## **Sandwich Suggestions**

All Prices are on a Bagel/Roll

Includes Pickle & Side Salad • Bagel/Roll • Hero (extra)

#### Big Bird

Chicken Cutlet, Melted American, Lettuce, Tomato & Russian Dressing

#### The Soprano

Ham Cappicola, Salami, Pepperoni, Provolone, Lettuce, Tomato, Roasted Peppers, Oil & Vinegar

#### BLT

Bacon, Lettuce, Tomato & Mayonnaise

#### **Buffalo Bill**

Chicken Cutlet, Hot Sauce, Bleu Cheese Dressing & Lettuce

#### **Turkey Time or Chicken Time**

Turkey or Chicken Salad, Bacon, Lettuce, Tomato & Mayonnaise

#### Veggie Delight

An assortment of grilled Vegetables with Balsamic Vinaigrette. Your choice of melted cheese

#### **Brooklyn Bomb**

Pepper Turkey, Ham Cappicola, Provolone, Roasted Peppers, Fresh Mozzarella, Lettuce, Tomato, Jalapeños & Spicy Mustard

#### **Americana**

Ham, Turkey, Roast Beef, American & Swiss Cheese, Lettuce, Tomato & Coleslaw

### **Chicken Tuscany**

Grilled or Fried Chicken Cutlet, Fresh Mozzarella, Romaine Lettuce, Tomato, Roasted Peppers, Red Onions & Homemade Balsamic Vinaigrette

#### **Bubbalicious**

Fried Chicken Cutlets, Melted Mozzarella, Bacon & Spicy BBQ sauce

#### Tuna Melt

Our Famous Classic Tuna with choice of cheese

#### Gatsby

Breaded Eggplant, Sliced Turkey, Fresh Mozzarella & Sliced Tomato with Pesto

## Gourmet Burgers 80z.

Made with pure beef. Served with Crispy French Fries & Your Choice of 1/4lb. Coleslaw, Potato Salad or Macaroni Salad & Pickle

Cheeseburger: Choice of American, Swiss, Monterey Jack, Mozzarella..... Western Burger: BBQ Sauce, Bacon & Cheddar ..... Greek Burger: Feta Cheese & Tomato British Burger: Bacon, Swiss & Caramelized Onions...... Turkey Burger: Low Fat..

## From the Grill

Includes Pickle & Side Salad • Bagel/Roll • Hero (extra)

#### Pastrami Supreme

Grilled Pastrami, Melted Swiss, Sauerkraut & Russian Dressing

100% Beef Burger: Lettuce, Tomato & Pickle (no Fries)...

#### Roast Beef Wrangler.

Hot Roast Beef, Caramelized Onions, Jalapeños, Mayonnaise, Melted Cheddar & Coleslaw

Grilled Ham, Turkey, Melted Swiss, Coleslaw & Russian Dressing

### Roast Beef or Turkey Royal.

Hot Roast Beef or Turkey & Melted Mozzarella (Served on Garlic Bread)

#### Philly Cheesesteak.

Grilled Roast Beef, Caramelized Onions, Peppers & Cheese Sauce

#### **Grilled Chicken Deluxe.**

Grilled or Fried Chicken, Lettuce & Tomato

#### Cordon Bleu.

Chicken Cutlet & Ham, melted Swiss with Russian dressing

#### Buckaneer.

Pastrami, Turkey, melted Swiss, Sauerkraut & Russian dressing

#### Reuben

Hot Pastrami, Corned Beef, melted Swiss, Coleslaw & Russian dressing on toasted Rye Bread

#### Manhattan Special

Grilled Roast Beef with Sautéed Onions, Crispy Bacon Strips & Melted Mozzarella Served on a 10" Toasted Garlic Hero & Topped with Brown Gravy or Mayonnaise

#### Inside Out Grilled Cheese

"A Classic with a Twist". Your Choice of Cheese, Grilled on an Inside Out Bagel of Choice

### **Triple Decker Reuben**

Three Mouth Watering Layers of Naval Pastrami, Juicy Corned Beef, Sauerkraut & Russian Dressing, Grilled & Layered on Rye

#### Turkey Reuben.

Lean Low Fat Turkey Breast, Melted Alpine Lace Swiss Cheese, Cole Slaw & Low Fat Russian Dressing, Lightly Grilled & Served on Grilled Whole Wheat Bread

#### ADD-ONS

Cheese • Bacon • Tomato • Fries • Avocado

### Panini

Hot Grilled Sandwiches on European Flatbread. Served with Choice of Side Salad & Pickle

