

Beweis : (a) Fra Taylor følger, at

$$f(x) = f(x_0) + \langle \nabla f(x_0), x - x_0 \rangle \\ + \frac{1}{2} (x - x_0)' \text{Hess } f(x_0 + c(x - x_0)) (x - x_0)$$

for et tal $c \in [0, 1]$.

f konvex \Leftrightarrow

$$(x - x_0)' \text{Hess } f(x_0 + c(x - x_0)) (x - x_0) \leq 0$$

for alle $x - x_0$ og c . Derfor

$$f(x) - f(x_0) \leq \langle \nabla f(x_0), x - x_0 \rangle \quad \square$$

(a) Lad $x, y \in P_a$: $x, y \in S$ med

$$f(x) \geq a$$

$$f(y) \geq a$$

For $\lambda \in [0, 1]$ lad

$$z = \lambda x + (1 - \lambda)y \in S$$

f konvex \rightarrow

$$f(z) \geq \lambda f(x) + (1 - \lambda)f(y) \\ \geq \lambda a + (1 - \lambda)a = a$$

$\Rightarrow z \in P_a \Rightarrow P_a$ konvex. \square