

Directory & Resources

Below, please find important contact information and resources for Avidity Biosciences.

Information Regarding	Policy #		Contact Information
Enrollment & Eligibility			
Human Resources:		858.401.7900	kristen.sullivan@aviditybio.com
Online Enrollment Vendor: ADP			www.workforcenow.adp.com
Benefits Decision Support Tool - Nayya			www.support@nayya.com
Cigna Medical Coverage			
OAPIN EPO, OAP PPO, OAP HDHP	0655575	866.494.2111	Download Cigna's mobile app, myCigna. www.myCigna.com
Cigna Dental Coverage			
Cigna Total DPPO	0655575	866.494.2111	Download Cigna's mobile app, myCigna. www.myCigna.com
Guardian Vision Coverage			
Guardian "VSP" Vision PPO	070618	877.814.8970	Download Guardian's mobile app. www.guardiananytime.com
Guardian Life, AD&D, Disability & Worksite			
Basic & Voluntary Life/AD&D	070618	800.525.4542	Download Guardian's mobile app. www.guardiananytime.com
Short Term Disability (STD)	070618	800.268.2525	
Long Term Disability (LTD)	070618	800.458.4583	
Accident	070618	800.541.7846	
Critical Illness	070618	800.268.2525	
Lively Spending Accounts			
Health Care FSA, Limited Purpose FSA		888.576.4837	www.Livelyme.com or download Lively Benefits app
Dependent Care FSA			
Health Savings Account			
MetLife Legal & ID Theft			
Legal		800.821.6400	www.MetLife.com / www.legalplans.com MetLife ID Theft & Fraud Protection
ID Theft/Aura			
Pet Insurance			
Pet Benefits Solutions	9149	800.891.2565	www.customercare@petbenefits.com
Employee Assistance Plan			
Guardian - ComPsych		855.239.0743	www.guidanceresources.com Web ID: Guardian App: GuidanceNow
Guardian Business Travel Accident			
Guardian – Assist America		800.872.1414 (U.S.) 609.986.1234 (non-U.S.)	www.assistamerica.com
Virtual Primary Care			
One Medical		415.590.6140	www.onemedical.com/myhealth Code: AVBXOM
Mental Health & Wellbeing			
Modern Health			www.joinmodernhealth.com or download the app
Benefits Broker			
Marsh & McLennan Insurance Agency LLC 9171 Towne Centre Dr., Ste. 100	San Diego, CA 92122	800.321.4696	www.MarshMMA.com CA Insurance License# 0H18131