

# ISCB20.05–Introduction to Biostatistics

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Md. Jubayer Hossain

<https://jhossain.me/>

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Lead Organizer, Introduction to Scientific Computing for Biologists

Founder, Health Data Research Organization



## **Section–1.1: Introduction to Biostatistics**

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# Statistics and Biostatistics: Definitions–1

## **Definition–1: What is Statistics?**

Statistics is the discipline that concerns the collection, organization, analysis, interpretation and presentation of data. In applying statistics to a scientific, industrial, or social problem, it is conventional to begin with a statistical population or a statistical model to be studied. (Source: <https://en.wikipedia.org/wiki/Statistics>)

## **Definition–2: What is Statistics?**

Simply, Statistics is a branch of mathematics that deals with collecting, organizing, analyzing, and interpreting data. (Source: <https://app.pluralsight.com/library/courses/interpreting-data-descriptive-statistics-python/>)

## Statistics and Biostatistics: Definitions–2

### **Definition–3: What is Biostatistics?**

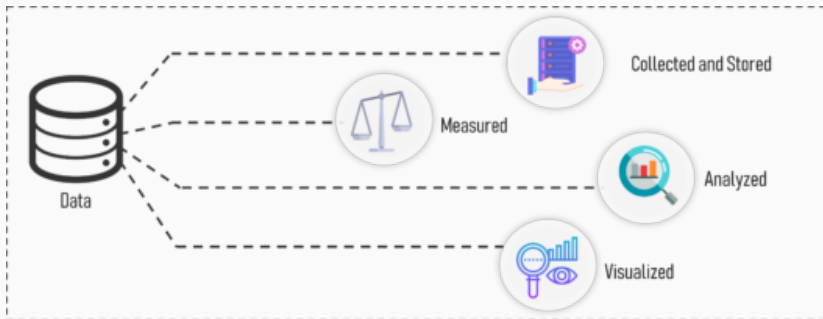
Biostatistics is the application of statistics to a variety of topics in biology. In this course, we tend to focus on biological topics in the health sciences as we learn about statistics. (Source: <https://bolt.mph.ufl.edu/6050-6052/>)

### **Definition–4: What is Biostatistics?**

Biostatistics is the application of statistics to problems in the biological sciences, health, and medicine. (Source: <https://ocw.jhsph.edu/index.cfm/go/viewCourse/course/MethodsInBiostatisticsI/>)

# What is Data?

- **Definition–1:** Data is a collection of facts, such as numbers, images, words, measurements, observations, audios, videos or just descriptions of things.
- **Definition–2:** Data is a tool to reach suitable conclusion.



Source: <https://www.edureka.co/blog/statistics-and-probability/>

# Data can be Numbers

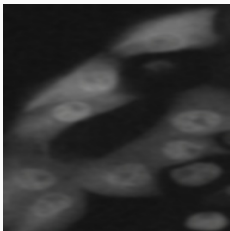


## National Health and Nutrition Examination Survey

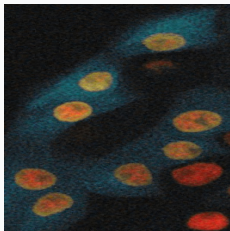
seqn	ridstatr	riagendr	RIDRETH1	dmdmartl	WTINT2YR	WTMEC2YR
62161	2	1	3	5	102641.406	104236.583
62162	2	2	1	NA	15457.737	16116.354
62163	2	1	5	NA	7397.685	7869.485
62164	2	2	3	1	127351.373	127965.226
62165	2	2	4	NA	12209.745	13384.042
62166	2	1	3	NA	60593.637	64068.123
62167	2	1	5	NA	5024.465	5303.683
62168	2	1	5	NA	5897.025	6245.044
62169	2	1	5	5	14391.778	14783.601
62170	2	1	5	NA	7794.527	8291.637

Source: <https://www.cdc.gov/nchs/nhanes/index.htm>

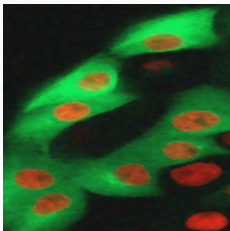
# Data can be Images



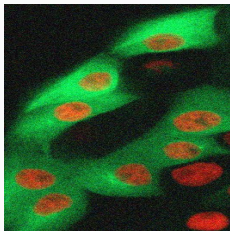
(Filtered Image)



(Filtered Image)



(Noisy Image)



(Noisy Image)

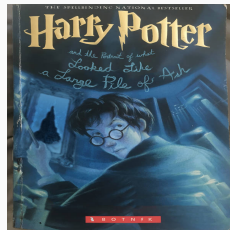
Source: <https://www.cdc.gov/nchs/nhanes/index.htm>

# Data can be Words

## Health IT Basics

Choose a topic to learn more.