#### Delightful

Fresh Honey-Glazed Turkey, Jarlsberg Cheese, Coleslaw & Honey Mustard

#### Chicken Parmigiana

Breaded Chicken, Fresh Mozzarella, Marinara Sauce, Fresh Basil & Parmigiana Cheese

#### Tuscan

Fresh Mozzarella, Fresh Plum Tomatoes, Fresh Basil, fresh Spinach & Fresh Sun Dried Tomato

#### Chicken Fajita

Grilled Chicken, Cheddar Cheese, Roasted Peppers, Caramelized Onions & Salsa

### **Toasted Monte Cristo**

Layers of Ham & Smoked Turkey, Swiss, Cheddar, Lettuce, Tomato & Honey Mustard

#### The Italiano

Grilled Chicken, Roasted Peppers, Fresh Mozzarella & Pesto Sauce

## Vegetarian

Grilled Vegetables, Zucchini, Eggplant & Fresh Mozzarella

#### Eggplant Parmigiana

Oven Roasted Eggplant, Fresh Mozzarella, Fresh Basil, Marinara Sauce & Parmigiana Cheese

#### **Buffalo Chicken**

Chicken Breast with Homemade Fire Sauce, Roasted Peppers & Fresh Mozzarella

### American Wedge

Breaded Chicken Cutlet, Crisp Bacon, Cheddar Cheese, Lettuce, Tomatoes & Russian Dressing



## **CHOP YOUR OWN DESTINY**

- I. Choose size & lettuce
- 2. Choose any toppings (Max 5; additional toppings extra)
- 3. Choose dressing
- 4. Chopped & tossed or just tossed
  - Iceberg Romaine Mesclun ○ Small ○ Large

#### **TOPPINGS**

O Cucumber O Chick Peas O Red & Green Peppers Carrots O Roasted Peppers Walnuts O Black Beans O Broccoli Cranberries O Artichoke Hearts O Crumbled Egg Sundried Tomato O Bacon Bits Mushrooms O Feta Cheese O Kidney Beans Beets Parmesan Olives O Tomato O Cheddar Cheese O Sunflower Seeds O Red Onions O Fresh Mozzarella Celery Croutons

### **DRESSINGS**

- O Golden Italian O French Russian
- Caesar Ranch
- O Blue Cheese O Honey Mustard

○ ♥ Golden Italian

○ ♥ Honey Mustard

○ ♥ Raspberry Vinaigrette

○ ♥ Olive Oil and Vinegar

○ ♥ Ranch

- O Balsamic Vinaigrette O Red Wine Vinaigrette
  - Oriental Ginger

### Heart Smart

## **PERFECT ADD ONS**

Tuna • Grilled Chicken • Fried Chicken • Roasted Turkey • Cold Cuts • Avocado

## **Soup Made Fresh Daily**

16 ounce • 32 Ounce Call for the "Soup of the Day"

## **Cold Beverages**

20 oz. Coke & Pepsi Products • Bottled Water • Gatorade Assorted Snapple • Arizona • Tropicana • Nesquick & Much More

#### Also Available:

Espresso • Cappuccino • Latte Ice Tea • Iced Coffee • Iced Decaf Coffee Assorted Custom Blend Iced Coffee

### Also Available:

Yogurt Parfait with Granola • Fruit Cups Rice Pudding with Whip Cream • Oreo Chocolate Pudding Cups

### **WE DELIVER**

Call or Fax • All Major Credit Cards Accepted

**HOWARD BEACH • 162-54 Cross Bay Blvd** 

Ph: **718.843.5700** • Fx: **718.843.5701** 

www.hbbagelcafe.com

CHOPPED SALADS • LOADED KNISH • APPETIZING • CATERING • DELIVERY

## - DAILY MENU -

CHOPPED SALADS APPETIZING CATERING I ALADS • LOADED KN **CATERING DELIVERY •** Loaded Knish • APP • **APPETIZING** • CATEF **LOADED KNISH •** ( CHOPPED SALADS

Like no other bagel store in the world

CATERING • DELIVERY ADS • LOADED KNISH HOT SOUPS CHOPPED **ED KNISH CHOPPED SALADS HAND ROLLED BAGELS** ) BAGELS • HOT SOUPS APPETIZING • CATERING ATERING • DELIVERY

.ADS • LOADED KNISH

## **WE DELIVER!**





**HOWARD BEACH •** 162-54 Cross Bay Blvd Ph: 718.843.5700 • Fx: 718.843.5701 www.hbbagelcafe.com

BEFORE PLACING YOUR ORDER, PLEASE INFORM US OF ANY FOOD ALLERGIES.

