



SEWING TECHNIQUES

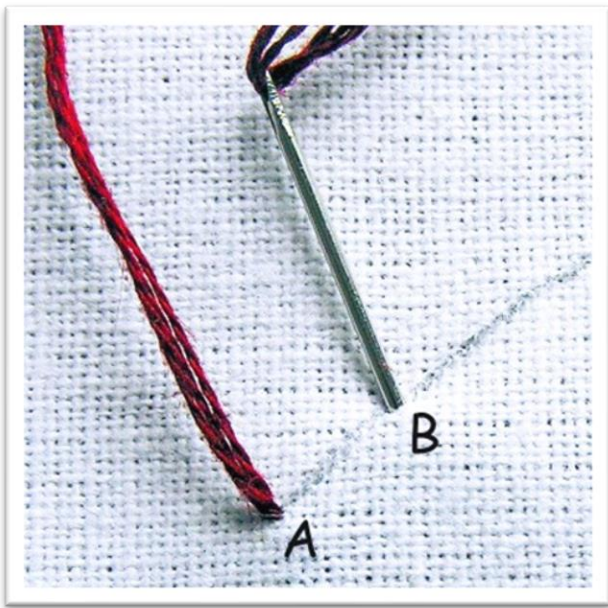


Back Stitch

Stitch category: Line stitch, Straight stitch

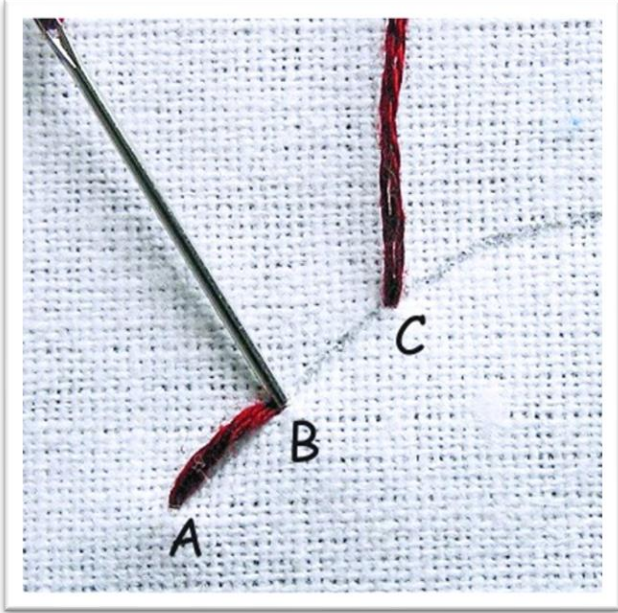
Used in: Surface embroidery - outlining and filling, Needlepoint

Back Stitch is made by taking the thread backward than the conventional forward motion, and so, the name. It is a very flexible stitch and easily follows curves and bends in a design. There are no spaces between each stitch, giving it a continuous appearance. Cross Stitch patterns use them too.

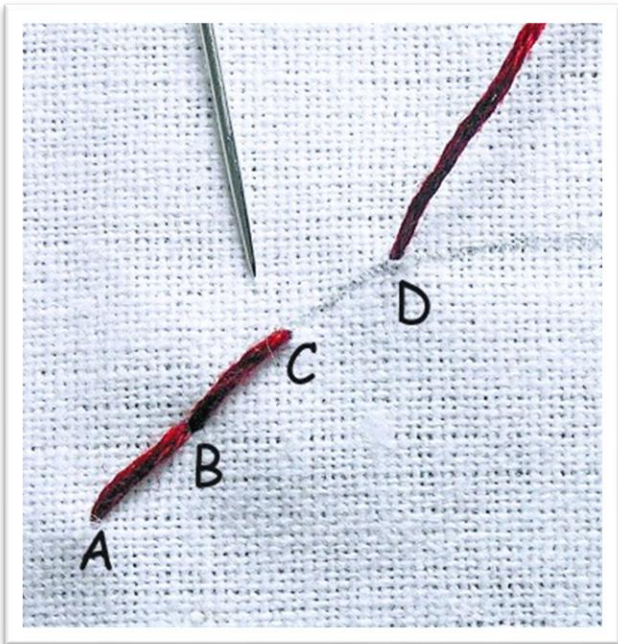


1. Bring the needle out through **A** and take it in through **B**. This creates one Straight Stitch.

Back Stitch



2. Bring the needle out through **C** and take it in through **B**. This way, we are creating a stitch by going backward.



3. Bring the needle out through **D** and take it in through **C**. Continue this pattern to finish the design.

Back Stitch



4. A finished line of Back Stitch will look like this.

REFERENCES:

- <https://www.embroidery.rocksea.org/images/embroidery/Lesson2-Printable-resource.pdf>