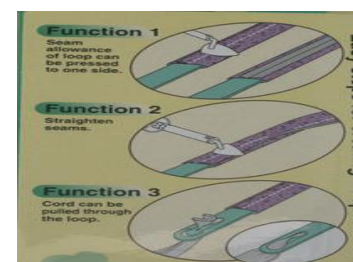
VELVET BOARD OR NEEDLE BOARD

Velvet boards are interesting pressing tools. It is a flexible mat with a rough side useful for pressing velvet or any fabric with a pile. The fabric is placed right side down to give the pile space to settle into the rough surface of the needle board. The fabric is then pressed on the wrong side and this allows the pile to remain soft and fluffy.



PRESSING RODS AND BARS

Pressing rods can be inserted into tiny seams to allow for a really professional tailored pressing option. They are common for small straps and bias.





What I Have Learned

Directions: Answer the following questions comprehensively. Write your answers on your notebook.

1. What is the difference between pressing and ironing?
2. Why is pressing important in garment construction?

Essay Rubrics

Areas of Assessment	10 points	7 points	4 points	1 point
Ideas	Presents ideas in an original manner	Presents ideas in a consistent manner	Ideas are too general	Ideas are vague or unclear
Organization	Strong and organized beg/mid/end	Organized beg/mid/end	Some organization; attempt at a beg/mid/end	No organization; lack beg/mid/end
Understanding	Writing shows strong understanding	Writing shows a clear understanding	Writing shows adequate understanding	Writing shows little understanding
Mechanics	Few (if any) errors	Few errors	Several errors	Numerous errors
TOTAL POINTS				



What I Can Do

Look for a picture of a person doing a pressing job. Evaluate and list down the pressing tools that he/she used in doing the job. Tell also how the tools are used. Follow the format below.

PICTURE

Pressing Tools Used	How It was Used

Note: Submit your work to your teacher for checking.



Assessment

Direction: Read each item carefully. Choose the letter of the correct answer. Do this on your activity notebook.

- These are useful pressing tools for sewing when pressing pointed seams such as those in collars and facings.
 - Velvet board or needle board
 - point pressers or tailor's board
 - sleeve board
 - pressing rods and bars
- It is a flexible mat with a rough side useful for pressing velvet or any fabric with a pile.
 - pressing mitt
 - Velvet board or needle board
 - padded tailor's ham
 - sleeve board
- It is the foundation of your pressing tools for sewing equipment. It needs to be firm and flat and able to withstand some pressure as you press down.
 - iron
 - padded tailor's ham
 - ironing board
 - sleeve board

4. This can be inserted into tiny seams to allow for a really professional tailored pressing option. They are common for small straps and bias.
- a. pressing rods and bars
 - b. pressing mitt
 - c. Clapper board
 - d. padded tailor's ham
5. This pressing tool for sewing looks like a mini ironing board. It will sit on top of your ironing board to give a stable option for pressing sleeves professionally.
- a. Sleeve board
 - b. Clapper board
 - c. point pressers or tailor's board
 - d. pressing mitt

B. Identify the sewing tools shown below. Choose your answer from the list inside the box. Write your answer on your activity notebook.

Press mitt	tailors ham	sleeve roll
Sleeve board	clapper board	ironing board





Additional Activities

Direction: Share your learning insights/reflection about the lesson. Answer this on your activity notebook.

I have learned that _____.

I have realized that _____.

I will apply _____.



Answer Key

What I Know	
1. c	1. snaps
2. a	2. zippers
3. b	3. buttons
4. a	4. Hook and eye
5. b	5. Nylon tapes
	6. Hook and bar
Assessment	
A.	1. B
	B. 1. Tailors ham
	2. b
	3. c
	4. a
	5. a
	2. Clapper board
	3. Press mitt
	4. Ironing board
	5. Sleeve board

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