All our Bagels are Hand Rolled & Baked Fresh Daily

## Bagels

### Always a Baker's Dozen

Plain • Sesame • Poppy • Onion • Garlic • Egg • Egg Onion • Egg Everything Whole Wheat Everything • Cinnamon Raisin • Whole Wheat • Oat Bran Black Russian • Salt • Everything • Bialys • Low Carb Bagels • Flats & more

### Bagels • Minis • Low Carb Bagels • Flagels

Every Wednesday: Buy 12, Get 6 FREE • Buy 6, Get 3 FREE

Excludes Holidays, Pre-Holidays & Delivery

Cream Cheese (We only use Philadelphia Cream Cheese)
On a Bagel or by the 1/2 lb

\*Seasonal

Check our weekly cream cheese specials & more!

## **Assorted Muffins**

- Buy 3 get I FREE Everyday • Platters Available Corn, Blueberry, Chocolate Chip,
Raisin Bran, Berry Blast, Banana Nut & Many More.

Delicious Danishes, Turnovers & Cookies

## Coffee

12 ounce • 16 ounce • 22 ounce lced Coffee • Iced Decaf • Flavored Coffees (Available in Regular or Decaf)

> 16 ounce • 24 ounce • 32 ounce Latte • Cappuccino • Espresso • Hot Chocolate

Boxes of Coffee Also Available. Includes All Condiments (10-14 cups)

## Kids Menu

Includes Juice box & Lil' Cookie

	Samuellad Fag with a Duttored Mini Pagal
	Scrambled Egg with a Buttered Mini-Bagel
	Peanut Butter & Jelly on a Mini-Bagel
	Melted American Cheese on a Mini-Bagel
2	Buttered Mini Bagel
T	Cream Cheese Mini Bagel
1	Plain Cream Cheese & Jelly on a Mini-Bagel
	Junior Sandwich
ø	Your Choice of Tuna Salad, Egg Salad, Sliced Turkey or Sliced Ham on a Mini-Bagel

5+ under • Child must be present

### = Breakfast

### From the Grill • Open all day

I Egg on a Bagel
2 Eggs on a Bagel
2 Egg Whites
4 Egg Whites and Grilled Chicken
Heart Attack - 3 Eggs, Ham, Bacon, Sausage & Cheese on a Hero
Challah French Toast (3 pieces)
Pancakes
Waffles
Chocolate Chip or Silver Dollar Pancakes

#### Extras

Cheese • Bacon • Ham • Sausage • Turkey Bacon Home Fries • Hero • Tomato • Lettuce • Avocado Banana • Blueberry • Strawberry

## =Breakfast Wraps=

### Plain, Whole Wheat, Spinach or Sundried Tomato

- 1. 3 Egg Whites, Spinach, Mushrooms & Broccoli ...
- 2. 2 Eggs, 2 Egg Whites, Grilled Chicken & Caramelized Onions...
- 3. 3 Egg Whites, Sliced Lox & Caramelized Onions...
- 4. 3 Egg Whites, Pepper Turkey, Ham, Peppers, Onions & Hot Sauce...
- 5. 4 Egg Whites, Grilled Chicken & Spinach...
- 6. 6 Egg Whites & Grilled Chicken with Jalapeños & Cheddar Cheese..
- 7. SKINNY BEACH 5 Egg Whites, Turkey, Alpine Swiss & Avocado....

Add-ons: Feta • Fresh Mozzarella • Cheddar Cheese
CREATE YOUR OWN WRAP! You Want It, We'll Wrap It!

## **Breakfast Boxes**

• Also available with egg whites & turkey bacon for an additional charge •

## Box 1

2 Eggs, Any Style, with Ham, Sausage or Bacon. Bagel with Cream Cheese or Butter, Home Fries & 16oz. Coffee

## Box 2

2 Eggs, Any Style, (1) piece of French Toast, Bacon, Sausage or Ham, Home Fries & 16oz. Coffee

## Steak Box

2 XL Eggs, Any Style, 6oz Prime Steak, Home Fries, Bagel/Toast & 16oz. Coffee

## Hangover Breakfast Box

2 XL Eggs, Any Style, Ham & Sausage, Home Fries, (I) piece of French Toast, Bagel/Toast & 16oz. Coffee

## **Ultimate Hangover Box**

3 XL Eggs, Any Style, 60z Prime Steak, Bacon, Ham & Sausage, Home Fries, (1) piece of French Toast, Bagel/Toast & 160z. Coffee