What is an electronic health record (EHR)?



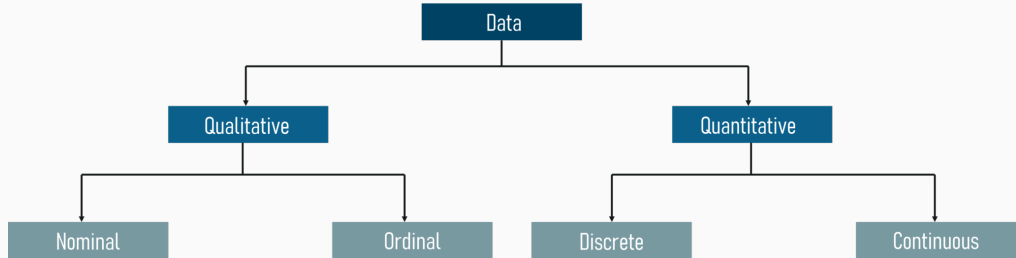
What is health information exchange?



Source: <https://www.healthit.gov/topic/health-it-and-health-information-exchange-basics/health-it-and-health-information-exchange>



# Types of Data




# Qualitative or Categorical Data

- Classifies individuals or items into different groups.
- Qualitative data is further divided into two types of data
  - **Ordinal:** groups have an order or ranking.
  - **Nominal:** groups are merely names, no ranking.

Customer ID	Rating
001	Good
002	Average
003	Average
004	Bad

(a) Ordinal Data



Gender
Male
Female
Male
Male

(b) Nominal Data

Source: <https://www.edureka.co/blog/statistics-and-probability/>

# Quantitative or Numeric Data

- Numerical, measurable quantities in which arithmetic operations often make sense.
- Quantitative data is also further divided into two types of data
  - **Continuous:** could take on any value within an interval, many possible values.
    - A person's height: could be any value (within the range of human heights), not just certain fixed heights.
    - Time in a race: you could even measure it to fractions of a second.
    - Blood pressure, mmHg.
    - Weight, pounds (kilograms, ounces, etc.)
  - **Discrete:** countable value, finite number of values.
    - The number of students in a class.
    - The results of rolling a die.

## Binary Data

- Yes/No
- Polio: Yes/No
- Cure: Yes/No
- Sex: Female/Male(0 or 1)

# Types of Variables

- **Independent Variable(IV)**

A variable whose value does not change by the effect of other variables and is used to manipulate the dependent variables. It is often denoted as  $X$ .

- **Dependent Variable(DV)** A variable whose value change when there is any manipulation in the values of independent variables. Is is often denoted as  $Y$

$X$  **Causes**  $Y$

$X$  (effect)  $\rightarrow$  Year of Experience  $\rightarrow$  Independent

$Y$  (cause)  $\rightarrow$  Salary  $\rightarrow$  Dependent

# Other Names for IV and DV

## Other Names for Independent Variables

- Explanatory Variables (they explain an event or outcome)
- Predictor Variables (they can be used to predict the value of a dependent variable)

## Other Names for Dependent Variables

- Response Variables (they respond to a change in another variable)
- Outcome Variables (they represent the outcome you want to measure)

# A Typical Dataset

Individuals	Variables					Race	
	Gender (M/F)	Age	Weight (lbs.)	Height (in.)	Smoking (0=No, 1=Yes)		
	Patient #1	M	59	175	69	0	White
	Patient #2	F	67	140	62	1	Black
	Patient #3	F	73	155	59	0	Asian
	.	.	.	.	.	.	.
	.	.	.	.	.	.	.
Patient #75	M	48	190	72	0	White	

- **Variables** contain the information about a particular characteristic for all individuals in a dataset.
- An **observation** in statistics is a value of something of interest you're measuring or counting during a study or experiment: a person's height, a bank account value at a certain point in time, or number of animals.

# Sources of Data

## Primary Sources of Data

- Collection of data from source of origin.
- Conducting interviews, experimentation.
- Provide first hand information.

