- 1. In the program x is a character array of size 64 bits.

 I made a long int pointer "a" to that points to the base address of x and typecasted x.

 Then I added 8 long integers starting with 256. We can add only 8 long integers since the size of one character is 1 byte (8bits) and the size of long is 8 bytes hence 8 characters are used to store 1 long integer. Hence 64 bytes/8 bytes =8 hence only 8 long integers could be stored.
 - 2. In the second half of the program I used a pointer of integer type to point at x hence added 16 integers starting with 256. We can add only 16 integer since the size of integer is 4 bytes while that of character is 1 byte hence 4 characters are used to store 1 integer. 64/4=16 hence only 16 integers can be added.