## **Omelette**

### All 3 Eggs & Include Home Fries & Bagel

Western Omelette - Peppers, Ham & Onion
Ham & Cheddar
Leo - Lox, Eggs & Onions
South West - Peppers, Onions, Jalapeño, Ham, Salsa, Cheddar
Big Boy Special - Ham, Sausage, Bacon, Cheddar, Onions, Hot Sauce
Stent - Egg Whites, Grilled Chicken, Spinach & Cheddar
Angi - Egg Whites, Turkey, Broccoli, Onions & Low Fat Swiss

## Salads

### We Use Solid White Tuna, White Chicken Breast Meat & Hellman's Mayo

\*All Sandwiches Served with Choice of Side Salad & Whole Pickle
On a Bagel or by the 1/2lb

Classic Tuna
Vegetable Tuna
Jalapeño Vegetable Tuna
Egg Salad
Egg White-Spinach
Grilled Vegetable Salad (w/Balsamic)
Chicken Salad
Taco Chicken Salad
Cajun Chicken Salad
Grilled Honey Mustard Chicken Salad
Shrimp Salad
Baked Salmon
Seafood Salad
Grilled Chicken or Fried Chicken Cutlets
Asian Chicken Salad
Grilled Chicken Slaw
Cranberry Chicken Salad
Chipotle Chicken Salad
Buffalo Chicken Salad

♥ Heart Smart
Appy's

On A Bagel

On a Bagel

By the lb.

Hand Carved Nova Scotia Lox
Novalicious
Hand carved Nova, Scallion Cream Cheese, Tomato, Onion
& Cucumber on HBBC Everything Bagel
Chunky White Fish Salad

## **Full line of BOARS HEAD**

### All Sandwiches Served with Side Salad & Pickle

	- · · · - · · o · ·	-/
Ham, Turkey		
Salami, Pepperoni, Bologna		
Roast Beef, Pastrami, Corn Beef		
American, Swiss, Provolone, Munster		

Add-ons: Cheese • Lettuce • Tomato • Hero

Consuming Raw or Under Cooked Meats, Poultry, Seafood, Shellfish or Eggs May Increase Your Risk of Food Borne Illness.

## Wraps

### Plain, Whole Wheat & Spinach & Sundried Tomato

### Caesar's Revenge

Grilled Chicken, Lettuce, Tomato & Caesar Dressing

# Grilled Vegetable Medley Diced Grilled Chicken

with Romaine Lettuce & Roasted Peppers

### **Honey Mustard Chicken**

with Lettuce & Tomato

## Vegetable Tuna

## Jillian's Delight

Grilled Chicken, Roasted Peppers, Melted Mozzarella & Balsamic Vinaigrette

### Sante Fe

Pepper Turkey, Roasted Peppers, Grilled Onions & Spicy Jalapeño Mayonnaise (Pink Sauce)

### CREATE YOUR OWN WRAP! You Want it, We'll Wrap I

All Wraps Served with Side Salad & Pickle

## **Lettuce Wraps**

All Wraps Served with Side Salad & Pickle

- I. Fresh Turkey Breast, Alpine Swiss & Cole Slaw
- 2. Veggie Tuna, Chopped Tomato & Cucumber
- 3. Grilled Chicken, Tomatoes, Onions, Roasted Peppers & Fresh Mozzarella Cheese
- 4. Any of Our Delicious Chicken Salads with Tomatoes & Cucumber
- 5. Grilled Chicken & Romaine Lettuce with Croutons, Cucumbers & Caesar Dressing
- 6. Assorted Grilled Veggies with a Balsamic Glaze
- 7. CREATE YOUR OWN WRAP!

## Waist Watcher #1

Scoop of Any Tuna or Chicken Salad Over Shredded Lettuce, Chopped Tomatoes & Two Side Salads Includes Sliced Pitas

## Waist Watcher #2

Sliced Grilled Chicken, Over Shredded Lettuce, Sliced Tomato, Grilled Vegetable & Choice of one Side Salad Includes Sliced Pitas

## Sides

By the Lb.

Macaroni
Potato
Coleslaw
Bean Salad
Cucumber & Tomato
sraeli
Broccoli

## Munchies =

CIICII I I IC3
Pnion Rings
9 Piece Chicken Nuggets
Piece Chicken Tenders
hicken Nuggets w/ French Fries
hicken Nuggets w/ Onion Rings
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