## Secondary Sources of Data

- Collection of data from agency which already has collected data and processed it.
- Conducting interviews, experimentation



# Pros and Cons of Primary Data

## Pros

- Can be collected to answer your specific research question.
- You have control over the sampling and measurement methods.

## Cons

- More expensive and time-consuming to collect.
- Requires training in data collection methods.

# Pros and Cons of Secondary Data

## Pros

- Easier and faster to access.
- You can collect data that spans longer timescales and broader geographical locations.

## Cons

- No control over how data was generated.
- Requires extra processing to make sure it works for your analysis.

# Data Collection Methods

- Interviews
- Questionnaires and surveys
- Observations
- Focus groups
- Oral histories

See More <https://www.jotform.com/data-collection-methods/>

## Terms used in Data Collection

- **Variable** – values which changes
- **Observations** – values from variables are referred as observations.
- **Statistical Investigation** – search for information conducted by using statistical methods.
- **text** – who conducts statistical inquiry.
- ITEM 5

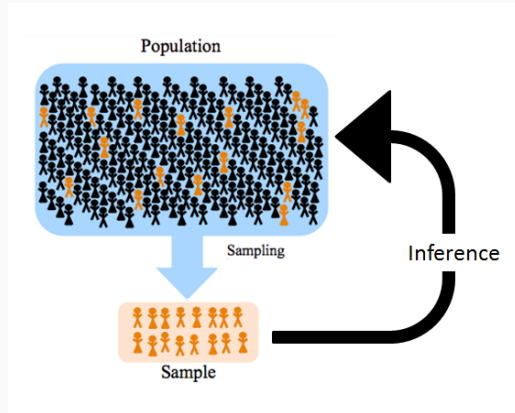
## Important Agencies for Secondary Data

- <https://dghs.gov.bd/index.php/en/data>
- <https://framinghamheartstudy.org/>
- <https://www.data.gov/>
- <https://healthdata.gov/>
- <https://www.who.int/ictrp/network/trds/en/>
- <https://data.cdc.gov/>
- <https://www.kaggle.com/>

# Terminologies In Statistics: Population and Sample

**Population:** The population is the entire group that you want to draw conclusions about.

**Sample:** The sample is the specific group of individuals that you will collect data from.



# Terminologies In Statistics: Sampling Frame and Sample Size

## **Sampling Frame**

The sampling frame is the actual list of individuals that the sample will be drawn from. Ideally, it should include the entire target population (and nobody who is not part of that population).

## **Sample Size**

The number of individuals in your sample depends on the size of the population, and on how precisely you want the results to represent the population as a whole.

## **Sample Size Calculator**

Surveymonkey-<https://www.surveymonkey.com/mp/sample-size-calculator/>

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- **Economical:** A sample should be economical. The objective of the survey should be achieved with minimum cost and effort.

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# Types of Statistics

“There are two kinds of statistics, the kind you look up and the kind you make up”

–Rex Stout

- **Descriptive Statistics** – Identify important elements in a dataset.
- **Inferential Statistics** – Explain those elements via relationships with other elements.



# Descriptive Statistics

**Descriptive statistical** methods provide an exploratory assessment of the data from a study.

- Descriptive statistical methods provide a exploratory data analysis.
  - Frequency Distribution Table
  - Graphs / Charts
  - Summary
- Descriptive statistical methods divide into 3 categories.
  - **Univariate analysis** summarize only one variable at a time.
  - **Bivariate analysis** compare two variables.
  - **Multivariate analysis** compare more than two variables.

**Assess the strength of evidence** for/against a hypothesis; evaluate the data

- Inferential statistical methods provide a confirmatory data analysis
  - Generalize conclusions from data from part of a group (sample) to the whole group (population)
  - Assess the strength of the evidence
  - Make comparisons
  - Make predictions
- Inferential statistical methods divide into 2 categories.
  - **Hypothesis Testing:** Hypothesis testing is a formal procedure for investigating our ideas about the world using statistics. It is most often used by scientists to test specific predictions, called hypotheses, that arise from theories.
  - **Model Fitting:** Model fitting is a measure of how well a statistical learning model generalizes to similar data to that on which it was trained. A model that is well-fitted produces more accurate outcomes.

## References

- <https://bolt.mph.ufl.edu/6050-6052/>
- <https://online.stat.psu.edu/stat500/>
- <https://online.stat.psu.edu/stat100/>
- <https://online.stat.psu.edu/stat200/>

Thank You

